

## LAMPIRAN

### A. SKALA PENELITIAN

#### Kuesioner Penelitian

#### PEMBUKA

Hallo Perkenalkan saya Rizky Agasta Merdeka Wati, mahasiswi Fakultas Psikologi Universitas Soegijapranata Semarang angkatan 2017 yang saat ini sedang menempuh tugas akhir skripsi yang digunakan untuk mendapatkan gelar Sarjana Psikologi. Kriteria responden saya adalah mahasiswi Universitas Katolik Soegijapranata Semarang.

Maka dari itu saya memohon bantuan teman-teman mahasiswi untuk berpartisipasi dalam penelitian yang saya lakukan, dengan cara mengisi kuesioner yang telah disediakan. Dengan mengisi kuesioner ini maka teman-teman sangat membantu dalam menyelesaikan tugas akhir ini. Kuesioner ini tersusun dari beberapa pernyataan dan tidak ada jawaban salah maupun benar. Oleh karena itu, semua jawaban yang teman-teman berikan diharapkan sesuai dengan keadaan yang dihadapi dan dirasakan teman-teman. Karena itu teman-teman tidak perlu ragu untuk mengisi kuesioner ini. Semua informasi yang teman-teman berikan akan terjaga kerahasiaannya. Atas bantuan teman-teman mahasiswi, saya ucapkan sangat banyak terimakasih.

#### PETUNJUK PENGISIAN

1. Bacalah setiap butir pernyataan dengan seksama
2. Tidak ada jawaban yang dianggap salah, maupun benar.
3. Pilihlah salah satu jawaban yang dianggap paling sesuai.

#### Skala I

- SS : Sangat Sesuai  
S : Sesuai  
TS : Tidak Sesuai  
STS : Sangat Tidak Sesuai

**Skala II**

SS : Sangat Sering

S : Sering

J : Jarang

JS : Jarang Sekali

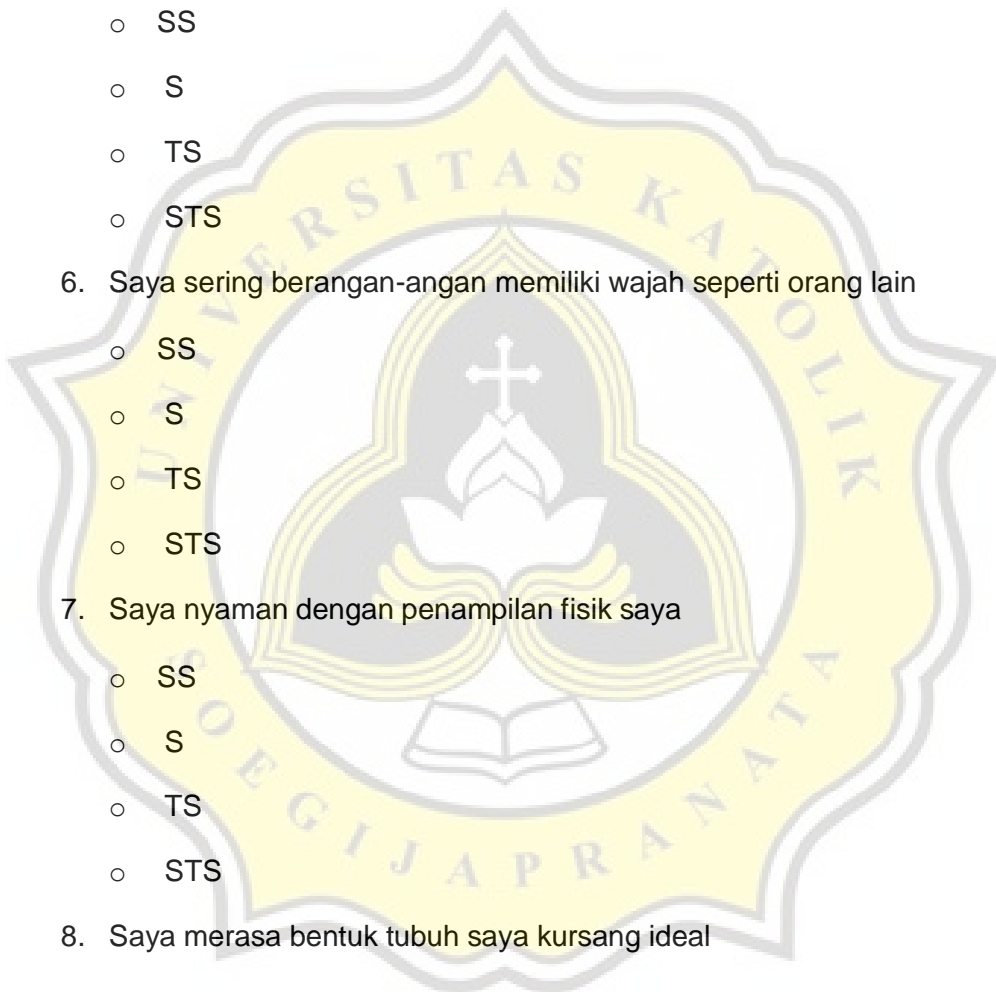
**IDENTITAS SUBJEK**

1. Nama (Inisial) :
2. Umur :
3. Jenis Kelamin :
4. Fakultas :
5. Angkatan :

**ITEM****SKALA I CITRA DIRI**

1. Secara keseluruhan penampilan fisik saya menarik
  - SS
  - S
  - TS
  - STS
2. Saya tidak percaya diri dengan keadaan fisik saya
  - SS
  - S
  - TS
  - STS
3. Secara keseluruhan, saya suka dengan penampilan saya
  - SS
  - S
  - TS
  - STS
4. Walaupun sudah mengikuti mode, tapi saya merasa penampilan saya tetap kurang menarik

- SS
  - S
  - TS
  - STS
5. Saya percaya diri dengan penampilan wajah yang saya miliki
- SS
  - S
  - TS
  - STS
6. Saya sering berangan-angan memiliki wajah seperti orang lain
- SS
  - S
  - TS
  - STS
7. Saya nyaman dengan penampilan fisik saya
- SS
  - S
  - TS
  - STS
8. Saya merasa bentuk tubuh saya kursang ideal
- SS
  - S
  - TS
  - STS
9. Saya suka mengikuti mode agar penampilan tetap menarik



