

## DAFTAR PUSTAKA

- Adyani, D., Suzanna, E., Safuwani, & Muryali. (2018). Perceived Social Support And Psychological Well-Being Among Interstate Students At Malikussaleh University. *Jurnal Indigenous* 3(2), 98-104. <https://journals.ums.ac.id/index.php/indigenous/article/view/6591/4863>
- Alza, N., Armalita, R., & Puspasari, D. (2021). The Relationship Between Social Support and Psychological Well-being of College Students during Covid-19 Pandemic. *International Journal of Research in Counseling and Education* 5(1). <http://ppsfip.ppj.unp.ac.id/index.php/ijrice/article/view/445/132>
- Arfianto, M. A., Mustikasari, & Ardani, I. Y. (2020). Is Social Support Related to Psychological Wellbeing in Working Mother? *Jurnal Keperawatan Jiwa* 8(4), 505-514. <https://jurnal.unimus.ac.id/index.php/JKJ/article/view/6385/pdf>
- Aulia, S., & Panjaitan, R. U. (2019). Kesejahteraan Psikologis dan Tingkat Stres pada Mahasiswa Tingkat Akhir. *Jurnal Keperawatan Jiwa* 7(2), 127-134. <https://jurnal.unimus.ac.id/index.php/JKJ/article/view/4980/pdf>
- Awang, .. M., Kutty, F. M., & Ahmad, A. R. (2014). Perceived Social Support and Well-being: First-Year Student Experience in University. *International Education Studies* 7(13). <https://files.eric.ed.gov/fulltext/EJ1071180.pdf>
- Azwar, S. (2017). *Metode Penelitian Psikologi Edisi II*. Yogyakarta: Pustaka Belajar.
- Badan Pengembangan dan Pembinaan Bahasa. (2016). *Mahasiswa*. Retrieved September 24, 2022, from KBBI Daring: <https://kbbi.kemdikbud.go.id/entri/mahasiswa>
- Badan Pengembangan dan Pembinaan Bahasa. (2016). *Skripsi*. Retrieved September 24, 2022, from KBBI Daring: <https://kbbi.kemdikbud.go.id/entri/skripsi>
- Brannon, L., Updegraff, J. A., & Feist, J. (2018). *Health Psychology: An Introduction to Behavior and Health 9th ed*. USA: CENGAGE LEARNING.
- Cahyani, N. K., Satriani, N. L., & Sagitarini, P. N. (2021). Gambaran Kesehatan Mental Mahasiswa Tingkat Akhir Prodi Sarjana Keperawatan ITEKES Bali pada Masa Pandemi COVID-19. *Community of Publishing in Nursing* 9(4), 383-390. <https://ojs.unud.ac.id/index.php/coping/article/view/76510/42858>
- Carr, A. (2004). *Positive Psychology: The Science of Happiness and Human Strengths*. New York: Brunner-Routledge.

- Clark-Carter, D. (2004). *Quantitative Psychological Research: A Student's Handbook*. USA : Psychology Press.
- Compton, W. C., & Hoffman, E. (2013). *Positive Psychology The Science of Happiness and Flourishing*. USA: Jon-David Hague.
- Desiningrum, D. R. (2010). Family's Social Support and Psychological Well-being of the Elderly in Tembalang. *Anima: Indonesian Psychological Journal* 26(1), 61-68.  
<https://anima.ubaya.ac.id/class/openpdf.php?file=1372233565.pdf>
- Dewi, R. K. (2020, Juli 15). *iral soal Kasus Bunuh Diri Mahasiswa karena Skripsinya Kerap Ditolak Dosen, Ini Analisis Pengamat Pendidikan*. Retrieved from Kompas.com: <https://www.kompas.com/tren/read/2020/07/15/120405165/viral-soal-kasus-bunuh-diri-mahasiswa-karena-skripsinya-kerap-ditolak-dosen?page=all>
- Etika, N., & Hasibuan, W. H. (2016). Deskripsi Masalah Mahasiswa yang sedang Menyelesaikan Skripsi. *Jurnal KOPASTA* 3(1), 40-52.  
<https://www.journal.unrika.ac.id/index.php/kopastajournal/article/view/265/250>
- Eva, N., Shanti, P., Hidayah, N., & Bisri, M. (2020). Pengaruh Dukungan Sosial terhadap Kesejahteraan Psikologis Mahasiswa dengan Religiusitas sebagai Moderator. *Jurnal Kajian Bimbingan dan Konseling* 5(3), 122-131.  
<http://journal2.um.ac.id/index.php/jkbk/article/view/12757/6331>
- Exenberg, S., & Juen, B. (2014). *Well-Being, Resilience, and Quality of Life from Children's Perspectives A Contextualized Approach*. London: Springer.
- Fagbenro, D. A., Olasupo, M. O., & Kenku, A. A. (2019). Psychosocial Antecedents of Psychological Wellbeing of Local Government Employee. *Open Journal for Psychological Research* 3(2), 55-68.
- Fauziah, M., Handarini, D. M., & Muslihati. (2018). Self-Esteem, Social Support, Personality, and Psychological Well Being of Junior High School Student. *Jurnal Pendidikan Humaniora* 6(1), 17-23.  
<http://journal.um.ac.id/index.php/jph/article/view/11089/5332>
- Garjito, D., & Opita, E. (2022, Juli 26). *iral Mahasiswa sampai Dipasung Diduga Akibat Depresi Saat Kerjakan Skripsi: Hati-hati Guys!* Retrieved from Suara.com: <https://www.suara.com/news/2022/07/26/182827/viral-mahasiswa-sampai-dipasung-diduga-akibat-depresi-saat-kerjakan-skripsi-hati-hati-guys?page=all>

