

DAFTAR PUSTAKA

- American Nurses Association. (2019). *Healthy nurse healthy nation*, diakses dari <https://www.nursingworld.org/practice-policy/work-environment/health-safety/healthy-nurse-healthy-nation/> pada 13 Maret 2022.
- Asmadi. (2008). *Konsep dasar keperawatan*. Jakarta: EGC
- Azwar, S. (2016). *Metode Penelitian*. Yogyakarta: Pustaka Belajar.
- Azwar, S. (2019). *Reliabilitas dan Validitas*. Yogyakarta: Pustaka Belajar.
- Bano, Z., & Pervaiz, S. (2020). *The Relationship between Resilience, Emotional Intelligence and Their Influence on Psychological Well-Being: A Study with Medical Student*. Pak Armed Forces Med. J, 70(2), 390-394.
- Chesak, S. S., Cutshall, S. M., Bowe, C. L., Montanari, K. M., & Bhagra, A. (2019). *Stress management interventions for nurses: critical literature review*. Journal of Holistic Nursing, 37(3), 288-295. <https://doi.org/10.1177/0898010119842693>
- Chow, K. M., Tang, W. K. F., Chan, W. H. C., Sit, W. H. J., Choi, K. C., & Chan, S. (2018). Resilience and well-being of university nursing students in Hong Kong: a cross-sectional study. *BMC medical education*, 18(1), 1-8. <https://doi.org/10.1186/s12909-018-1119-0>
- Connor, K. M., & Davidson, J. R. T. (2003). *Development of New Resilience Scale: The Connor-Davidson Resilience Scale (CD-RISC)*. Depression and Anxiety, 18, 76-82. DOI: 10.1002/da.10113
- Deci, E. L., & Ryan, R. M. (2008). *Hedonia, eudaimonia, and well-being: an introduction*. Journal of Happiness Studies, 9(1), 1–11. DOI: 10.1007/s10902-006-9018-1
- Desima, R. (2013). *Tingkat Stres Kerja Perawat dengan Perilaku Caring Perawat*. *Jurnal Keperawatan*, 4 (1), 43-55.
- Di Fabio, A., & Palazzi, L. (2015). *Hedonic and eudaimonic well-being: the role of resilience beyond fluid intelligence and personality traits*. Frontiers in Psychology 6, 1367. DOI: 10.3389/fpsyg.2015.01367
- Fava, G. A., & Tomba, E. (2009). *Increasing psychological well-being and resilience by psychotherapeutic methods*. Journal of Personality, 77(6), 1903-34. doi: 10.1111/j.1467-6494.2009.00604.x.
- Foster, K., Roche, M., Giandinoto, J. A., & Furness, T. (2020). *Workplace stressors, psychological well-being, resilience, and caring behaviours of mental health nurses: A descriptive correlational study*. International journal of mental health nursing, 29(1), 56-68. <https://doi.org/10.1111/inm.12610>
- Frydenberg, E. (2019). *Adolescent Coping: Promoting Resilience and Well-Being 3rd Edition*. New York: Routledge.