- SS
- S
- TS
- STS

10. Saya suka begadang, sehingga saya kurang peduli dengan fisik saya

- SS
- S
- TS
- STS

11. Saya melakukan diet agar tubuh saya tetap ideal

- SS
- S
- TS
- STS

12. Saya jarang berolahraga, sehingga saya kurang peduli dengan kebugaran fisik saya

- SS
- S
- TS
- STS

13. Saya mengonsumsi makanan yang bergizi untuk meningkatkan kebugaran tubuh

- SS
- S
- TS

- STS

14. Saya merasa tidak cocok mengenakan pakaian model apapun

- SS
- S
- TS
- STS

15. Saya selalu meluangkan waktu untuk melakukan perawatan tubuh

- SS
- S
- TS
- STS

16. Bagi saya, melakukan diet adalah hal yang sia-sia

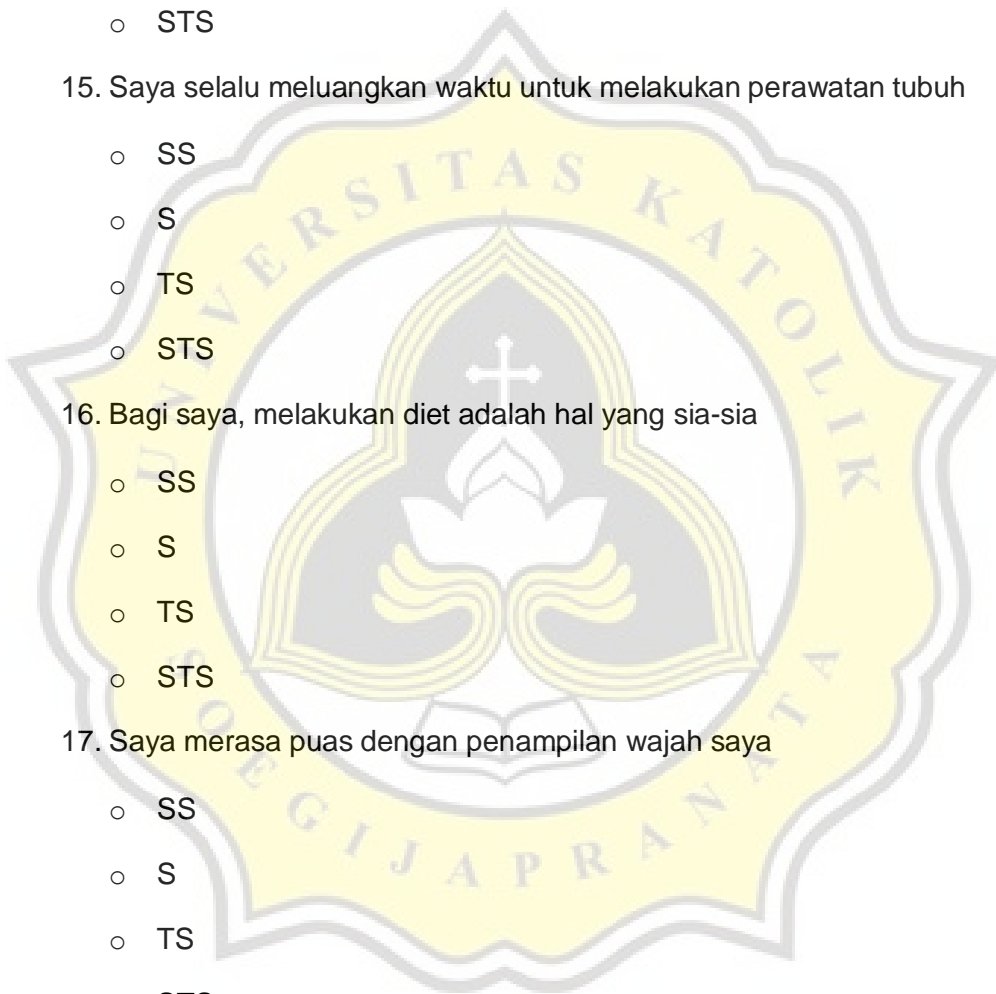
- SS
- S
- TS
- STS

17. Saya merasa puas dengan penampilan wajah saya

- SS
- S
- TS
- STS

18. Saya tidak suka dengan warna kulit saya

- SS
- S
- TS



- STS

19. Saya menyukai tiap bagian lekuk tubuh saya

- SS
- S
- TS
- STS

20. Saya tidak suka dengan ukuran pinggang saya

- SS
- S
- TS
- STS

21. Secara keseluruhan, saya puas dengan bentuk tubuh saya

- SS
- S
- TS
- STS

22. Saya sering mengeluhkan penampilan fisik saya

- SS
- S
- TS
- STS

23. Apapun model pakaian yang saya pakai tetap membuat penampilan saya

menarik

- SS
- S

- TS
- STS
- 

24. Saya ingin mengoprasi bagian tubuh saya yang kurang menarik!

- SS
- S
- TS
- STS

**SKALA II BODY SHAMING**

1. Saya sering merasa malu ketika orang lain berkomentar tentang pakaian saya yang dianggap norak
  - SS
  - S
  - J
  - JS
2. Teman saya sering menyinggung gaya bicara saya
  - SS
  - S
  - J
  - JS

3. Saya merasa sakit hati saat teman mengangap gaya bicara saya lebay/norak
- SS
  - S
  - J
  - JS
4. Saya selalu bersyukur jika ada teman yang mengkritik cara berpakaian saya, sebab itu bisa menjadi masukan bagi saya
- SS
  - S
  - J
  - JS
5. Saya sering mendapat gosip tentang diri saya dengan berita yang tidak benar
- SS
  - S
  - J
  - JS
6. Teman saya selalu memuji gaya berpakaian saya
- SS
  - S
  - J
  - JS
7. Saya tidak pernah membicarakan teman saya dari belakang
- SS



