

**A STUDY ON GESTURES AND MEANINGS IN BIDU DANCE
OF VIQUEQUE COMMUNITY IN EAST TIMOR**

**A Thesis Presented as a Partial Fulfillment for the Requirements for the Degree
of *Sarjana Sastra* in the English Study Program**



by

Maria Rosa Lay

17.J1.0030

ENGLISH STUDY PROGRAM

FACULTY OF LANGUAGE AND ARTS

SOEGIJAPRANATA CATHOLIC UNIVERSITY

SEMARANG

2022

**A STUDY ON GESTURES AND MEANINGS IN BIDU DANCE
OF VIQUEQUE COMMUNITY IN EAST TIMOR**

**A Thesis Presented as a Partial Fulfillment for the Requirements for the Degree
of *Sarjana Sastra* in the English Study Program**



by

Maria Rosa Lay

17.J1.0030

ENGLISH STUDY PROGRAM

FACULTY OF LANGUAGE AND ARTS

SOEGIJAPRANATA CATHOLIC UNIVERSITY

SEMARANG

2022

HALAMAN PERNYATAAN ORISINALITAS

Yang bertanda tangan dibawah ini:

Nama : Maria Rosa Lay

NIM : 17.J1.0030

Progdi / konsentrasi : Sastra Inggris

Fakultas : Bahasa dan Seni

Dengan ini menyatakan bahwa Laporan Tugas Akhir dengan judul "A Study on Gestures and Meaning in Bidu Dance of Viqueque Community in East Timor" tersebut bebas plagiasi. Akan tetapi bila terbukti melakukan plagiasi maka bersedia menerima sanksi sesuai dengan ketentuan yang berlaku.

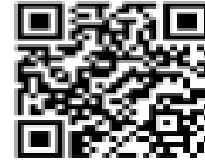
Semarang, 28 June 2022

Yang menyatakan,



Maria Rosa La

HALAMAN PENGESAHAN



Judul Tugas Akhir: : A STUDY ON GESTURES AND MEANINGS IN BIDU DANCE OF
VIQUEQUE COMMUNITY IN EAST TIMOR

Diajukan oleh : Maria Rosa Lay

NIM : 17.J1.0030

Tanggal disetujui : 28 Juni 2022

Telah setuju oleh

Pembimbing 1 : B Retang Wohangara S.S., M.Hum.

Pembimbing 2 : Dr. Heny Hartono S.S. M.Pd.

Penguji 1 : Dr. Dra. Ekawati M. Dukut M.Hum.

Penguji 2 : Dr. Heny Hartono S.S. M.Pd.

Penguji 3 : B Retang Wohangara S.S., M.Hum.

Ketua Program Studi : Emilia Ninik Aydawati S.P., M.Hum.

Dekan : B Retang Wohangara S.S., M.Hum.

Halaman ini merupakan halaman yang sah dan dapat diverifikasi melalui alamat di bawah ini.

sintak.unika.ac.id/skripsi/verifikasi/?id=17.J1.0030

STATEMENT OF WORK'S ORIGINALITY

Yang bertanda tangan dibawah ini:

Nama : Maria Rosa Lay

Program Studi : Sastra Inggris

Fakultas : Bahasa dan Seni

Jenis karya : Thesis

Menyetujui untuk memberikan kepada Universitas Katolik Soegijapranata Semarang Hak Bebas Royalti Non Eksklusif atas karya ilmiah yang berjudul *A Study on Gestures in Bidu Dance of Viqueque Community in Timor Leste* beserta perangkat yang ada (jika diperlukan). Dengan Hak Bebas Royalti Non Eksklusif ini Universitas Katolik Soegijapranata berhak menyimpan, mengalihkan media/informatika, mengelola dalam bentuk pangkalan data (*database*), merawat dan mempublikasikan tugas akhir ini selama tetap mencantumkan nama saya penulis/ pencipta dan sebagai pemilik Hak Cipta. Demikian pernyataan ini saya buat dengan sebenarnya.

