

## DAFTAR PUSTAKA

- Abdurrahman, F. (2014). Faktor-Faktor Pendorong Perilaku Diet Tidak Sehat Pada Wanita Usia Dewasa Awal Studi Kasus Pada Mahasiswa Universitas Mulawarman. *Psikoborneo: Jurnal Ilmiah Psikologi*, 2(1), 23–27. <https://doi.org/10.30872/psikoborneo.v2i1.3569>
- Asih, N. (2017). Hubungan Body Dissatisfaction Dengan Perilaku Diet Pada Wanita Dewasa. *Skripsi Fakultas Psikologi Universitas Muhammadiyah Malang*, i–vii, 1–35.
- Azwar, S. (2017). *Sikap Manusia: Teori dan Pengukurannya*. Pustaka Pelajar.
- Brooks-Gunn, J., & Attie, I. (1989). Development of eating problems in adolescent girls: A longitudinal study. *Developmental Psychology*, 25(1), 70–79.
- Cummins, E., & Masiulonis, K. (2019). Child Development. *How to Grow a Playspace*, 251–256. <https://doi.org/10.4324/9781315695198-ch26>
- Ghozali, I. (2018). *Aplikasi Analisis Multivariate Dengan Program IBM SPSS 25*. Badan Penerbit Universitas Diponegoro: Semarang.
- Grogan, S. (2017). *Body Image*. Routledge. <https://doi.org/10.4324/9781003100041>
- Hair, J. F., Black, W. C., Babin, B. J., & Anderson, R. E. (2016). *Multivariate Data Analysis*. Prentice Hall.
- Hardinsyah, Riyadi, H., & Napitupulu, V. (2016). Kecukupan energi, protein, lemak dan karbohidrat. May 2016, 1–26.
- Hawks, S. R., Madanat, H., Smith, T. S., & De La Cruz, N. (2008). Classroom approach for managing dietary restraint, negative eating styles, and body image concerns among college women. *Journal of American College Health*, 56(4), 359–366. <https://doi.org/10.3200/JACH.56.44.359-368>
- Hurlock, E. B. (2007). *Psikologi Perkembangan: Suatu Pendekatan Sepanjang Rentang Kehidupan*, terj. In Isti Widiyati, Jakarta: Erlangga.
- Jung, F., Spahlholz, J., Hilbert, A., Riedel-Heller, S. G., & Luck-Sikorski, C. (2017). Impact of Weight-Related Discrimination, Body Dissatisfaction and Self-Stigma on the Desire to Weigh Less. *Obesity Facts*, 10(2), 139–151. <https://doi.org/10.1159/000468154>
- Khoiriyah, A. L., & Rosdiana, A. M. (2020). Hubungan Ketidakpuasan Tubuh Dengan Penerimaan Diri Pada Perempuan Usia Dewasa Awal (18 – 25 Tahun) Di Kota Malang. *Egalita*, 14(2), 42–53. <https://doi.org/10.18860/egalita.v14i2.9102>
- Kim, M., & Lennon, S. J. (2016). Content analysis of diet advertisements: A cross-national comparison of Korean and U.S. women's magazines. *Clothing and Textiles Research Journal*, 24(4), 345–362. <https://doi.org/10.1177/0887302X06293029>
- Levine, M. P., & Smolak, L. (2021). The prevention of eating problems and eating disorders : Theory, research, and practice. In *The Prevention of Eating Problems and Eating Disorders: Theory, Research, and Practice*. Routledge. <https://doi.org/10.4324/9781410613189>

