

B-1 DATA KASAR TRY OUT STRES AKADEMIK

	x1	x2	x3	x4	x5	x6	x7	x8	x9	x10	x11	x12	x13	x14	x15	x16	x17	x18	x19	x20	x21	x22	x23	x24	x25	x26	x27	x28	x29	x30	x31	x32
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LAMPIRAN C

VALIDITAS &

RELIABILITAS



STRES AKADEMIK

PUTARAN 1

Case Processing Summary

		N	%
Cases	Valid	48	100.0
	Excluded(a)	0	.0
	Total	48	100.0

a Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
.834	32

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
x1 x2	71.27	80.968	.287	.831
x3 x4	71.33	78.950	.455	.825
x5 x6	71.31	79.453	.413	.827
x7 x8	71.81	78.709	.404	.827
	71.77	78.223	.482	.825
	71.38	79.244	.471	.839
	70.94	83.644	.051	.832
		81.166	.251	
x9 x10	71.10	78.776	.365	.828
x11	71.17	82.652	.119	.836
	71.79	85.998	-.122	.842
x12	71.60	76.968	.482	.824
x13	71.65	78.531	.414	.826
x14	72.08	81.908	.266	.831
x15	70.98	78.744	.393	.827
x16	71.23	83.968	.037	.838
x17	71.90	80.308	.374	.828
x18	71.67	77.716	.445	.825
x19	71.77	79.372	.459	.826
x20	71.60	77.180	.503	.823
x21				
x22				

x23	72.04	80.764	.435	.827
x24	71.81	82.326	.273	.831
x25	71.90	80.734	.336	.829
	72.15	81.872	.304	.830
	71.48	78.000	.499	.824
x26	71.83	77.504	.579	.821
x27	71.33	77.504	.466	.824
x28	71.52	78.936	.430	.826
x29	70.75	80.447	.260	.832
x30	71.46	81.871	<u>.181</u>	.834
x31	71.19	81.773	<u>.213</u>	.833
x32	71.25	80.660	.297	.830

Level of significance for one-tailed test 5% = 0,237

PUTARAN 2

Case Processing Summary

		N	%
Cases	Valid	48	100.0

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
x1	56.48	71.446	.370	.857
x2	56.54	69.488	.545	.851
x3 x4	56.52	70.212	.479	.853
x5	57.02	70.106	.414	.855
	56.98	69.680	.491	.853
x6 x8	56.98	70.531	.493	.853
x9	56.15	72.553	.252	.860
	56.31	69.794	.402	.856
x12	56.81	69.305	.430	.855
x13	56.85	70.255	.400	.856
x14	57.29	73.317	.262	.859
x15	56.19	70.156	.402	.857
x17	56.88	71.840	.366	.854
x18	56.98	69.303	.445	.855
x19	56.81	71.170	.431	.852
x20	57.25	68.879	.497	.858
x21	57.02	72.362	.415	.858
x22		73.468	.298	

Excluded(a)	0	.0
Total	48	100.0

a Listwise deletion based on all variables in the procedure.