- Hardjo, S., & Novita, E. (2015). Hubungan Dukungan Sosial dengan Psychological Well-being pada Remaja Korban Sexual Abuse. *Analitika: Jurnal Magister Psikologi UMA*, 12-19. Retrieved from <https://ojs.uma.ac.id/index.php/analitika/article/view/856>
- Huppert, F. A. (2009). Psychological Well-being: Evidence Regarding its Causes and Consequences. *Applied Psychology: Health and Well-being* 1(2), 137-164. <https://iaap-journals.onlinelibrary.wiley.com/doi/epdf/10.1111/j.1758-0854.2009.01008.x>
- Isdiyah, & Ernawati. (2021). Kesejahteraan Psikologis Mahasiswa Semester Akhir IAIN Surakarta di Tengah Pandemi COVID-19. *Academic Journal of Psychology and Counseling* 2(1). Retrieved from <https://ejournal.uinsaid.ac.id/index.php/ajpc/article/view/3478>
- Jackman, P. C., Henderson, H., Clay, G., & Coussens, A. H. (2020). The Relationship Between Psychological Wellbeing, Social Support, and Personality in an English Police Force. *International Journal of Police Science and Management* 22(2), 183-193. Retrieved from <https://journals.sagepub.com/doi/epub/10.1177/1461355720907620>
- Keyes, C. L., Shmotkin, D., & Ryff, C. D. (2002). Optimizing Well-Being: The Empirical Encounter of Two Traditions. *Journal of Personality and Social Psychology* 82(6), 1007-1022. Retrieved from [https://www.researchgate.net/publication/11321311\\_Optimizing\\_Well-Being\\_The\\_Empirical\\_Encounter\\_of\\_Two\\_Traditions](https://www.researchgate.net/publication/11321311_Optimizing_Well-Being_The_Empirical_Encounter_of_Two_Traditions)
- Lo-oh, J. L., & Ayuk, E. B. (2018). Social Support and the Ppsychological Well-being of Academically Stressed Students in the University of Buea. *Journal of Education, Society and Behavioural Science* 27(4), 1-9. <https://journaljesbs.com/index.php/JESBS/article/view/791>
- Mertens, D. M. (2010). *Research and Evaluation in Education and Psychology: Integrating Diversity with Quantitative, Qualitative, and Mixed Method 3rd edition*. California: Sage Publications.
- Ogden, J. (2007). *Health Psychology a Text Book 4th edition*. New York: McGraw Hill.
- Ozbay, F., Johnson, D. C., Dimoulas, E., Morgan, C. A., Charney, D., & Southwick, S. (2007). Social Support and Resilience to Sstress. *Psychiatry* 4(5), 35-40.
- Panjaitan, S., Simanungkalit, M., Wardoyo, Y., Tuerah, F., & Roson, N. (2018). Hubungan Antara Dukungan Keluarga Inti dengan Prokrastinasi Akademik Mahasiswa. *Kerusso* 3(1), 24-31. Retrieved from

<https://www.neliti.com/publications/283390/hubungan-antara-dukungan-keluarga-inti-dengan-prokrastinasi-akademik-mahasiswa>

Poudel, A., Gurung, B., & Khanal, G. P. (2020). Perceived Social Support and Psychological Wellbeing among Nepalese Adolescents, the Mediating Role of Self-Esteem. *BMC Psychology* 8, 1-8.  
<https://bmcpyschology.biomedcentral.com/articles/10.1186/s40359-020-00409-1>

