

CHAPTER 4

DATA ANALYSIS

The writer, in this chapter, focuses on analyzing the way Hanna sees her body image as well as the way people perceive Hanna's body image. Moreover, the writer also investigates the side effects that Hanna experienced after undergoing the plastic surgery to improve her body image. All the data were taken from a film entitled *200 Pounds Beauty*. This film was downloaded from the internet. In analyzing the data, the writer used the theories by Bordo (1993) on women and body image, Jung & Lee (2006) on Korean women's body image and self-esteem, and Kim and Chung (2018) on the side effects of plastic surgery.

4.1 The way Hanna perceives her body image

In *200 Pounds Beauty*, a Korean film, Hanna is depicted as a woman who has medium length black hair, a pointing nose, chubby cheeks, and fair skin complexion. She is also tall and has a large body size. Figure 4.1 shows that Hanna is bigger than the average woman in Korea. She has a double chin and big arms.



Figure 4.1 The character of Hanna

(Source: <https://images.app.goo.gl/Bqs9gugAVYUbm1U17>)

However, Hanna has a negative perception of her own body. Hanna, in *200 Pounds Beauty*, has the issue of body image because she sees that having a fat body is a shame. As a result, Hanna experiences symptoms of negative body image perception mentioned by Bordo (1993). They are dissatisfied with their own body, feeling restless, and feeling insecure. Each symptom is discussed below.

The first one is that Hanna feels dissatisfied with her body shape. In *200 Pounds Beauty*, Hanna's dissatisfaction with her own body is shown by her action and expression. At 00:12:51, Hanna cries and says that she does not want to eat since she is not satisfied with her large body shape. She wants to lose weight. Hanna said, "I decided not to eat and lose my weight."

The second is restless. Hanna's restlessness in *200 Pounds Beauty* is shown by her action and expression in 00:14:23 when she needs to be hospitalized. In the hospital, Hanna is restless. She said to herself, "If you want to be loved then you should go on a diet."

The third one is feeling insecure. Hanna's dissatisfaction makes her insecure with herself. Hanna's insecurity can be seen, for example, in the way she talks with other people. Figure 4.2 shows Hanna is meeting with her psychic. In this meeting, Hanna consults about her love story; that she loves a man named Hang Sang Jun, and she really hopes that he can become her boyfriend. Hang Sang Jun is a music producer whose father owns a record company where Hanna works. In this scene, when Hanna talks to the psychic, she is depicted as avoiding making eye contact. Her insecurity makes her either look down or divert her eyes to other points but make eye contact with the person she talks to the psychic.

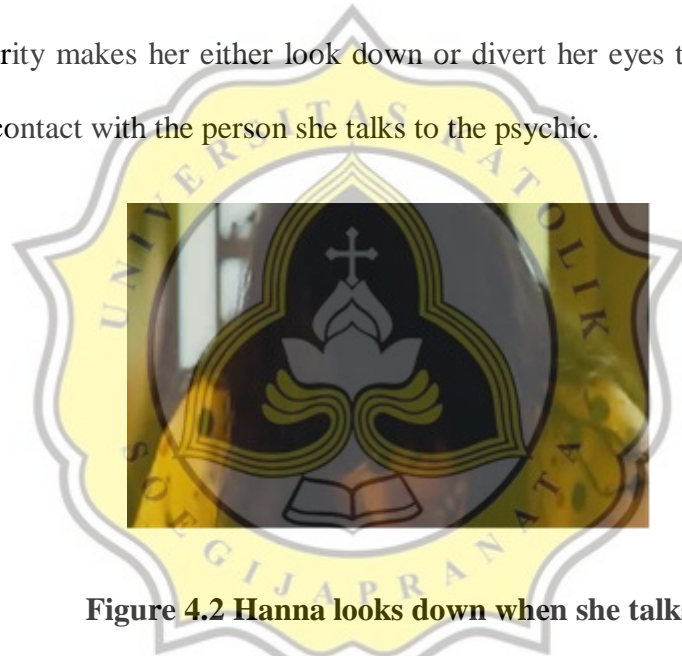


Figure 4.2 Hanna looks down when she talks

(Source: Kim Yong – hwa, 2006, 00:01:21)

Another example of Hanna's insecurity is shown in her choice to work as a singer behind the curtain for another female singer named Ammy. Hanna's choice is the result of her insecurity with her body shape. She thinks that she has a bad body shape so she does not want to be on the stage and sing on the stage although she has a beautiful voice. Hanna looks up at Ammy, the popular singer she sings for, as her model of standard beauty.



