

DAFTAR PUSTAKA

- Ardilla, A. S., & Hakim, G. R. U. (2020, August). Hubungan psychological well-being dengan burnout pada karyawan di salah satu pabrik rokok di Malang. In Seminar Nasional Psikologi dan Ilmu Humaniora (SENAPIH) (Vol. 1, No. 1).
- Assa, A. F. (2022). Dampak beban kerja dan lingkungan kerja terhadap burnout syndrome pada karyawan pt. Sinergi integra services. *Jurnal Ilmiah Manajemen, Ekonomi, & Akuntansi (MEA)*, 6(3), 436-451.
- Azwar. (2012). *Reliabilitas dan Validitas*. Edisi 4. Yogyakarta: Pustaka Pelajar
- Bakker, A. B., & de Vries, J. D. (2021). Job Demands–Resources theory and self-regulation: New explanations and remedies for job burnout. *Anxiety, stress, & coping*, 34(1), 1-21. *ut research*, 1(3), 112-119.
- Carr, A. (2004). *Positive Psychology: The Science of Happiness and Human Strengths*. New York: Bruner-Routledge.
- Cordes, C. L., & Dougherty, T. W. (1993). A review and an integration of research on job burnout. *Academy of management review*, 18(4), 621-656.
- Cristina, B. (2017). Teacher self-efficacy, teacher burnout and psychological well-being. *Edu World 7th International Conference* (pp.1128-1136).
- Employee Burnout: Causes and Cures. 2020.
- Freudenberger, H. J. (1974). Staff burn- out. *Journal of social issues*, 30(1), 159-165.
- Galleta, M., Portoghese, I., Ciuffi, M., Sancassiani, F., D'Aloia, E., dan Campagna, M. (2016). Working and environmental factors on job burnout: A cross-sectional study among nurses. *Clinical Practice & Epidemiology Mental Health*, 12, 132–141.
- Huppert, F. A. (2009). Psychological well- being: Evidence regarding its causes and consequences. *Applied psychology: health and well- being*, 1(2), 137-164.
- Lestari, S., Dewi, A., Batara, A. S., & Mutthalib, N. U. (2021). Faktor yang berhubungan dengan Kelelahan Kerja pada Psikososial Karyawan bagian rotary 9 feet di PT Sumber Graha Sejahtera Luwu Tahun 2021. *An Idea Health Journal*, 1(02), 155-158.
- Maslach, C., Schaufeli, W. B., & Leiter, M. P. (2001). Job burnout. *Annual review of psychology*, 52(1), 397-422.
- Maslach, C., & Leiter, M. P. (2016). New insights into burnout and health care: Strategies for improving civility and alleviating burnout. *Medical teacher*, 39(2), 160-163.
- Nayan (2022). A new region-wide study has identified the Singaporean workforce as having the worst mental health across Southeast Asia, with local employees surveyed claiming the lowest levels of engagement, job satisfaction, and overall quality of life. Prameswari, S. A., & Muhid, A. (2022). Dukungan Sosial Untuk Meningkatkan Psychological Well Being Anak Broken Home: Literature Riview. *Jurnal Psimawa: Diskursus Ilmu Psikologi dan Pendidikan*, 5(1), 1-9.
- Putri, N. I., & Indrawati, E. S. (2020). Hubungan antara efikasi kerja dengan burnout pada perawat bagian jiwa di rsj prof. dr. soerojo magelang. *Jurnal Empati*, 8(3), 491-496.

- Ryff, C. D. (1989). Happiness is everything, or is it? Explorations on the meaning of psychological well-being. *Journal of personality and social psychology*, 57(6), 1069.
- Satyajati, M. W., Widhianingtanti, L. T., & Adiwena, B. Y. (2020, August). Psychological well-being pada setting profesional: burnout dan jenis profesi sebagai prediktor psychological well-being. In *Seminar Nasional Psikologi dan Ilmu Humaniora (SENAPIH)* (Vol. 1, No. 1).
- Saraun, G. G. S., & Ambarwati, K. D. (2022). Hubungan antara psychological well-being dengan burnout pada pekerja PT. Pertamina Geothermal Energy area lahendong. *Jurnal EMPATI*, 11(5), 359-367.
- Swider, B. W., & Zimmerman, R. D. (2010). Born to burnout: A meta-analytic path model of personality, job burnout, and work outcomes. *Journal of Vocational behavior*, 76(3), 487-506.
- Ulfa, S., & Aprianti, M. (2021). Pengaruh efikasi diri terhadap burnout dan perbedaannya berdasarkan gender. *Psychosophia: Journal of Psychology, Religion, and Humanity*, 3(1), 24-35.
- Wibowo & Wibisono (2024). Psychological well-being dan burnout pada karyawan produksi yang bekerja secara monoton. *Jurnal Psikologi Malahayati* Vol.6, No.2 (2024): 209-218
- Widhianingtanti, L. T., & Luijtelaar, G. V. (2022). The Maslach-Trisni Burnout Inventory: Adaptation for Indonesia. *JP3I (Jurnal Pengukuran Psikologi Dan Pendidikan Indonesia)*, 11 (1), 1–21.
- Widjaja, M. S., Sitorus, K. S., & Himawan, K. K. (2016). Hubungan antara kecerdasan emosional dengan kecenderungan burnout pada karyawan bagian pemasaran. *Jurnal Psikologi Ulayat*, 3(1), 18-33.
- Widyorini, E., & Wijaya, D. (2024). Psychology Well-Being, Post-Traumatic Growth, and Stress Appraisal on COVID-19 Survivors. *Jurnal Psikologi Udayana*, 11(1), 420-428.