

LAMPIRAN

Kuesioner

PENGARUH REGULASI DIRI DAN EFIKASI DIRI TERHADAP PERILAKU CYBERLOAFING PADA MAHASISWA PROGRAM STUDI MANAJEMEN UNIVERSITAS KATOLIK SOEGIJAPRANATA

Perkenalkan nama saya Angelin B, mahasiswi Program Studi Manajemen Fakultas Ekonomi dan Bisnis Unika Soegijapranata Semarang. Saat ini saya sedang melakukan penelitian terkait Pengaruh Regulasi Diri Dan Efikasi Diri Terhadap Perilaku *Cyberloafing* Pada Mahasiswa Program Studi Manajemen Universitas Katolik Soegijapranata. Maka dari itu saya mohon kesediaan bapak / ibu untuk mengisi kuesioner berikut. Segala jenis data yang diisikan dalam kuesioner ini hanya untuk kebutuhan akademik dan bersifat rahasia sehingga tidak akan dipublikasikan. Atas kesediaan bapak /ibu untuk mengisi kuesioner ini, saya ucapkan terimakasih.

A. Identitas Responden

Nama responden :
Jenis kelamin :
NIM :
Angkatan :

B. Petunjuk Penelitian

Setelah memahami pertanyaan dalam kuesioner ini, responden dapat memberikan jawabannya dengan memberi centang pada kolom jawaban dengan kategori sebagai berikut :

STS : sangat tidak setuju
TS : tidak setuju

- N : netral
 S : setuju
 SS : sangat setuju

Kuesioner dikembalikan setelah mengecek kembali bahwa tidak ada pertanyaan yang terlewati

C. Pernyataan

Regulasi Diri

<i>Receiving</i>						
No	Pernyataan	STS	TS	N	S	SS
1	Saya belajar dengan baik dari hukuman					
2	Saya menyadari dampak dari perbuatan saya					

Evaluating

No	Pernyataan	STS	TS	N	S	SS
1	Perilaku saya tidak berbeda dari orang lain					
2	Saya peduli jika saya berbeda dari kebanyakan orang					

Triggering Change

No	Pernyataan	STS	TS	N	S	SS
1	Orang lain memberi tahu saya bahwa saya terus mengerjakan sesuatu terlalu lama					
2	Mudah bagi saya untuk melihat sesuatu yang membantu tentang mengubah cara saya.					
3	Saya menikmati rutinitas, dan menyukai hal-hal yang tetap sama					
4	Saya mengikuti cara saya sendiri					

Searching for option

No	Pernyataan	STS	TS	N	S	SS
1	Saya yakin saya bisa berubah ketika saya menginginkannya					
2	Ketika harus memutuskan tentang suatu perubahan, saya merasa tidak kebingungan dengan berbagai pilihan-pilihan yang ada					

<i>Formulating plan</i>						
No	Pernyataan	STS	TS	N	S	SS
1	Saya tidak kesulitan mengambil keputusan tentang berbagai hal					
2	Saya tidak menunda membuat keputusan					
3	Saya dapat menemukan banyak cara untuk berubah dan mudah bagi saya untuk memutuskan mana yang akan digunakan.					
4	Mudah bagi saya untuk menetapkan tujuan untuk diri saya sendiri.					
5	Saya tidak mengalami kesulitan membuat rencana untuk membantu saya mencapai tujuan saya					

<i>Implementing plan</i>						
No	Pernyataan	STS	TS	N	S	SS
1	Saya tidak cepat menyerah					
2	Masalah kecil atau rintangan tidak membuat saya keluar dari rencana					
3	Saya bisa untuk tetap fokus pada rencana saya					
4	Saya memiliki begitu banyak rencana tetapi mudah bagi saya untuk tetap fokus pada salah satunya					

<i>Assessing plan</i>						
No	Pernyataan	STS	TS	N	S	SS

1	Saya memilih perubahan dan berharap yg terbaik					
2	Saya belajar dari kesalahan saya					

Efikasi Diri

<i>Magnitude</i>						
No	Pernyataan	STS	TS	N	S	SS
1	Saya merasa tidak mengalami masalah ketika bekerja					
2	Saya merasa sudah berpengalaman dalam pekerjaan saya					
3	Saya memahami alat – alat yang dibutuhkan dalam menyelesaikan tugas perkuliahan					

<i>Strength</i>						
No	Pernyataan	STS	TS	N	S	SS
1	Saya selalu berusaha keras untuk mencapai IPK yang baik					
2	Saya dapat menemukan solusi ketika mengalami hambatan dalam perkuliahan					
3	Ketika merasa lelah, saya selalu mengingat keluarga untuk membangkitkan tenaga saya kembali					

<i>Generality</i>						
No	Pernyataan	STS	TS	N	S	SS
1	Saya memahami alur perkuliahan yang saya dapatkan					
2	Saya akan mendapat penghargaan ketika kinerja saya bagus					
3	Saya paham dengan mata kuliah yang ada didalam program studi					

Cyberloafing

Berbagi						
No	Pernyataan	STS	TS	N	S	SS
1	Saya mengecek postingan teman saya di media sosial ketika kuliah berlangsung					
2	Saya mengecek profil media sosial teman saya ketika kuliah berlangsung					
3	Saya membagikan konten di sosial media ketika kuliah berlangsung					
4	Saya menyukai foto yang menarik di media sosial ketika kuliah berlangsung					
5	Saya memposting status di sosial media ketika kuliah berlangsung					

Berbelanja						
No	Pernyataan	STS	TS	N	S	SS
1	Saya berbelanja online ketika kuliah berlangsung					
2	Saya mengunjungi website belanja online ketika kuliah berlangsung					
3	Saya mengecek iklan lowongan kerja ketika kuliah berlangsung					
4	Saya mengunjungi website promo hari ini ketika kuliah berlangsung					
5	Saya menggunakan layanan online banking ketika kuliah berlangsung					
6	Saya mengunjungi situs lelang ketika kuliah berlangsung					

Real time update						
No	Pernyataan	STS	TS	N	S	SS
1	Saya mengunggah ulang konten yang saya sukai di media sosial ketika kuliah berlangsung					
2	Saya menyukai tweet, status atau postingan konten di media sosial yang saya sukai ketika kuliah					

	berlangsung					
3	Saya memposting status di media sosial ketika kuliah berlangsung					
4	Saya membaca quotes atau postingan status di media sosial ketika kuliah berlangsung					
5	Saya mengomentari trending topic di media ketika kuliah berlangsung					

Mengakses konten *online*

No	Pernyataan	STS	TS	N	S	SS
1	Saya mengunduh music ketika kuliah berlangsung					
2	Saya menonton video <i>online</i> ketika kuliah berlangsung					
3	Saya mendengarkan musik <i>online</i> ketika kuliah berlangsung					
4	Saya mendownload video ketika kuliah berlangsung					
5	Saya mendownload aplikasi yang saya butuhkan ketika kuliah berlangsung					

Bermain game

No	Pernyataan	STS	TS	N	S	SS
1	Saya mengecek situs olahraga <i>online</i> ketika kuliah berlangsung					
2	Saya bermain game <i>online</i> ketika kuliah berlangsung					

