

LAMPIRAN

A. Skala *Burnout* Dan *Meaningful Work*

Lampiran 1 Skala *Burnout*

Identitas Responden

Nama *

Your answer

Jenis kelamin *

Laki-laki

Perempuan

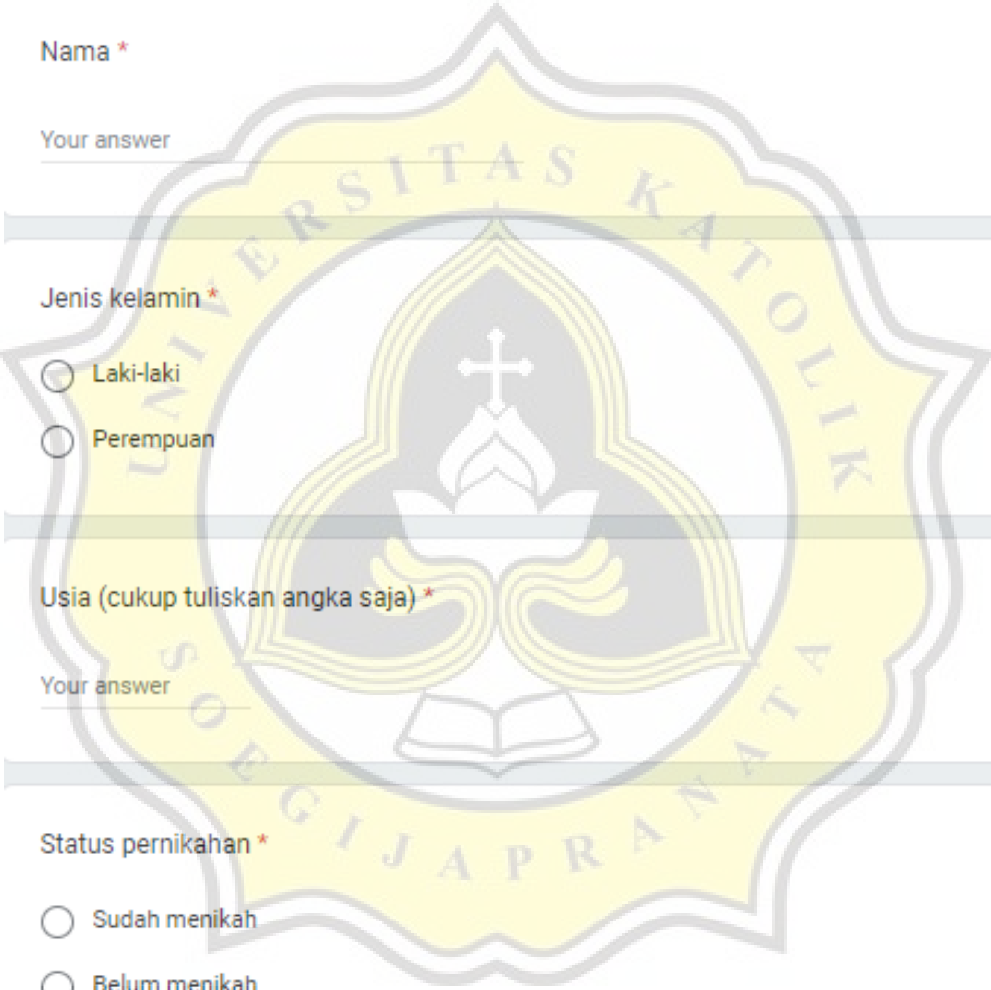
Usia (cukup tuliskan angka saja) *

Your answer

Status pernikahan *

Sudah menikah

Belum menikah



4. Saya memiliki cara penilaian yang baik mengenai apa yang bisa menjadikan pekerjaan saya sangat berarti *

1 2 3 4 5
Sangat tidak setuju Sangat setuju

5. saya menyadari pekerjaan saya bisa membuat perbedaan positif untuk dunia/sekitar *

