

KESIMPULAN

Berdasarkan analisis data serta temuan penelitian, peneliti menyimpulkan bahwa tidak terdapat hubungan antara harga diri dan *nomophobia* pada generasi Z, dari hasil olah data korelasi antara harga diri dengan *nomophobia* didapatkan hasil pengolahan data dengan nilai koefisien -0,060 dengan nilai signifikansi 0,389. Namun peneliti menemukan salah satu aspek dari *nomophobia* yang berkorelasi yaitu “rasa tidak nyaman” dengan aspek harga diri negatif.

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