Lampiran 2. Tabulasi Data Responden



Lampiran 2. Tabulasi Data Responden

no	Nama	Angkatan	Jenis Kelamin	Regulasi Diri												Efikasi Diri								Cyberloafing																																	
				XI.1	XI.2	XI.3	XI.4	XI.6	XI.7	XI.8	XI.9	XI.10	XI.11	XI.12	XI.13	XI.14	XI.15	XI.16	XI.17	XI.18	XI.19	XI.20	XI.21	TO TAL	X2.1	X2.2	X2.3	X2.4	X2.5	X2.6	X2.7	X2.8	X2.9	TO TAL	Y.01	Y.02	Y.03	Y.04	Y.05	Y.06	Y.07	Y.08	Y.09	Y.10	Y.11	Y.12	Y.13	Y.14	Y.15	Y.16	Y.17	Y.18	Y.19	Y.20	Y.21	Y.22	Y.23
31	Adrian	2020	Laki - laki	4	5	3	3	3	4	3	4	3	3	2	3	3	3	3	4	4	5	69	3	4	3	4	4	4	3	3	3	31	2	2	3	2	3	1	1	3	3	3	1	2	3	3	3	4	2	2	2	3	2	1	54		
32	JOSHUA RAY BEP	2020	Laki - laki	4	4	3	3	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	78	4	4	4	4	4	4	4	4	36	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	69			
33	Martinus Brihan	2020	Laki - laki	5	5	3	4	3	3	4	4	4	4	4	4	5	4	4	5	5	5	5	82	3	3	4	5	4	5	5	5	38	1	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	25		
34	Abraham Prasetya	2020	Laki - laki	4	5	2	1	5	5	5	5	5	5	5	5	5	5	5	5	5	5	91	5	5	5	5	5	5	4	4	43	1	1	1	1	1	1	1	1	1	1	5	5	5	5	5	5	5	5	5	4	2	5	5	5	95	
35	Benny Ardian	2020	Laki - laki	3	4	5	4	4	4	4	4	2	2	2	4	4	3	2	4	4	4	4	71	4	4	4	5	4	4	2	2	4	33	4	4	4	4	4	1	4	4	4	4	4	1	1	5	1	4	1	4	2	1	3	2	4	70
36	Made	2020	Laki - laki	3	4	3	3	4	4	3	4	4	4	4	4	5	5	4	3	5	5	78	3	4	4	4	4	5	4	4	4	36	3	3	3	3	3	3	2	2	2	2	2	2	2	3	3	3	4	3	3	58					
37	Bernadeta Annabel	2020	Perempuan	4	5	3	4	4	5	4	4	2	2	4	4	4	2	4	4	4	4	4	75	4	4	4	5	4	3	5	4	4	43	2	2	3	3	3	3	4	4	2	2	4	1	4	3	3	2	3	4	2	1	4	66		
38	Alexandra Tesavitya	2020	Perempuan	5	5	3	4	4	4	4	5	3	3	3	3	5	4	5	5	5	4	82	4	4	4	5	4	5	3	4	4	37	3	1	3	3	3	3	3	3	1	3	3	2	1	1	1	1	1	1	1	1	1	46			
39	Kathleen Andarista	2020	Perempuan	4	4	3	3	4	3	4	3	4	3	3	3	4	4	4	3	4	4	4	72	3	4	3	5	4	5	3	4	3	34	1	1	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	25
40	Mario Adires Piscer	2020	Laki - laki	4	5	3	4	3	1	5	5	5	3	4	4	4	4	4	5	5	5	82	4	4	4	3	4	4	4	3	4	34	3	4	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	70			
41	Novena Lintang Reba	2020	Perempuan	4	4	2	3	3	4	5	5	3	3	3	3	3	3	3	3	3	3	66	3	3	3	5	3	3	3	3	29	2	2	2	2	2	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	30		
42	Rio Fernando A.S	2020	Laki - laki	2	4	5	3	4	3	5	4	2	4	3	5	4	4	4	4	3	5	74	4	3	5	4	3	4	3	2	4	32	1	2	1	4	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	36			
43	andreas kurniawan	2020	Laki - laki	4	4	2	4	4	2	5	5	5	5	4	5	5	5	4	4	5	4	86	1	4	4	3	5	4	4	3	31	3	3	1	4	1	3	2	3	4	3	1	3	4	3	2	4	4	4	3	3	4	66				
44	daniel dananjaya	2020	Laki - laki	2	4	4	3	3	4	4	4	4	4	4	4	4	4	3	3	4	5	74	4	4	4	5	5	5	5	5	42	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	24		
45	Damarista	2020	Perempuan	1	3	1	4	2	3	5	5	4	5	5	5	5	5	5	5	5	5	81	3	5	4	5	5	5	3	5	4	39	1	1	3	3	4	1	1	1	1	1	1	1	1	3	3	3	3	3	1	2	1	3	49		
46	Dandy Febri K	2020	Laki - laki	5	4	3	3	4	3	4	5	3	4	2	4	4	4	4	4	4	4	77	4	4	4	5	3	3	4	4	36	2	2	1	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	30		
47	Fajar Dwi	2020	Laki - laki	4	5	3	3	4	3	3	2	2	2	2	2	2	2	4	4	2	5	66	2	3	4	4	3	3	3	2	29	2	2	1	2	1	1	1	1	1	1	1	1	1	2	1	1	1	1	1	2	2	2	34			
48	Fransiska Yuliana	2020	Perempuan	4	4	3	4	3	4	5	5	3	3	3	3	4	4	4	4	5	5	80	3	4	4	5	4	5	3	4	37	3	3	3	4	3	3	3	3	2	3	3	3	2	2	2	2	2	1	64							
49	Farrel Yustinus Suta	2020	Laki - laki	3	3	3	3	3	4	4	4	4	4	4	4	4	3	3	4	4	4	68	4	3	3	4	4	4	3	3	31	2	2	2	2	2	2	2	2	2	2	2	2	2	1	1	1	3	44								
50	The, Richardo	2020	Laki - laki	3	4	1	3	4	3	4	4	3	4	4	4	4	3	5	5	4	4	72	3	3	3	3	3	3	3	3	27	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	69			
51	Eido Juliarta Hartono	2020	Laki - laki	4	3	3	4	3	3	5	5	2	3	3	4	3	4	3	2	5	5	72	3	4	4	5	4	3	4	4	35	2	2	2	2	2	2	2	2	2	2	2	1	1	1	1	1	1	1	1	1	1	1	49			
52	Chrysannie Violetta	2020	Perempuan	4	4	3	4	4	2	4	5	4	4	4	2	4	4	4	4	3	4	76	4	4	3	4	4	2	3	2	4	30	1	1	1	1	1	1	1	2	2	1	1	1	1	1	1	1	1	1	1	1	1	28			
53	Cecilia Artia	2020	Perempuan	3	4	3	4	3	4	4	4	3	4	3	3	4	4	4	4	4	5	75	4	4	4	5	4	4	2	4	36	3	2	1	3	1	1	2	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	35		
54	grace	2020	Perempuan	3	4	3	3	4	4	3	4	3	4	3	4	3	3	4	3	4	3	69	3	4	3	5	3	4	4	3	33	4	4	4	4	4	4	3	4	3	5	2	3	4	4	4	4	4	4	4	4	4	88				
55	Ildat Hermawan	2020	Laki - laki	4	3	4	3	4	4	3	3	4	4	4	4	4	4	4	4	4	5	76	3	4	3	3	4	4	4	3	4	32	4	4	3	3	4	3	3	4	4	4	4	5	5	5	5	5	5	5	5	5	5	87			
56	Annyisy	2020	Perempuan	5	5	4	3	3	2	3	5	2	3	4	4	3	4	3	4	4	4	72	4	4	4	5	4	5	3	4	38	1	1	3	2	3	2	3	1	1	3	1	1	3	1	1	2	1	1	4	3	3	47				
57	Lisa Raharia	2020	Perempuan	4	4	2	3	4	3	3	5	4	3	4	3	2	4	4	4	4	4	72	2	4	4	4	4	4	4	4	34	3	1	1	2	3	4	4	1	1	3	1	1	4	4	4	4	4	4	4	4	41					
58	girindra	2020	Laki - laki	4	4	2	3	4	2	5	5	5	3	3</td																																											

