

DAFTAR PUSTAKA

- Adler, P. A., & Adler, P. (2017). The SAGE Handbook of Qualitative Research. In N. K. Denzin & Y. S. Lincoln (Eds.), *Synthese* (5th ed., Vol. 195, Issue 5). SAGE Publications, Inc. <https://doi.org/10.1007/s11229-017-1319-x>
- Ames, J. L., Ferrara, A., Avalos, L. A., Badon, S. E., Greenberg, M. B., Hedderson, M. M., Kuzniewicz, M. W., Qian, Y., Young-Wolff, K. C., Zerbo, O., Zhu, Y., & Croen, L. A. (2021). COVID-19 prevalence, symptoms, and sociodemographic disparities in infection among insured pregnant women in Northern California. *PLoS ONE*, *16*(9 September), 1–16. <https://doi.org/10.1371/journal.pone.0256891>
- Andriani, A. E., & Sulistyorini, S. (2022). Penggunaan Media Sosial di Kalangan Mahasiswa Selama Pandemi Covid-19. *Equilibrium: Jurnal Pendidikan*, *10*(1), 63–70. <https://doi.org/10.26618/equilibrium.v10i1.6442>
- Arikunto, S. (2010). *Prosedur Penelitian Suatu Pendekatan Praktik* (14th ed.). Rineka Cipta.
- Asosiasi Penyelenggara Jasa Internet Indonesia - APJII. (2014). Profil Pengguna Internet Indonesia 2014. In *Apjii*. <https://www.apjii.or.id/survei2016>
- Ayyagari, R., Grover, V., & Purvis, R. (2011). Technostress: Technological antecedents and implications. *MIS Quarterly: Management Information Systems*, *35*(4), 831–858. <https://doi.org/10.2307/41409963>
- Becker, M. W., Alzahabi, R., & Hopwood, C. J. (2013). Media multitasking is associated with symptoms of depression and social anxiety. *Cyberpsychology, Behavior, and Social Networking*, *16*(2), 132–135. <https://doi.org/10.1089/cyber.2012.0291>
- Bogdan, R. C., & Biklen, S. K. (2007). *Qualitative research for education: an introduction to theories and methods* (5th ed.). Pearson A & B.
- Bright, L. F., Kleiser, S. B., & Grau, S. L. (2015). Too much Facebook? An exploratory examination of social media fatigue. *Computers in Human Behavior*, *44*, 148–155. <https://doi.org/10.1016/j.chb.2014.11.048>
- Cahyono, A. S. (2016). Pengaruh media sosial terhadap perubahan sosial masyarakat di Indonesia. *Jurnal Ilmu Sosial & Ilmu Politik Diterbitkan Oleh Fakultas Ilmu Sosial & Politik, Universitas Tulungagung*, *9*(1), 140–157. <http://www.jurnal-unita.org/index.php/publiciana/article/download/79/73>
- Carver, C. S., & Connor-Smith, J. (2010). Personality and coping. *Annual Review of Psychology*, *61*, 679–704. <https://doi.org/10.1146/annurev.psych.093008.100352>
- Chaniago, R. H., Tajuddin, S. N. A. A., Hamzah, N., & Baharum, H. (2020). Budaya Komunikasi dan Teknologi. *Journal of Chemical Information and Modeling*, *53*(9), 1689–1699.
- Creswell, J. W. (2013). *Research Design: Qualitative, Quantitative, and Mixed Methods Approaches* (4th ed.). SAGE Publications, Inc.