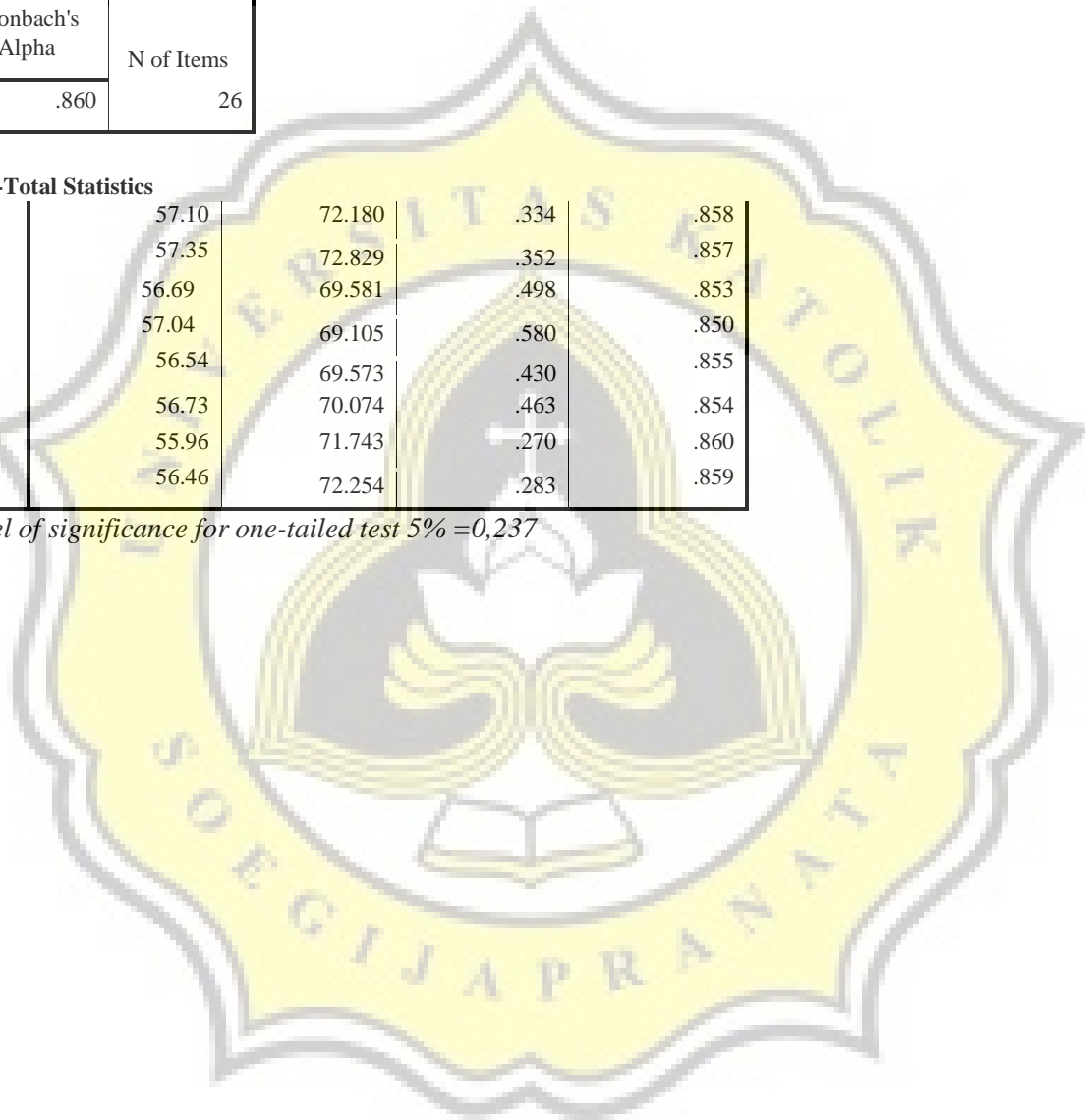
Reliability Statistics

Cronbach's Alpha	N of Items
.860	26

Item-Total Statistics

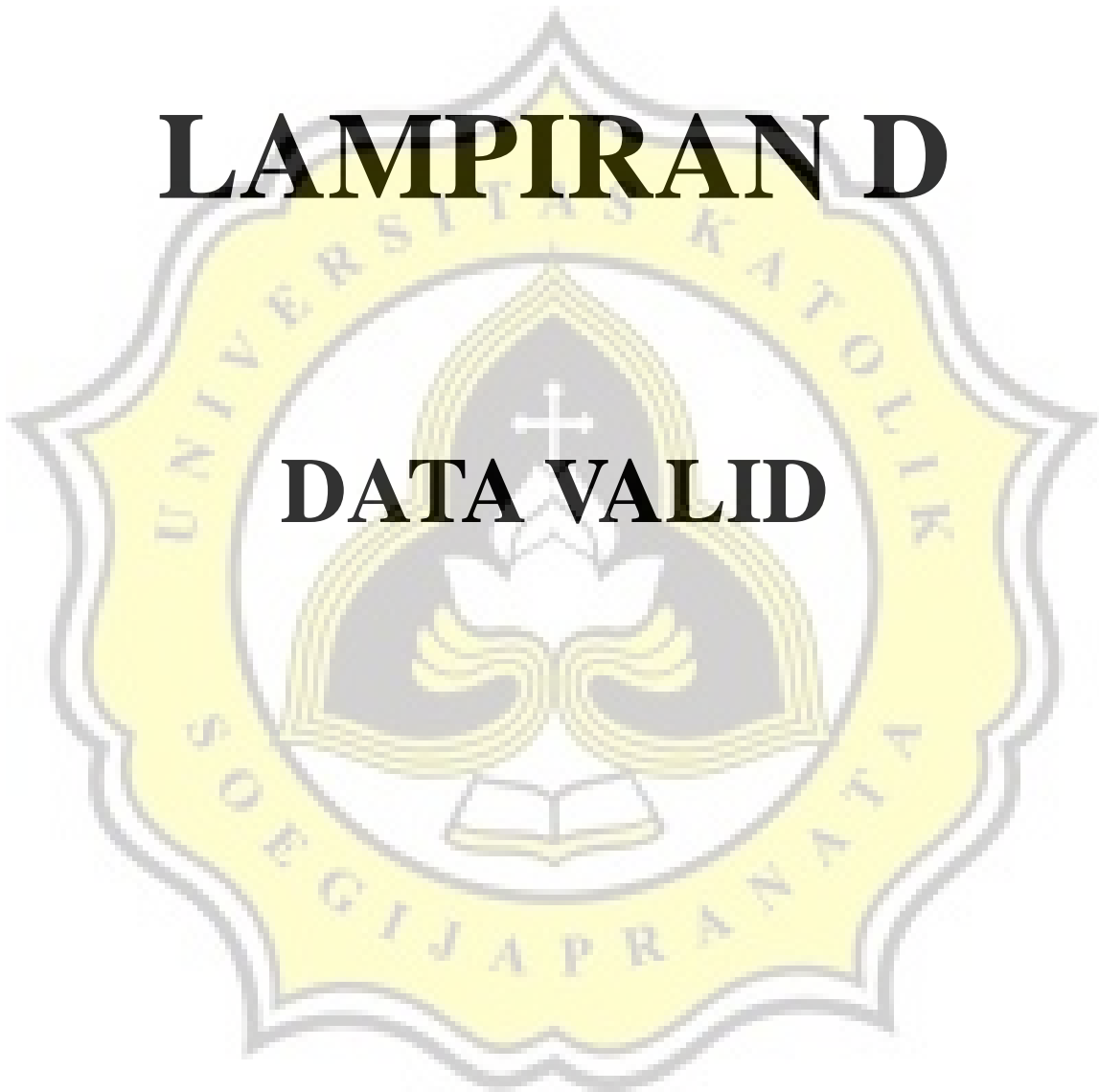
x23	57.10	72.180	.334	.858
x24	57.35	72.829	.352	.857
x25	56.69	69.581	.498	.853
x26	57.04	69.105	.580	.850
x27	56.54	69.573	.430	.855
x28	56.73	70.074	.463	.854
x29	55.96	71.743	.270	.860
x32	56.46	72.254	.283	.859

