

**HUBUNGAN ANTARA EFIKASI DIRI DAN DUKUNGAN SOSIAL
ORANGTUA DENGAN STRES AKADEMIK PADA SISWA SMP**

**Untuk Memenuhi Sebagian Persyaratan
Mencapai Derajat Magister Profesi Psikologi**

**Program Studi Pendidikan Profesi Psikologi
Jenjang Magister
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**PROGRAM PENDIDIKAN PROFESI PSIKOLOGI
JENJANG MAGISTER
FAKULTAS PSIKOLOGI
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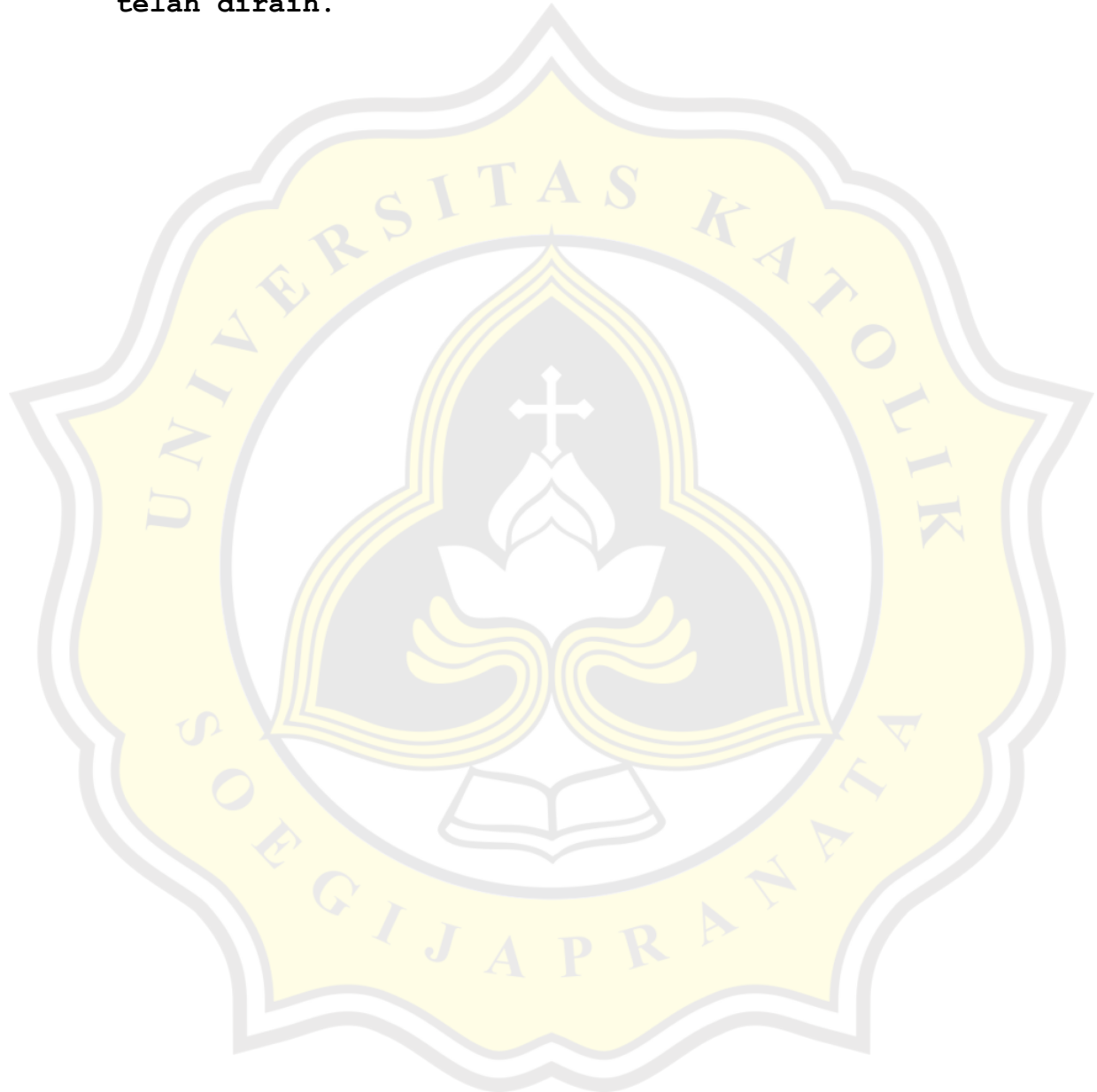
PERSEMBAHAN

Karya ini kupersembahkan kepada Tuhan Yang Maha Esa, keluarga, semua pihak yang telah membantu dan memberikan dukungan dan untuk para pembaca semua.



MOTTO

Perjuangkan apa yang telah dipilih, Selesaikan apa yang telah dimulai, bersyukur atas setiap keberhasilan yang telah diraih.



The Relationship Between Self Efficacy and Parental Social Support with Students Academic Stress Junior High School

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ABSTRACT

This study aims to determine the relationship between self-efficacy and parental social support with academic stress in junior high school students. The hypothesis in this study is there is a relationship between self-efficacy and parental social support with academic stress in junior high school students. Subjects in this study were 52 students of Kanisius Junior High School class VII and VIII, who were chosen by stratified cluster sampling. This study uses three scales, namely Self-Efficacy Scale, Parental Social Support Scale, and Academic Stress Scale. The results of data analysis using multiple regressions analysis technique showed significant results, where there is a relationship between self-efficacy and parental social support with academic stress in junior high school students with $R = 0,821$, and $F_{(count)} = 50.841$ with $p = 0.000$. $R^2 = 0.675$ means that 67.5% of the variation in academic stress variable can be explained by self-efficacy variable and parental social support variable, while the remaining 32.5% is explained by other variables. Furthermore, the correlation between self-efficacy and academic stress in junior high school students $r = -0,787$ with $p < 0.01$, which indicates that there is a significant negative relationship between self-efficacy and academic stress in junior high school students. The correlation between parental social support and academic stress in junior high school students $r = -0.566$ with $p < 0.01$, which indicates that there is a significant negative relationship between parental social support and academic stress in junior high school students. So, it can be concluded that the hypothesis in this study was accepted.

Keywords: Self-Efficacy, Parental Social Support, Academic Stress