

DAFTAR PUSTAKA

- Anwar, Saifuddin (2014). *Metode Penelitian*. Yogyakarta: Pustaka Pelajar
- Arikunto, S. (2006b). *Metode Penelitian Kualitatif*. Bumi Aksara.
- Ariyanti (2017, 14 November). BPS: Banyak Wanita Memilih Tak Menikah pada 2020. Liputan 6. <https://www.liputan6.com/>
- Azwar, S. (2015). *Penyusunan Skala Psikologi Edisi 2*. Yogyakarta: Pustaka Belajar.
- Azwar, Saifuddin. (2007). *Metode Penelitian*. Pustaka Pelajar.
- Bartholomew, K., & Horowitz, L. M. (1991). Attachment styles among young adults: A test of a four-category model. *Journal of Personality and Social Psychology*, 61(2), 226-244.
- Baumeister, R. F., & Leary, M. R. (1995). The Need to Belong: Desire for Interpersonal Attachments as a Fundamental Human Motivation. *Psychological Bulletin*, 117 (3), 497-529.
- Branden, Nathaniel. 1994. *The Six Pillars Of Self-Esteem*. New York : Bantam Books.
- Calhoun, F., & Acocella, J. (1995). *Psikologi Tentang Penyesuaian dan Hubungan Kemanusiaan* (edisi keti). IKIP Semarang.
- Cole, K. (2004). *Mendampingi Anak Menghadapi Perceraian Orang Tua* (Alih bahas). Prestasi pustaka.
- Cooper, M. L., Shaver, P. R., & Collins, N. L. (1998). Attachment styles, emotion regulation, and adjustment in adolescence. *Journal of Personality and Social Psychology*, 74(5), 1382-1400.
- Coopersmith, S. (1968). *The Antecedents of Self-Esteem*. Freeman and
- Damayanti, N. (2010). Hubungan antara tipe kelekatan (attachment style) dengan kecemburuan pada pasangan berpacaran mahasiswa fakultas Psikologi Universitas Negeri Islam (UIN) Syarif Hidayatullah Jakarta.
- DeGenova, M. K. (2008). *Intimate Relationship, Marriages, and Families* (7th ed). McGraw-Hill.
- Dutton, D., Saunders, K., Starzomski, A., & Bartholomew, K. (1994). Intimacy-anger and insecure attachment as precursors of abuse in intimate relationships. *Journal of Applied Social Psychology*, 24, 1367-1386.

- Dutton, D., Saunders, K., Starzomski, A., & Bartholomew, K. (1994). Intimacy-anger and insecure attachment as precursors of abuse in intimate relationships. *Journal of Applied Social Psychology*, 24, 1367-1386.
- Erikson, E. H. (1963). *Childhood and Society*. Norton.
- Erilia (2021, 19 Januari). Alasan Umum yang Membuat Seseorang Takut Menikah. Tirto.id. <https://tirto.id/>
- Fettiani, N., Siregar, A., Anisa, N. T., & Rahma, H. (2024). The Influence of Solution-Focused Therapy on Quarter-Life Crisis in Early Adult Women. *Journal of Psychology and Social Sciences*, 2(2), 49-56.
- Foster, J. D., Kernis, M. H., & Goldman, B. M. (2007). Attachment insecurity and fluctuating self-esteem. *Journal of Research in Personality*, 41(5), 876-891.
- Foster, J. D., Kernis, M. H., & Goldman, B. M. (2007). Linking adult attachment to self-esteem stability. *Self and Identity*, 6(1), 64-73.
- Frazier, P. E., & Cowan, P. A. (2020). Attachment style and self-esteem in young adulthood. *Journal of Personality and Social Psychology*, 118(4), 662-678.
- Hazan, C., & Shaver, P. R. (1987). Romantic love conceptualized as an attachment process. *Journal of Personality and Social Psychology*, 52(3), 511-524.
- Hazan, C., & Shaver, P. R. (2019). Attachment, relationships, and close relationships. In R. J. Sternberg & M. B. Martensen (Eds.), *The psychology of love* (pp. 243-266). Sage Publications. <https://www.amazon.com/Attachment-Theory-Power-Relationships-Relationships/dp/B09SL7VMZ4>
- Hendri, H. (2019). Peran Pola Asuh Orang Tua Terhadap Pembentukan Konsep Diri Pada Anak. *At-Taujih: Bimbingan Dan Konseling Islam*, 2(2), 56-71.
- Hermawan, H., Komalasari, G., & Hanim, W. (2019). Strategi Layanan Bimbingan Dan Konseling Untuk Meningkatkan Harga Diri Siswa: Sebuah Studi Pustaka. *JBKI (Jurnal Bimbingan Konseling Indonesia)*, 4(2), 65-69.