- Luomala, H., Jokitalo, M., Karhu, H., Hietaranta-Luoma, H. L., Hopia, A., & Hietamäki, S. (2015). Perceived health and taste ambivalence in food consumption. *Journal of Consumer Marketing*, 32(4), 290–301. <https://doi.org/10.1108/JCM-11-2014-1233>
- Mooney, E., Farley, H., & Strugnell, C. J. (2016). Body dissatisfaction and dieting among adolescent females in the Republic of Ireland (ROI): A quantitative study. *Nutrition and Food Science*, 40(2), 176–185. <https://doi.org/10.1108/00346651011029200>
- Manurung, I. (2021). Hubungan antara Body Image dan Perilaku Diet pada Wanita Dewasa Awal. *Buletin Riset Psikologi Dan Kesehatan Mental (BRPKM)*, 1(2), 1126–1131. <https://doi.org/10.20473/brpkm.v1i2.28434>
- Meiliana, M., Valentina, V., & Retnaningsih, C. (2018). Hubungan body dissatisfaction dan perilaku diet pada mahasiswa universitas katolik soegijapranata semarang. *Praxis*, 1(1), 49. <https://doi.org/10.24167/praxis.v1i1.1628>
- Mellawati, D. (2021). *Skripsi Hubungan Intensitas Akses Media Sosial Instagram Dengan Body Dissatisfaction Pada Remaja Madya DKI Jakarta*.
- Muslihah, N., Fahmi, I., Maulidiana, A. R., & Habibie, I. Y. (2021). *Prinsip dan Aplikasi Metodologi Penelitian Gizi*. Universitas Brawijaya Press. [https://www.google.co.id/books/edition/Prinsip\\_dan\\_Aplikasi\\_Metodologi\\_Peneliti/xqFgEAAAQBAJ?hl=id&gbpv=0](https://www.google.co.id/books/edition/Prinsip_dan_Aplikasi_Metodologi_Peneliti/xqFgEAAAQBAJ?hl=id&gbpv=0)
- Papalia, R. D. E., Olds, S. W., & Feldman, R. D. (2018). *Human Development*. New York: McGraw-Hill.
- Prima, E., & Sari, E. P. (2018). Hubungan antara body dissatisfaction dengan kecenderungan perilaku diet pada remaja putri | prima | jurnal psikologi integratif. *Psikologi Integratif*, 1, 17–30. <http://ejournal.uin-suka.ac.id/isoshum/PI/article/view/260/241>
- Przybyłowicz, K. E. ufemi., Jesiołowska, D., Obara-Gołębiowska, M., & Antoniak, L. (2014). A subjective dissatisfaction with body weight in young women: do eating behaviours play a role? *Roczniki Państwowego Zakładu Higieny*, 65(3), 243–249.
- Ricciardelli, L. A., & Yager, Z. (2016). Adolescence and Body Image. In *Gastronomía ecuatoriana y turismo local*. (Vol. 1, Issue 69). Routledge.
- Safitri, A. O., Novrianto, R., & Maretih, A. K. E. (2020). Body dissatisfaction dan perilaku diet pada remaja perempuan. *Psibernetika*, 12(2), 100–105. <https://doi.org/10.30813/psibernetika.v12i2.1673>
- Santrock, J. W. (2019). *Life-span development*, 7th ed. In *Life-span development*, 7th ed. McGraw-Hill Higher Education.
- Schur, E. A., Sanders, M., & Steiner, H. (2017). Body dissatisfaction and dieting in young children. *International Journal of Eating Disorders*, 27(1), 74–82. [https://doi.org/10.1002/\(SICI\)1098-108X\(200001\)27:1<74::AID-EAT8>3.0.CO;2-K](https://doi.org/10.1002/(SICI)1098-108X(200001)27:1<74::AID-EAT8>3.0.CO;2-K)
- Sugiyono. (2015). *Metode Penelitian Kuantitatif Kualitatif dan R&D*. CV Alfabeta.
- Suranovic, S. M., & Goldfarb, R. (2015). A Behavioral Model of Cyclical Dieting. *The Economics of Obesity*, 17, 49–78. [https://doi.org/10.1016/S0731-2199\(06\)17003-X](https://doi.org/10.1016/S0731-2199(06)17003-X)

- Suseno, A. O., & Dewi, K. S. (2014). Wanita dewasa awal relationship between body dissatisfaction dith intentions of body treatments in early adult. *Empati*, 3(3), 20–31.
- Savitri, Y. (2021). Hubungan antara ketidakpuasan bentuk tubuh dan perilaku diet wanita dewasa awal wanita dewasa awal wanita dewasa awal pada remaja putri. *Skripsi Psikologi, Universita Sanata Dharma Yogyakarta*, 3, 6.
- Syarifah, N. (2021). Hubungan antara body image dengan kecenderungan perilaku diet wanita dewasa awal wanita dewasa awal wanita dewasa awal pada mahasiswa. *Skripsi Psikologi, Universitas Islam Negeri Walisongo Semarang*, 1996, 6.
- T.F. Cash (2002), *Body Image Development, Diviance, and Change*, (Londoh: The Guildford Press, 2002)