1 2 3 4 5
Sangat tidak setuju Sangat setuju

6. Pekerjaan saya membantu untuk memiliki pemahaman diri yang lebih baik *

1 2 3 4 5
Sangat tidak setuju Sangat setuju

7. Saya sudah menemukan pekerjaan yang sangat bermakna *

1 2 3 4 5
Sangat tidak setuju Sangat setuju

8. Pekerjaan saya membantu pemahaman saya mengenai dunia sekitar *

1 2 3 4 5

Sangat tidak setuju Sangat setuju

9. Pekerjaan yang saya jalani mempunyai tujuan yang lebih besar *

1 2 3 4 5

Sangat tidak setuju Sangat setuju



B. Data Penelitian

Lampiran 3 Data Penelitian Skala *Burnout*

No. Subjek	Nomor Item																					
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
1	3	2	1	1	2	1	1	1	3	0	1	0	1	0	2	3	3	2	1	2	2	2
2	3	3	3	1	3	0	2	3	4	2	2	0	3	0	4	4	4	1	1	1	2	2
3	3	2	2	0	1	1	0	1	3	0	0	0	0	0	3	4	3	3	4	3	4	2
4	3	1	0	0	1	0	1	1	2	0	0	0	0	0	2	2	2	3	2	2	2	2
5	3	0	0	0	0	0	1	0	1	0	0	0	0	0	3	3	3	3	3	3	3	3
6	4	2	0	0	3	0	0	0	3	0	0	3	0	0	1	1	1	1	1	1	1	1
7	3	1	0	1	3	1	1	1	1	0	1	0	0	0	3	1	2	1	1	1	1	1
8	1	0	0	0	0	0	1	1	0	0	0	0	0	1	1	6	1	1	1	1	1	1
9	2	1	3	0	3	0	2	1	3	0	0	1	0	2	1	1	3	4	1	2	2	1
10	3	2	2	2	2	2	1	1	2	1	3	0	0	0	2	2	3	2	1	4	3	2
11	1	1	0	0	1	1	1	1	1	0	0	0	0	0	3	4	3	3	3	4	4	4
12	3	2	3	1	3	2	1	2	1	0	2	3	2	1	3	3	3	4	3	4	3	4
13	3	0	1	0	0	0	3	0	1	0	0	0	0	0	7	3	3	3	3	3	1	1
14	3	0	0	0	0	0	2	0	2	0	0	0	0	0	4	3	5	4	5	5	4	4
15	3	3	2	2	3	2	3	3	3	1	2	1	1	1	2	2	2	2	2	1	1	1
16	1	1	0	0	0	0	0	0	1	0	0	0	0	0	3	5	6	3	4	2	1	1
17	3	2	3	2	2	1	2	2	1	0	2	0	1	4	3	4	4	4	3	2	2	2
18	5	6	5	1	3	2	3	4	3	0	0	0	0	0	1	4	5	5	1	1	3	4
19	2	1	0	0	1	1	0	1	2	0	1	0	0	0	3	3	4	4	3	5	4	4
20	2	2	1	0	3	1	1	0	1	0	1	1	1	1	2	3	3	3	4	3	3	3
21	2	1	6	0	1	0	0	0	3	0	0	0	0	0	4	1	4	4	1	4	4	1
22	2	2	1	0	1	0	1	1	2	0	2	0	0	0	4	2	2	2	2	2	2	2
23	4	4	0	3	2	4	5	4	3	1	0	0	3	3	2	3	3	3	5	3	4	1
24	2	1	1	0	2	0	2	1	1	0	0	0	0	0	2	2	1	2	2	2	2	2
25	3	3	2	0	2	2	2	0	2	0	0	0	0	0	3	3	3	3	3	3	4	3
26	3	2	0	0	0	0	0	0	0	0	0	0	0	0	2	2	2	3	2	3	5	1
27	2	1	3	1	0	1	2	2	1	0	1	1	1	1	3	4	4	5	3	3	3	1
28	2	0	1	0	0	0	0	0	1	0	0	0	0	0	2	2	2	2	2	1	2	2
29	2	1	3	1	1	0	1	1	1	0	0	0	1	1	2	2	2	2	4	2	3	1
30	3	0	0	1	2	1	1	0	5	0	0	0	0	0	3	1	1	1	1	1	1	1
31	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	1	1	1	1	1	1
32	3	2	0	0	3	0	0	0	2	0	0	0	0	0	4	4	5	5	5	4	4	4
33	2	2	0	1	1	1	2	2	2	0	2	1	0	0	5	4	3	3	5	4	4	2
34	2	0	0	0	0	0	1	1	1	0	0	0	0	0	4	4	5	5	5	5	4	4
35	3	1	0	0	0	1	1	1	1	0	0	0	0	0	1	2	2	2	2	2	2	2
36	2	1	1	0	1	0	1	0	1	2	0	0	0	0	3	2	2	3	3	3	3	2
37	2	3	3	2	2	3	3	2	2	2	2	3	2	2	4	4	3	4	4	4	4	4
38	5	1	3	0	5	3	3	4	4	0	2	0	3	1	3	2	2	4	3	2	4	2