- Himawan, K. K. (2018). Either I do or I must: An exploration of the marriage attitudes of Indonesian singles. *The Social Science Journal*, 220-227. <https://doi.org/10.1016/j.soscij.2018.07.007>
- Holmes, J. G., & Cameron, J. J. Singlehood and Attunement of Self-Esteem to Friendships Alexandra N. Fisher¹ Danu Anthony Stinson¹ Joanne V. Wood².
- Hultman, C. M., Wieselgren, I. M., & Öhman, A. (2006). Relationship between work-related stress and well-being in early adulthood. *Psychological Reports*, 98(3), 671-680.
- Hurlock, E. (1990). *Psikologi Perkembangan: Suatu Pendekatan Sepanjang Rentang Kehidupan*. Erlangga.
- Jannah, M., Kamsani, S. R., & Ariffin, N. M. (2021). Perkembangan Usia Dewasa : Tugas Dan Hambatan Pada Korban Konflik Pasca Damai. *Jurnal Pendidikan Anak*, 8(2), 114-143.
- Johnson, L. N., Tambling, R. B., Mennenga, K. D., Ketring, S. A., Oka, M., Anderson, S. R., ... & Miller, R. B. (2016). Examining attachment avoidance and attachment anxiety across eight sessions of couple therapy. *Journal of marital and family therapy*, 42(2), 195-212.
- Kawamoto, T. (2020). The moderating role of attachment style on the relationship between self-concept clarity and self-esteem. *Personality and Individual Differences*, 152, 109604.
- Kumbara, H., Metra, Y., & Ilham, Z. (2018). Analisis tingkat kecemasan (anxiety) dalam menghadapi pertandingan atlet sepak bola Kabupaten Banyuwangi pada Porprov 2017. *Jurnal Ilmu Keolahragaan*, 17(2), 28-35.
- Kusnandar (2022, 14 Juni). Persentase Penduduk Menurut Status Perkawinan. databoks. <https://databoks.katadata.co.id/>
- Lestari, U., Masluchah, L., & Mufidah, W. (2022). Konsep Diri Dalam Menghadapi Quarter Life Crisis. *IDEA: Jurnal Psikologi*, 6(1), 14-28.
- Mandelbaum, T. (2020). Attachment and Adult Clinical Practice: An Integrated Perspective on Developmental Theory, Neurobiology, and Emotional Regulation (1st ed.). Routledge. <https://doi.org/10.4324/9781003090878>

- Maslow. (1979). *Dominance Self Esteem*. Brook Cole Publishing.
- Mikulincer, M., & Shaver, P. R. (2007). *Attachment in adulthood: Structure, dynamics, and change*. The Guilford Press.
- Papalia, D. E., Olds, S. W., & Feldman, R. D. (2009). *Human Development* (12th ed.). McGraw-Hill.
- Park, L. E., Crocker, J., & Vohs, K. D. (2006). Contingencies of self-worth and self-validation goals. *Self and relationships: Connecting intrapersonal and interpersonal processes*, 84.
- Pebyamoriski, N., Minarni, M., & Musawwir, M. (2022). Perbedaan kecemasan memilih pasangan hidup pada dewasa awal berdasarkan demografi. *Jurnal Psikologi*, 15(2), 219-228 doi: <https://doi.org/10.35760/psi.2022.v15i2.6036>
- Penalun, S. R. (2022). *Hubungan harga diri dan kecemasan memilih pasangan pada perempuan dewasa awal di kota malang* (Doctoral dissertation, Universitas Islam Negeri Maulana Malik Ibrahim).
- Rogge, R. D., Fincham, F. D., Crasta, D., & Maniaci, M. R. (2017). Positive and negative evaluation of relationships: Development and validation of the Positive-Negative Relationship Quality (PN-RQ) scale. *Psychological assessment*, 29(8), 1028.
- Rosenberg, M., C. S., Schoenbach, C., & Rosenberg, F. (1995). Global Self-Esteem and Specific Self-Esteem: Different Concepts, Different Outcomes. *American Sociological Review*, 141-156.
- Santrock, J. W. (2002). *Adolescence: Perkembangan Remaja Awal* (edisi keen).
- Sianturi, S. F. (2022). Harga diri dan resiliensi pada perempuan dewasa awal yang bekerja sebagai tulang punggung keluarga [Undergraduate thesis, Universitas Kristen Satya Wacana]. *UKSW Repository*.
- SIMANJUNTAK, D. R. HUBUNGAN ANTARA ADULT ATTACHMENT DAN ROMANTIC BELIEFS PADA WANITA DEWASA AWAL YANG SEDANG BERPACARAN.
- Simpson, J. A., Rholes, W. S., & Nelligan, J. S. (1992). Support-seeking and support-giving within couples in an anxiety-provoking situation: The role of attachment styles. *Journal of Personality and Social*

Psychology, 62(3), 434-446. <https://doi.org/10.1037/0022-3514.62.3.434>

Stuart, G. W. (2013). *Buku Saku Keperawatan Jiwa EGC*

Stuart. (2007). *Buku Saku Keperawatan Jiwa*. EGC.

Sugiyono. (2015). *Metode Penelitian Kuantitatif, Kualitatif dan R&D*. ALFABETA.

Tanzeh, A. (2011). *Metodologi Penelitian Praktis*. Teras.

Tomasoa, A. R., & Wulandari, P. Y. (2024). The Role of Avoidant Attachment and Anxious Attachment in Romantic Jealousy Among Young Adults in Long-Distance Relationships. *Jurnal Syntax Fusion*, 4(02), 23-33.

Utami, V., & Hakim, L. (2019). Hubungan harga diri dengan kecemasan memilih pasangan hidup pada perempuan dewasa awal. *Jurnal Psimawa*, 2(1), 15-20. (JURNAL ACUAN)

Whitehead, B. D. (2005). Patterns and Predictors of Success and Failure in Marriage. *National Marriage Project at Rutgers University*, hlm. 1-2.

Wijayanti (2021, 29 Juni). Bagi Perempuan Lajang Usia 30an, 5 Stigma Ini Pahit tapi Bisa Dihadapi dengan Senyuman. *Fimela*. <https://www.fimela.com/>

Yusuf, S. (2015). *Psikologi Perkembangan Anak; Remaja*. PT. Remaja Yodakarya.