Semarang, 28 June 2022

Yang menyatakan



Maria Rosa Lay

ACKNOWLEDGEMENT

First of all, I would like to thank Jesus Christ for all the love and protection He has given me since I was born. I thank Him for His guidance, blessings, and protection while I am studying in Semarang. Praise the Lord for He gives me strength to complete my thesis writing. Though facing some difficulties in my thesis writing, I still encourage myself and be patient to complete it. I would like to express my deepest appreciation to my mom, my loving one who always prays for me and gives me encouragement, all support and always reminds me to finish my study. And to my dad as my guardian angel, who always protects me where I am, I am proud to be his daughter, even though we are not in the same world, but he is always with me.

Deepest appreciation to my uncle and Auntie who took care and raised me with love, always gave me moral support, guidance and taught me to always be grateful for life, since my father died. I would also express my special appreciation to my Auntie and Sister who take care of me, during my study in Semarang, for all the advice, support and also for their financial support during my observation and all my university tuition fees. I would also like to thank my family for always supporting me in many ways.

I am very grateful and blessed by God that I have them in my family so I can complete my thesis writing. Furthermore, I owe my deepest gratitude to my Major Sponsor, B. Retang Wohangara, SS. M. Hum, who is also my Dean of Faculty of Language and Arts, is the person who is very kind and helps me to write and finish this thesis.

and helps me to write and finish this thesis. Most importantly his understanding and patience to give guidance, insightful comments and suggestions. Without his help I would be nothing and it would be so hard for me to write this thesis for sure. I also want to thank my Co-sponsor, Dr. Heny Hartono, S.S., MP. d for her encouragement, support and patience to help me finish this thesis. Without her meticulous comments and persistent help, this thesis would not have been possible.

Also, I would like to offer my special gratitude to all of the lecturers Mr. Budi yana, Mr. Anton, Mr. Adhy and also Mrs. Wuryan Hartanto. Mrs. Ekawati Dukut, Mrs. Emilia Ninik, Mrs. Angelika Riyandari, Mrs. Cecilia Murniati who always encourage me during the class, thank you for being extraordinarily tolerant and supportive to me in class. Your support made me able to learn a lot and developed myself in English well while I was in the Faculty of Language and Arts.

I would sincerely like to thank my beloved friends in this faculty, Natasha Maylina, Ribka Yuliani, Agata Kristiana, Glorya Enjelita, Thank you for all your support and our friendship. Thank you for all the motivation, strength, advice that you all give me. All of you are the greatest friends. My special thanks also to my best friends from Dili Virgo, Ino, Alex Lay, Domi Alves, Ricky and Johnny who helped me to finish this thesis. I would like to thank all of my friends that I cannot mention one by one who always supports me and colors my day with laughter.

The writer



Maria rosa lay

TABLE OF CONTENTS

PAGE OF TITLE	i
PAGE OF APPROVAL	iii
BOARD OF EXAMINERS	iv
ACKNOWLEDGEMENT	vi
TABLE OF CONTENTS	vii
TABLE OF FIGURE	xi
ABSTRACT	xii
ABSTRAK	xiii
CHAPTER 1	1
INTRODUCTION	1
1.1 Background of the Study.....	1
1.2 Field of the Study	5
1.3 Scope of the Study	5
1.4 research question	5
1.5 Objectives of the Study	5
1.6 Significance of the Study	6
1.7 Definition of Term	7
1.7.1 Gesture	7

1.7.2 Dance as a Customary Folklore	7
CHAPTER 2	8
REVIEW OF LITERATURE	8
2.1 Bidu dance.....	8
2.2 Gesture	10
2.3 Gestures of dance	11
CHAPTER 3	12
METHODOLOGY.....	12
3.1 Method of Data Collection.....	12
3.1.1 Informants	12
3.1.2 Instrument	13
3.1.3 Procedure.....	13
3.2 Method of Data Analysis	14
CHAPTER 4	17
DATA ANALYSIS	17
4.1 The gestures in Bidu dance	17
4.2. The Meanin of Gestures in Bidu dance	20
4.2.1 Leg moves gestures	21
4.2.2 Twisting body gestures	23

4.2.3 Hand smooth gestures	25
CHAPTER 5	28
CONCLUSION AND SUGGESTIONS	28
5.1 Conclusion	28
5.2 Suggestion.....	29
BIBLIOGRAPHY.....	30