- S
- J
- JS

**8.** Teman saya mengkritik tingkah laku/ gaya berpakaian/ gaya berbicara saya

- SS
- S
- J
- JS

**9.** Saya sering membandingkan penampilan fisik saya, dengan fisik orang lain yang lebih ideal

- SS
- S
- J
- JS

**10.** Saya merasa sakit hati ketika fisik saya dibandingkan dengan orang lain

- SS
- S
- J
- JS

**11.** Saya sering merasa lebih ideal dibandingkan teman-teman saya yang lain

- SS
- S
- J
- JS

**12.** Saya sering mengaggumi fisik orang lain

- SS
- S
- J
- JS

**13.** Saya selalu menerima kritikan, ketika fisik saya dibandingkan oleh fisik orang lain yang lebih ideal

- SS
- S
- J
- JS

**14.** Teman saya sering membandingkan fisik saya dengan fisik orang lain yang lebih ideal

- SS
- S
- J
- JS

**15.** Ketika saya diejek teman saya, saya balik mengejeknya

- SS
- S
- J
- JS

**16.** Saya selalu bersyukur dengan kelebihan dan kekurangan fisik saya yang diberikan tuhan

- SS

- S
- J
- JS

**17.** Teman saya memanggil saya dengan panggilan yang buruk dan dijadikan sebagai suatu hal yang lucu

- SS
- S
- J
- JS

**18.** Saya selalu berorasangka baik dan menganggap setiap ejekan hanya sebagai candaan saja

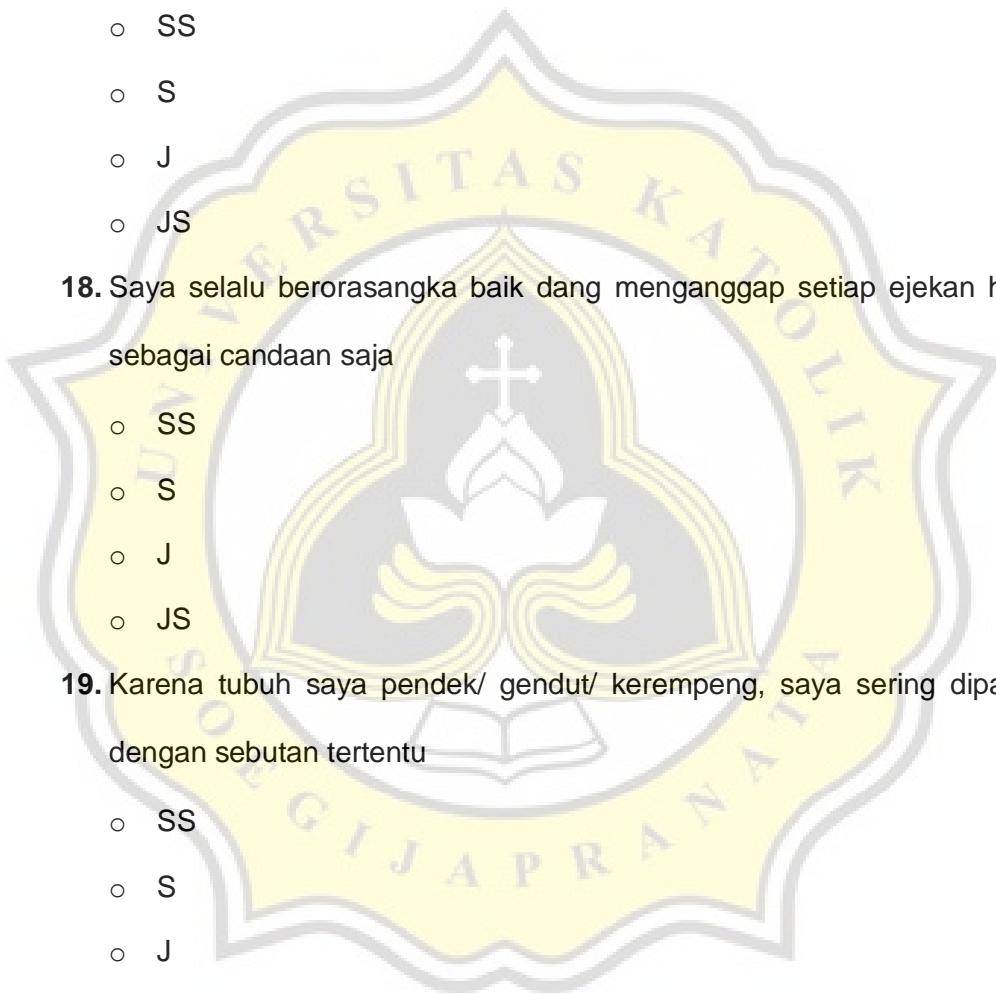
- SS
- S
- J
- JS

**19.** Karena tubuh saya pendek/ gendut/ kerempeng, saya sering dipanggil dengan sebutan tertentu

- SS
- S
- J
- JS

**20.** Teman saya selalu mendukung saya untuk percaya diri

- SS
- S
- J



- JS

**21.** Saya selalu merasa sakit hati ketika teman saya mengejek fisik saya

- SS
- S
- J
- JS

**22.** Teman saya selalu bersikap baik kepada saya

- SS
- S
- J
- JS

**23.** Saya sering menjadi bahan tertawaan teman-teman

- SS
- S
- J
- JS

**24.** Teman saya memanggil saya sesuai nama panggilan saya

- SS
- S
- J
- JS

**SUBMIIT**

**PENUTUP:** Terimakasih teman-teman telah mengisi kuesioner ini

**B. DATA TRY OUT****B-1. DATA CITRA DIRI PUTARAN 1**

No.	Citra Diri																								Jml
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**B-2. DATA BODDY SHAMING PUTARAN 1**

No.	<i>Body Shaming</i>																								Jumlah	
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9	2	2	3	3	3	2	2	3	1	3	1	2	3	2	2	4	3	3	3	4	3	4	3	4	<b>65</b>	
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67	2	2	3	3	4	2	2	3	2	2	2	2	2	1	4	2	2	4	2	4	3	2	3	4	3	<b>63</b>
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### B-3. DATA CITRA DIRI PUTARAN 2

Citra Diri																								Jumlah
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C. UJI VALIDITAS DAN REABILITAS