- Cucinotta, D., & Vanelli, M. (2020). WHO declares COVID-19 a pandemic. *Acta Biomedica*, 91(1), 157–160. <https://doi.org/10.23750/abm.v91i1.9397>
- Dahono, Y. (2021). *Data: Ini Media Sosial Paling Populer di Indonesia 2020-2021*. Beritasatu.Com. <https://www.beritasatu.com/digital/733355/data-ini-media-sosial-paling-populer-di-indonesia-20202021>
- Dhir, A., Yossatorn, Y., Kaur, P., & Chen, S. (2018). Online social media fatigue and psychological wellbeing—A study of compulsive use, fear of missing out, fatigue, anxiety and depression. *International Journal of Information Management*, 40(February), 141–152. <https://doi.org/10.1016/j.ijinfomgt.2018.01.012>
- Eppler, M. J., & Mengis, J. (2004). The concept of information overload: A review of literature from organization science, accounting, marketing, MIS, and related disciplines. *Information Society*, 20(5), 325–344. <https://doi.org/10.1080/01972240490507974>
- Fang, L., Chao, C. C., & Ha, L. (2017). College Students' Positive Strategic SNS Involvement and Stress Coping in the United States and China. *Journal of Intercultural Communication Research*, 46(6), 518–536. <https://doi.org/10.1080/17475759.2017.1383296>
- Faux, R. (2004). The coming of age of a qualitative researcher: The impact of qualitative research in education past, present, and future. *Forum Qualitative Sozialforschung*, 5(3). <https://doi.org/https://doi.org/10.17169/fqs-5.3.559>
- Fitri, S. (2017). Dampak Positif Dan Negatif Sosial Media Terhadap Perubahan Sosial Anak. *NATURALISTIC: Jurnal Kajian Penelitian Pendidikan Dan Pembelajaran*, 1(2), 118–123. <https://doi.org/10.35568/naturalistic.v1i2.5>
- Gaudioso, F., Turel, O., & Galimberti, C. (2017). The mediating roles of strain facets and coping strategies in translating techno-stressors into adverse job outcomes. *Computers in Human Behavior*, 69, 189–196. <https://doi.org/10.1016/j.chb.2016.12.041>
- Griffin, E., Ledbetter, A., & Sparks, G. G. (2019). A First Look At Communication Theory, 10th Edition. In *McGraw-Hill*.
- Hashimov, E. (2015). Qualitative Data Analysis: A Methods Sourcebook and The Coding Manual for Qualitative Researchers. *Technical Communication Quarterly*, 24(1), 109–112. <https://doi.org/10.1080/10572252.2015.975966>
- Hill, R. P., & Moran, N. (2011). Social marketing meets interactive media: Lessons for the advertising community. *International Journal of Advertising*, 30(5), 37–41. <https://doi.org/10.2501/IJA-30-5-815-838>
- Kembaren, L. (2021). *Digital Fatigue, Kelelahan Karena Penggunaan Media Digital*. Hellosehat. <https://hellosehat.com/mental/digital-fatigue/>
- Kenny, P., & Johnson, I. G. (2016). Social media use, attitudes, behaviours and perceptions of online professionalism amongst dental students. *British Dental Journal*, 221(10), 651–655. <https://doi.org/10.1038/sj.bdj.2016.864>

- Kwon, E., English, A. E., & Bright, L. F. (2021). *Social Media Never Sleeps: Antecedents and Consequences of Social Media Fatigue among Professional Content Creators*. *9*(2), 150–172. <https://thejsms.org/index.php/JSMS/article/view/709/389>
- Lauriola, M., & Levin, I. P. (2001). Relating individual differences in attitude toward ambiguity to risky choices. *Journal of Behavioral Decision Making*, *14*(2), 107–122. <https://doi.org/10.1002/bdm.368>
- Lee, A. R., Son, S. M., & Kim, K. K. (2016). Information and communication technology overload and social networking service fatigue: A stress perspective. *Computers in Human Behavior*, *55*, 51–61. <https://doi.org/10.1016/j.chb.2015.08.011>
- Liew, V. K. Sen. (2020). The effect of novel coronavirus pandemic on tourism share prices. *Journal of Tourism Futures*. <https://doi.org/10.1108/JTF-03-2020-0045>
- Malik, A., Dhir, A., Kaur, P., & Johri, A. (2021). Correlates of social media fatigue and academic performance decrement: A large cross-sectional study. *Information Technology and People*, *34*(2), 557–580. <https://doi.org/10.1108/ITP-06-2019-0289>
- Malta, M., Rimoin, A. W., & Strathdee, S. A. (2020). The coronavirus 2019-nCoV epidemic: Is hindsight 20/20? *EClinicalMedicine*, *20*(November 2015), 100289. <https://doi.org/10.1016/j.eclinm.2020.100289>
- Miles, M. B., Huberman, A. M., & Saldaña, J. (2014). *Qualitative data analysis: A methods sourcebook (Third edition.)* (Third edit). SAGE Publications, Inc.