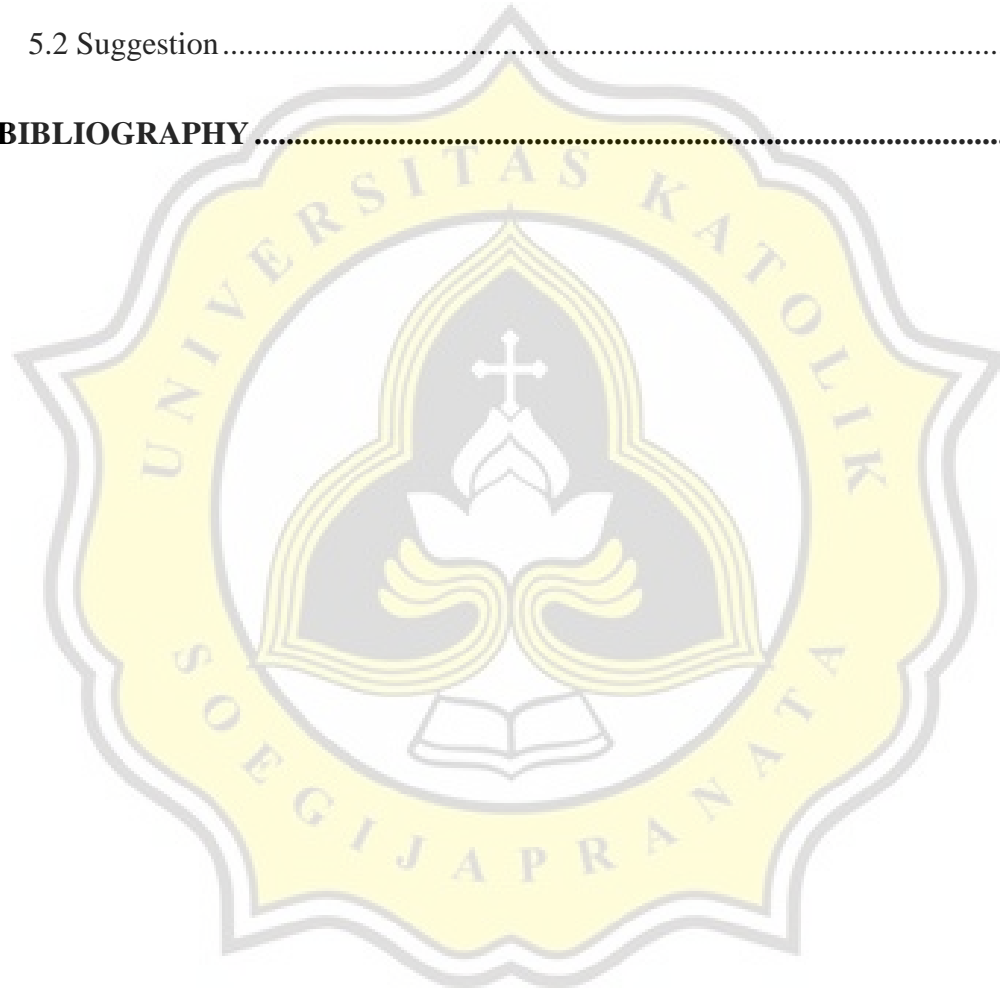
