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- Cash, T. F., & Smolak, L. (2011). *Body Image: A Handbook of Theory, Research, and Clinical Practice* (2nd ed.). New York: Guilford Press. Konsep ini dikutip dalam studi ulasan bahwa body dissatisfaction merupakan pengalaman "normatif" yang mengarah pada rendahnya self-esteem di berbagai populasi perempuan.
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