- Milman, N. B. (2015). Distance Education. In *International Encyclopedia of the Social & Behavioral Sciences: Second Edition* (Second Edition, Vol. 6). Elsevier. <https://doi.org/10.1016/B978-0-08-097086-8.92001-4>
- Moleong, L. J. (2017). *Metodologi Penelitian Kualitatif*. PT Remaja Rosdakarya.
- Moustakas, C. (1994). *Phenomenological Research* (paperback). SAGE Publications, Inc.
- Purwanti, E., & Krisnadi, I. (2020). Implementasi Sistem Perkuliahan Daring Berbasis ICT Dalam Masa Pandemi Wabah Covid -19. *Pascasarjana Program Magister Teknik Elektro Universitas Mercu Buana*, *1*(1), 1–12. https://d1wqtxts1xzle7.cloudfront.net/63560376/Implementasi_Sistem_Perkuliahan_Daring_berbasis_ICT_dalam_Masa_Pandemi_Wabah_COVID_1920200608-15034-12hjgpo.pdf?1591601073=&response-content-disposition=inline%3B+filename%3DImplementasi_Sistem_Perkulia
- Purwanto, A., Pramono, R., Asbari, M., Santoso, P. B., Wijayanti, L. M., Choi, C. H., & Putri, R. S. (2020). Studi Eksploratif Dampak Pandemi COVID-19 Terhadap Proses Pembelajaran Online di Sekolah Dasar. *EduPsyCouns: Journal of Education, Psychology and Counseling*, *2*(1), 1–12. <https://ummaspul.e-journal.id/Edupsyscouns/article/view/397>
- Pustikasari, A., & Fitriyanti, L. (2021). Stress dan Zoom Fatigue pada Mahasiswa Selama Pembelajaran Daring di Masa Pandemi Covid-19. *Jurnal Ilmiah Kesehatan*, *13*(1), 25–37. <https://doi.org/10.37012/jik.v13i1.467>

- Ravindran, T., Chua Yeow Kuan, A., & Goh Hoe Lian, D. (2014). Antecedents and Effects of Social Network Fatigue. *Journal of the Association for Information Science and Technology*, April, 1852–1863. <https://doi.org/10.1002/asi>
- Roos, J. M., & Kazemi, A. (2021). Personality traits and Internet usage across generation cohorts: Insights from a nationally representative study. *Current Psychology*, 40(3), 1287–1297. <https://doi.org/10.1007/s12144-018-0033-2>
- Rosaliza, M. (2015). WAWANCARA, SEBUAH INTERAKSI KOMUNIKASI DALAM PENELITIAN KUALITATIF. In *Jurnal Ilmu Budaya* (Vol. 11, Issue 2, p. 9). <https://doi.org/https://doi.org/10.31849/jib.v11i2.1099>
- Shereen, M. A., Khan, S., Kazmi, A., Bashir, N., & Siddique, R. (2020). COVID-19 infection: Origin, transmission, and characteristics of human coronaviruses. *Journal of Advanced Research*, 24, 91–98. <https://doi.org/10.1016/j.jare.2020.03.005>
- Sosnowska, J., De Fruyt, F., & Hofmans, J. (2019). Relating Neuroticism to Emotional Exhaustion: A Dynamic Approach to Personality. *Frontiers in Psychology*, 10(October). <https://doi.org/10.3389/fpsyg.2019.02264>
- Spector, P. E., Zapf, D., Chen, P. Y., & Frese, M. (2000). Why negative affectivity should not be controlled in job stress research: don't throw out the baby with the bath water. *Journal of Organizational Behavior*, 95(March 1997), 79–95. [https://doi.org/10.1002/\(SICI\)1099-1379\(200002\)21:1<79::AID-JOB964>3.0.CO;2-G](https://doi.org/10.1002/(SICI)1099-1379(200002)21:1<79::AID-JOB964>3.0.CO;2-G)