Lampiran 4 Data Penelitian Skala *Meaningful Work*

No. Subjek	Nomor Item								
	1	2	3	4	5	6	7	8	9
1	4	4	5	5	5	5	4	5	5
2	4	3	4	4	4	4	4	4	4
3	4	3	4	3	3	4	4	4	4
4	4	4	4	4	4	4	4	4	4
5	4	4	4	4	4	4	4	4	4
6	5	5	5	5	5	5	5	5	5
7	5	5	5	5	5	5	5	5	5
8	4	4	4	4	4	4	4	4	4
9	4	2	4	3	3	4	5	4	4
10	4	5	5	5	5	5	5	5	5
11	5	5	5	5	4	5	5	5	5
12	5	4	4	4	5	4	4	4	4
13	4	3	3	3	3	3	3	3	3
14	4	4	4	4	4	4	5	4	4
15	4	4	4	4	4	4	4	4	4
16	4	4	4	4	4	4	4	4	4
17	4	5	5	5	5	5	4	5	5
18	5	5	5	5	5	5	5	5	5
19	4	4	4	3	3	3	3	4	4
20	4	5	5	4	4	4	4	4	4
21	4	5	5	4	3	4	4	4	4
22	4	4	4	3	4	4	4	4	4
23	3	4	4	4	4	3	4	4	4
24	4	4	4	4	4	4	4	4	5
25	4	4	4	4	4	5	4	5	5
26	4	4	4	4	4	4	3	4	4
27	4	4	5	3	5	3	4	5	5
28	4	4	4	4	4	4	4	3	4
29	4	4	4	4	4	4	4	4	4
30	4	4	4	4	4	4	4	4	5
31	5	5	5	5	5	5	5	5	5
32	3	4	4	3	3	3	3	3	4
33	3	4	4	4	4	4	4	4	4
34	4	3	3	3	4	4	4	3	4
35	4	2	5	5	5	5	3	4	4
36	4	4	4	3	4	4	5	4	3
37	3	4	4	4	4	4	3	4	4
38	4	4	4	4	4	3	5	5	5

C. Uji Normalitas, Uji Linearitas, Uji Hipotesis

Lampiran 5 Uji Normalitas

One-Sample Kolmogorov-Smirnov Test

		Burnout	Meaningful work
N		38	38
Normal Parameters ^{a,b}	Mean	36.13	37.13
	Std. Deviation	12.590	4.294
Most Extreme Differences	Absolute	.070	.183
	Positive	.060	.183
	Negative	-.070	-.103
Test Statistic		.070	.183
Asymp. Sig. (2-tailed)		.200 ^{c,d}	.002 ^c

a. Test distribution is Normal.

b. Calculated from data.

c. Lilliefors Significance Correction.

d. This is a lower bound of the true significance.

Lampiran 6 Uji Linearitas

ANOVA Table

			Sum of Squares	df	Mean Square	F	Sig.
Burnout * Meaningful work	Between Groups	(Combined)	3074.309	13	236.485	2.034	.064
		Linearity	101.106	1	101.106	.870	.360
		Deviation from Linearity	2973.202	12	247.767	2.131	.055
	Within Groups		2790.033	24	116.251		
Total		5864.342	37				

Lampiran 7 Uji Hipotesis

Correlations

			Burnout	Meaningful work
Spearman's rho	Burnout	Correlation Coefficient	1.000	-.110
		Sig. (2-tailed)	.	.511
		N	38	38
	Meaningful work	Correlation Coefficient	-.110	1.000
		Sig. (2-tailed)	.511	.
		N	38	38