Figure 4.3 Ammy's physical appearance

(Source: Kim Yong – hwa, 2006)

Physically, Ammy is described as a woman who has a slim body. She is tall. Her hair is brown and quite long. She has a pointed nose and fair skin. Her arms are thin as well as her legs are slim. Her cheeks are not chubby. Unlike Hanna, Ammy is not able to sing. When she is on the stage to entertain all the audiences, she is not singing with her real voice but Hanna's voice. Ammy is also shown to like underestimating and bullying other people. However, because Ammy's physical appearance is what people consider "ideal", she is confident and popular in contrast to Hanna.

In general, Hanna often feels dissatisfied, insecure and restless because she thinks that she cannot live up to the beauty standard. Although she has the desire to become a famous singer, she cannot fulfill her desire because she is not confident about her body shape. Hanna's negative perception of her body image is one of her reasons to do plastic surgery, a procedure popularly done by Korean women to

achieve their desired body image. Regardless of her body shape, Hanna is actually a skillful, kind – hearted, and talented woman. She has the capability of singing melodiously so that she has a dream of becoming a well – known singer. In the writer's opinion, Hanna is indeed a beautiful woman who has great singing skill. However, her negative perception of her body shape restrains her from developing herself fully.

4.2 The other characters' opinion on Hanna's body image

Besides Hanna has a negative perception of her own body, she is also treated negatively by other people as proved by their bullying. The film shows that Hanna is not socially acceptable in her society due to her being fat. The film indeed shows that body shape is the determinant of the bullying act because Ammy, who is slim, is more socially acceptable and considered more beautiful than Hanna.



Figure 4.4 Hanna is hospitalized



Figure 4.5 the two female nurses laugh at Hanna

(Source: Kim Yong – hwa, 2006, 00:13:22)

In *200 Pounds Beauty*, there is a scene which shows that Hanna is ill and needs to be hospitalized. She is taken by an ambulance from her house to the hospital. Upon arriving at the hospital, a doctor and two male nurses need to move Hanna's body to the hospital bed. Unfortunately, the doctor and the two male nurses fail to move Hanna's body because Hanna's body is too heavy for them. The scene shows that two female nurses, who stand behind the doctor, just laugh at Hanna. Finally, Hanna moves to the hospital bed on her own. The incident makes Hanna really convinced that her body shape is very bad.



Figure 4.6 Hanna at Hang Sang Jun's party

(Source: Kim Yong – hwa, 2006, 00:21:21)

One other example of bullying experienced by Hanna is the prank that she receives during Hang Sang Jun's birthday party. One day Hanna gets a package. The sender of this package is written as Hang Sang Jun, Hanna's music producer, who Hanna has a crush on. The package contains a red dress, a letter, and earrings. The letter says, "Hanna, I appreciate your hard work, thank you. Please wear this dress at my birthday party".

Hanna follows the instructions stated in the letter. She wears a red dress and earrings for Hang Sang Jun's birthday party. When Hanna meets Hang Sang Jun at the birthday party, she tells him that she wears the dress because he gives it to her. Hang Sang Jun is really shocked by what Hanna says. It is because he never sends the red dress and earrings to Hanna.



Figure 4.7 the red dress Hanna wears



Figure 4.8 the red dress Ammy wears

(Source: Kim Yong – hwa, 2006)

Not long after Hanna's arrival, Ammy comes to the birthday party. Surprisingly, she wears the same red dress that Hanna wore. Hang Sang Jun

concludes that the person who gives the red dress to Hanna is Ammy. In this film, it is quite clear that Ammy's purpose of sending that dress to Hanna is to bully Hanna in front of the people who attend the party because the red dress that Hanna wears very obviously shows that she is fat. Feeling insulted, Hanna goes to the restroom and cries.

After crying, she comes home. At this moment, she chooses to imprison herself for one year and disappear from her society. She feels desperate and tired of being bullied and insulted by other people.