Level of significance for one-tailed test 5% = 0,237



LAMPIRAN D

DATA VALID



B-1 DATA VALID STRES AKADEMIK

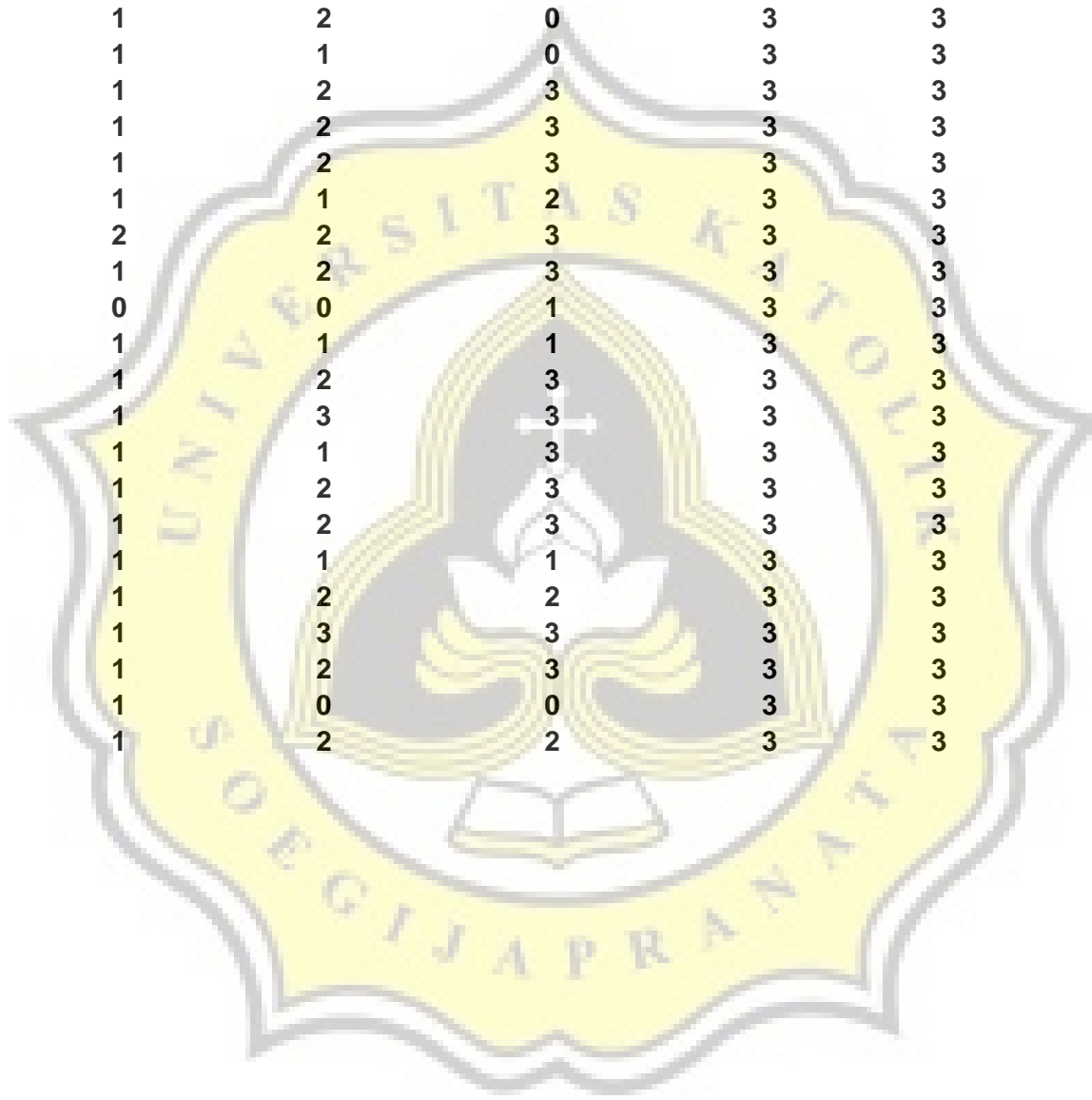
	x1	x2	x3	x4	x5	x6	x7	x8	x9	x10	x11	x12	x13	x14	x15	x16	x17	x18	x19	x20	x21	x22	x23	x24	x25	x26
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22	2	3	2	1	2	3	1	3	3	2	1	2	1	2	1	1	1	1	1	1	2	1	4	1	4	3
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45	3	3	3	3	3	3	3	3	2	3	2	3	2	3	3	3	3	3	2	3	3	2	3	3	3	2

