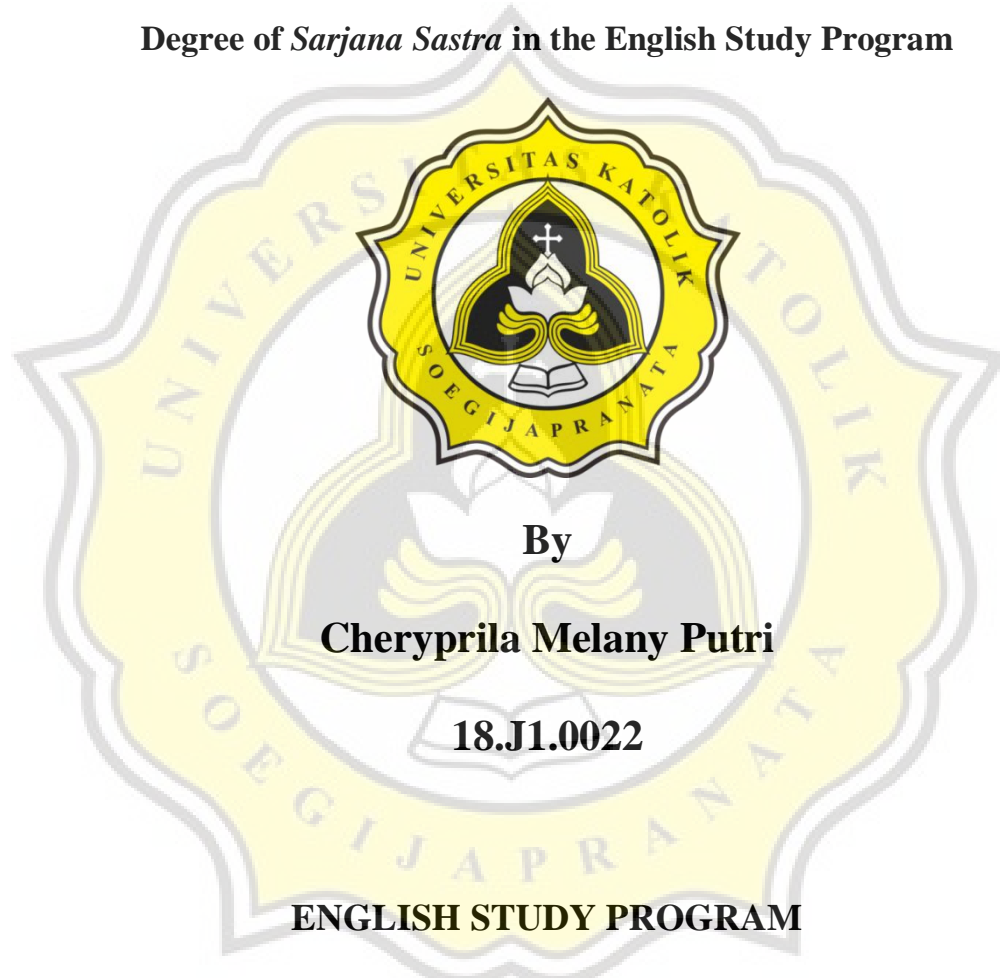


**RARA EXPERIENCE OF BODY SHAMING IN THE  
IMPERFECT FILM**

**A Thesis Presented as a Partial Fulfillment of the Requirements for the  
Degree of *Sarjana Sastra* in the English Study Program**



**By**

**Cheryprila Melany Putri**

**18.J1.0022**

**ENGLISH STUDY PROGRAM**

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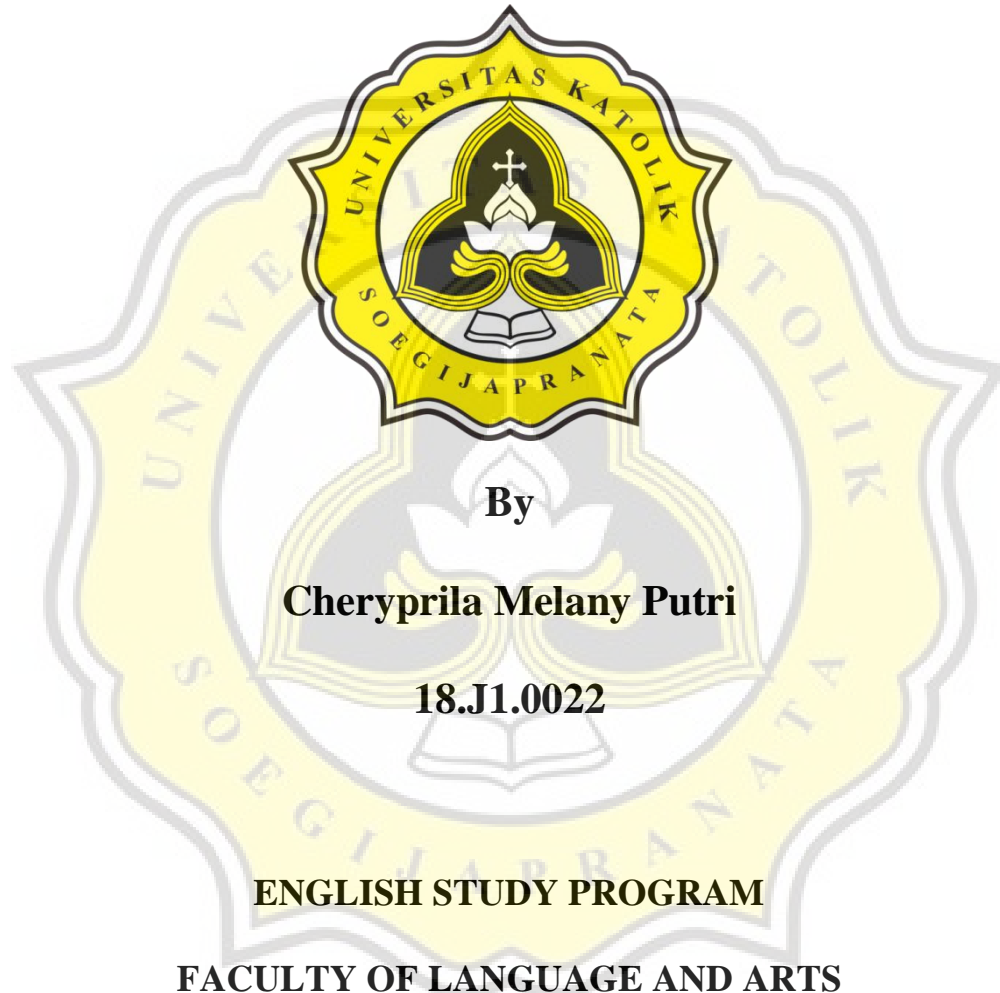
**SOEGIJAPRANATA CATHOLIC UNIVERSITY**

