

DAFTAR PUSTAKA

- Abamara, N., & Solomon, A. (2014). Relationship between Body Image and Self-Esteem among Female Undergraduate Students of Behavioural Sciences. *IOSR Journal of Humanities and Social Science*, 19(1), 01–05.
<https://doi.org/10.9790/0837-191120105>
- Ahmed, M. D., Ho, W. K. Y., Niekerk, R. L. Van, Morris, T., Elayaraja, M., Lee, K. C., & Randles, E. (2017). The Self-Esteem, Goal Orientation, and Health-Related Physical Fitness of Active and Inactive Adolescent Students. *Cogent Psychology*, 4. <https://doi.org/10.1080/23311908.2017.1331602>
- Anindyajati, M., & Karima, C. M. (2004). Peran Harga Diri Terhadap Asertivitas Remaja Penyalahguna Narkoba (Penelitian Pada Remaja Penyalahguna Narkoba di Tempat-Tempat Rehabilitasi Penyalahguna Narkoba). *Jurnal Psikologi*, 2(1), 49–73. <https://digilib.esaunggul.ac.id/peran-harga-diri-terhadap-asertivitas-remaja-penyalahguna-narkoba-penelitian-pada-remaja-penyalahguna-narkoba-di-tempattempat-rehabilitasi-penyalahguna-narkoba-4952.html>
- Argyrides, M., & Kkeli, N. (2013). Multidimensional Body-Self Relations Questionnaire-Appearance Scales: Psychometric Properties of the Greek Version. *Psychological Reports: Measures & Statistics*, 113(3), 885–897.
<https://doi.org/10.2466/03.07.PR0.113x29z6>
- Arnett, J. J. (2004). *Emerging Adulthood: The Winding Road from the Late Teens through the Twenties* (First Edit). Oxford University Press.

Badan Pusat Statistik. (2021). *Jumlah Penduduk Menurut Kelompok Umur dan Jenis*

Kelamin,

2021.

Bps.Go.Id.

https://www.bps.go.id/indikator/indikator/view_data_pub/0000/api_pub/YW40a21pdTU1cnJxOGt6dm43ZEdoZz09/da_03/1

Baron, R. A., & Branscombe, N. R. (2012). *Social Psychology* (13th Editi). Pearson.

Becker, M., Vignoles, V. L., Owe, E., Easterbrook, M., Brown, R., Smith, P. B., Bond, M. H., Regalia, C., Manzi, C., Brambilla, M., Aldhafri, S., Gonzales, R., Carrasco, D., Cadena, M. P., Lay, S., Gallo, I. S., Torres, A., Camino, L., Ozgen, E., ... Koller, S. H. (2014). Cultural Bases of Self-Esteem : Seeing Oneself Positively in Different Cultural Contexts. *Personality and Social Psychology Bulletin*, 1–19. <https://doi.org/10.1177/0146167214522836>

Cash, T. F., & Smolak, L. (2011). *Body image: A Handbook of Science, Practice, and Prevention* (Second Edi). The Guilford Press.

Listyani, R. H. (2016). Tubuh Perempuan: Tubuh Sosial yang Sarat Makna. *Jurnal An-Nisa'*, 9(1), 1–24.

Ridwan, K., Febriani, Z., & Marhamah, S. (2017). Hubungan antara Body Image dengan Self Esteem pada Wanita Dewasa Muda Pasca Melahirkan di Jakarta Serta Tinjauannya dalam Islam. *Jurnal Psikogenesis*, 5(1), 1–10.
<https://doi.org/10.24854/jps.v5i1.492>

Berk, L. E. (2014). *Development Through The Lifespan* (Sixth Edit). Pearson.

Biolcati, R. (2019). Low Self-Esteem and Selfie Posting Among Young Women. *The*

- Open *Psychology Journal*, 12(1), 155–168.
<https://doi.org/10.2174/1874350101912010155>
- Bleidorn, W., Arslan, R. C., Denissen, J. J. A., Rentfrow, P. J., Gebauer, J. E., Potter, J., & Gosling, S. D. (2016). Age and Gender Differences in Self-Esteem — A Cross-Cultural Window. *Journal of Personality and Social Psychology*, 111(3), 396–410. <https://doi.org/http://dx.doi.org/10.1037/pspp0000078.supp>
- Cash, T. F. (2012). *ENCYCLOPEDIA OF BODY IMAGE AND HUMAN APPEARANCE*. Academic Press.
- Cash, T. F. (2015). Multidimensional Body-Self Relations Questionnaire (MBSRQ). *Encyclopedia of Feeding and Eating Disorders*, 1–4. DOI:10.1007/978-981-287-087-2_3-1
- Cash, T. F., & Pruzinsky, T. (2002). *Body Image: A Handbook of Theory, Research, and Clinical Practice*. The Guilford Press.
- Cash, T. F., & Smolak, L. (2011). *Body image: A Handbook of Science, Practice, and Prevention* (Second Edi). The Guilford Press.
- Coopersmith, S. (1967). *The Antecedents of Self-Esteem* (First Edit). W. H. Freeman and Co.
- Creswell, J. W. (2012). *Educational Research: Planning, Conducting and Evaluating Quantitative and Qualitative Research* (4th Edition). Pearson.
- Davison, T. E., & McCabe, M. P. (2006). Adolescent Body Image and Psychosocial Functioning. *Journal of Social Psychology*, 146(1), 15–30.