Figure 4.9 Hanna imprison herself

(Source: Kim Yong – hwa, 2006, 00:29:44)



Figure 4.10 Hanna discusses plastic surgery

(Source: Kim Yong – hwa, 2006, 00:28:53)

Due to her despair and insecurity, Hanna makes a decision. She chooses to change her body by undergoing plastic surgery. Hanna thinks that by doing plastic surgery, she will be socially accepted and she will be free from bullying and body shaming.

4.3 The side effects of plastic surgery on Hanna.

This section explains the side effects that Hanna experienced after she did plastic surgery. These side effects include both positives and negatives.

4.3.1 The positive effects of plastic surgery on Hanna



Figure 4.11 Hanna's old body



Figure 4.12 Hanna's new body

(Source: Kim Yong – hwa, 2006)

Figures 4.11 and 4.12 show the transformation of Hanna's body. After undergoing plastic surgery, Hanna has a slim body. Her cheeks are thin, her arms are smaller, and her legs are also becoming thin. Her overall physical appearance is neater. Hanna feels satisfied after doing plastic surgery because she finally gets her body goal, the beauty standard of a woman. As a result, Hanna's self – confidence increases.

Hanna is more comfortable wearing revealing clothes after the plastic surgery as depicted in figure 4.12 above. Besides that, she walks steadily and

confidently after doing plastic surgery. She is really courageous to see other people around her when she walks.



Figure 4.13 Hanna talks to a man in a car showroom

(Source: Kim Yong – hwa, 2006, 00:38:56)

Furthermore, Hanna's self – confidence increases when she talks to other people. She is not avoiding making eye contact as shown in figure 4.13. Since her confidence increases, she wants to be a real singer on stage.

After disappearing for one year, as mentioned before, Hanna is back in public life. Her best friend, Jung Min, is really surprised by the change in Hanna's body. When Jung Min and Hanna have a meeting in a restaurant, Jung Min tells Hanna that when she disappears, chaos has occurred in Hang Sang Jun's record company. The publication of Ammy's second album is postponed. She cannot sing without Hanna's voice. All the company employees, including Hang Sang Jun and Ammy, work hard by holding an audition to find another female singer who can sing melodiously like Hanna. However, they always fail to find the replacement.



Figure 4.14 the meeting between Hanna and Jung Min

(Source: Kim Yong – hwa, 2006, 00:44:39)

Knowing this problem, Hanna has a plan. She says to Jung Min that she will come to Hang Sang Jun's record company to join the audition as shown in figure 4.14. However, she will join the audition by changing her identity as Jenny. Jung Min warns her that her plan is risky if it is discovered by Hang Sang Jun, Ammy, and all the employees of the record company. Hanna just ignores Jung Min's reminder and she will do her plan.



Figure 4.15 Jenny in the audition

(Source: Kim Yong – hwa, 2006, 00:47:21)

Figure 4.15 shows a scene in which Hanna joins the audition. As her plan, she introduces herself as Jenny. When she sings, everyone in the studio is amazed

by her voice. They think that Jenny is the one that they look for during this time. Jenny is like a savior. A savior for the record company's reputation, Hang Sang Jun's good name, and Ammy's popularity. Since the day Jenny joins the audition, she has had a contract with Hang Sang Jun's record company. Since Jenny works in Hang Sang Jun's record company, she is getting famous. She becomes a model in some photo sessions. Jenny's popularity is even higher than Ammy's.

4.3.2 Negative side effects of plastic surgery experienced by Hanna

Hanna in *200 Pounds Beauty*, is not portrayed as having any physical scars after she underwent the plastic surgery. Hanna's plastic surgeon says that the result of Hanna's plastic surgery is very natural. Hanna does not have any problem with her body's change. However, Hanna suffers from psychological pain after the plastic surgery.

In *200 Pounds Beauty*, when Hanna makes a decision that she will have plastic surgery to change her body, her decision is a planned choice. Hanna said, "People say that they do not respect a person who decides to do plastic surgery. However, they do not know what it is like to be bullied." This decision is even supported and helped financially by her doctor. Even though Hanna does not have enough money to pay for the plastic surgery, her doctor agrees that Hanna can pay it in installments.