C-1.1 UJI VALIDITAS SKALA CITRA DIRI

C-1.1.1. AUJI VALIDITAS PUTRAN 1

Correlation

		Correlations																							
		Y1	Y2	Y3	Y4	Y5	Y6	Y7	Y8	Y9	Y10	Y11	Y12	Y13	Y14	Y15	Y16	Y17	Y18	Y19	Y20	Y21	Y22	Y23	Y24
Y1	Pearson	1	.855	.873	.807	.895	.860	.773	.828	.854	.866	.770	.865	.831	.770	.847	.813	.729	.853	.836	.890	.868	.895	.825	.862
	Sig. (2		.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y2	Pearson	.855	1	.844	.837	.860	.868	.862	.893	.829	.846	.822	.806	.825	.842	.871	.848	.831	.844	.804	.893	.894	.804	.830	
	Sig. (2	.000		.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y3	Pearson	.873	.844	1	.852	.876	.844	.851	.852	.871	.860	.857	.838	.866	.881	.877	.834	.863	.873	.832	.891	.843	.865	.816	
	Sig. (2	.000	.000		.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y4	Pearson	.807	.837	.852	1	.821	.816	.844	.872	.858	.803	.821	.864	.877	.825	.861	.823	.805	.822	.821	.823	.815	.811	.878	
	Sig. (2	.000	.000	.000		.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y5	Pearson	.895	.860	.876	.844	1	.838	.852	.888	.823	.818	.832	.841	.828	.832	.882	.877	.882	.824	.880	.880	.874	.833	.877	
	Sig. (2	.000	.000	.000		.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y6	Pearson	.868	.862	.851	.852	.876	1	.844	.826	.805	.774	.802	.830	.841	.803	.833	.827	.844	.868	.844	.828	.841	.828	.819	
	Sig. (2	.000	.000	.000		.000		.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y7	Pearson	.773	.807	.844	.844	.852	.844	1	.824	.816	.824	.811	.809	.833	.822	.822	.850	.812	.859	.849	.855	.852	.817	.813	
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Y8	Pearson	.828	.837	.837	.821	.838	.852	.888	1	.878	.838	.852	.858	.828	.821	.878	.848	.843	.838	.800	.830	.888	.813	.878	
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	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y9	Pearson	.844	.862	.851	.852	.876	.844	.826	.805	1	.803	.774	.811	.802	.833	.790	.847	.828	.803	.846	.847	.800	.810	.848	
	Sig. (2	.000	.000	.000		.000	.000		.000		.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y10	Pearson	.868	.862	.851	.852	.876	.844	.826	.805	.803	1	.778	.778	.771	.774	.800	.815	.768	.822	.835	.817	.811	.809	.817	
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Y11	Pearson	.770	.807	.844	.844	.852	.844	.826	.805	.803	.778	1	.853	.829	.825	.857	.813	.773	.844	.828	.829	.808	.888	.817	
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Y12	Pearson	.868	.862	.851	.852	.876	.844	.826	.805	.803	.778	.778	1	.853	.829	.825	.857	.813	.773	.844	.828	.829	.808	.888	
	Sig. (2	.000	.000	.000		.000	.000		.000	.000		.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y13	Pearson	.817	.802	.810	.818	.802	.840	.807	.800	.809	.800	.800	.800	1	.800	.823	.800	.800	.807	.801	.802	.825	.850	.823	
	Sig. (2	.000	.000	.000		.000	.000		.000	.000	.000	.000	.000		.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y14	Pearson	.700	.666	.666	.666	.666	.666	.666	.666	.666	.666	.666	.666	.666	1	.808	.853	.827	.822	.811	.827	.823	.825	.813	
	Sig. (2	.000	.000	.000		.000	.000		.000	.000	.000	.000	.000	.000		.000	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y15	Pearson	.847	.838	.831	.852	.876	.844	.826	.805	.803	.778	.778	.778	1	.808	.853	.827	.822	.811	.827	.823	.825	.813	.878	
	Sig. (2	.000	.000	.000		.000	.000		.000	.000		.000	.000	.000		.000	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y16	Pearson	.815	.822	.827	.819	.811	.855	.801	.813	.801	.800	.800	.800	.800	1	.800	.823	.800	.800	.800	.800	.800	.800	.800	
	Sig. (2	.000	.000	.000		.000	.000		.000	.000	.000	.000	.000	.000		.000	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y17	Pearson	.770	.807	.844	.844	.852	.844	.826	.805	.803	.778	.778	.778	.778	1	.808	.853	.827	.822	.811	.827	.823	.825	.813	
	Sig. (2	.000	.000	.000		.000	.000		.000	.000		.000	.000	.000		.000	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y18	Pearson	.868	.862	.851	.852	.876	.844	.826	.805	.803	.778	.778	.778	.778	.778	1	.808	.853	.827	.822	.811	.827	.823	.825	
	Sig. (2	.000	.000	.000		.000	.000		.000	.000		.000	.000	.000		.000	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y19	Pearson	.868	.862	.851	.852	.876	.844	.826	.805	.803	.778	.778	.778	.778	.778	.778	1	.808	.853	.827	.822	.811	.827	.823	
	Sig. (2	.000	.000	.000		.000	.000		.000	.000		.000	.000	.000		.000	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y20	Pearson	.868	.862	.851	.852	.876	.844	.826	.805	.803	.778	.778	.778	.778	.778	.778	.778	1	.808	.853	.827	.822	.811	.827	
	Sig. (2	.000	.000	.000		.000	.000		.000	.000		.000	.000	.000		.000	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80</																			



a. Listwise deletion based on all variables in the procedure.

### Reliability Statistics

Cronbach's Alpha	N of Items
.932	24

### C-1.1.B UJI VALIDITAS KOREKSI TEKNIK PART-WHOLE PUTARAN 1

#### Item-Total Statistic

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
Y1	50.58	158.146	.763	.926
Y2	50.63	159.174	.734	.927
Y3	50.43	159.665	.771	.926
Y4	50.66	162.429	.633	.928
Y5	50.40	161.939	.681	.928
Y6	50.83	170.906	<b>.218</b>	.935
Y7	50.56	162.097	.760	.927
Y8	50.95	165.441	.498	.930
Y9	49.93	169.944	.273	.934
Y10	50.61	162.671	.517	.930
Y11	50.61	168.468	.308	.933
Y12	50.70	163.124	.514	.930
Y13	50.35	165.370	.493	.930
Y14	50.51	154.785	.790	.925
Y15	50.24	165.424	.602	.929
Y16	50.41	163.537	.479	.931
Y17	50.56	160.452	.678	.928
Y18	50.46	158.961	.667	.928
Y19	50.70	160.643	.725	.927
Y20	50.60	159.635	.692	.927
Y21	50.69	161.306	.700	.927
Y22	50.85	166.332	.535	.930
Y23	50.61	164.519	.525	.930
Y24	50.10	160.268	.535	.930