DATA VALID KUALITAS TIDUR (PSQI)

	Subjective sleep quality	Sleep Latency	Sleep Duration	Habitual Sleep Efficiency	Sleep Disturbance	Medication	Day Dysfunction	Global Score
1	0	0	2	3	3	3	2	15
2	3	2	2	3	3	3	2	20
3	2	1	0	3	3	3	2	15
4	2	1	2	3	3	3	2	16
5	2	1	2	2	3	3	2	16
6	2	1	2	3	3	3	2	15
7	2	1	1	1	3	3	2	11
8	2	1	2	3	3	3	2	19
9	2	1	1	0	3	3	2	14
10	1	1	0	2	3	3	2	12
11	2	1	2	3	3	3	2	14
12	2	1	2	2	3	3	2	17
13	1	1	3	3	3	3	2	16
14	1	1	1	3	3	3	2	12
15	0	0	2	0	3	3	2	10
16	2	1	2	3	3	3	2	19
17	1	1	1	3	3	3	2	14
18	1	1	2	2	3	3	2	12
19	2	1	1	0	3	3	2	12
20	1	1	3	3	3	3	2	17
21	2	1	2	1	3	3	2	13
22	1	1	3	3	3	3	2	16
23	1	1	3	3	3	3	2	14
24	2	1	2	3	3	3	2	17

25	2	1	2	0	3	3	2	11
26	2	1	1	0	3	3	2	12
27	2	1	2	3	3	3	2	17
28	1	1	2	3	3	3	2	16
29	2	1	2	3	3	3	2	18
30	1	1	1	2	3	3	2	14
31	3	2	2	3	3	3	2	16
32	2	1	2	3	3	3	2	16
33	0	0	0	1	3	3	2	8
34	1	1	1	1	3	3	2	14
35	1	1	2	3	3	3	2	17
36	2	1	3	3	3	3	2	20
37	1	1	1	3	3	3	2	15
38	2	1	2	3	3	3	2	18
39	2	1	2	3	3	3	2	19
40	1	1	1	1	3	3	2	13
41	2	1	2	2	3	3	2	17
42	2	1	3	3	3	3	2	18
43	2	1	2	3	3	3	2	18
44	2	1	0	0	3	3	2	11
45	1	1	2	2	3	3	2	12



LAMPIRAN E

UJI NORMALITAS & UJI LINIERITAS



One-Sample Kolmogorov-Smirnov Test

		Stres Akademik	Kualitas Tidur
N		43	43
Normal Parameters(a,b)	Mean	60.5349	14.9070
	Std. Deviation	6.73070	2.81843
Most Extreme Differences	Absolute	.078	.116
	Positive	.078	.105
	Negative	-.055	-.116
Kolmogorov-Smirnov Z		.512	.761
Asymp. Sig. (2-tailed)		.956	.609

a Test distribution is Normal.

b Calculated from data.

Curve Fit

Model Description

Model Name		MOD_1
Dependent Variable	1	stres_akd
Equation	1	Linear
	2	Quadratic
	3	Cubic
Independent Variable		sleep_qu
Constant		Included
Variable Whose Values Label Observations in Plots		Unspecified
Tolerance for Entering Terms in Equations		.0001

Case Processing Summary

	N
Total Cases	43
Excluded Cases(a)	0
Forecasted Cases	0
Newly Created Cases	0

a Cases with a missing value in any variable are excluded from the analysis.