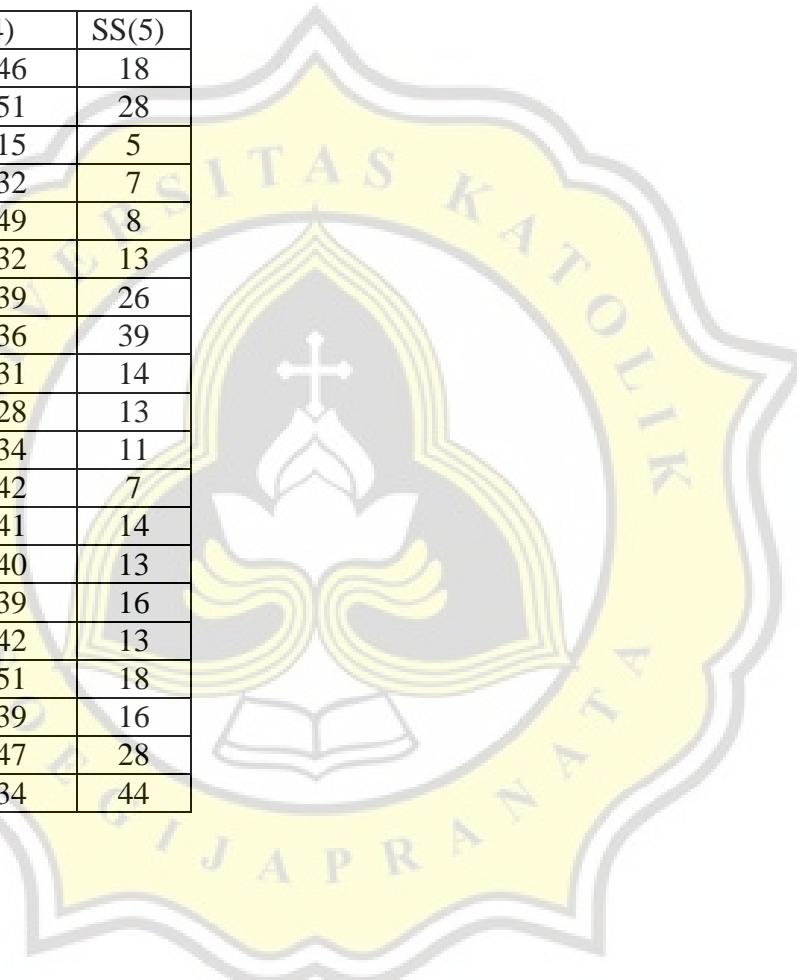
Lampiran 2. Tabulasi data Responden

no	Nama	Angkatan	Jenis Kelamin	Regulasi Diri												Efikasi Diri						Cyberloafing																																					
				X1.1	X1.2	X1.3	X1.4	X1.6	X1.7	X1.8	X1.9	X1.10	X1.11	X1.12	X1.13	X1.14	X1.15	X1.16	X1.17	X1.18	X1.19	X1.20	X1.21	TOTAL	X2.1	X2.2	X2.3	X2.4	X2.5	X2.6	X2.7	X2.8	X2.9	TOTAL	Y.01	Y.02	Y.03	Y.04	Y.05	Y.06	Y.07	Y.08	Y.09	Y.10	Y.11	Y.12	Y.13	Y.14	Y.15	Y.16	Y.17	Y.18	Y.19	Y.20	Y.21	Y.22	Y.23	TOTAL	
61	Angelica Terra Lase	2021	Perempuan	4	5	4	3	4	3	4	5	4	4	3	4	4	4	4	4	4	4	4	4	42	3	3	3	4	2	3	3	3	2	3	2	3	3	3	2	1	1	1	1	1	1	1	54												
62	anna	2021	Perempuan	4	4	3	4	3	5	5	4	4	3	4	4	5	3	4	3	3	4	4	4	4	36	3	2	1	3	1	2	1	1	1	2	1	1	1	1	1	1	1	1	1	1	1	41												
63	Damara Frederika A	2021	Perempuan	5	4	2	3	4	3	4	5	4	4	4	4	4	4	4	4	4	5	5	5	81	3	4	4	5	4	4	5	4	37	3	3	3	2	1	2	1	1	1	2	1	1	1	38												
64	Angeline Riesma Ap	2021	Perempuan	4	4	2	4	3	3	3	4	3	3	4	4	3	3	4	4	4	4	5	71	4	4	4	5	4	5	4	4	38	3	3	2	3	2	2	3	3	1	3	2	2	2	2	2	2	2	2	53								
65	Ariel Grace	2021	Perempuan	3	4	3	4	4	4	4	4	4	2	4	4	4	4	4	4	4	4	4	4	4	36	3	3	3	2	1	1	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	34												
66	adam tirta widjianto	2021	Laki - laki	4	3	3	3	3	2	3	4	3	3	2	3	3	2	4	3	3	4	4	4	64	2	3	2	3	2	2	2	2	20	1	1	1	2	2	1	1	1	1	1	1	1	1	2	31											
67	Armadea Helsa	2021	Perempuan	5	5	3	3	4	5	5	5	4	2	3	4	5	5	4	4	4	5	5	84	3	5	5	5	2	4	2	4	35	4	4	4	4	4	3	4	4	1	2	4	1	1	4	2	4	1	1	1	58							
68	Christian ariel	2021	Laki - laki	4	4	3	4	4	3	5	5	5	5	4	4	5	5	5	5	87	3	4	4	5	5	5	4	4	5	39	4	4	3	3	1	1	1	1	1	2	2	1	1	1	1	1	1	1	1	38									
69	ADELINA MARSEL	2021	Perempuan	5	4	3	4	5	3	3	5	5	4	4	4	4	3	5	3	4	2	5	5	80	5	5	4	5	4	5	3	4	4	39	3	3	2	4	4	3	1	1	1	1	1	1	1	1	1	43									
70	Angelina Ersandy	2021	Perempuan	4	4	2	5	4	4	4	3	2	2	2	3	2	2	3	3	2	3	5	64	3	4	3	3	3	1	3	27	3	3	1	2	1	2	2	1	1	1	2	1	1	1	38													
71	Emmanuel Axel Seti	2021	Laki - laki	4	4	3	3	3	2	5	5	3	3	3	4	3	4	3	3	4	4	4	4	4	32	4	4	3	4	4	2	4	4	4	3	4	3	4	1	4	4	4	2	4	2	1	73												
72	Eduardo Caesar	2021	Laki - laki	4	5	3	3	3	4	4	5	3	3	2	2	4	3	3	3	4	4	4	5	71	3	4	4	4	3	3	4	3	31	1	1	1	1	1	2	2	1	1	1	1	2	2	2	1	2	31									
73	Elisa	2021	Perempuan	4	5	2	1	4	1	5	5	2	2	2	4	4	2	5	5	5	5	73	2	5	5	5	5	5	3	4	39	3	2	1	3	1	2	2	1	2	1	1	1	3	1	1	1	1	37										
74	Devano Vincent Pra	2021	Laki - laki	4	4	2	3	3	4	4	4	2	2	2	2	4	3	4	4	3	3	4	65	2	4	4	3	3	3	4	2	4	29	2	1	3	3	2	1	1	1	1	3	1	1	2	3	1	4	3	3	1	2	2	3	46			