Priyono. (2016). *Metode Penelitian Kuantitatif*. Jakarta: Zifatama. Retrieved from <http://eprints.binadarma.ac.id/2917/1/METPEN%20KUANTITATIF-COMPRESSED%20FULL.pdf>

Putri, D. K., & Savira, S. I. (2019). Pengalaman Menyelesaikan Skripsi: Studi Fenomenologis pada Mahasiswa Psikologi Universitas Negeri Surabaya. *Character* 2(2), 1-14. Retrieved from <https://ejournal.unesa.ac.id/index.php/character/article/view/7149>

Rahama, K., & Izzati, U. A. (2021). Hubungan Antara Dukungan Sosial dengan Psychological Well-being pada Karyawan. *Character: Jurnal Penelitian Psikologi* 8(7), 94-106. Retrieved from <https://ejournal.unesa.ac.id/index.php/character/article/view/41818>

Ruini, C. (2017). *Positive Psychology in The Clinical Domains Research and Practice*. Bologna: Springer.

Ryff, C. D. (1989). Happiness is Everything, or is it? Explorations on the Meaning of Psychological Well-being. *Journal of Personality and Social Psychology* 57(6), 1069-1081. *Journal of Personality and Social Psychology* 57(6), 1069-1081. <https://www.scinapse.io/papers/1966603703>

Ryff, C. D. (2014). Psychological Well-Being Revisited: Advances in the Science and Practice of Eudaimonia. *Psychother Psychosom* 83, 10-28. *Psychother Psychosom* 83, 10-28. Retrieved from <https://www.karger.com/Article/Pdf/353263>

Ryff, C. D., & Singer, B. H. (2006). Know Thyself and Become What You Are: A Eudaimonic Approach to Psychological Well-being. *Journal of Happiness Studies* 9 (1), 13-39.  
[https://www.researchgate.net/publication/23545616\\_Know\\_Thyself\\_and\\_Become\\_What\\_You\\_Are\\_A\\_Eudaimonic\\_Approach\\_to\\_Psychological\\_Well-Being/link/02e7e53b477656bf79000000/download](https://www.researchgate.net/publication/23545616_Know_Thyself_and_Become_What_You_Are_A_Eudaimonic_Approach_to_Psychological_Well-Being/link/02e7e53b477656bf79000000/download)

Sanderson, C. A. (2012). *Health Psychology 2nd Edition*. USA: Wiley.



- Saputra, M. R., & Palupi, L. S. (2020). Relationship between Social Support and Psychological Well-being of The Final Year Students. *ICENIS 2020*. Retrieved from [https://www.researchgate.net/publication/346804585\\_Relationship\\_between\\_Social\\_Support\\_and\\_Psychological\\_Well-Being\\_of\\_the\\_Final\\_Year\\_Students](https://www.researchgate.net/publication/346804585_Relationship_between_Social_Support_and_Psychological_Well-Being_of_the_Final_Year_Students)
- Sarafino, E. P., & Smith, T. W. (2010). *Health Psychology: Biopsychosocial Interactions, 7th Edition*. Hoboken: John Willey & Sons.
- Seligman, M. (2011). *Flourish A Visionary New Understanding of Happiness and Well-being*. North Sidney: Random House Australia.
- Shyu, Y. L. (2019). Maintaining and Improving Psychological Well-Being. *Journal of Nursing Research* 27(3). Retrieved from [https://journals.lww.com/jnr-twna/fulltext/2019/06000/maintaining\\_and\\_improving\\_psychological\\_well-being.1.aspx](https://journals.lww.com/jnr-twna/fulltext/2019/06000/maintaining_and_improving_psychological_well-being.1.aspx)
- Singh, K. (2007). *Quantitative Social Research Methods*. New Delhi: Sage Publication.
- Sirgy, M. J. (2012). *The Psychology of Quality of Life: Hedonic Well-being, Life Satisfaction, and Eudaimonia*. London: Springer.
- Taylor, S. E. (2018). *Health Psychology*. New York: McGraw Hill.
- Wang, X., Cai, L., Qian, J., & Peng, J. (2014). Social Support Moderates Stress Effects on Depression. *International Journal of Mental Health Systems* 8(1). <https://ijmhs.biomedcentral.com/articles/10.1186/1752-4458-8-41>
- Waterman, A. S., Zamboanga, B. L., Ravert, R. D., Williams, M. K., Agocha, V. B., Kim, S. Y., et al. (2010). The Questionnaire for Eudaimonic Well-being: Psychometric Properties, Demographic Comparisons, and Evidence of Validity. *J Posit Psychol* 5(1), 41-61. Retrieved from <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8317967/pdf/nihms-1664242.pdf>