Variable Processing Summary

	Variables

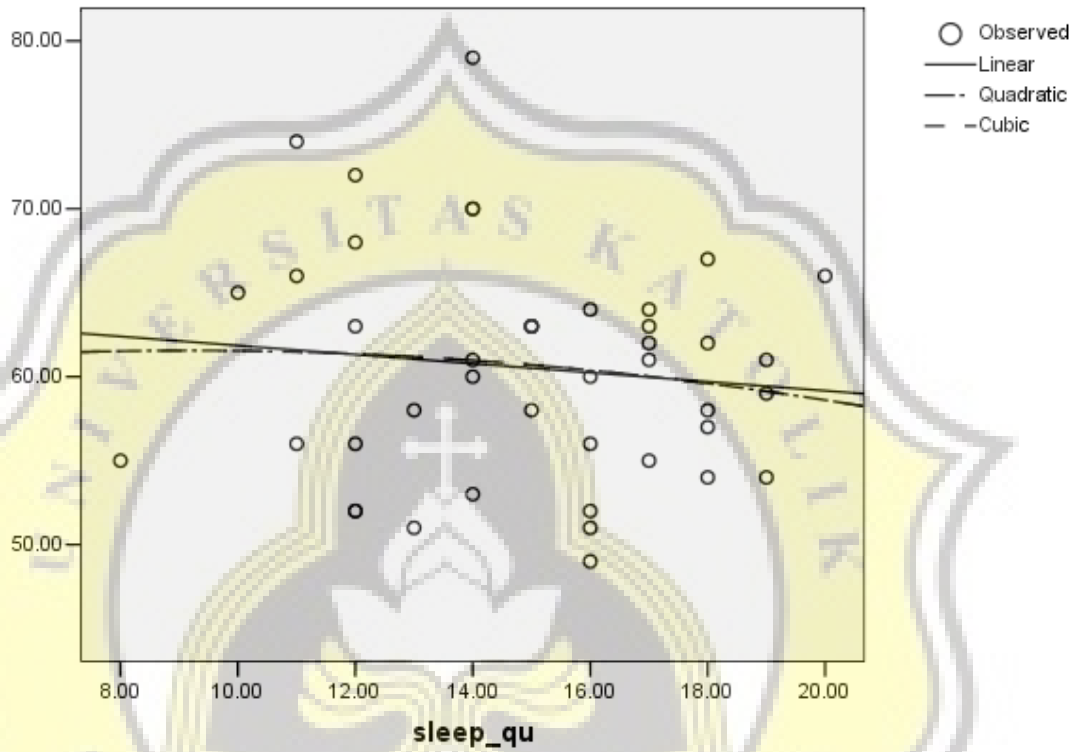
	Dependent Stres Akademik	Independent Kualitas Tidur
Number of Positive Values	43	43
Number of Zeros	0	0
Number of Negative Values	0	0
Number of Missing Values	User-Missing System-Missing	0 0

Model Summary and Parameter Estimates

Dependent Variable: stres_akd
The independent variable is sleep_qu.

Equation	Model Summary					Parameter Estimates			
	R Square	F	df1	df2	Sig.	Constant	b1	b2	b3
Linear	.013	.528	1	41	.471	64.550	-.269		
Quadratic	.014	.280	2	40	.757	59.427	.463	-.025	
Cubic	.014	.280	2	40	.757	59.427	.463	-.025	.000

stres_akd



LAMPIRAN G

UJI HIPOTESIS



Correlations

Correlations

		Stres_akademik	kualitas_tidur
Stres_akademik	Pearson Correlation	1	-.113
	Sig. (1-tailed)		.236
	N	43	43
kualitas_tidur	Pearson Correlation	-.113	1
	Sig. (1-tailed)	.236	
	N	43	43

Nonparametric Correlations

Correlations

			Stres_akademik	kualitas_tidur
Spearman's rho	Stres_akademik	Correlation Coefficient	1.000	-.106
		Sig. (1-tailed)	.	.250
		N	43	43
	kualitas_tidur	Correlation Coefficient	-.106	1.000
		Sig. (1-tailed)	.250	.
		N	43	43