75	Fea	2021	Perempuan	3	4	4	4	2	3	5	5	2	2	2	3	3	2	4	4	4	4	4	68	3	4	4	5	3	4	2	3	4	32	3	2	1	1	1	3	3	4	1	1	1	1	1	3	1	1	4	2	1	2	1	2	41			
76	Ezra Setiadi	2021	Laki - laki	5	5	1	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	92	1	1	1	5	5	1	1	5	21	5	1	1	5	1	1	1	1	1	5	1	1	1	1	1	1	1	1	1	43								
77	Gilbert moro santosq	2021	Laki - laki	4	5	3	4	5	3	5	5	4	4	3	5	4	4	4	4	4	4	4	5	83	3	5	5	5	4	5	4	5	40	4	2	1	5	1	2	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	42	
78	Hening cahyaningrum	2021	Perempuan	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	100	5	5	5	5	5	5	5	5	45	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	115		
79	Grace angelica	2021	Perempuan	2	4	3	2	3	4	4	3	2	3	3	3	3	4	3	3	4	3	4	63	5	4	3	5	4	3	4	4	4	36	4	1	2	2	4	4	4	1	3	3	1	2	2	3	2	2	2	2	2	2	2	2	55			
80	Irene	2021	Perempuan	3	4	2	4	4	3	4	4	4	4	4	4	4	4	4	4	4	4	4	5	77	4	4	4	4	4	4	4	4	36	3	3	4	3	3	3	1	1	3	1	1	2	2	3	2	3	53									
81	Gabriela P P	2021	Perempuan	4	5	4	4	3	4	4	4	3	5	2	3	3	3	3	2	3	2	67	1	5	3	4	4	2	2	2	25	3	2	1	2	2	4	3	3	3	2	1	2	3	3	2	2	2	2	2	2	52							
82	Jason Tanjaya H	2021	Laki - laki	4	5	4	4	4	4	3	5	4	4	4	3	3	4	5	4	4	5	5	81	3	4	4	5	5	4	5	4	36	2	1	2	2	1	1	1	1	1	2	1	1	1	1	1	1	1	1	1	1	1	2	32				
83	Jhosephyn Peggy K	2021	Perempuan	4	3	3	4	3	5	4	4	2	4	3	3	4	4	3	3	4	4	70	4	4	4	4	4	3	4	3	34	3	2	3	3	3	3	3	1	1	1	1	3	3	1	1	1	1	1	1	1	1	1	1	1	48			
84	Kevin	2021	Laki - laki	4	4	3	5	4	3	3	5	4	3	4	3	4	5	4	2	3	4	74	3	3	4	3	2	3	3	26	3	3	2	2	1	2	1	1	1	3	1	1	1	1	1	1	1	1	1	1	1	1	1	1	37				
85	Jessica	2021	Perempuan	3	3	4	3	3	2	4	4	3	3	3	3	3	3	3	3	3	3	62	2	3	3	3	3	4	3	2	3	26	3	3	3	3	2	1	3	1	2	3	1	1	2	1	2	1	1	2	1	1	1	2	46				
86	hans	2021	Laki - laki	5	5	2	3	4	3	3	4	1	1	1	3	3	1	1	1	1	5	5	61	5	5	4	4	4	5	5	5	41	3	3	4	3	3	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	43		
87	Margareta Artha Uly	2021	Perempuan	5	4	3	4	4	4	4	5	3	3	3	4	4	3	3	3	5	3	4	5	76	4	5	5	4	3	5	5	3	4	38	4	4	3	3	3	2	1	2	1	1	1	3	1	1	1	1	1	1	1	1	1	1	1	1	48

Lampiran 3. Data mentah tanggapan responden

Data mentah regulasi diri

No	STS(1)	TS(2)	N(3)	S(4)	SS(5)
1	1	8	14	46	18
2	0	0	8	51	28
3	5	18	44	15	5
4	6	6	36	32	7
5	0	4	26	49	8
6	3	9	30	32	13
7	1	0	21	39	26
8	1	1	10	36	39
9	1	15	26	31	14
10	1	18	27	28	13
11	1	15	26	34	11
12	0	11	27	42	7
13	1	6	25	41	14
14	2	7	25	40	13
15	1	3	28	39	16
16	1	2	29	42	13
17	0	2	16	51	18
18	0	7	25	39	16
19	0	0	12	47	28
20	0	1	8	34	44



Data mentah efikasi diri

No	STS(1)	TS(2)	N(3)	S(4)	SS(5)
1	4	12	31	32	8
2	1	0	18	53	15
3	1	2	17	56	11
4	0	0	12	37	38
5	0	1	23	48	15
6	2	6	24	34	21
7	1	6	20	48	12
8	2	17	29	27	12
9	1	2	20	57	7

