

DAFTAR PUSTAKA

- Azwar, S. (2000). *Reliabilitas dan Validitas* (Edisi 3). Pustaka Pelajar.
- Cajada, L., Stephenson, Z., & Bishopp, D. (2023). Exploring the Psychometric Properties of the Resilience Scale. In *Adversity and Resilience Science* (Vol. 4, Issue 3, pp. 245–257). Springer Nature. <https://doi.org/10.1007/s42844-023-00102-3>.
- Connor, K. M., & Davidson, J. R. T. (2003). Development of a new Resilience scale: The Connor-Davidson Resilience scale (CD-RISC). *Depression and Anxiety*, 18(2), 76–82. <https://doi.org/10.1002/da.10113>.
- Dhuha, T., Yul Arfiana, I., & Psikologi, F. (2023). Resiliensi mahasiswa perantau: Bagaimana peranan dukungan sosial? *INNER: Journal of Psychological Research*, 3(1), 100–106.
- Seligman, M. (2011). *Flourish Seligman* (J. Schroeder, Ed.). Free Press.
- Karris Bachik, M. A., Carey, G., & Craighead, W. E. (2021). VIA character strengths among U.S. college students and their associations with happiness, well-being, resiliency, academic success and psychopathology. *Journal of Positive Psychology*, 16(4), 512–525. <https://doi.org/10.1080/17439760.2020.1752785>.
- Kessler, R. C., Andrews, G., Colpe, L. J., Hiripi, E., Mroczek, D. K., Normand, S. L. T., Walters, E. E., & Zaslavsky, A. M. (2002). Short screening scales to monitor population prevalences and trends in non-specific psychological distress. *Psychological Medicine*, 32(6), 959–976. <https://doi.org/10.1017/S0033291702006074>.
- Listiyandini, R. A., Sari, D., & Akmal, Z. (2015). *Hubungan antara Kekuatan Karakter dan Resiliensi pada Mahasiswa*.
- Mitha Adisty Putri, Marty Mawarpury, Dahlia, & Irin Iriamanda. (2023). Peran Kekuatan Karakter Terhadap Resiliensi Wartawan. *INTUISI* 15, 32–45.
- Nashori, F., & Saputro, I. (2021). *Psikologi Resiliensi*. <https://www.researchgate.net/publication/351283333>.
- Nur Khoiri, N. (2018). *Metodologi Penelitian Pendidikan*.
- Paendong, M., Buanasari, A., Mariana Rumah Sakit Gunung Maria Tomohon, D., b-c Program Studi Ilmu Keperawatan, I., Kedokteran, F., & Sam Ratulangi,

U. (2025). Hubungan Peran Kekuatan Karakter Dengan Resiliensi Perawat di Rumah Sakit. In *Jurnal Keperawatan* (Vol. 13, Issue 1).

Peterson, C., & Seligman, M. E. P. (2004). *Character Strengths and Virtues: A Handbook and Classification*.

Said, A. A., Rahmawati, A., & Supraba, D. (2021). Hubungan antara dukungan sosial dengan resiliensi akademik pada mahasiswa rantau yang sedang mengerjakan skripsi. *Jurnal Psikologi Tabularasa*, 16, 32–44.

Salim, F., & Fakhurrozi, M. (2020). Efikasi Diri Akademik dan Resiliensi Pada Mahasiswa. *Jurnal Psikologi*, 16, 175–187. <https://doi.org/10.24014/jp.v14i2.9718>.

Smith, B. W., Dalen, J., Wiggins, K., Tooley, E., Christopher, P., & Bernard, J. (2008). The brief resilience scale: Assessing the ability to bounce back. *International Journal of Behavioral Medicine*, 15(3), 194–200. <https://doi.org/10.1080/10705500802222972>

Soesana, A., Subakti, H., Karwanto, Fitri, A., Kuswandi, S., Sastri, L., Falani, I., Aswan, N., Hasibuan, A. F., & Lestari, H. (2023). *Metodologi Penelitian Kuantitatif*.

Southwick, S. M., Bonanno, G. A., Masten, A. S., Panter-Brick, C., & Yehuda, R. (2014). Resilience definitions, theory, and challenges: Interdisciplinary perspectives. *European Journal of Psychotraumatology*, 5. <https://doi.org/10.3402/ejpt.v5.25338>.

Stallman, H. M. (2008). *Prevalence of psychological distress in university students - implications for service delivery*. <https://www.racgp.org.au/getattachment/5ee1920a-ed73-402f-b3f6-15683df34ead/attachment.aspx>.

Sugiyono. (2013). *Metode Penelitian Kuantitatif Kualitatif dan R & D*.

Verger, P., Combes, J. B., Kovess-Masfety, V., Choquet, M., Guagliardo, V., Rouillon, F., & Peretti-Wattel, P. (2009). Psychological distress in first year university students: Socioeconomic and academic stressors, mastery and social support in young men and women. *Social Psychiatry and Psychiatric Epidemiology*, 44(8), 643–650. <https://doi.org/10.1007/s00127-008-0486-y>.

Wahyu Purwanza, S., Wardhana, A., Mufidah, Y., Kabubu Hudang, A., Setiawan, Darwin, Fadlilah, M., Luba Kata Respati Nugrohowardhani, R., Amruddin, Saloom, G., Hardiyani, T., Banne Tondok, S., Dewi Prisusanti, R.,

& Rasinus. (2022). *Metodologi Penelitian Kuantitatif, Kualitatif, dan Kombinasi*.

Wulansari, A., Zulkaida, A., Irma Suryani, A., & Studi Psikologi Fakultas Psikologi, P. (2024). Pengaruh Internal Locus of Control terhadap Resiliensi pada Mahasiswa Rantau. *Jurnal Pendidikan Tambusai*, 8, 9070–9077.