- Gao, T., Ding, X., Chai, J., Zhang, Z., Zhang, H., Kong, Y., & Mei, S. (2017). *The influence of resilience on mental health: The role of general well-being*. International Journal of Nursing Practice, 23(3), e12535. <https://doi.org/10.1111/ijn.12535>
- Goldstein S., Brooks R.B. (2013). *Why Study Resilience?* In: Goldstein S., Brooks R. (eds), *Handbook of Resilience in Children*. Springer, Boston, MA. https://doi.org/10.1007/978-1-4614-3661-4_1
- Grabbe, L., Higgins, M.K., Baird, M., Craven, P.A., & San Fratello, S. (2019). *The Community Resiliency Model to promote nurse well-being*. Nurs Outlook, 68(3), 324-336. <https://doi.org/10.1016/j.outlook.2019.11.002>
- Gupta, M. A., Vohra, N., & Bhatnagar, D. (2010). *Perceived Organizational Support and Organizational Commitment: The Mediational Influence of Psychological Well-being*. Journal of Business and Management, 16(2), 105-124.
- Halder, S., & Mahato, A. K. (2013). *Stress and psychological well being status among health care professionals*. International Journal of Occupational Safety and Health, 3(1), 32–35. <https://doi.org/10.3126/ijosh.v3i1.9099>
- Harms, P. D., Brady, L., Wood, D., & Silard, A. (2018). Resilience and well-being. In E. Diener, S. Oishi, & L. Tay (Eds.), *Handbook of well-being*. Salt Lake City, UT: DEF Publishers. <https://www.nobascholar.com/chapters/4/download.pdf>
- Hart, P. L., Brannan, J. D., & De Chesnay, M. (2014). *Resilience in nurses: An integrative review*. Journal of Nursing Management, 22, 720-734. doi:10.1111/j.1365-2834.2012.01485.x
- Hendriani, W. (2018). *Resiliensi Psikologis: Sebuah Pengantar*. Jakarta: Prenadamedia Group.
- Huppert, F. A. (2009). Psychological well-being: Evidence regarding its causes and consequences. *Applied psychology: health and well-being*, 1(2), 137-164.
- Idris, I., Khairani, A. Z., & Shamsuddin, H. (2019). *The Influence of Resilience on Psychological Well-Being of Malaysian University Undergraduates*. International Journal of Higher Education, 8(4), 153-163. <https://doi.org/10.5430/ijhe.v8n4p153>
- International Labour Organization. (2016). *Safety and Health at Work*, diakses dari https://www.ilo.org/global/topics/safety-and-health-at-work/resources-library/publications/WCMS_466547/lang--en/index.htm pada 13 Maret 2022.
- Kwan, M. (2013). *Hubungan antara religiusitas dan resiliensi*. Skripsi. Yogyakarta: Universitas Sanata Dharma.
- Kim, S. R., Park, O. L., Kim, H. Y., & Kim, J. Y. (2019). *Factors influencing well-being in clinical nurses: A path analysis using a multi-mediation model*. Journal of clinical nursing, 28(23-24), 4549-4559. <https://doi.org/10.1111/jocn.15045>

- Lee, T. S., Tzeng, W. C., & Chiang, H. H. (2019). *Impact of Coping Strategies on Nurses' Well-Being and Practice*. Journal of Nursing Scholarship, 51(2), 195-204. DOI: 10.1111/jnu.12467
- Letvak, S. A., Ruhm, C. J., & Gupta, S. N. (2012). *Original research: Nurses' presenteeism and its effects on self reported quality of care and costs*. American Journal of Nursing, 112(2), 30–38. <https://doi.org/10.1097/01.NAJ.0000411176.15696.f9>
- McCann, C. M., Beddoe, E., McCormick, K., Huggard, P., Kedge, S., Adamson, C., & Huggard, J. (2013). *Resilience in the health professions: A review of recent literature*. International Journal of Wellbeing, 3(1), 60-81. doi:10.5502/ijw.v3i1.4
- Moustaka E, Constantinidis T C. (2010). *Sources and effects of Work-related stress in nursing*. Health Science Journal, Volume 4(4).
- Nastasi, B. K., & Borja, A. P. (2016). *Introduction to the promoting psychological well-being globally project*. In International Handbook of Psychological Well-Being in Children and Adolescents (pp. 1-12). Springer, New York, NY.
- Pemerintah Indonesia. (2014). Undang-undang Nomor 38 Tahun 2014 tentang Keperawatan. Lembaran Negara RI Tahun 2014, No. 307. Jakarta: Sekretariat Negara.
- Ryff, C. D. (1989). *Happiness is everything, or is it? Explorations on the meaning of psychological well-being*. Journal of Personality and Social Psychology, 57, 1069-1081.
- Ryff, C. D. (2014). *Psychological Well-Being Revisited: Advances in the Science and Practice of Eudaimonia*. Psychother Psychosom, 83, 10-28. DOI: 10.1159/000353263
- Ryff, C. D., & Keyes, C. L. M. (1995). *The structure of psychological well-being revisited*. Journal of Personality and Social Psychology, 69(4), 719–727. <https://doi.org/10.1037/0022-3514.69.4.719>.
- Ryff, C. D., & Singer, B. (1996). *Psychological Well-Being: Meaning, Measurement, and Implications for Psychotherapy Research*. Psychother Psychosom, 65, 14-23.
- Ryff, C. D., & Singer, B. H. (2008). *Know thyself and become what you are: a eudaimonic approach to psychological well-being*. Journal Happiness Study. 9, 13–39. DOI: 10.1007/s10902-006-9019-0.
- Sagone, E., & De Caroli, M. E. (2014). *Relationships between Psychological Well-being and Resilience in Middle and Late Adolescents*. Procedia - Social and Behavioral Sciences, 141, 881–887. doi:10.1016/j.sbspro.2014.05.154
- Sangadji, E. M., & Sopiah. (2010). *Metodologi Penelitian*. Yogyakarta: C.V Andi Offset.
- Sood, S., & Sharma, A. (2020). *Resilience and Psychological Well-Being of Higher Education Students During COVID-19: The Mediating Role of Perceived*

