

CHAPTER 5

CONCLUSION AND SUGGESTIONS

This chapter will provide a conclusion and suggestion based on the data that have been analyzed in the previous chapter.

5.1 Conclusion

Hanna, in *200 Pounds Beauty*, is portrayed as a Korean woman who has a beautiful voice. She has a dream to be a singer on the stage. However, she has an issue with her body image. Hanna has a negative perception of herself. She thinks that she is fat; she cannot live up to the beauty standard. Hanna feels dissatisfied with her body. Her dissatisfaction is shown when she does not want to eat and she decides to lose weight. She also feels restless. It is shown when she needs to be hospitalized. In the hospital, she says that if you want to be loved then you should go on a diet. Moreover, Hanna feels insecure. Her insecurity is shown when she talks to other people. She is avoiding making eye contact. Besides that, other people have a bad opinion about Hanna's body image. Other people always bully Hanna because of her body image. By being bullied, Hanna is increasingly convinced that she has a bad body image. Thus, instead of singing on the stage, Hanna chooses to be a singer behind the curtain and sings for another singer named Ammy. Beyond that, Hanna disappears from the society for one year to change her body by having plastic surgery in order to be socially accepted and live up to the beauty standard.

The writer finds that Hanna does not have any physical scars after she underwent her plastic surgery. The result of Hanna's plastic surgery is very natural. Hanna loves her body change so much. Other people also admire her beauty. Her self – confidence increases since she did the plastic surgery. It shows when she has the courage to wear revealing clothes in public. She is also not avoiding making eye contact when she talks to other people. Besides that, the way she walks is different. She walks confidently. Since her confidence increases, she works as a singer in Hang Sang Jun's record company. However, she introduces herself to Hang Sang Jun as Jenny. She became a famous singer.

Despite Jenny's beauty and popularity as a singer, she experiences psychological pain as the side effects of plastic surgery such as stress, upset, and fear. She feels the psychological pain because she lies to Hang Sang Jun and all the record company employees about her true identity. Due to her lie, she has a conflict with Hang Sang Jun. Jenny also gets several terrors from Ammy. Moreover, Hanna is shunned by Jung Min, her best friend. In the end, Jenny admits her true identity to the audience when she should perform on the stage by saying that she is not Jenny but Hanna. Although the audience is disappointed because of Hanna's confession, they still give their love and support to Hanna. After her confession, she is still popular as a singer.

The writer concludes that doing plastic surgery is not a solution to solve the problem regarding body image which is specifically done by Hanna. She does plastic surgery just to meet the beauty standards. Indeed, she gets her body goals.

The plastic surgery goes very smoothly. However, she experiences psychological pain as the side effects of plastic surgery such as stress, upset, and fear, especially when she changes her real identity to be a singer. Even so, in the end, she confesses her true identity. Hanna should accept her real self. She does not need to have a negative perception of her body image. Hanna also needs to ignore what people say about her. More than that, Hanna should avoid plastic surgery. Therefore, she does not face any problems.

5.2 Suggestions

Through this study the writer hopes that the future researchers may be able to do research about body image in magazines, beauty advertisements, and beauty video blogs. Furthermore, the writer also hopes that the upcoming researchers can continue the research on body image in *200 Pounds Beauty* by comparing it with the other films that also have issues regarding body image.