- <https://doi.org/10.3200/SOCP.146.1.15-30>
- Diaz, F. (2018). *Body Image as an Everyday Problematic: Looking Good* (First Edit). Routledge.
- Dion, J., Hains, J., Vachon, P., Plouffe, J., Laberge, L., Perron, M., McDuff, P., Kalinova, E., & Leone, M. (2016). Correlates of Body Dissatisfaction in Children. *The Journal of Pediatrics*, 171, 202–207. <https://doi.org/10.1016/j.jpeds.2015.12.045>
- Direktorat Jenderal Kependudukan dan Pencatatan Sipil. (2021). *Distribusi Penduduk Indonesia Per Juni 2021: Jabar Terbanyak, Kaltara Paling Sedikit*. Dukcapil.Kemendagri.Go.Id. <https://dukcapil.kemendagri.go.id/berita/baca/809/distribusi-penduduk-indonesia-per-juni-2021-jabar-terbanyak-kaltara-paling-sedikit>
- Ferraro, F. R., Muehlenkamp, J. J., Paintner, A., Wasson, K., Hager, T., & Hoverson, F. (2008). Aging, Body Image, and Body Shape. *Journal of General Psychology*, 135(4), 379–392. <https://doi.org/10.3200/GENP.135.4.379-392>
- Fincham, F. D., & Cui, M. (2010). *Romantic Relationships in Emerging Adulthood*. Cambridge University Press.
- Ghufron, M. Nur & Risnawita, Rini (2017). Teori-Teori Psikologi. Ar-Ruzz Media
- Gillen, M. M. (2015). Associations between Positive Body Image and Indicators of Men's and Women's Mental and Physical Health. *Body Image*, 13, 67–74. <https://doi.org/10.1016/j.bodyim.2015.01.002>

- Greene, S. B. (2011). *Body Image: Perceptions, Interpretations, and Attitudes* (Vol. 1). Nova Science Publishers, Inc.
- Grogan, S. (2017). *Body Image: Understanding Body Dissatisfaction in Men, Women, and Children* (Third Edition). Routledge.
- Guindon, M. H. (2002). Toward Accountability in the Use of the Self-Esteem Construct. *Journal of Counseling & Development*, 80(2), 204–214. DOI:10.1002/j.1556-6678.2002.tb00184.x
- Guindon, M. H. (2010). *Self-Esteem Across The Lifespan: Issues and Interventions*. Routledge.
- Hanum, R., Nurhayati, E., & Riani, S. N. (2014). Pengaruh Body Dissatisfaction dan Self-Esteem dengan Perilaku Diet Mahasiswi Universitas "X" Serta Tinjauan Dalam Islam. *Jurnal Psikogenesis*, 2(2), 180–190.
<https://academicjournal.yarsi.ac.id/index.php/Jurnal-Online-Psikogenesis/article/view/51/pdf>
- Healey, J. (2014). Positive Body Image. In *Encyclopedia of Personality and Individual Differences*. The Spinney Press.
- Henggaryadi, G. (2008). Hubungan Antara Body Image dengan Harga Diri Pada Remaja Pria yang Mengikuti Latihan Fitness/Kebugaran. *Jurnal Universitas Gunadarma*, 1–23. <https://docplayer.info/31274402-Hubungan-antara-body-image-dengan-harga-diri-pada-remaja-pria-yang-mengikuti-latihan-fitness-kebugaran.html>

