

CHAPTER 1

INTRODUCTION

1.1 Background of the Study

It's Okay to Not Be Okay is a drama with 16 episodes from South Korea that was released on the 20th of June 2020 and ended on the 9th of August 2020. The title of this drama is known as *Psychojiman Gwaenchana* (사이코지만 괜찮아) or *It's Okay to Not Be Okay*. This drama is written by Jo Yong, directed by Park Shin Woo, and created by Studio Dragon. The genre of this drama is romance. This drama tells us about a successful children's book author named Ko Mun Yeong who had nightmares about her childhood memories that made her a psychopath.

The main character in the drama is Ko Mun Yeong. Ko Mun Yeong lived with her parents in the middle of a forest. She lived under the control of her mother so she never had friends, and became an anti-social person. As a result, Ko Mun Yeong grew up as a psychologically deranged person.

When Ko Mun Yeong was a child, she met Moon Gang Tae, the son of the helper in her house. After Moon Gang Tae's mother was killed by Ko Mun Yeong's mother, Moon Gang Tae did not see Ko Mun Yeong for a long time; he lives in a separate place without seeing Ko Mun Yeong. Then, both of them reunite in a psychiatric ward when Ko Mun Yeong, who is the guardian of Moon Gang Tae's patient, meets Moon Gang Tae, who is the health worker, in that psychiatric ward.

Because Moon Gang Tae is a health worker in a psychiatric ward, he always helps people who have mental illnesses to heal. Coincidentally, Ko Mun Yeong who is a famous children's book author needs to be treated in the mental ward because she has a mental health issue caused by her childhood. From their reunion, Moon Gang Tae, who since his childhood liked Ko Mun Yeong, realizes that Ko Mun Yeong has mental health issues. Because of that, Moon Gang Tae treats Ko Mun Yeong in his capacity as a health worker in the psychiatric ward.

This study will focus on a psychological analysis of *It's Okay to Not Be Okay* drama, for the main character, Ko Mun Yeong. The anti-social behavior of Ko Mun Yeong's character in this drama is interesting to know more about. Also, the character of Ko Mun Yeong's mother, Park Haeng Ja is interesting to know because she is unpredictable and she is one of the reasons that made Ko Mun Yeong an anti-social person.

Studies have been done on anti-social personality disorder. One of the studies is a thesis entitled "Analisis Kepribadian Antisocial Tokoh Jason dalam Film Friday the 13th: Part II" by Farih Chaqiquil Ausat (2019). In the thesis, Ausat analyzed the character of Jason Voorhes, who was a cold-blooded killer known as having an anti-social personality disorder. The theory that is used Ausat in his thesis is a theory from Sigmund Freud. Ko Mun Yeong is similar to the character of Jason because she is having an anti-social personality disorder that makes her a psychopath, but in this thesis, the writer will not use the same theory from Sigmund Freud. Instead, the writer will use Nevid's anti-social behavior theory as a guide to analyzing her thesis data. The

writer will use Nevid's theory because Nevid has formulated some anti-social character characteristics that the writer thinks could match Ko Mun Yeong's anti-social character. Nevid's theory has been used by Irvan Nurul Auladi who discussed anti-social behavior among high school students.

1.2 Field of the Study

The field of study of this research is literature, especially on the psychoanalysis of a major character in a Korean drama series.

1.3 Scope of the Study

This research focuses on the ASPD (Anti-Social Personality Disorder) analysis of Ko Mun Yeong's character, in *It's Okay to not be okay* drama series.

1.4 Research Questions

How did Ko Mun Yeong show her Anti-social Personality Disorder (ASPD) behaviors?

1.5 Objectives of the Study

To find out the way Ko Mun Yeong showed her Anti-social Personality Disorder (ASPD) behaviors.

1.6 Significance of the Study

This study is significant because the readers can learn more about anti-social behavior that is represented in a work of literature.

1.7 Definition of Terms

1. Psychology

Psychology is a field of science that studies human behavior, mental function, and mental processes through scientific procedures. Psychology plays an important role in analyzing a literary work by looking at it from the psychological point of view, either from the point of view of the author, the character, or the work itself. Thus, there is an inner conflict in the process of making an interesting literary work to be analyzed using psychology, and in the end, a new science is born in the form of 'Literary Psychology'. Researching a literary work that is carried out through a literary psychology approach indirectly involves the science of psychology. So, basically, the psychology of literature is an analysis of the text by involving considerations of relevance and also the role of psychological studies (Yosua Verily Tumampas, 2021). There are many kinds of psychological issues, one of them being anti-social behavior (Hamilton, 2012).

2. Psychoanalytic theory

Psychoanalytic theory is a theory proposed by Sigmund Freud. This theory is used to reveal various psychological symptoms behind language symptoms and also to explore the mind or psyche for knowing more about the unique human intricacies (cited in Walgito, 2003, p. 76).

3. Psychopath

According to Istri et al. (2017, p. 417), “psychopath is a form of personality disorder. Psychopath itself comes from the word psyche which means soul, and pathos which means disease. Therefore, literally, the psychopath has a mental illness”.

Psychopaths are always aware of what they did. Psychopaths are hard to know, most of them are loved by other people. When the time passes, however, sooner or later they are seen as manipulative, ignorant, arrogant, and charming-like people.

4. Sociopath

A sociopath is a person who is socialized with anti-social behaviors. They are often very charming, cunning, and sometimes well-liked. However, people who have sociopathic personality issues are manipulative (Hamilton, 2012).