Hanna experiences psychological pain after plastic surgery such as stress, upset, and afraid as mentioned by Kim & Chung (2018). Hanna, who later changes her name into Jenny when she does the audition in Hang Sang Jun's company, feels

stress after she has a discussion with Hang Sang Jun. This scene is set in Hang Sang Jun's record company. He shows Jenny a.k.a Hanna about Hanna's video and he asks Jenny's opinion about the video.

Hang Sang Jun: "What do you think about this video?"

Jenny : "The quality of this video is good. What camera do you use?"

Hang Sang Jun : "No. What do you think about her voice?"

Jenny : "She has a beautiful voice, very touching"

Hang Sang Jun : "Can you sing like her? You pay too much attention on your appearance"

Jenny : (Jenny cries) "Come on, she is fat and ugly. You must be very ashamed when you are with her"

Hang Sang Jun : "Enough! She is special to me. You are here to replace here"

The writer finds that Jenny a.k.a Hanna experiences psychological pain after having a conversation with Hang Sang Jun. She feels stress; she cries knowing that Hang Sang Jun considers Hanna special to him. She finds out that he does not care about Hanna's physical appearance.



Figure 4.16 Jenny tries to forget her past



Figure 4.17 Jenny burns her past photos

(Source: Kim Yong – hwa, 2006, 01:10:46)

Although Hanna feels stressed, Hanna tries to forget her past life. As mentioned before, Hanna's purpose in choosing plastic surgery is indeed to live up to the beauty standard. Moreover, she has a dream to be slim. Hanna successfully reaches her dream. She attempts to accept her new self and forgets her memories in the past. Hanna forgets her past by burning her photos in the past as shown in Figure 4.16 and 4.17.

The writer finds out that Hanna has done two actions which have symbolic meaning. They are changing her identity as Jenny and burning her photos in the past. The meaning behind Hanna's actions is forgetting her life in the past.

Jenny a.k.a Hanna meets Hang Sang Jun for the second time in Hang Sang Jun's house. The purpose of Jenny meeting Hang Sang Jun in his house is to have a discussion on Hanna's plastic surgery. Besides, Jenny a.k.a Hanna also wants to admit to Hang Sang Jun that she is Hanna. This meeting begins with Jenny's question to Hang Sang Jun about his opinion on women who have plastic surgery.

From Hang Sang Jun's point of view, plastic surgery is for those who have low self – esteem and are not confident with themselves. Hang Sang Jun argues that he will understand those who take plastic surgery as long as it is not his girlfriend since plastic surgery for him is categorized as a fraud. He likes natural beauty. Thus, Jenny a.k.a Hanna postponed her plan to admit that she is Hanna. She feels a dilemma. She is afraid that Hang Sang Jun will hate her since she reveals her true identity. She feels upset because of Hang Sang Jun's opinion. Knowing his opinion on plastic surgery, Hanna is having conflicts in interpersonal relationships, a psychological side effect of plastic surgery stated by Kim & Chung (2018).

The writer discovers that after the plastic surgery Jenny a.k.a Hanna tries to accept her changed self even though she has a conflict with Hang Sang Jun. Since the day she had the discussion with Hang Sang Jun, she has been through the days and nights in fear. She hides her true self – identity every day. All people, including Hang Sang Jun and Ammy, do not notice at all that Jenny is Hanna because Hanna's change looks very natural.

In a concert, Jenny is asked to sing. She sings a song called "Ave Maria". At that concert, Jenny is greatly admired by many people for her beauty and songful

voice. Despite her popularity and beauty, Jenny faces complicated conditions every day because she has a secret toward her true identity. She cannot even meet her father who is admitted to a psychiatric hospital because she changes her body as well as her identity. Besides that, Jenny is shunned by her best friend, Jung Min. Facing this difficult condition, Jenny tries so hard to overcome this situation. In this scene, Jenny feels stress as the side effects of plastic surgery that were mentioned by Kim & Chung (2018).

The situation faced by Jenny is getting complicated when someone finds out her real identity, even though Jenny keeps her secret very tight. That person is Ammy. When Ammy tries to sing in her own voice in a gym, her voice is out of tune. Hearing Ammy's voice, Jenny walks over to her.

Jenny : "Do you have to sing, Ammy?"

Ammy : "Of course. A singer must sing. Are you kidding?"

Jenny : "No. I mean, just do what you can do. Man can only propose but God disposes."

Ammy : "Hah?"

