

## CHAPTER 5

### CONCLUSION AND SUGGESTIONS

#### 5.1 Conclusion

Based on the result of the research and discussion about Bidu dance, it can be concluded that Bidu dance has a very deep meaning. It can be seen from the hand smooth gestures, leg moves gestures, and body twisting gestures. Before doing the research, the writer also questioned why this Bidu dance can be chosen by the community as a welcoming guest in Viqueque district and why this Bidu dance is a welcoming dance in many important and big events, especially to welcome the important guest. The writer also questioned what are the gestures in Bidu dance, and what are the meanings of gestures included in Bidu dance.

After the research is done, the writer concludes that all the gestures in Bidu dance such as hand smooth gestures, leg moves gestures and body twisting gestures show the typical characteristics of Viqueque people. Bidu dance also has the meaning and purpose of bringing humans into a peaceful inner atmosphere, and can reflect people's thoughts with the presence of human communication internally with the spirits or ancestors who have gone before, the hope that considers that the ritual communication they do is to ask for protection, live in peace and happiness always.

That is why the main goal in every process is to present the Bidu dance in it. This is also related to the belief in their ancestors in the past who had a good relationship with God and nature. Finally, the writer can conclude that the Bidu dance is a folk dance that

shows the social life of the Viqueque community and nowadays this dance is an important part of Viqueque culture.

## **5.2 Suggestion**

In this study, the researcher wants to convey several things to the other researchers. All generations in Timor Leste, should understand and be aware of what Bidu dance is, and why this dance is a welcoming dance to nowadays. It is really important to maintain this folk dance of the Viqueque community.

With this research, it is hoped that it can provide benefits for the development and preservation of the arts and cultural dance in Timor Leste. Thus, there is hope that in the future people from other countries can know Bidu dance and can attract tourists to come and can have a good impact on the progress of development in Timor Leste.

In addition, it can also introduce traditional arts in Timor Leste, especially to the younger generation by knowing and taking part in the development of Bidu dance and other traditional dances.

The writer hopes that the Ministry of Tourism of Timor Leste will maintain and preserve the Bidu dance and other dances so this Bidu dance does not disappear. It is hoped that all the people of Timor Leste will always appreciate the artworks created by our dance. Thus, the writer suggests other researchers conduct more in-depth study related to Bidu dance which can be seen from other angles such as from the costumes.