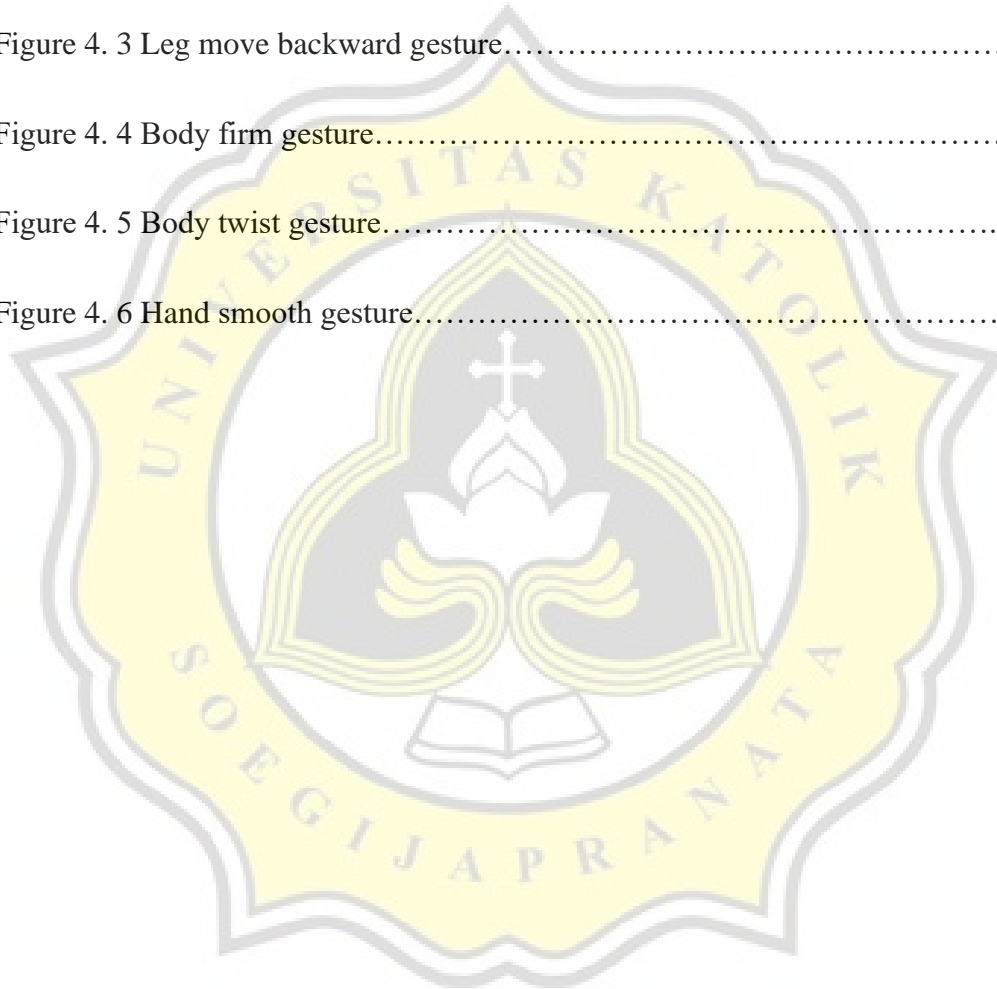