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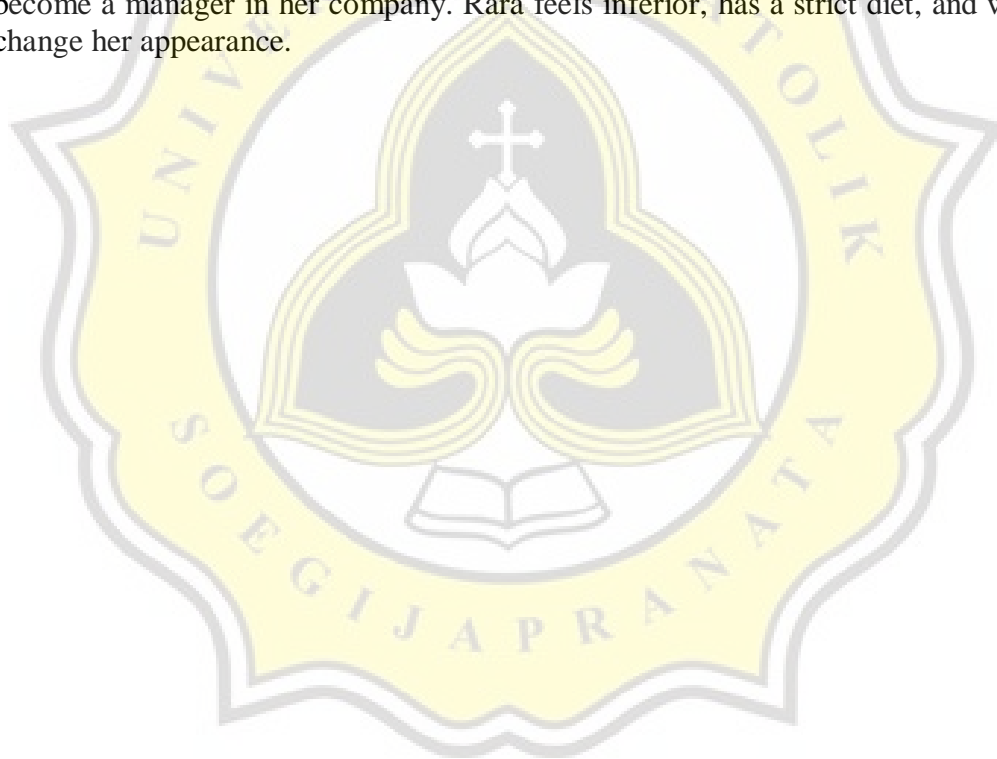
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## ABSTRACT

*Imperfect* is a film discussing the body shaming Rara's character experienced. This study was conducted to find out and describe the forms of body shaming experienced by Rara verbally in *tImperfect* Prakasa (2019). In this study, the writer used Sakinah (2018)'s theory regarding body shaming, body image, its effects, and how to overcome them to analyze Rara's problems. In addition, the writer also uses Wolf (2002)'s theory in her book, *The Beauty Myth*, which Listyani (2016) summarized regarding the representation of women's beauty and the beauty standards that are often applied by society in everyday life. The results showed that Rara receives body shaming from people closest to her, such as her mother, her mother's friends, co-workers, and people she does not know. Their body shaming affects Rara's life. She is not promoted to become a manager in her company. Rara feels inferior, has a strict diet, and wants to change her appearance.



## ABSTRAK

*Imperfect* adalah film yang membahas tentang body shaming yang dialami oleh karakter Rara. Penelitian ini dilakukan untuk mengungkap dan mendeskripsikan bentuk-bentuk body shaming yang dialami Rara secara verbal dalam film *Imperfect* Prakasa (2019). Dalam penelitian ini, penulis menggunakan teori Sakinah (2018) mengenai body shaming, body image, efek, dan cara mengatasinya untuk menganalisis permasalahan Rara tentang body shaming. Selain itu, penulis juga menggunakan teori Wolf (2002) yang tertuang dalam buku *The Beauty Myth* yang disarikan oleh Listyani (2016) mengenai representasi kecantikan perempuan dan analisis terhadap fenomena standar kecantikan yang sering diterapkan oleh masyarakat dalam kehidupan sehari-hari. Hasil penelitian menunjukkan bahwa Rara menerima body shaming dari orang terdekat seperti ibunya dan teman teman ibunya, rekan kerja Rara, dan orang-orang yang tidak dikenalnya. Perilaku body shaming ini berdampak pada kehidupan Rara akibat body shaming Rara tidak mendapatkan promosi sebagai manager di perusahaannya. Rara menjadi minder, melakukan diet ketat dan ingin mengubah penampilannya.