- Javaid, Q.-A., & Ajmal, A. (2019). The Impact of Body Image on Self-Esteem in Adolescents. *Clinical and Counselling Psychology Review*, 1(1), 44–54. <https://doi.org/10.32350/ccpr.11.04>
- Jones, D. C., & Newman, J. B. (2009). Early Adolescent Adjustment and Critical Evaluations by Self and Other: The Prospective Impact of Body Image Dissatisfaction and Peer Appearance Teasing on Global Self-Esteem. *European Journal of Developmental Sciences*, 3(1), 17–26. <https://doi.org/10.3233/DEV-2009-3104>
- Josephs, R. A., Markus, H. R., & Tafarodi, R. W. (1992). Gender and Self-Esteem. *Journal of Personality and Social Psychology*, 63(3), 391–402. <https://doi.org/10.1037/0022-3514.63.3.391>
- Kashubeck-West, S., Mintz, L. B., & Weigold, I. (2005). Separating the Effects of Gender and Weight-Loss Desire on Body Satisfaction and Disordered Eating Behavior. *Sex Roles*, 53(7–8), 505–518. DOI:10.1007/s11199-005-7138-4
- Kurnia, Y. C., & Lestari, S. (2020). Body Dissatisfaction dan Keterkaitannya dengan Subjective Well-Being pada Perempuan Masa Emerging Adulthood. *Mediapsi*, 6(2), 86–93. <https://doi.org/10.21776/ub.mps.2020.006.02.2>
- Liang, B., Tracy, A. J., Taylor, C. A., & Williams, L. M. (2002). Mentoring College-Age Women : A Relational Approach. *American Journal of Community Psychology*, 30(2). DOI:10.1023/A:1014637112531
- Listyani, R. H. (2016). Tubuh Perempuan: Tubuh Sosial yang Sarat Makna. *Jurnal An-Nisa'*, 9(1), 1–24. <http://ejournal.iain->

- jember.ac.id/index.php/annisa/article/view/592/508
- Lowery, S. E., Kurpius, S. E. R., Befort, C., Blanks, E. H., Sollenberger, S., Nicpon, M. F., & Huser, L. (2005). Body Image, Self-Esteem, and Health-Related Behaviors Among Male and Female First Year College Students. *Journal of College Student Development*, 46(6), 612–623. <https://doi.org/10.1353/csd.2005.0062>
- Maheswari, M. R., & Maheswari, D. K. (2016). A Study On Self-Esteem Among The College Students. *IOSR Journal of Humanities and Social Science*, 21(10), 8–10. <https://www.iosrjournals.org/iosr-jhss/papers/Vol.%202021%20Issue10/Version-8/B2110080810.pdf>
- Maiwan, M. (2019). Antara Virtue dan Fortune: Suatu Dimensi dalam Pemikiran Machiavelli. *Jurnal Ilmiah Mimbar Demokrasi*, 19(1), 39–61. <https://doi.org/https://doi.org/10.21009/jimd.v19i01.12952>
- Markey, C. N. (2010). Invited Commentary: Why Body Image is Important to Adolescent Development. *Journal of Youth and Adolescence*, 39, 1387–1391. <https://doi.org/10.1007/s10964-010-9510-0>
- Minev, M., Petrova, B., Mineva, K., Petkova, M., & Strebkova, R. (2018). Self-esteem in adolescents. *Trakia Journal of Sciences*, 16(2), 114–118. <https://doi.org/10.15547/tjs.2018.02.007>
- Mruk, C. J. (2006). *Self-Esteem Research, Theory, and Practice: Toward a Positive Psychology of Self-Esteem* (3rd ed.). Springer Publishing Company.
- Mujis, D. (2004). *Doing Quantitative Research in Education with SPSS* (First Edit).

- Sage Publications Ltd.
- Orth, U., Robins, R. W., & Widaman, K. F. (2012). Life-Span Development of Self-Esteem and Its Effects on Important Life Outcomes. *Journal of Personality and Social Psychology*, 102(6), 1271–1288. <https://doi.org/10.1037/a0025558>
- Padya, D. T., & Hanum, L. (2021). Online Cognitive-Behavioral Group Therapy to Enhance Self-Esteem in Romantic Relationship for Emerging Adult Women. *Proceedings of the International Conference on Psychological Studies (ICPSYCHE 2020)*, 530, 30–37. <https://doi.org/10.2991/assehr.k.210423.005>
- Papadimitropoulou, V. (2019). *Body Image and Identity Formation in Emerging Adulthood: The Role of Instagram* (Issue February) [The American College of Greece]. <https://doi.org/10.13140/RG.2.2.26806.83526>
- Pisitsungkagarn, K., Taephant, N., & Attasaranya, P. (2014). Body Image Satisfaction and Self-Esteem in Thai Female Adolescents: The Moderating Role of Self-Compassion. *International Journal of Adolescent Medicine and Health*, 26(3), 333–338. <https://doi.org/10.1515/ijamh-2013-0307>
- Pop, C. L. (2016). Self-Esteem and Body Image Perception in A Sample of University Students. *Eurasian Journal of Educational Research*, 64, 31–44. <https://files.eric.ed.gov/fulltext/EJ1121976.pdf>
- Prawono, V. I. (2013). Hubungan Antara Body Image Satisfaction dan Self-Esteem Pada Perempuan Dewasa Muda yang Berdiet di Jakarta. *Psibernetika*, 6(1), 39–55. Retrieved from <https://jurnal.ubm.ac.id/index.php/psibernetika/article/view/514>