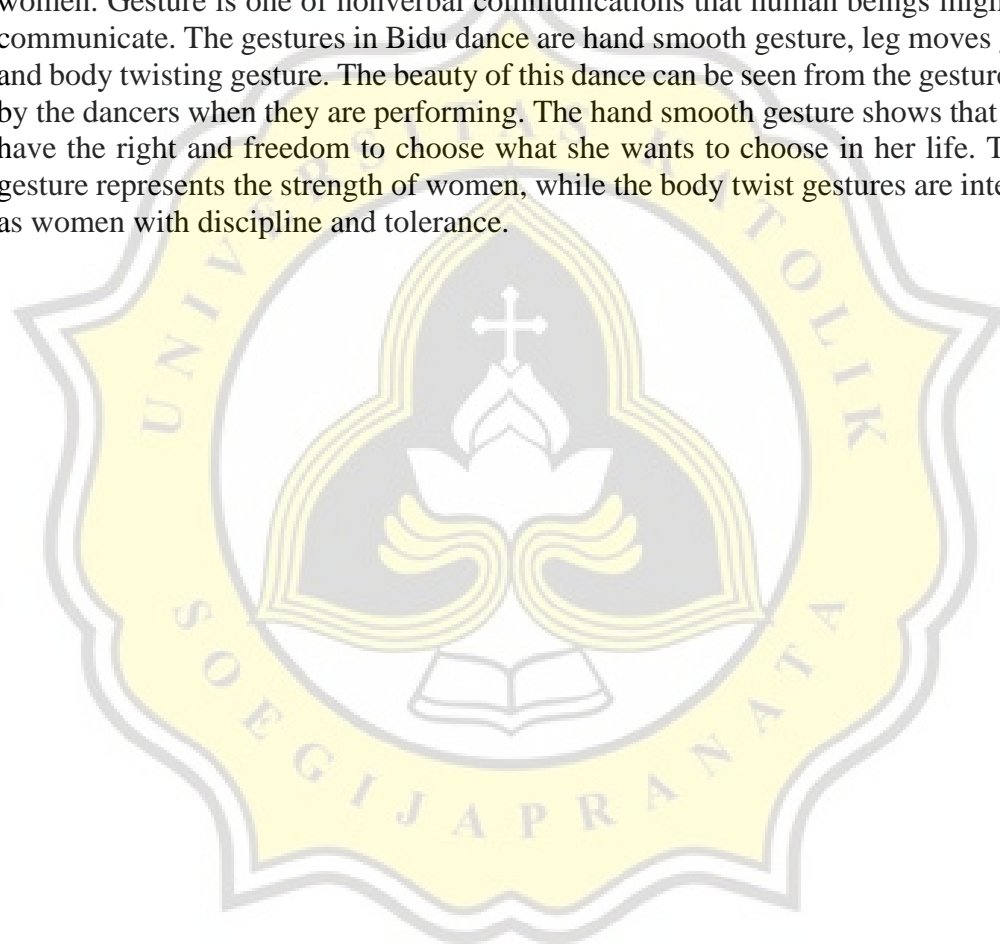
TABLE OF FIGURES

Figure 4. 1 The female dancer.....	19
Figure 4. 2 Leg Move forward gesture.....	21
Figure 4. 3 Leg move backward gesture.....	22
Figure 4. 4 Body firm gesture.....	23
Figure 4. 5 Body twist gesture.....	24
Figure 4. 6 Hand smooth gesture.....	25



ABSTRACT

Dance is a way of human expression through movements. It is a sequence of movements, that is, someone moving his body. Dance represents culture, emotions, or even tells stories. Bidu is one of the original dances from Viqueque district. This study focuses on the gestures and meanings of the dance owned by the Viqueque community in Timor Leste, called Bidu Dance. The study is a qualitative study in which the data were obtained through interviews. From the data collected through the interview it can be concluded that the meaning of gestures in Bidu dance is related to the existence of women. Gesture is one of nonverbal communications that human beings might use to communicate. The gestures in Bidu dance are hand smooth gesture, leg moves gesture, and body twisting gesture. The beauty of this dance can be seen from the gestures made by the dancers when they are performing. The hand smooth gesture shows that women have the right and freedom to choose what she wants to choose in her life. The foot gesture represents the strength of women, while the body twist gestures are interpreted as women with discipline and tolerance.



ABSTRAK

Tarian adalah salah satu ekspresi manusia melalui gerakan-gerakan. Ia adalah rangkaian Gerakan yaitu, seseorang menggerakkan tubuhnya. Tari dapat menjadi representasi kebudayaan, perasaan, dan bahwa dapat mengisahkan sesuatu. Bidu adalah salah satu tarian khas dari Viqueque distrik. Penelitian ini berfokus pada gerakan-gerakan dan pemaknaan dari gerakan-gerakan dari tarian masyarakat Viqueque di Timor Leste, yang dinamakan Tarian Bidu. Penelitian ini merupakan penelitian kualitatif yang datanya diperoleh melalui wawancara. Dari data yang dikumpulkan melalui wawancara dapat disimpulkan bahwa makna dan gerakan dalam tari Bidu memiliki kaitannya dengan keberadaan para perempuan. Gerakan (*gesture*) adalah salah satu komunikasi nonverbal yang dapat digunakan manusia untuk berkomunikasi. Gerakan dalam tari Bidu adalah gerakan tangan halus, gerakan kaki bergantian, dan gerakan badan memutar. Keindahan tarian ini dapat dilihat dari gerakan yang dilakukan oleh penari saat tampil. Gerakan tangan halus menunjukkan bahwa perempuan memiliki hak dan kebebasan untuk memilih apa yang diinginkan dalam hidupnya. Gerakan kaki menggambarkan perempuan yang kuat sedangkan gerakan memutar tubuh menunjukkan wanita yang memiliki disiplin dan toleransi.