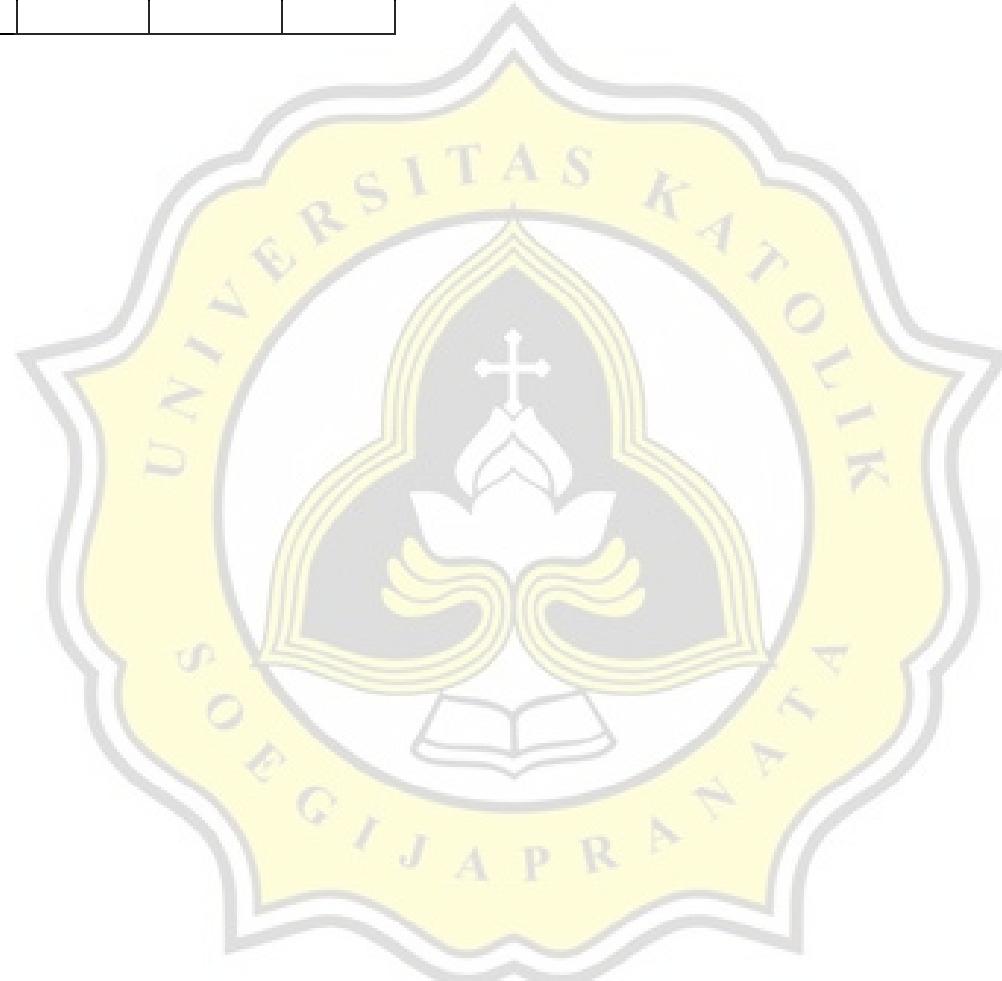
Data mentah cyberloafing

No	STS(1)	TS(2)	N(3)	S(4)	SS(5)
1	12	19	34	18	4
2	18	29	21	15	4
3	29	16	27	12	3
4	11	22	26	20	8
5	36	17	21	10	3
6	29	22	20	10	6

7	24	19	24	15	5
8	43	12	22	5	5
9	45	12	17	8	5
10	34	16	23	7	7
11	64	9	6	4	4
12	52	13	15	2	5
13	33	11	24	12	7
14	38	13	24	7	5
15	24	18	26	14	5
16	50	15	16	2	4
17	46	17	12	7	5
18	28	23	19	14	3
19	34	22	16	10	5
20	51	17	8	6	5
21	15	25	21	18	8



22	53	14	10	5	5
23	36	16	21	7	7



Lampiran 4. Uji Validitas Regulasi Diri Tahap 1

		Correlations																					
		X1.1	X1.2	X1.3	X1.4	X1.5	X1.6	X1.7	X1.8	X1.9	X1.10	X1.11	X1.12	X1.13	X1.14	X1.15	X1.16	X1.17	X1.18	X1.19	X1.20	X1.21	TOTALX1
X1.1	Pearson Correlation	1	.367**	.091	.155	.103	.429*	.125	.010	.142	.055	.008	.077	.109	.029	.032	.093	.008	.199	.146	.242	.235	.334
	Sig. (2-tailed)		.000	.400	.152	.344	.000	.249	.927	.190	.611	.939	.481	.316	.789	.767	.394	.938	.064	.178	.024	.028	.002
	N	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.2	Pearson Correlation	.367**	1	.098	-.128	.043	.411**	.100	.084	.084	.084	.079	.081	.274*	.200	.049	.157	.154	.343**	.276	.244	.278**	.376
	Sig. (2-tailed)		.000	.366	.239	.692	.000	.358	.437	.442	.441	.465	.457	.010	.063	.649	.145	.154	.001	.010	.023	.009	.000
	N	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.3	Pearson Correlation	.091	.098	1	.260	-.012	.128	.173	-.030	.092	.031	-.023	.044	.007	.104	.316**	-.011	.036	.035	-.056	-.086	-.104	.220
	Sig. (2-tailed)		.400	.366		.015	.910	.237	.110	.781	.398	.776	.834	.686	.949	.339	.003	.920	.744	.748	.606	.431	.336
	N	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.4	Pearson Correlation	.155	-.128	.260*	1	.192	-.011	.026	-.024	.168	.174	.036	.055	.066	.074	.017	.097	.052	-.075	-.092	.143	.001	.244
	Sig. (2-tailed)		.152	.239	.015		.074	.921	.809	.822	.119	.107	.740	.610	.543	.493	.876	.371	.633	.491	.395	.185	.993
	N	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.5	Pearson Correlation	.103	.043	-.012	.192	1	-.145	.021	.145	.152	-.117	.102	-.078	.000	.054	-.124	-.031	-.007	.151	.315*	-.010	.027	.203
	Sig. (2-tailed)		.344	.692	.910	.074		.181	.845	.181	.159	.281	.348	.472	.997	.620	.253	.772	.948	.163	.003	.925	.806
	N	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.6	Pearson Correlation	.429**	.411**	-.128	-.011	-.145	1	.199	.074	.086	.375	.231*	.322**	.394*	.216*	.225	.313*	.383**	.342**	.080	.273	.310**	.523*
	Sig. (2-tailed)		.000	.000	.237	.921	.181		.064	.496	.427	.000	.031	.002	.000	.045	.036	.003	.000	.001	.461	.011	.003
	N	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.7	Pearson Correlation	.125	-.100	.173	.026	.021	.199	1	.044	.017	-.021	.037	.070	-.018	.175	.165	-.037	-.009	.050	.019	-.052	-.030	.219
	Sig. (2-tailed)		.249	.358	.110	.809	.845	.064		.686	.878	.849	.733	.519	.870	.105	.127	.734	.930	.643	.862	.631	.781
	N	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.8	Pearson Correlation	-.010	.084	-.030	-.024	.145	.074	.044	1	.421**	.260*	.301*	.256	.263*	.377*	.232	.267	.304*	.269	.430*	.168	.250*	.495*
	Sig. (2-tailed)		.927	.437	.781	.822	.181	.496	.686		.000	.015	.005	.017	.014	.000	.031	.012	.004	.012	.000	.121	.020
	N	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.9	Pearson Correlation	.142	.084	.092	.168	.152	.086	.017	.421*	1	.267	.166	.139	.007	.238	.203	.187	.247*	.240	.158	.123	.218	.424*
