

DAFTAR PUSTAKA

- Az-Zahra, F., Utami, A. B., & Haque, S. A. U. (2025). Hubungan Resiliensi dan Fungsi Keluarga dengan Kesejahteraan Psikologis Santri Tahfidz Pesantren Darul Falach Temanggung. *Jurnal Pendidikan Tambusai*, 9(1), 6841–6847. <https://iptam.org/index.php/iptam/article/view/25570>
- Annisa, S. W., Salsabila, A. A., & Mahmud, A. M. (2024). Perkembangan Emosional Remaja Broken Home. *PESHUM: Jurnal Pendidikan, Sosial dan Humaniora*, 4(1), 709–726. <https://doi.org/10.56799/peshum.v4i1.6768>
- Azizah, S. L., Wahyuningsih, H., & Kusumaningrum, F. A. (2017). *The Relationship Between Family Functioning and Psychological Well-Being Among Adolescents* [Naskah Publikasi]. Universitas Islam Indonesia. <https://dspace.uii.ac.id/bitstream/handle/123456789/6632/08%20naskah%20publikasi.pdf?sequence=12&isAllowed=y>
- Azwar, S. (2022). *Metode Penelitian Psikologi* (2 ed.). Pustaka Pelajar.
- Azwar, S. (2013). *Penyusunan Skala Psikologi* (2 ed.). Yogyakarta: Pustaka Belajar.
- Azwar, S. (1997). *Reliabilitas dan Validitas*. Yogyakarta: Pustaka Belajar.
- Badan Kebijakan Pembangunan Kesehatan. (2024). *Fact Sheet Survei Kesehatan Indonesia (SKI) 2023*. Kementerian Kesehatan Republik Indonesia. <https://www.badankebijakan.kemkes.go.id/fact-sheet-survei-kesehatan-indonesia-ski-2023/>
- Bano, Z., Yousaf, J., & Batool, N. (2016). Family Functioning As A Risk Factor Of Psychological Problems In Adolescents. *Imperial Journal of Interdisciplinary Research*, 2(9), 1046–1050. https://www.researchgate.net/publication/321977799_Imperial_Journal_of_Interdisciplinary_Research_IJIR_Vol-2_Issue-9_2016_ISSN_2454-1362_httpwwwonlinejournalin_Imperial_Journal_of_Interdisciplinary_Research_IJIR_Page_1046_Family_Functioning_As_A_Risk
- Bingöl, T. Y., & Batik, M. V. (2018). Unconditional Self-Acceptance and Perfectionistic Cognitions as Predictors of Psychological Well-Being. *Journal of Education and Training Studies*, 7(1), 67. <https://doi.org/10.11114/jets.v7i1.3712>
- Cong, C. W., Tan, S. A., Nainee, S., & Tan, C. S. (2022). Psychometric Qualities of the McMaster Family Assessment Device–General Functioning Subscale for Malaysian Samples. *International Journal of Environmental Research and Public Health*, 19(4), 2440. <https://doi.org/10.3390/ijerph19042440>
- Desrianty, M., Hassan, N. C., Zakaria, N. S., & Zaremohzzabieh, Z. (2021). Resilience, Family Functioning, and Psychological Well-Being: Findings from a Cross-sectional Survey of High-school Students. *Asian Social Science*, 17(11), 77. <https://doi.org/10.5539/ass.v17n11p77>
- Deviana, M., Umari, T., & Khadijah, K. (2023). Kesejahteraan Psikologis (Psychological Well-Being) Remaja. *Jurnal Pendidikan Dan Konseling (JPDK)*, 5(1), 3463–3468. <https://doi.org/10.31004/jpdk.v5i1.11563>
- Epstein, N. B., Bishop, D. S., & Levin, S. (1978). The McMaster Model of Family Functioning. *Journal of Marriage and Family Counseling*, 4(4), 19-31. <https://doi.org/10.1111/j.1752-0606.1978.tb00537.x>
- Faizin, S. (2022). Peran dan Fungsi Keluarga Dalam Membangun Kepribadian Remaja yang Baik dan Berkelanjutan di Indonesia: Suatu Tinjauan Literatur