- Srivastava, S. C., Chandra, S., & Shirish, A. (2015). Technostress creators and job outcomes: Theorising the moderating influence of personality traits. *Information Systems Journal*, 25(4), 355–401. <https://doi.org/10.1111/isj.12067>
- Stein, M. B., & Sareen, J. (2015). Generalized anxiety disorder. *New England Journal of Medicine*, 373(21), 2059–2068. <https://doi.org/10.1056/NEJMcp1502514>
- Sugiyono. (2013). METODE PENELITIAN KUANTITATIF, KUALITATIF DAN R & D. In *Laboratorium Penelitian dan Pengembangan FARMAKA TROPIS Fakultas Farmasi Universitas Mulawarman, Samarinda, Kalimantan Timur* (19th ed., Issue April). Alfabeta, CV.
- Sutopo, H. B. (2006). *Metodologi Penelitian Kualitatif. Dasar Teori dan Terapannya dalam Penelitian* (2nd ed.). Penerbit Universitas Sebelas Maret.
- Tarafdar, M., Tu, Q., Ragu-Nathan, B. S., & Ragu-Nathan, T. S. (2007). The impact of technostress on role stress and productivity. *Journal of Management Information Systems*, 24(1), 301–328. <https://doi.org/10.2753/MIS0742-1222240109>
- Wandra, Cikusin, Y., & Hayat. (2021). WABAH CORONA VIRUS (COVID-19) (Studi Pada Desa Pandansari Lor Kecamatan Poncokusumo Kabupaten Malang). *Jurnal Inovasi Penelitian*, 2(5).
- Wolf, M., Sims, J., & Yang, H. (2017). Social media? What social media? *UK Academy for Information Systems Conference Proceedings 2018*, 1–18.

- Xiao, L., & Mou, J. (2019). Social media fatigue -Technological antecedents and the moderating roles of personality traits: The case of WeChat. *Computers in Human Behavior*, *101*(March), 297–310. <https://doi.org/10.1016/j.chb.2019.08.001>
- Yang, Y., Li, W., Zhang, Q., Zhang, L., Cheung, T., & Xiang, Y. T. (2020). Mental health services for older adults in China during the COVID-19 outbreak. *The Lancet Psychiatry*, *7*(4), e19. [https://doi.org/10.1016/S2215-0366\(20\)30079-1](https://doi.org/10.1016/S2215-0366(20)30079-1)
- Yao, J., & Cao, X. (2017). The balancing mechanism of social networking overuse and rational usage. *Computers in Human Behavior*, *75*, 415–422. <https://doi.org/10.1016/j.chb.2017.04.055>
- Yunus, N. R., & Rezki, A. (2020). Kebijakan Pemberlakuan Lock Down Sebagai Antisipasi Penyebaran Corona Virus Covid-19. *SALAM: Jurnal Sosial Dan Budaya Syar-I*, *7*(3). <https://doi.org/10.15408/sjsbs.v7i3.15083>
- Zhang, Shiyi, Shen, Y., Xin, T., Sun, H., Wang, Y., Zhang, X., & Ren, S. (2021). The development and validation of a social media fatigue scale: From a cognitivebehavioral- emotional perspective. *PLoS ONE*, *16*(1 January), 1–16. <https://doi.org/10.1371/journal.pone.0245464>
- Zhang, Shuwei, Zhao, L., Lu, Y., & Yang, J. (2016). Do you get tired of socializing? An empirical explanation of discontinuous usage behaviour in social network services. *Information and Management*, *53*(7), 904–914. <https://doi.org/10.1016/j.im.2016.03.006>

