

DAFTAR PUSTAKA

- Arifin, Z. (2017). Kriteria Instrumen dalam suatu Penelitian. *Jurnal THEOREMS (The Original Research of Mathematics)*, 2, 28–36.
- Badan Pusat Statistik Jawa Tengah. (2024).
- Barjaková, M., Garneró, A., & d'Hombres, B. (2023). Risk factors for loneliness: A literature review. *Social Science & Medicine*, 334, 116163. <https://doi.org/10.1016/j.socscimed.2023.116163>
- Brehm. (2002). *Intimate Relationships*.
- Bruno, F. J., & Noviatno, C. L. (1997). *Conquer Loneliness*.
- Burn, R. B. (1993). Konsep diri: Teori, Pengukuran dan Perkembangan Perilaku. *Alih Bahasa: Eddy*. Penerbit: Arcan. Jakarta.
- Compas, B. E., Wagner, B. M., Slavin, L. A., & Vannatta, K. (1986). A prospective study of life events, social support, and psychological symptomatology during the transition from high school to college. *American Journal of Community Psychology*, 14(3), 241–257. <https://doi.org/10.1007/BF00911173>
- de Jong-Gierveld, J., & Kamphuls, F. (1985). The Development of a Rasch-Type Loneliness Scale. *Applied Psychological Measurement*, 9(3), 289–299. <https://doi.org/10.1177/014662168500900307>
- Ghufron, M. N., & Risnawati, rini. (2010). *TEORI-TEORI PSIKOLOGI*. Ar-ruzz Media.
- Gierveld, J. D. J., & Tilburg, T. Van. (2006). A 6-Item Scale for Overall, Emotional, and Social Loneliness. *Research on Aging*, 28(5), 582–598. <https://doi.org/10.1177/0164027506289723>
- Hawkey, L. C., & Cacioppo, J. T. (2010b). Loneliness Matters: A Theoretical and Empirical Review of Consequences and Mechanisms. *Annals of Behavioral Medicine*, 40(2), 218–227. <https://doi.org/10.1007/s12160-010-9210-8>
- Hidayati, H., & Poerwandari, E. K. (2024). Peran rasa kesepian dan harapan dalam memprediksi kecenderungan depresi pada mahasiswa. *Jurnal Psikogenesis*, 12(2), 185–197.
- itsnab. (2024, December 21). *Fenomena Homesick menjadi Tantangan Emosional Mahasiswa Baru*. ITS News. <https://www.its.ac.id/news/2024/12/21/fenomena-homesick-menjadi-tantangan-emosional-mahasiswa-baru/>
- Kernis, M. H. (2003). TARGET ARTICLE: Toward a Conceptualization of Optimal Self-Esteem. *Psychological Inquiry*, 14(1), 1–26. https://doi.org/10.1207/S15327965PLI1401_01
- 'Maharani, I., & 'Tatiyani". (2024). HUBUNGAN ANTARA HARGA DIRI DAN DUKUNGAN SOSIAL DENGAN KESEPIAN PADA MAHASISWA

RANTAU UNIVERSITAS KRISTEN INDONESIA . *Psikologi Kreatif Inovatif*, 4.

- Maroqi, N. (2018). Uji validitas konstruk pada instrumen Rosenberg Self Esteem Scale dengan metode Confirmatory Factor Analysis (CFA). *JP3I: Jurnal Pengukuran Psikologi dan Pendidikan Indonesia*, 7(2), 92–96. <https://doi.org/10.15408/jp3i.v7i2.12101>
- Mruk, C. J. (2006). *Self-esteem research, theory, and practice: Toward a positive psychology of self-esteem*. Springer Publishing Company.
- Neff, K. (2003). Self-Compassion: An Alternative Conceptualization of a Healthy Attitude Toward Oneself. *Self and Identity*, 2(2), 85–101. <https://doi.org/10.1080/15298860309032>
- Neff, K. D., & Vonk, R. (2009). Self-Compassion Versus Global Self-Esteem: Two Different Ways of Relating to Oneself. *Journal of Personality*, 77(1), 23–50. <https://doi.org/10.1111/j.1467-6494.2008.00537.x>
- Orth, U., & Robins, R. W. (2014). The Development of Self-Esteem. *Current Directions in Psychological Science*, 23(5), 381–387. <https://doi.org/10.1177/0963721414547414>
- Park, L. E., & Crocker, J. (2005). Interpersonal Consequences of Seeking Self-Esteem. *Personality and Social Psychology Bulletin*, 31(11), 1587–1598. <https://doi.org/10.1177/0146167205277206>
- Perlman, D., & Anne Peplau, L. (2014). *Loneliness research: A survey of empirical findings Chapter 2 LONELINESS RESEARCH: A SURVEY OF EMPIRICAL FINDINGS*. <https://www.researchgate.net/publication/313085752>
- Phuspa, N. V. D. A., & Sawitri, D. R. (2023). *Hubungan antara Harga Diri dengan Kesepian pada Mahasiswa Tahun Pertama Perantau di Fakultas Psikologi Universitas Diponegoro*. Universitas Diponegoro.
- Putra, F. K., & Winta, M. V. I. (2024). LONELINESS PADA MAHASISWA RANTAU DI KOTA SEMARANG. *Jurnal Ilmu Pendidikan Muhammadiyah Kramat Jati*, 5(1), 222–224. <https://doi.org/10.55943/jipmukjt.v5i1.153>
- Rachmadhani, M. P., & Setyo Palupi, L. (2020). The Relationship between Social Support and Psychological Well Being of Indonesian Rural to Urban Migrant University Students in Universitas Airlangga. *E3S Web of Conferences*, 202, 3–7. <https://doi.org/10.1051/e3sconf/202020212026>
- Riset, J., Modern, K., Paramitadewi, K. K., & Simarmata, N. (2024). *Kesepian Pada Mahasiswa Yang Merantau: Sebuah Kajian Literatur* (Vol. 6, Issue 4). <https://journalpedia.com/1/index.php/jrkm>
- Russell, D., Peplau, L. A., & Cutrona, C. E. (1980b). The Revised UCLA Loneliness Scale: Concurrent and Discriminant Validity Evidence. In *Journal of Personality and Social Psychology* (Vol. 39, Issue 3).
- Salsabila, D. F., Saffanah Qalbi, A. F., Aziz, A. M., Etniko, A., & Tahir Rauf, K. N. (2022). Perbedaan Self-Esteem antara Mahasiswa Perguruan Tinggi Negeri

dengan Perguruan Tinggi Swasta. *Journal of Psychology Students*, 1(1), 45–56. <https://doi.org/10.15575/jops.v1i1.17458>

Sugiyono. (2022). *METODE PENELITIAN KUANTITATIF*. ALFABETA.

Tafarodi, R. W., & Milne, A. B. (2002). Decomposing Global Self-Esteem. *Journal of Personality*, 70(4), 443–484. <https://doi.org/10.1111/1467-6494.05017>

Xie, J., Zhang, B., Yao, Z., Zhang, W., Wang, J., Zhao, C., & Huang, X. (2022). The effect of subjective age on loneliness in the old adults: The chain mediating role of resilience and self-esteem. *Frontiers in Public Health*, 10. <https://doi.org/10.3389/fpubh.2022.907934>

Yunior, R. S., & Rohmatun. (2022). Hubungan Antara Harga Diri dengan Kesepian pada Mahasiswa Rantau Di Universitas Islam Sultan Agung Semarang. *Jurnal Prosiding Konstelasi Ilmiah Mahasiswa Unissula (KIMU)* 7, 000, 468–474. <http://repository.unissula.ac.id/23221/>