- The Role and Functions of the Family in Building Good and Sustainable Personality of Youth in Indonesia: A Literature Review. *Journal of Sustainable Development Issues*, 1(1), 1–13. <https://doi.org/10.56282/jsdi.v1i1.99>
- Fakhrunnisak, D., Patria, B (2022). The Positive Effects of Parents' Education Level on Children's Mental Health in Indonesia: A Result of Longitudinal Survey. *BMC Public Health*, 22, 949. <https://doi.org/10.1186/s12889-022-13380-w>
- Hasiolan, M. I. S., & Sutejo, S. (2015). Efek Dukungan Emosional Keluarga Pada Harga Diri Remaja: Pilot Study. *Jurnal keperawatan Indonesia*, 18(2), 67-71. <https://doi.org/10.7454/jki.v18i2.400>
- Holonita. (2014). *Pengaruh Keberfungsian Keluarga Terhadap Kesejahteraan Psikologis Anak Didik Permasalahannya (Andikpas) di Lapas Anak Pria Tangerang* [Sarjana Thesis]. Universitas Negeri Jakarta. <http://repository.unj.ac.id/3219/>
- Indrawati, T. (2017). Peranan Kecerdasan Emosi dan Dukungan Sosial terhadap Kesejahteraan Psikologis Siswa SMP Terbuka di Cirebon. *Edukasia Islamika*, 2(1), 70–88. <https://doi.org/10.28918/jei.v2i1.1630>
- Irmalia, S. (2020). Peran Orang Tua Dalam Pembentukan Karakter Anak Usia Dini. *Jurnal El-Hamra: Kependidikan dan Kemasyarakatan*, 5(1), 31-37. <https://ejournal.amertamedia.co.id/index.php/elhamra/article/view/64>
- Khan, Y., Taghdisi, M. H., & Nourijelyani, K. (2015). Psychological Well-Being (PWB) of School Adolescents Aged 12-18 yr, its Correlation with General Levels of Physical Activity (PA) and Socio-Demographic Factors In Gilgit, Pakistan. *Iranian Journal of Public Health*, 44(6), 804–813. <https://pubmed.ncbi.nlm.nih.gov/26258093/>
- Mahatmaharti, A. K., Putri, S. M., & Prijambodo, R. F. N. (2022). Pentingnya Keluarga Dalam Menumbuhkan Sikap Kemandirian Pada Remaja. *In Prosiding Conference on Research and Community Services*, 4(1), 41–49. <https://ejournal.stkipjb.ac.id/index.php/CORCYS/article/view/2612>
- Miller, I. W., Ryan, C. E., Keitner, G. I., Bishop, D. S., & Epstein, N. B. (2000). The McMaster Approach to Families: Theory, Assessment, Treatment and Research. *Journal of Family Therapy*, 22(2), 168–189. <https://doi.org/10.1111/1467-6427.00145>
- Munthe, L. R. Y., & Lunanta, L. P. (2023). Pembentukan Harga Diri Remaja Dengan Adanya Dukungan Sosial (Studi Pada Remaja yang Orang Tuanya Bercerai). *In Psychomunity Seminar Nasional Psikologi Esa Unggul*. <https://prosiding.esaunggul.ac.id/index.php/SEMNASPSIKOLOGI/article/view/304>
- Prabowo, A. (2016). Kesejahteraan Psikologis Remaja di Sekolah. *Jurnal Ilmiah Psikologi Terapan*, 4(2), 246–260. <https://doi.org/10.22219/jipt.v4i2.3527>
- Pulungan, T. (2024, Oktober 28). Tokoh Muda Inspiratif Mischka Aoki dan Devon, Kakak Beradik Peraih 100 Lebih Medali Olimpiade Matematika dan Sains. *Erakini.id*. <https://www.erakini.id/gaya-hidup/era-FQLJJ/tokoh-muda-inspiratif-mischka-aoki-dan-devon--kakak-beradik-peraih-100-lebih-medali-olimpiade-matematika-dan-sains>
- Rusjuniandra, A. (2016). *Pengaruh Keberfungsian Keluarga Terhadap Kesejahteraan Psikologis Remaja Yang Diasuh Oleh Single Mother Akibat Perceraian*. [Doctoral Dissertation]. Universitas Negeri Jakarta.

- <http://repository.uni.ac.id/830/2/Skripsi%20-%20AJRINA%20RUSJUNIANDRA%201125115059.pdf>
- Republika.co.id. (2024, September 23). Kota Semarang Darurat Kelompok Gangster Remaja. *Rejogja Republika*.
<https://rejogja.republika.co.id/berita/sk9b90291/kota-semarang-darurat-kelompok-gangster-remaja>
- Ryff, C. D. (1989). Happiness Is Everything, or Is It? Explorations on the Meaning of Psychological Well-Being. *Journal of Personality and Social Psychology*, 57(6), 1069. <https://api.semanticscholar.org/CorpusID:29135711>
- Ryff, C. D., & Keyes, C. L. M. (1995). The Structure of Psychological Well-Being Revisited. *Journal of Personality and Social Psychology*, 69(4), 719. <https://doi.org/10.1037/0022-3514.69.4.719>
- Santrock, J. W. (2007). *Remaja* (11 ed.). Erlangga.
- Sarwono, S. W. (1994). *Psikologi Remaja* (1 ed.). Jakarta: Raja Grafindo Persada.
- Savitri, W. C., & Listiyandini, R. A. (2017). Mindfulness dan Kesejahteraan Psikologis pada Remaja. *Psikohumaniora: Jurnal Penelitian Psikologi*, 2(1), 43. <https://doi.org/10.21580/pjpp.v2i1.1323>
- Seligman, M. E. P. (2011). *Flourish: A Visionary New Understanding of Happiness and Well-Being* (1. Free Press hardcover ed). Free Press. <https://psycnet.apa.org/record/2010-25554-000>
- Stanescu, D. F., & Romer, G. (2011). Family Functioning and Adolescents' Psychological Well-Being in Families with a TBI Parent. *Psychology*, 2(7), 681–686. <https://doi.org/10.4236/psych.2011.27104>
- Sugiyono. (2019). *Metode Penelitian Kuantitatif* (1 ed.). Alfabeta.
- Tanujaya, W. (2014). Hubungan Kepuasan Kerja Dengan Kesejahteraan Psikologis (Psychological Well-Being) Pada Karyawan Cleaner (Studi Pada Karyawan Cleaner yang Menerima Gaji Tidak Sesuai Standar UMP di PT. Sinergi Integra Services, Jakarta). *Jurnal Psikologi Esa Unggul*, 12(2), 126322. <https://ejurnal.esaunggul.ac.id/index.php/psiko/article/view/1455>
- Utami, A. C. N., & Raharjo, S. T. (2021). Pola Asuh Orang Tua dan Kenakalan Remaja. *Focus: Jurnal Pekerjaan Sosial*, 4(1), 1-15. <https://jurnal.unpad.ac.id/focus/article/view/22831>
- Widyorini, E., Utami, M. S. S., Wijaya, D. A. (2025). *Laporan Penelitian Fakultas Psikologi*. Universitas Katolik Soegijapranata.
- Yusuf, S. (2016). *Psikologi Perkembangan Anak dan Remaja*. Remaja Rosdakarya. <https://pdfcoffee.com/download/cbr-psikologi-pendidikandocx-12-pdf-free.html>