Koefisien r-tabel= 0,22

C-1.1.C UJI VALIDITAS PUTARAN 2

Correlation

		Correlations																								ITFR
		Y1	Y2	Y3	Y4	Y5	Y7	Y8	Y9	Y10	Y11	Y12	Y13	Y14	Y15	Y16	Y17	Y18	Y19	Y20	Y21	Y22	Y23	Y24	ITFR	
Y1	Pearson	1	.665	.773	.607	.605	.773	.398	.184	.396	.170	.265	.181	.770	.347	.413	.579	.463	.636	.559	.606	.396	.412	.526	.794	
	Sig. (2-tailed)		.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y2	Pearson	.665	1	.794	.576	.537	.668	.563	.262	.369	.029	.346	.262	.706	.395	.242	.571	.574	.551	.544	.504	.396	.250	.419	.758	
	Sig. (2-tailed)			.000	.000	.000	.000	.000	.019	.001	.002	.019	.000	.000	.000	.030	.000	.000	.000	.000	.000	.000	.012	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y3	Pearson	.773	.794	1	.652	.590	.744	.485	.192	.351	.080	.285	.278	.766	.338	.227	.534	.566	.637	.532	.601	.443	.355	.516	.797	
	Sig. (2-tailed)				.000	.000	.000	.000	.000	.000	.088	.001	.479	.010	.013	.000	.002	.043	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y4	Pearson	.607	.576	.652	1	.521	.644	.372	.056	.203	.021	.264	.157	.725	.261	.123	.605	.492	.521	.542	.415	.311	.378	.435	.666	
	Sig. (2-tailed)					.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y5	Pearson	.605	.537	.590	.521	1	.652	.356	.223	.438	.232	.341	.328	.532	.282	.287	.562	.465	.524	.360	.485	.374	.343	.347	.695	
	Sig. (2-tailed)						.000	.001	.046	.000	.039	.002	.003	.000	.011	.010	.000	.000	.000	.001	.000	.001	.002	.002	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y7	Pearson	.773	.668	.744	.644	.652	1	.424	.116	.394	.081	.299	.293	.742	.352	.290	.536	.512	.659	.549	.599	.382	.417	.501	.797	
	Sig. (2-tailed)							.000	.004	.000	.477	.007	.018	.000	.001	.009	.000	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y8	Pearson	.605	.607	.590	.521	.652	.356	.223	.438	.232	.341	.328	.532	.282	.287	.562	.465	.524	.360	.485	.374	.343	.347	.695		
	Sig. (2-tailed)								.078	.238	.052	.005	.325	.421	.278	.148	.343	.305	.400	.439	.258	.413	.075	.329	.531	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y9	Pearson	.605	.607	.590	.521	.652	.356	.223	.438	.232	.341	.328	.532	.282	.287	.562	.465	.524	.360	.485	.374	.343	.347	.695		
	Sig. (2-tailed)								.046	.304	.001	.000	.000	.000	.013	.199	.002	.006	.000	.000	.021	.000	.000	.003	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y10	Pearson	.605	.607	.590	.521	.652	.356	.223	.438	.232	.341	.328	.532	.282	.287	.562	.465	.524	.360	.485	.374	.343	.347	.695		
	Sig. (2-tailed)								.000	.000	.035	.006	.013	.000	.001	.000	.000	.013	.001	.003	.053	.000	.005	.300	.089	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y11	Pearson	.605	.607	.590	.521	.652	.356	.223	.438	.232	.341	.328	.532	.282	.287	.562	.465	.524	.360	.485	.374	.343	.347	.695		
	Sig. (2-tailed)								.082	.374	.276	.811	.453	.626	.076	.807	.511	.733	.184	.126	.129	.309	.080	.168	.017	.376
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y12	Pearson	.605	.607	.590	.521	.652	.356	.223	.438	.232	.341	.328	.532	.282	.287	.562	.465	.524	.360	.485	.374	.343	.347	.695		
	Sig. (2-tailed)								.007	.007	.000	.000	.000	.000	.023	.000	.000	.007	.001	.002	.025	.049	.062	.059	.073	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y13	Pearson	.605	.607	.590	.521	.652	.356	.223	.438	.232	.341	.328	.532	.282	.287	.562	.465	.524	.360	.485	.374	.343	.347	.695		
	Sig. (2-tailed)								.003	.000	.001	.000	.000	.000	.000	.001	.018	.000	.005	.014	.001	.157	.002	.267	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y14	Pearson	.605	.607	.590	.521	.652	.356	.223	.438	.232	.341	.328	.532	.282	.287	.562	.465	.524	.360	.485	.374	.343	.347	.695		
	Sig. (2-tailed)								.000	.000	.238	.001	.508	.023	.095	.000	.001	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y15	Pearson	.605	.607	.590	.521	.652	.356	.223	.438	.232	.341	.328	.532	.282	.287	.562	.465	.524	.360	.485	.374	.343	.347	.695		
	Sig. (2-tailed)								.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y16	Pearson	.605	.607	.590	.521	.652	.356	.223	.438	.232	.341	.328	.532	.282	.287	.562	.465	.524	.360	.485	.374	.343	.347	.695		
	Sig. (2-tailed)								.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y17	Pearson	.605	.607	.590	.521	.652	.356	.223	.438	.232	.341	.328	.532	.282	.287	.562	.465	.524	.360	.485	.374	.343	.347	.695		
	Sig. (2-tailed)								.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y18	Pearson	.605	.607	.590	.521	.652	.356	.223	.438	.232	.341	.328	.532	.282	.287	.562	.465	.524	.360	.485	.374	.343	.347	.695		
	Sig. (2-tailed)								.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y19	Pearson	.605	.607	.590	.521	.652	.356	.223	.438	.232	.341	.328	.532	.282	.287	.562	.465	.524	.360	.485	.374	.343	.347	.695		
	Sig. (2-tailed)								.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y20	Pearson	.605	.607	.590	.521	.652	.356	.223	.438	.232	.341	.328	.532	.282	.287	.562	.465	.524	.360	.485	.374	.343	.347	.695		
	Sig. (2-tailed)								.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y21	Pearson	.605	.607	.590	.521	.652	.356	.223	.438	.232	.341	.328	.532	.282	.287	.562	.465	.524	.360	.485	.374	.343	.347	.695		
	Sig. (2-tailed)								.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
	N	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	
Y22	Pearson	.605	.607	.590	.521	.652	.356	.223	.438	.232	.341	.328	.532	.282	.287	.562	.465	.5								

**C-1.1.D UJI VALIDITAS KOREKSI TEKNIK PART-WHOLE PUTARAN 2**  
**Item-Total Statistic**

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item- Total Correlation	Cronbach's Alpha if Item Deleted
Y1	48.66	152.657	.765	.929
Y2	48.71	153.878	.726	.930
Y3	48.51	154.177	.772	.929
Y4	48.75	157.000	.628	.931
Y5	48.49	156.810	.662	.931
Y7	48.65	156.661	.756	.930
Y8	49.04	160.163	.484	.933
Y9	48.01	164.190	.278	.936
Y10	48.70	157.225	.514	.933
Y11	48.70	162.719	.313	.936
Y12	48.79	157.764	.506	.933
Y13	48.44	159.743	.496	.933
Y14	48.60	149.205	.799	.928
Y15	48.33	159.868	.602	.932
Y16	48.50	157.797	.487	.934
Y17	48.65	154.838	.684	.930
Y18	48.55	153.542	.665	.931
Y19	48.79	155.106	.728	.930
Y20	48.69	154.015	.699	.930
Y21	48.78	155.620	.709	.930
Y22	48.94	160.869	.528	.933
Y23	48.70	158.744	.536	.933
Y24	48.19	154.559	.544	.933

Koefisien r-tabel= 0,22



### C-3.1B UJI VALIDITAS KOREKSI TEKNIK PART-WHOLE PUTARAN 1

Item-Total Statistics				
	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item- Total Correlation	Cronbach's Alpha if Item Deleted
X1	50.45	135.643	.625	.909
X2	50.00	160.506	<b><u>-.563</u></b>	.930
X3	50.06	135.376	.610	.909
X4	50.29	136.511	.589	.909
X5	49.95	133.187	.586	.909
X6	50.63	138.389	.594	.910
X7	50.36	148.766	<b><u>-.047</u></b>	.920
X8	50.38	134.136	.718	.907
X9	50.80	134.922	.639	.908
X10	50.68	137.058	.650	.909
X11	50.73	141.265	.379	.913
X12	51.03	140.126	.512	.911
X13	50.58	137.640	.548	.910
X14	50.05	134.757	.630	.908
X15	50.55	149.213	<b><u>-.069</u></b>	.921
X16	50.16	127.834	.734	.906
X17	50.14	130.804	.739	.906
X18	50.38	137.123	.478	.911
X19	50.33	133.640	.676	.907
X20	50.23	131.113	.794	.905
X21	50.58	132.754	.761	.906
X22	50.15	131.952	.780	.905
X23	50.10	129.534	.820	.904
X24	50.09	133.296	.611	.909