Jenny : "That's what my daddy says."

When Jenny says that "man can only propose but God disposes," Ammy can conclude that Jenny is Hanna because Ammy knows very well that Hanna's father often says that. Ammy thinks that when a woman undergoes plastic surgery to change her body and her face, it means that the woman has an unnatural beauty.

From the point of view of Ammy, this woman is like a monster because she decides to do plastic surgery.



Figure 4.18 Jenny gets her first terror



Figure 4.19 Jenny's facial expression when she gets the first terror

(Source: Kim Yong – hwa, 2006, 01:12:37)

Since then, there have been several terrors sent by Ammy to Jenny. Her purpose is to reveal Jenny's real identity. The first terror is when Jenny wants to get in a car as depicted in figure 4.18 above. She sees that there is a streak that is made by the spray paint on her car. This streak is written as "you are a monster". This scene shows that Jenny is increasingly experiencing the psychological pain; stress, upset, and fear at once as the side effects of plastic surgery.



Figure 4.20 the second terror for Jenny

(Source: Kim Yong – hwa, 2006, 01:21:35)

The second terror happens when Jenny should attend an event in a building. On the one wall of this building, there is Jenny's big poster. However, this poster is also covered with a spray paint scribbled "you are a monster" that is shown in figure 4.20. In this scene, Jenny also feels stressed, upset, and afraid at once.

The side effects of the plastic surgery that Hanna experienced are at its peak when she attends her album launch party in Hang Sang Jun's studio. At the party, Ammy congratulates Jenny on her album launch. Ammy says to Jenny that her fan attends the party and wants to meet her. That is Jenny's father who was treated in a psychiatric hospital.



Figure 4.21 Jenny's father attends the party



Figure 4.22 Jenny's facial expression when her father attends the party

(Source: Kim Yong – hwa, 2006, 01:30:28)

Jenny is so shocked when she finds out that the fan Ammy tells her is Jenny's father. At that moment, her father wants to give her a doll. However, Jenny refuses it since she is afraid that her true identity will be revealed at the party whereas actually Hang Sang Jun has already known Jenny's real identity. Jenny, at the party, does not even admit that he is her father. She feels very afraid and also sad.



Figure 4.23 Jenny cries



Figure 4.24 Jenny is tearing up her poster

(Source: Kim Yong – hwa, 2006, 01:32:16)

After the party, Hanna or Jenny meets Hang Sang Jun. He says that he already knows about Jenny's real identity. In this scene, Jenny aka Hanna cries and realizes her mistakes. More than that, she hurts herself by tearing up the poster of herself which is hung on studio glass. Her action causes her hand to bleed. Finally, Jenny's real identity is spread to the public.

The next day, after her conflict with Hang Sang Jun, Jenny should perform on a stage. Before the performance, Jenny is filled with fear. She still feels the psychological pain. Finally, she chooses to sing on the stage after being persuaded by Hang Sang Jun that everything will be fine. Her father comes to see her sing. As stated by Kim & Chung (2018) that those who take plastic surgery will experience psychological pain such as stress, upset, and fear. Jenny a.k.a Hanna still experiences psychological pain when she performs on the stage. She is silent at first. Then, she cries and confesses about her father on the stage. Jenny said to the audience,

I am sorry I cannot do this. I really cannot. I am sorry for making you guys disappointed. I am not Jenny but Hanna. I am a woman who has a weird face, a woman who is fat. I usually sing behind the stage for another singer. Then, I did the plastic surgery, from head to toe. Now, I look beautiful. I just want to be loved. I am really happy to be Jenny. Forgive me, I messed up everything. I leave my friend, my father, and myself. I do not know who I am anymore. I cannot remember what I was like in the past. I miss being Hanna.

At that time, Hang Sang Jun shows the old videos of Hanna to the audience and they cry. It is fortunate that the audience still gives their support and love to Hanna. She emphasizes that Jenny is not here. She also says that she will still sing but as Hanna.

Based on what Hanna has been through and her confession, the writer finds out that Hanna tries to overcome her situation by making a confession to everyone about her plastic surgery and her true identity. More than that, the writer also discovers that Hanna is coming to know a new world because Hanna accepts her new self without changing her identity anymore. Besides that, everyone can understand her and still loves her. Hanna is still famous as a singer.