- Rahma, L. M. J., & Setiasih. (2021). The Impact of Social Media Usage Intensity on Self-Esteem: Survey on Emerging Adulthood of Instagram User. *Jurnal Bimbingan Dan Konseling (E-Journal)*, 08(1), 39–46.
<https://doi.org/https://doi.org/10.24042/kons.v8i1.8313>
- Ricciardelli, L. A., & Yager, Z. (2016). *Adolescence and Body Image: From Development to Preventing Dissatisfaction* (Vol. 1). Routledge.
- Ridwan, K., Febriani, Z., & Marhamah, S. (2017). Hubungan antara Body Image dengan Self Esteem pada Wanita Dewasa Muda Pasca Melahirkan di Jakarta Serta Tinjauannya dalam Islam. *Jurnal Psikogenesis*, 5(1), 1–10.
<https://doi.org/10.24854/jps.v5i1.492>
- Sari, D. N. P. (2012). Hubungan Antara Body Image dan Self-Esteem Pada Dewasa Awal Tuna Daksa. *Calipytra: Jurnal Ilmiah Mahasiswa Universitas Surabaya*, 1(1), 1–9. <https://journal.ubaya.ac.id/index.php/jimus/article/view/71/51>
- Sahri, F. N. (2016). *Hubungan Antara Body Image dengan Self-Esteem pada Wanita Dewasa Awal Pengguna Skincare* [University of Muhammadiyah Surakarta].
<http://eprints.ums.ac.id/id/eprint/42159>
- Sinulingga, R. F., & Haryono, R. (2014). Hubungan Antara Gambaran Tubuh Dengan Harga Diri Pada Pria. *Psikologia : Jurnal Pemikiran Dan Penelitian Psikologi*, 9(3), 113–119. <https://123dok.com/document/dzx576oq-hubungan-antara-gambaran-tubuh-dengan-harga-diri-pria.html>
- Siyoto, S., & Sodik, A. (2015). *Dasar Metodologi Penelitian* (Ayup (ed.)). Literasi Media Publishing.

Solistiawati, A., & Novendawati. (2015). Hubungan Antara Citra Tubuh dengan Harga Diri Remaja Akhir Putri (Studi pada Mahasiswi Reguler Universitas Esa Unggul).

Jurnal *Psikologi*, 13(1), 13–20.

<https://ejurnal.esaunggul.ac.id/index.php/psiko/article/view/1378>

Solnick, S. J., & Schweitzer, M. E. (1999). The Influence of Physical Attractiveness and Gender on Ultimatum Game Decisions. *Organizational Behavior and Human Decision Processes*, 79(3), 199–215. <https://doi.org/10.1006/OBHD.1999.2843>

Tafarodi, R. W., & Swann, W. B. (2001). Two-Dimensional Self-esteem: Theory and Measurement. *Personality and Individual Differences*, 31, 653–673. [https://doi.org/https://doi.org/10.1016/S0191-8869\(00\)00169-0](https://doi.org/https://doi.org/10.1016/S0191-8869(00)00169-0)

Tatangelo, G. L., McCabe, M. P., & Ricciardelli, L. A. (2015). Body Image. In *International Encyclopedia of the Social & Behavioral Sciences* (Second Edi, Vol. 2, pp. 735–740). Elsevier. <https://doi.org/10.1016/B978-0-08-097086-8.14062-0>

Wang, Y., Wu, W., Song, H., Wu, M., & Cai, H. (2017). The Development of Implicit Self-Esteem During Emerging Adulthood: A Longitudinal Analysis. *Social Psychological and Personality Science*, 1–9. <https://doi.org/10.1177/1948550617726831>

Wasylkiw, L., MacKinnon, A. L., & MacLellan, A. M. (2012). Exploring the Link between Self-Compassion and Body Image in University Women. *Body Image*, 9, 236–245. <https://doi.org/10.1016/j.bodyim.2012.01.007>

Wichstrøm, L., & von Soest, T. (2015). Reciprocal Relations Between Body Satisfaction and Self-Esteem: A Large 13-year Prospective Study of Adolescents.

Journal of Adolescence, 47, 16–27.

<https://doi.org/10.1016/j.adolescence.2015.12.003>

Widianti, E., Ramadanti, L., Karwati, Kirana, C., Mumtazhas, A., Ardianti, A. A., Ati, N.

S., Handayani, N. T., & Hasanah, H. (2021). Studi Literatur: Faktor-Faktor yang Berhubungan dengan Harga Diri Rendah Pada Remaja. *Jurnal Keperawatan Komprehensif*, 7(1), 39–47. <https://doi.org/10.33755/jkk.v7i1.194>

Zeigler-Hill, V. (2013). *Current Issues in Social Psychology: Self-Esteem* (1st ed.).

Psychology Press.