Koefisien r-tabel= 0,22



## C-3.2. B UJI VALIDITAS TEKNIK PART-WHOLE PUTARAN 2

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
X1	43.71	147.802	.627	.941
X3	43.33	147.285	.624	.941
X4	43.55	149.010	.575	.942
X5	43.21	144.853	.604	.942
X6	43.89	150.734	.593	.942
X8	43.64	145.778	.744	.939
X9	44.06	146.844	.652	.941
X10	43.94	149.199	.657	.941
X11	43.99	154.342	.344	.945
X12	44.29	152.258	.529	.942
X13	43.84	149.859	.552	.942
X14	43.31	146.597	.646	.941
X16	43.43	139.817	.729	.940
X17	43.40	142.927	.733	.939
X18	43.64	149.196	.487	.943
X19	43.59	145.967	.665	.940
X20	43.49	142.886	.805	.938
X21	43.84	144.492	.778	.939
X22	43.41	143.562	.802	.938
X23	43.36	141.323	.826	.938
X24	43.35	145.243	.618	.941

Koefisien r-tabel= 0,22

## D. UJI ASUMSI

### D-1. UJI NORMALITAS

#### NPar Tests

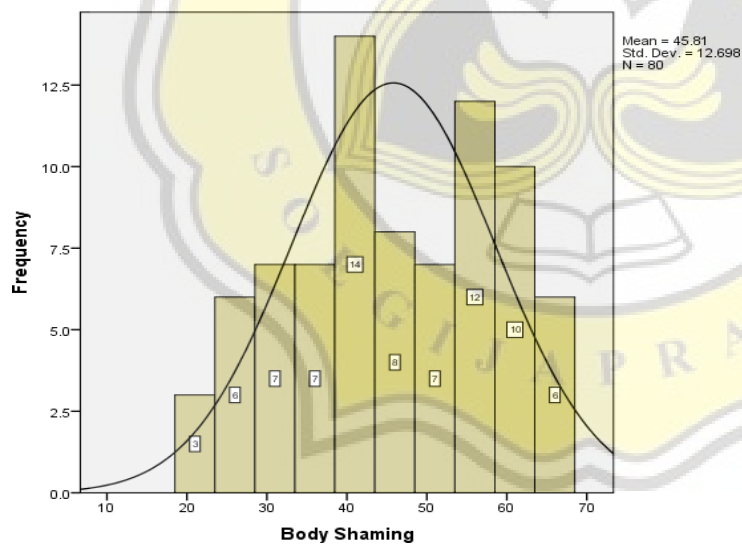
One-Sample Kolmogorov-Smirnov Test

		Body Shaming	Citra Diri
N		80	80
Normal Parameters <sup>a,b</sup>	Mean	45.81	50.83
	Std. Deviation	12.698	13.073
	Absolute	.090	.088
Most Extreme Differences	Positive	.073	.045
	Negative	-.090	-.088
Kolmogorov-Smirnov Z		.809	.785
Asymp. Sig. (2-tailed)		.529	.569

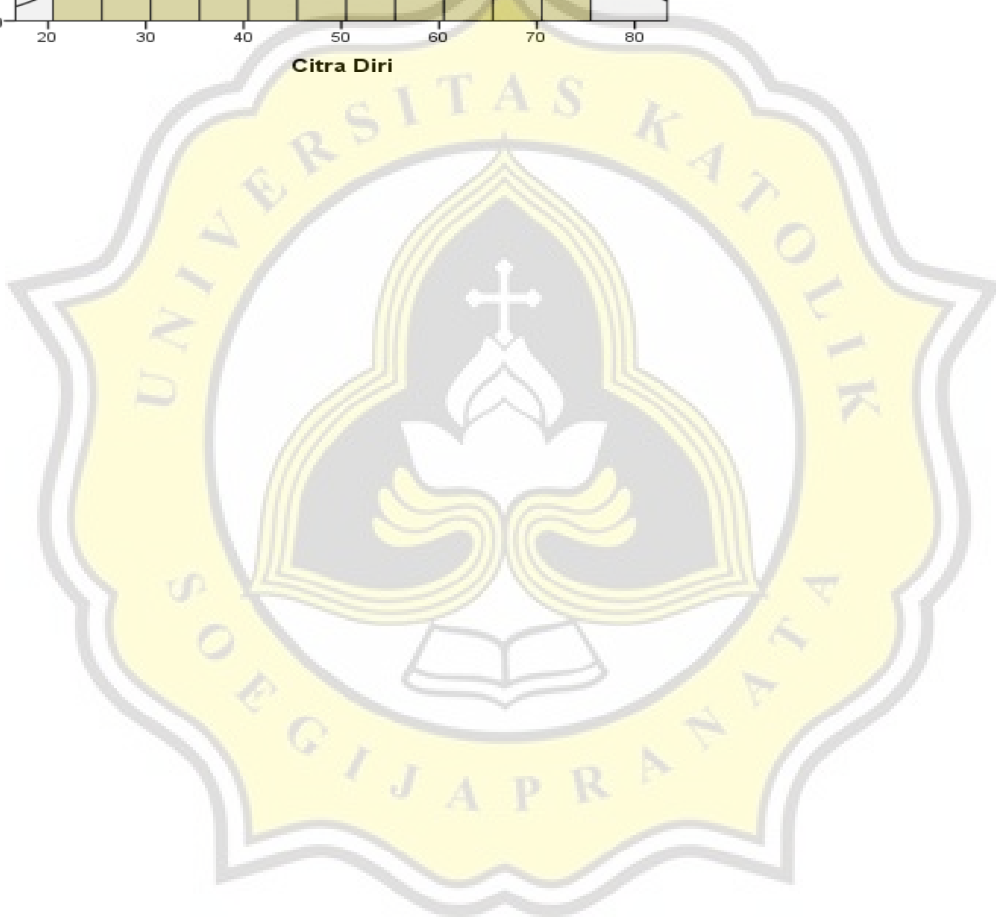
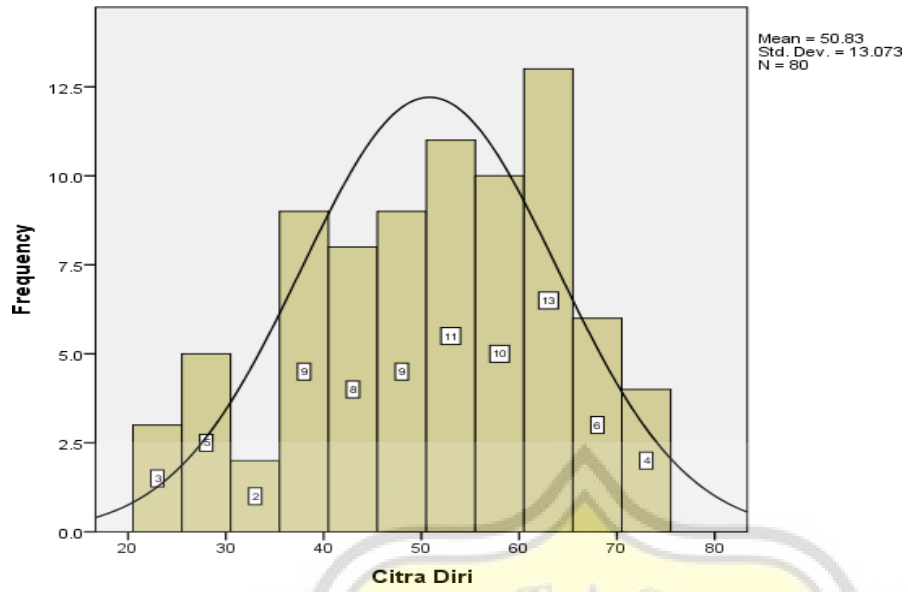
a. Test distribution is Normal.