- Distress. Journal of Health Management, 22(4), 606-617.*
DOI: 10.1177/0972063420983111
- Souri, H., & Hasanirad, T. (2011). *Relationship between Resilience, Optimism and Psychological Well-Being in Students of Medicine*. Procedia – Social and Behavior Sciences, 30, 1541-1544. DOI:10.1016/j.sbspro.2011.10.299
- Sugiyono. (2016). *Metode Penelitian: Kuantitatif, Kualitatif, dan R&D*. Bandung: Penerbit Alfabeta.
- Sulistywati, N.N.N., Purnawati, S., & Muliarta, I.M. (2019). *Gambaran Tingkat Stres Kerja Perawat dengan Kerja Shift di Instalasi Gawat Darurat RSUD Karangasem*. E-Jurnal Medika, 8 (1).
- Tambunan, D. A. P. (2022) *Hubungan antara Kecerdasan Emosi dengan Stres Kerja Pada Perawat*. Skripsi. Semarang: Universitas Katolik Soegijapranata.
- Tomás, J. M., Sancho, P., Melendez, J. C., & Mayordomo, T. (2012). *Resilience and coping as predictors of general well-being in the elderly: A structural equation modeling approach*. Aging & Mental Health, 16(3), 317-326.
- Tugade, M. M., & Fredrickson, B. L. (2004). *Resilient Individuals Use Positive Emotions to Bounce Back From Negative Emotional Experiences*. Journal of Personality and Social Psychology, 86(2), 320–333. <https://doi.org/10.1037/0022-3514.86.2.320>.
- Wang, J. L., Zhang, D. A., & Zimmermann, M. A. (2015). *Resilience Theory and Its Implications for Chinese Adolescents*. Psychol. Rep. 117:354–375. doi:10.2466/16.17.PRO.117c21z8
- Wagnild, G. (2009). *A Review of Resilience Scale*. Journal of Nursing Measurement, 17(2), 105-113. DOI: 10.1891/1061-3749.17.2.105
- Wagnild, G. M., & Young, H. M. (1993). *Development and Psychometric Evaluation of the Resilience Scale*. Journal of Nursing Measurement, 1(2), 165-178.
- Waterman, A. S., Schwartz, S. J., Zamboaga, B. L., Ravert, R. D., Williams, M. K., Agocha, V. B., Kim, S. Y., & Donnellan, M. B. (2010). *The Questionnaire for Eudaimonic Well-Being: Psychometric properties, demographic comparisons, and evidence of validity*. The Journal of Positive Psychology: Dedicated to furthering research and promoting good practice, 5(1), 41-61, DOI: 10.1080/17439760903435208
- Vinayak, S., & Judge, J. (2018). *Resilience and empathy as predictors of psychological wellbeing among adolescents*. International Journal of Health Sciences and Research, 8(4), 192-200.
- Zaini, M. (2021). *Resiliensi Perawat selama Masa Pandemi COVID-19*. Jurnal Keperawatan Jiwa (JKJ): Persatuan Perawat Nasional Indonesia, 9(4), 779-786.
- Zautra, A. J., Hall, J. S., Murray, K. E., & the Resilience Solutions Group 1. (2008). *Resilience: a new integrative approach to health and mental health research*. Health Psychology Review, 2(1), 41-64.