	Sig. (2-tailed)		.190	.442	.398	.119	.159	.427	.878	.000		.012	.125	.198	.946	.027	.060	.082	.021	.025	.143	.255	.042
	N	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.10	Pearson Correlation	.055	.084	.031	.174	-.117	.375*	-.021	.260	.267	1	.637*	.608**	.516*	.520*	.450**	.490**	.447*	.233	.124	.324*	.291**	.673*
	Sig. (2-tailed)		.611	.441	.776	.107	.281	.000	.849	.015	.012		.000	.000	.000	.000	.000	.030	.253	.002	.006	.000	
	N	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.11	Pearson Correlation	.008	.079	-.023	.036	.102	.231	.037	.301*	.166	.637*	1	.640**	.537*	.426*	.394*	.387*	.423*	.242*	.241	.187	.142	.632*
	Sig. (2-tailed)		.939	.465	.834	.740	.348	.031	.733	.005	.125	.000		.000	.000	.000	.000	.024	.025	.082	.191	.000	
	N	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.12	Pearson Correlation	.077	.081	.044	.055	-.078	.322*	.070	.256	.139	.608*	.640*	1	.485*	.415*	.440*	.499*	.436*	.327**	.301**	.126	.202	.649*
	Sig. (2-tailed)		.481	.457	.686	.610	.472	.002	.519	.017	.198	.000	.000		.000	.000	.000	.002	.005	.246	.061	.000	
	N	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.13	Pearson Correlation	.109	.274*	-.007	.066	.000	.384**	-.018	.263*	-.007	.516*	.537*	.485**	1	.484*	.256	.372*	.414*	.363*	.383**	.331**	.640*	
	Sig. (2-tailed)		.316	.010	.949	.543	.997	.000	.870	.014	.946	.000	.000		.000	.017	.000	.000	.001	.000	.002	.000	
	N	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.14	Pearson Correlation	.029	.200	.104	.074	.054	.216	.175	.377*	.238	.520*	.426*	.415**	.484*	1	.417**	.366*	.397*	.355**	.332*	.200	.309**	.660*
	Sig. (2-tailed)		.789	.063	.339	.493	.620	.045	.105	.000	.027	.000	.000		.000	.000	.000	.001	.002	.002	.063	.004	.000
	N	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.15	Pearson Correlation	-.032	.049	.316*	-.124	.225	.165	.232	.203	.450*	.394*	.440**	.256	.417*	1	.263	.397*	.259	.275	.133	.117	.548*	
	Sig. (2-tailed)		.767	.649	.003		.876	.253	.036	.127	.031	.060		.000	.000	.017	.000	.015	.010	.219	.280	.000	
	N	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.16	Pearson Correlation	.093	.157	-.011	.097	-.031	.313*	-.037	.287	.187	.490*	.387*	.499**	.372*	.366*	1	.665*	.429**	.170	.315*	.439**	.617*	
	Sig. (2-tailed)		.394	.145	.920	.371	.772	.003	.734	.012	.082	.000	.000		.000	.000	.014	.000	.000	.115	.003	.000	
	N	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.17	Pearson Correlation	.008	.154	.036	.052	-.007	.383*	-.009	.304*	.247	.447*	.423*	.436**	.414*	.397*	1	.665*	.429**	.170	.315*	.439**	.617*	
	Sig. (2-tailed)		.939	.154	.744	.633	.948	.000	.930	.004	.021	.000	.000		.000	.000	.000	.016	.006	.006	.000	.000	
	N	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.18	Pearson Correlation	.199	.343**	-.035	-.075	.151	.342**	.050	.269*	.240	.233*	.242*	.327**	.427**	.356*	.259	.429**	.498*	1	.554**	.263*	.467**	.618*
	Sig. (2-tailed)		.064	.001	.748	.491	.163	.001	.643	.012	.025	.030	.024	.002	.000	.015	.000	.014	.000	.000	.000	.000	
	N	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.19	Pearson Correlation	.146	.276**	-.056	-.092	.315*	.080	.019	.430*	.158	.124	.241*	.301**	.363**	.332*	.275**	.170	.259*	.554**	1	.357*	.347**	.535*
	Sig. (2-tailed)		.178	.010	.606	.395	.003	.461	.862	.000	.143	.253	.025	.005									