b. Calculated from data.

#### Graph







## D-2 UJI LINEARITAS

### Curve Fit

#### Model Description

Model Name		MOD_1
Dependent Variable	1	Citra Diri
	1	Linear
Equation	2	Quadratic
	3	Cubic
Independent Variable		Body Shaming
Constant		Included
Variable Whose Values Label Observations in Plots		Unspecified
Tolerance for Entering Terms in Equations		.0001

#### Case Processing Summary

	N
Total Cases	80
Excluded Cases <sup>a</sup>	0
Forecasted Cases	0
Newly Created Cases	0

a. Cases with a missing value in any variable are excluded from the analysis.

#### Variable Processing Summary

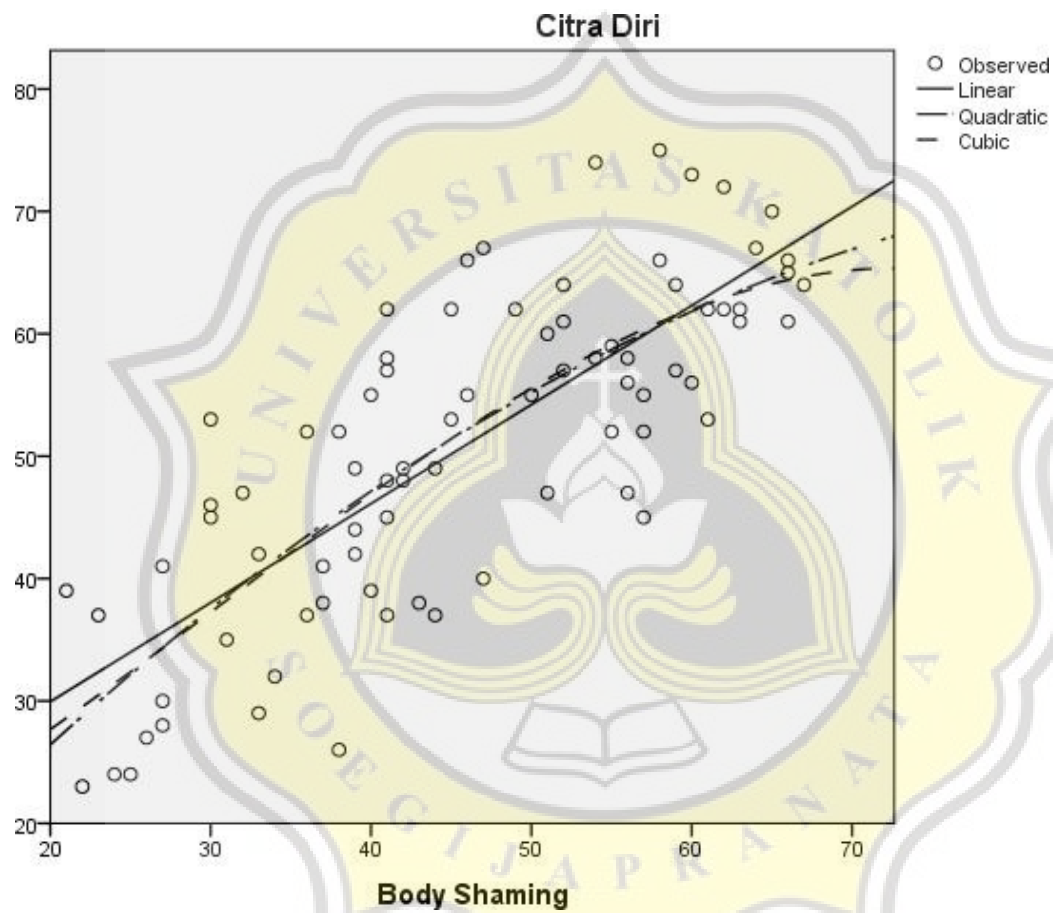
	Variables	
	Dependent	Independent
	Citra Diri	Body Shaming
Number of Positive Values	80	80
Number of Zeros	0	0
Number of Negative Values	0	0
Number of Missing Values	User-Missing	0
	System-Missing	0

### Model Summary and Parameter Estimates

Dependent Variable: Citra Diri

Equation	Model Summary					Parameter Estimates			
	R Square	F	df1	df2	Sig.	Constant	b1	b2	b3
Linear	.618	126.049	1	78	.000	13.755	.809		
Quadratic	.626	64.378	2	77	.000	-.324	1.488	-.008	
Cubic	.626	42.490	3	76	.000	13.364	.442	.017	.000

The independent variable is Body Shaming.