D. Data Deskriptif Karakteristik Responden

Lampiran 8 Data Jenis Kelamin

Jenis Kelamin

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Laki-laki	12	31.6	31.6	31.6
	Perempuan	26	68.4	68.4	100.0
	Total	38	100.0	100.0	

Lampiran 9 Data Status Pernikahan

Status Pernikahan

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Belum menikah	4	10.5	10.5	10.5
	Buduh menikah	34	89.5	89.5	100.0
	Total	38	100.0	100.0	

Lampiran 10 Data Pendidikan Terakhir

Pendidikan

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	D1,D2,D3	28	73.7	73.7	73.7
	D4/S1	7	18.4	18.4	92.1
	S2/Profesi	3	7.9	7.9	100.0
	Total	38	100.0	100.0	

Lampiran 11 Data Kategori Usia

Kategori Usia

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Dewasa Awal	25	65.8	65.8	65.8
	Dewasa Pertengahan	13	34.2	34.2	100.0
	Total	38	100.0	100.0	

E. Uji Korelasi *Pearson Product Moment* Pada Aspek-Aspek PenelitianLampiran 12 Korelasi *Exhaustion* Dengan Aspek *Meaningful Work***Correlations**

		Exhaustion	Positive Meaning
Exhaustion	Pearson Correlation	1	.114
	Sig. (2-tailed)		.495
	N	38	38
Positive Meaning	Pearson Correlation	.114	1
	Sig. (2-tailed)	.495	
	N	38	38

Correlations

		Exhaustion	Meaning Making
Exhaustion	Pearson Correlation	1	.138
	Sig. (2-tailed)		.409
	N	38	38
Meaning Making	Pearson Correlation	.138	1
	Sig. (2-tailed)	.409	
	N	38	38

Correlations

		Exhaustion	Greater Good Motivation
Exhaustion	Pearson Correlation	1	.228
	Sig. (2-tailed)		.169
	N	38	38
Greater Good Motivation	Pearson Correlation	.228	1
	Sig. (2-tailed)	.169	
	N	38	38

Lampiran 13 Korelasi *Cynicism* Dengan Aspek *Meaningful Work***Correlations**

		Cynicism	Positive Meaning
Cynicism	Pearson Correlation	1	-.034
	Sig. (2-tailed)		.839
	N	38	38
Positive Meaning	Pearson Correlation	-.034	1
	Sig. (2-tailed)	.839	
	N	38	38

Correlations

		Cynicism	Meaning Making
Cynicism	Pearson Correlation	1	.033
	Sig. (2-tailed)		.843
	N	38	38
Meaning Making	Pearson Correlation	.033	1
	Sig. (2-tailed)	.843	
	N	38	38

Correlations

		Cynicism	Greater Good Motivation
Cynicism	Pearson Correlation	1	.148
	Sig. (2-tailed)		.376
	N	38	38
Greater Good Motivation	Pearson Correlation	.148	1
	Sig. (2-tailed)	.376	
	N	38	38

Lampiran 14 *Accomplishment* Dengan Aspek *Meaningful Work***Correlations**

		Accomplishment	Positive Meaning
Accomplishment	Pearson Correlation	1	-.457**
	Sig. (2-tailed)		.004
	N	38	38
Positive Meaning	Pearson Correlation	-.457**	1
	Sig. (2-tailed)	.004	
	N	38	38

** . Correlation is significant at the 0.01 level (2-tailed).

Correlations

		Accomplishment	Meaning Making
Accomplishment	Pearson Correlation	1	-.306
	Sig. (2-tailed)		.061
	N	38	38
Meaning Making	Pearson Correlation	-.306	1
	Sig. (2-tailed)	.061	
	N	38	38

Correlations

		Accomplishment	Greater Good Motivation
Accomplishment	Pearson Correlation	1	-.355*
	Sig. (2-tailed)		.029
	N	38	38
Greater Good Motivation	Pearson Correlation	-.355*	1
	Sig. (2-tailed)	.029	
	N	38	38

*. Correlation is significant at the 0.05 level (2-tailed).