Uji Validitas Regulasi Diri Tahap 2

		Correlations																					
		X1.1	X1.2	X1.3	X1.4	X1.5	X1.6	X1.7	X1.8	X1.9	X1.10	X1.11	X1.12	X1.13	X1.14	X1.15	X1.16	X1.17	X1.18	X1.19	X1.20	X1.21	TOTALX1
X1.1	Pearson Correlation	1	.367**	.091	.155	.103	.429*	.125	-.010	.142	.055	.008	.077	.109	.029	-.032	.093	.008	.199	.146	.242*	.235	.334*
	Sig. (2-tailed)		.000	.400	.152	.344	.000	.249	.927	.190	.611	.939	.481	.316	.789	.767	.394	.938	.064	.178	.024	.028	.002
N		87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.2	Pearson Correlation	.367**	1	.098	-.128	.043	.411**	.100	.084	.084	.084	.079	.081	.274	.200	.049	.157	.154	.343*	.276*	.244*	.278**	.376*
	Sig. (2-tailed)	.000		.366	.239	.692	.000	.358	.437	.442	.441	.465	.457	.010	.063	.649	.145	.154	.001	.010	.023	.009	.000
N		87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.3	Pearson Correlation	.091	.098	1	.260*	-.012	.128	.173	-.030	.092	.031	-.023	.044	-.007	.104	.316*	-.011	.036	.035	-.056	-.086	-.104	.220
	Sig. (2-tailed)	.400	.366		.015	.910	.237	.110	.781	.398	.776	.834	.686	.949	.339	.003	.920	.744	.748	.606	.431	.336	.040
N		87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.4	Pearson Correlation	.155	-.128	.260	1	.192	-.011	.026	-.024	.168	.174	-.036	.055	.066	.074	.017	.097	.052	-.075	.143	.001	.244	
	Sig. (2-tailed)	.152	.239	.015		.074	.921	.809	.822	.119	.107	.740	.610	.543	.493	.876	.371	.633	.491	.395	.186	.993	.023
N		87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.5	Pearson Correlation	.103	.043	-.012	.192	1	-.145	.021	.145	.152	-.117	.102	-.079	.000	.054	-.124	-.031	-.007	.151	.315*	-.010	.027	.203
	Sig. (2-tailed)	.344	.692	.910	.074		.181	.845	.181	.159	.391	.348	.472	.997	.620	.253	.772	.948	.163	.003	.925	.806	.059
N		87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.6	Pearson Correlation	.429**	.411**	-.128	-.011	-.145	1	.199	.074	.086	.376*	.231	.322**	.394**	.216	.225	.313*	.383**	.342**	.080	.273*	.310**	.523*
	Sig. (2-tailed)	.000	.000	.237	.921	.181		.064	.496	.427	.000	.031	.002	.000	.045	.036	.003	.000	.001	.461	.011	.003	.000
N		87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.7	Pearson Correlation	.125	.100	.173	.026	.021	.199	1	.044	.017	-.021	.037	.070	-.018	.175	.165	-.037	-.009	.050	.019	-.052	-.030	.219
	Sig. (2-tailed)	.249	.358	.110	.809	.845	.064		.686	.878	.849	.733	.519	.870	.105	.127	.734	.930	.643	.882	.631	.781	.042
N		87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.8	Pearson Correlation	-.010	.084	-.030	-.024	.145	.074	.044	1	.421**	.260*	.301**	.226*	.263	.377**	.232	.247*	.304**	.269	.430**	.168	.250	.495*
	Sig. (2-tailed)	.927	.437	.781	.822	.181	.496	.686		.000	.015	.005	.017	.014	.000	.031	.012	.004	.012	.000	.121	.020	.000
N		87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.9	Pearson Correlation	.142	.084	.092	.168	.152	.086	.017	.421*	1	.267	.166	.139	-.007	.238	.203	.187	.247*	.240	.158	.123	.218	.424*
	Sig. (2-tailed)	.190	.442	.398	.119	.159	.427	.878	.000		.012	.125	.198	.946	.027	.060	.082	.021	.025	.143	.255	.042	.000
N		87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.10	Pearson Correlation	.055	.084	.031	.174	-.117	.375	-.021	.260*	.267*	1	.637*	.608*	.516**	.520	.450*	.490**	.447**	.233	.124	.324*	.291**	.673*
	Sig. (2-tailed)	.611	.441	.776	.107	.281	.000	.849	.015	.012	.000	.000	.000	.000	.000	.000	.030	.253	.002	.006	.000	.000	
N		87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.11	Pearson Correlation	.008	.079	-.023	.036	.102	.231	.037	.301	.166	.637*	1	.640	.537*	.426	.394	.387*	.423*	.242	.241	.187	.142	.632
	Sig. (2-tailed)	.939	.465	.834	.740	.348	.031	.733	.005	.125	.000		.000	.000	.000	.000	.024	.025	.082	.191	.000	.000	
N		87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.12	Pearson Correlation	.077	.081	.044	.055	-.078	.322	.070	.256*	.139	.608	.640	1	.485*	.415	.440	.499*	.436*	.327*	.301*	.126	.202	.649*
	Sig. (2-tailed)	.481	.457	.686	.610	.472		.002	.519	.017	.198	.000	.000	.000	.000	.000	.002	.005	.246	.061	.000	.000	
N		87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.13	Pearson Correlation	.109	.274	-.007	.066	.000	.394**	-.018	.263	-.007	.516*	.537*	.485*	1	.484*	.256	.372*	.414*	.427*	.363*	.383*	.331*	.640*
	Sig. (2-tailed)	.316	.010	.949	.543	.997		.000	.870	.014	.946	.000	.000	.000	.000	.017	.000	.000	.001	.000	.002	.000	.000
N		87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.14	Pearson Correlation	.029	.200	.104	.074	.054	.216	.175	.377*	.238*	.520**	.426	.415*	.484*	1	.417*	.366*	.397*	.355**	.332*	.200	.309*	.660*
	Sig. (2-tailed)	.789	.063	.339	.493	.620		.045	.105	.000	.027	.000	.000	.000	.000	.000	.001	.002	.063	.004	.000	.000	
N		87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.15	Pearson Correlation	-.032	.049	.316	.017	-.124	.225*	.165	.232	.203	.450*	.394	.440*	.256	.417*	1	.263	.397*	.259	.275*	.133	.117	.548*
	Sig. (2-tailed)	.767	.649	.003	.876	.253		.036	.127	.031	.060	.000	.000	.017	.000	.014	.000	.015	.010	.219	.280	.000	
N		87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.16	Pearson Correlation	.093	.157	-.011	.097	-.031	.313*	-.037	.267	.187	.490*	.387*	.499*	.372*	.366*	.263	1	.665*	.429*	.170	.315*	.439*	.617*
	Sig. (2-tailed)	.394	.145	.920	.371	.772	.003	.734	.012	.082	.000	.000	.000	.000	.014	.000	.000	.115	.003	.000	.000	.000	
N		87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.17	Pearson Correlation	.008	.154	.036	.052	-.007	.383**	-.009	.304*	.247	.447*	.423*	.436*	.414*	.397*	.397*	.665*	1	.498**	.259	.186	.294**	.634*
	Sig. (2-tailed)	.938	.154	.744	.633	.948		.000	.930	.004	.021	.000	.000	.000	.000	.000	.000	.016	.085	.006	.000	.000	
N		87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.18	Pearson Correlation	.199	.343**	-.035	-.075	.151	.342**	.050	.269	.240	.233*	.242	.327*	.427**	.355**	.259	.429*	.498*	1	.554*	.263*	.467*	.618*
	Sig. (2-tailed)	.064	.001	.748	.491	.163		.001	.643	.012	.025	.030	.024	.002	.000	.001	.015	.000	.000	.000	.014	.000	
N		87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87
X1.19	Pearson Correlation	.146	.276*	-.056	-.092	.315*	.080	.019	.430*	.218*	.291**	.142	.202	.331**	.309**	.117	.439*	.294**	.467**	.347*	.572*	1	.517*
	Sig. (2-tailed)	.178	.010	.606	.395	.003</td																	

Lampiran 5. Uji Validitas Efikasi Diri

Correlations										
	X2.1	X2.2	X2.3	X2.4	X2.5	X2.6	X2.7	X2.8	X2.9	TOTALX2
X2.1	Pearson Correlation	1	.305**	.304**	.247*	.158	.191	.363**	.282**	.550**
	Sig. (2-tailed)		.004	.004	.021	.143	.076	.001	.008	.000
	N	87	87	87	87	87	87	87	87	87
X2.2	Pearson Correlation	.305**	1	.593**	.234*	.299**	.421**	.453**	.165	.509**
	Sig. (2-tailed)	.004		.000	.029	.005	.000	.000	.127	.000
	N	87	87	87	87	87	87	87	87	87
X2.3	Pearson Correlation	.304**	.593**	1	.115	.322**	.385**	.527**	.056	.559**
	Sig. (2-tailed)	.004	.000		.291	.002	.000	.000	.606	.000
	N	87	87	87	87	87	87	87	87	87
X2.4	Pearson Correlation	.247*	.234*	.115	1	.313**	.379**	.138	.358**	.343**
	Sig. (2-tailed)	.021	.029	.291		.003	.000	.203	.001	.001
	N	87	87	87	87	87	87	87	87	87
X2.5	Pearson Correlation	.158	.299**	.322**	.313**	1	.166	.252*	.255*	.292**
	Sig. (2-tailed)	.143	.005	.002	.003		.125	.019	.017	.006
	N	87	87	87	87	87	87	87	87	87
X2.6	Pearson Correlation	.191	.421**	.385**	.379**	.166	1	.424**	.365**	.531**
	Sig. (2-tailed)	.076	.000	.000	.000	.125		.000	.001	.000
	N	87	87	87	87	87	87	87	87	87
X2.7	Pearson Correlation	.363**	.453**	.527**	.138	.252*	.424**	1	.247*	.596**
	Sig. (2-tailed)	.001	.000	.000	.203	.019	.000		.021	.000
	N	87	87	87	87	87	87	87	87	87
X2.8	Pearson Correlation	.282**	.165	.056	.358**	.255*	.365**	.247*	1	.385**
	Sig. (2-tailed)	.008	.127	.606	.001	.017	.001	.021		.000
	N	87	87	87	87	87	87	87	87	87
X2.9	Pearson Correlation	.550**	.509**	.559**	.343**	.292**	.531**	.596**	.385**	1
	Sig. (2-tailed)	.000	.000	.000	.001	.006	.000	.000	.000	
	N	87	87	87	87	87	87	87	87	87
TOTALX2	Pearson Correlation	.613**	.665**	.640**	.536**	.502**	.688**	.693**	.582**	1
	Sig. (2-tailed)	.000	.000	.000	.000	.000	.000	.000	.000	
	N	87	87	87	87	87	87	87	87	87

**. Correlation is significant at the 0.01 level (2-tailed).

*. Correlation is significant at the 0.05 level (2-tailed).