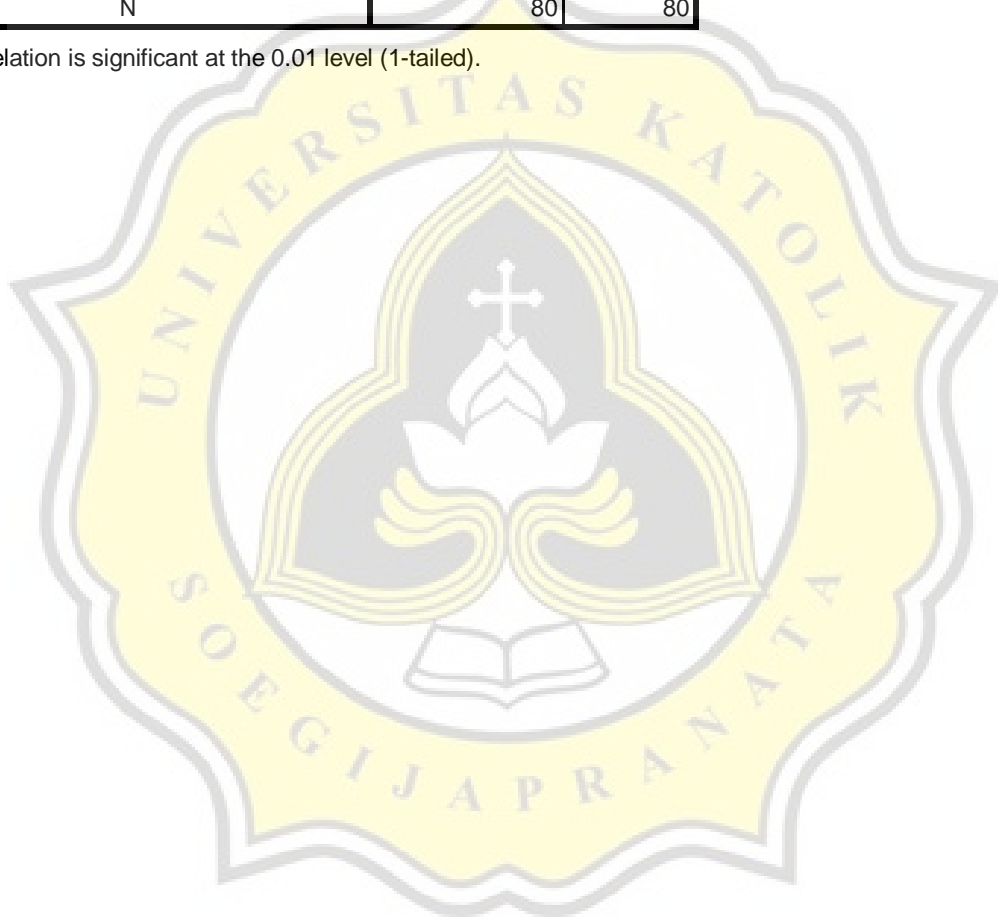


## E. UJI HIPOTESIS

### Correlations

		Body Shaming	Citra Diri
Body Shaming	Pearson Correlation	1	.786**
	Sig. (1-tailed)		.000
	N	80	80
Citra Diri	Pearson Correlation	.786**	1
	Sig. (1-tailed)	.000	
	N	80	80

\*\* . Correlation is significant at the 0.01 level (1-tailed).



## F. HASIL UJI TABULASI SILANG

### Crosstabs

#### Case Processing Summary

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
BODY SHAMING (X) * CITRA DIRI (Y)	80	100,0%	0	,0%	80	100,0%

#### BODY SHAMING (X) \* CITRA DIRI (Y) Crosstabulation

			CITRA DIRI (Y)			Total
			Baik	Buruk	Cukup Baik	
BODY SHAMING (X)	Rendah	Count	0	9	7	16
		% of Total	,0%	11,3%	8,8%	20,0%
	Sedang	Count	6	5	37	48
		% of Total	7,5%	6,3%	46,3%	60,0%
	Tinggi	Count	8	0	8	16
		% of Total	10,0%	,0%	10,0%	20,0%
Total	Count	14	14	52	80	
	% of Total	17,5%	17,5%	65,0%	100,0%	



## G. SURAT IZIN PENELITIAN

<p><b>FAKULTAS PSIKOLOGI</b>          Jl. Pawiyatan Luhur IV/1 Bendan Duwur Semarang 50234          Telp. (024) 8441555, 8505003 (hunting) Fax. (024) 8415429 - 8445265          e-mail: unika@unika.ac.id http://www.unika.ac.id</p>	 <p><b>Unika</b>  <b>SOEGIJAPRANATA</b></p>
<p><b><u>SURAT KETERANGAN PENELITIAN</u></b>          Nomor : 0379/B.7.3/FP/XII/2021</p>	
<p>Dengan ini menerangkan bahwa mahasiswa berikut :</p>	
N a m a	: Rizky Agasta Merdeka Wati
N I M	: 17.E1.0160
Tempat/Tanggal Lahir	: Salatiga, 17 Agustus 1999
Alamat	: Jl. Anusapati RT.03 RW.05 Gedanganak Kab. Semarang
Pekerjaan	: mahasiswa aktif Fakultas Psikologi Program Studi Sarjana Psikologi
<p>Sedang melakukan proses pengambilan data penelitian Skripsi dengan judul "<b>Hubungan Perlakuan Body Shaming dengan Citra Diri Pada Mahasiswi</b>", dibawah bimbingan Dosen pembimbing <b>Dr. M. Saharsono, M.Si.</b> Proses pengambilan data berlangsung pada 22 - 30 Desember 2021, di Universitas Katolik Soegijapranata</p>	
<p>Demikian Surat Keterangan ini diterbitkan untuk dapat dipergunakan sebagaimana mestinya.</p>	
<p>Semarang, 22 Desember 2021  <b>Ka. Progd. Sarjana Psikologi,</b></p>	
  <p><b>Dr. Suparmi, M. Psi.</b>  <b>NPP:058.1.1992.105</b></p>	
<p>Doc. By D/srketpenel</p>	

## H. SURAT BUKTI PENELITIAN

  
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**SOEGIJAPRANATA**

**FAKULTAS PSIKOLOGI**  
 Jl. Pawiyatan Luhur IV/1 Bendan Duwur Semarang 50234  
 Telp. (024) 8441555, 8505003 (hunting) Fax. (024) 8415429 - 8445265  
 e-mail: unika@unika.ac.id http://www.unika.ac.id

**SURAT KETERANGAN**  
 Nomor : 0389/B.7.3/FP/I/2022

Yang bertanda tangan di bawah ini, Ketua Program Studi Sarjana Psikologi Universitas Katolik Soegijapranata Semarang menerangkan bahwa mahasiswa yang tersebut dibawah ini :

Nama : Rizky Agasta Merdeka Wati  
 NIM : 17.E1.0160  
 Tempat/Tanggal Lahir : Salatiga, 17 Agustus 1999  
 Alamat : Jl. Anusapati RT.03 RW.05 Gedanganak Kab. Semarang

Telah benar-benar melakukan penelitian dengan judul :

**" Hubungan Perlakuan Body Shaming dengan Citra Diri Pada Mahasiswa "**

Responden : mahasiswi Universitas Katolik Soegijapranata  
 Jumlah responden : 80 orang  
 Waktu pengambilan data : 20 Desember 2021 - 30 Desember 2021  
 Lokasi pengambilan data : Google Formulir sebagai media pengisian skala

Pengambilan data atas sepengetahuan dan dibawah bimbingan Dosen Pembimbing **Dr. M. Suharsono, M.Si**

Demikian Surat Keterangan ini diterbitkan, untuk dapat dipergunakan sebagaimana mestinya.

Semarang, 06 Januari 2022  
 Ka. Progd. Sarjana Psikologi,

  
  
**Dr. Suparmi, M.Si**  
**NPP:058.1.1992.105**

*Doc. by srtbuktiperel*

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