F. Uji Independent Sample T-Test Dan One Way Anova

Lampiran 15 Uji Korelasi *Burnout* Dengan Jenis Kelamin

		Group Statistics			
Jenis Kelamin		N	Mean	Std. Deviation	Std. Error Mean
Burnout	Laki-laki	12	37.08	14.209	4.102
	Perempuan	26	35.69	12.046	2.362

		Levene's Test for Equality of Variances					t-test for Equality of Means			
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
Burnout	Equal variances assumed	.029	.865	.313	36	.756	1.391	4.448	-7.630	10.412
	Equal variances not assumed			.294	18.607	.772	1.391	4.733	-8.530	11.313

Lampiran 16 Uji Korelasi *Burnout* Dengan Status Pernikahan

		Group Statistics			
Status Pernikahan		N	Mean	Std. Deviation	Std. Error Mean
Burnout	Belum menikah	4	32.75	15.650	7.825
	Buduh menikah	34	36.53	12.405	2.128

		Levene's Test for Equality of Variances					t-test for Equality of Means			
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
Burnout	Equal variances assumed	.220	.642	-.563	36	.577	-3.779	6.717	-17.402	9.843
	Equal variances not assumed			-.466	3.458	.669	-3.779	8.109	-27.755	20.196

Lampiran 17 Uji Korelasi *Burnout* Dengan Kategori Usia

Group Statistics

	Kategori Usia	N	Mean	Std. Deviation	Std. Error Mean
Burnout	Dewasa Awal	25	36.08	12.199	2.440
	Dewasa Pertengahan	13	36.23	13.821	3.833

Independent Samples Test

		Levene's Test for Equality of Variances		t-test for Equality of Means			95% Confidence Interval of the Difference			
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	Lower	Upper
Burnout	Equal variances assumed	.391	.536	-.035	36	.973	-.151	4.364	-9.002	8.700
	Equal variances not assumed			-.033	21.896	.974	-.151	4.544	-9.577	9.275

Lampiran 18 Uji Korelasi *Burnout* Dengan Tingkat Pendidikan

Descriptives

Burnout	N	Mean	Std. Deviation	Std. Error	95% Confidence Interval for Mean		Minimum	Maximum
					Lower Bound	Upper Bound		
D1,D2,D3	28	34.39	11.685	2.208	29.86	38.92	8	56
D4/S1	7	37.29	10.111	3.822	27.93	46.64	24	56
S2/Profesi	3	49.67	21.455	12.387	-3.63	102.96	25	64
Total	38	36.13	12.590	2.042	31.99	40.27	8	64

ANOVA

Burnout	Sum of Squares	df	Mean Square	F	Sig.
Between Groups	643.568	2	321.784	2.157	.131
Within Groups	5220.774	35	149.165		
Total	5864.342	37			

Lampiran 19 Surat izin penelitian



PEMERINTAH KABUPATEN SANGGAU
DINAS KESEHATAN
PUSKESMAS PUSAT DAMAI

Alamat : Jalan Pembangunan Desa Pusat Damai, Kecamatan Parindu, Kabupaten Sanggau
KodePost : 78561 Email : puskesmaspusatdamai19@gmail.com

SURAT KETERANGAN
NO : 440 / 038 / PKM PD / I / 2023

1. Yang bertanda tangan dibawah ini :

Nama : AGATA SELABET MORA, A. Md Kes
NIP : 19740205 199501 2 001
Pangkat/ Golongan : Penata TK.I - III/d
Jabatan : Kepala Puskesmas Pusat Damai

2. Menyatakan dengan sesungguhnya bahwa :

Nama : YORIS RIAN ENGGAR FILIO
NIM : 18. E1. 2018
Prodi : Psikologi
Universitas : Universitas Katolik Soegijapranata

3. TERSEBUT DALAM BUTIR 2 (dua) telah melaksanakan penelitian guna bahan / materi skripsi dengan judul “ Hubungan Meaningful Work dengan Burnout Pada Tenaga Kesehatan Di Puskesmas Pusat Damai” yang dilakukan pada periode 6 s.d 7 Desember 2022.
4. Demikian Surat keterangan ini dibuat untuk dapat dipergunakan sebagaimana mestinya.

Pusat Damai, 16 Januari 2023,
Kepala Puskesmas Pusat Damai.



AGATA SELABET MORA, A.Md Kep
NIP 19740205 199501 2 001

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