Lampiran 6. Uji Validitas Cyberloafing

		Correlations																							
		Y.01	Y.02	Y.03	Y.04	Y.05	Y.06	Y.07	Y.08	Y.09	Y.10	Y.11	Y.12	Y.13	Y.14	Y.15	Y.16	Y.17	Y.18	Y.19	Y.20	Y.21	Y.22	Y.23	TOTAL Y
Y.01		1	.706**	.472*	.630*	.429*	.409*	.487**	.433*	.434*	.397*	.311*	.295*	.409**	.342**	.517**	.250	.266	.234	.311*	.297**	.363*	.295*	.210	.549
Pearson Correlation			.000	.000	.000	.000	.000	.000	.000	.000	.003	.005	.000	.001	.000	.019	.013	.029	.003	.005	.001	.006	.050	.000	
Sig. (2-tailed)			.87	.87	.87	.87	.87	.87	.87	.87	.87	.87	.87	.87	.87	.87	.87	.87	.87	.87	.87	.87	.87	.87	
N			87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	
Y.02		.706**	1	.561*	.534*	.418*	.336*	.371**	.523*	.477**	.450*	.384*	.362*	.316**	.298*	.425*	.324**	.377**	.237	.348*	.366*	.323*	.376*	.290*	.567*
Pearson Correlation			.000	.000	.000	.000	.001	.000	.000	.000	.000	.001	.003	.005	.000	.002	.000	.027	.001	.000	.002	.000	.007	.000	
Sig. (2-tailed)			.000	.000	.000	.000	.001	.000	.000	.000	.000	.001	.003	.005	.000	.002	.000	.027	.001	.000	.002	.000	.007	.000	
N			87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	
Y.03		.472**	.561**	1	.530*	.745*	.424*	.449**	.341**	.542*	.556*	.423	.545*	.444**	.616**	.468**	.473**	.517**	.324**	.469*	.389*	.396*	.487*	.388*	.673*
Pearson Correlation			.000	.000	.000	.000	.000	.001	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.002	.000	.000	.000	.000	.000	
Sig. (2-tailed)			.000	.000	.000	.000	.000	.001	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
N			87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	
Y.04		.630**	.534*	.530*	1	.479*	.469*	.496*	.554*	.519*	.514*	.436*	.491*	.652**	.533**	.720**	.469**	.432**	.408**	.391**	.409*	.446*	.450*	.438*	.699*
Pearson Correlation			.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
Sig. (2-tailed)			.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
N			87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	
Y.05		.429**	.418*	.745*	.479*	1	.544*	.420*	.424*	.565*	.481*	.522	.663*	.456**	.729**	.439**	.614**	.545**	.375*	.484*	.507*	.337*	.503*	.392*	.703*
Pearson Correlation			.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.001	.000	.000	.000	.000	.000	
Sig. (2-tailed)			.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.001	.000	.000	.000	.000	.000	
N			87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	
Y.06		.409**	.336*	.424*	.469*	.544*	1	.798*	.568*	.676*	.721*	.630*	.594*	.567**	.647*	.506*	.655**	.520*	.493**	.508*	.583*	.395**	.575*	.603*	.775*
Pearson Correlation			.000	.001	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
Sig. (2-tailed)			.000	.001	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
N			87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	
Y.07		.487**	.371*	.449*	.496*	.420*	.798*	1	.554*	.651*	.706*	.544*	.515*	.492*	.635**	.565*	.522**	.458**	.499*	.476*	.473**	.453*	.538*	.496*	.738*
Pearson Correlation			.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
Sig. (2-tailed)			.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
N			87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	
Y.08		.433*	.523	.341	.554	.424*	.568*	.554*	1	.714*	.641*	.690*	.666*	.464*	.559*	.590*	.680*	.647**	.580*	.522*	.587*	.500*	.668*	.602*	.788*
Pearson Correlation			.000	.000	.001	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
Sig. (2-tailed)			.000	.000	.001	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
N			87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	
Y.09		.434*	.377*	.542	.519	.565*	.676*	.651*	.714*	1	.693*	.631*	.705*	.588*	.667**	.687**	.746*	.677**	.571**	.587*	.634*	.400*	.682*	.562*	.843*
Pearson Correlation			.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
Sig. (2-tailed)			.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
N			87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	
Y.10		.397*	.450*	.556	.514*	.481*	.721*	.706*	.641*	.693*	1	.602*	.585*	.503*	.642*	.577**	.628**	.650*	.545*	.596*	.575*	.522*	.626*	.686*	.815*
Pearson Correlation			.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
Sig. (2-tailed)			.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
N			87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	
Y.11		.311*	.384	.423	.436	.522	.630*	.544*	.690*	.631*	.602*	1	.805*	.466*	.690*	.506*	.786*	.708*	.489*	.547*	.767**	.503*	.805*	.559*	.806*
Pearson Correlation			.003	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
Sig. (2-tailed)			.003	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
N			87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	
Y.12		.295*	.362*	.545	.491	.663*	.594*	.515*	.666*	.705*	.585*	.605*	1	.513*	.742*	.569*	.821*	.714*	.487*	.562*	.735*	.461*	.709*	.528*	.820*
Pearson Correlation			.005	.001	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
Sig. (2-tailed)			.005	.001	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	.000	
N			87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	87	
Y.13		.409*	.316	.444	.652	.456	.567*	.492*	.494*	.588*	.503*	.486*	.513*	1	.603*	.675	.591*	.559	.414	.366	.503*	.515*	.474*</td		

Lampiran 7. Uji Reliabilitas Regulasi Diri, Efikasi Diri dan *Cyberloafing*

Uji Reliabilitas Regulasi Diri Tahap 1

Reliability Statistics

Cronbach's Alpha	N of Items
.829	21

Uji Reliabilitas Regulasi Diri Tahap 2

Reliability Statistics

Cronbach's Alpha	N of Items
.841	20

Uji Reliabilitas Efikasi Diri

Reliability Statistics

Cronbach's Alpha	N of Items
.808	9



Uji Reliabilitas *Cyberloafing*

Reliability Statistics

Cronbach's Alpha	N of Items
.963	23

Lampiran 8. Regresi Linier Berganda dan Uji t

Coefficients^a

Model	Unstandardized Coefficients		Standardized Coefficients Beta	t	Sig.
	B	Std. Error			
1	(Constant)	-.644	.900	-.716	.476
	X1	.557	.245	.261	.026
	X2	.206	.199	.118	.305

a. Dependent Variable: Y

Lampiran 9. Uji F

ANOVA ^a					
Model	Sum of Squares	df	Mean Square	F	Sig.
1 Regression	7.589	2	3.795	5.164	.008 ^b
Residual	61.725	84	.735		
Total	69.314	86			

a. Dependent Variable: Y

b. Predictors: (Constant), X2, X1

Lampiran 10. Hasil Plagiasi

