

## 6. DAFTAR PUSTAKA

- Aisyah, S., & Hidir, A. (2014). Kehidupan Lansia yang Dititipkan Keluarga di Panti Sosial Tresna Werdha Khusnul Khotimah Pekanbaru. *Jurnal Online Mahasiswa*, 1, 1–14. Retrieved from <https://media.neliti.com/media/publications/31318-ID-kehidupan-lansia-yang-dititipkan-keluarga-di-panti-sosial-tresna-werdha-khusnul.pdf>
- Amaral, G., Bushee, J., Cordani, U. G., KAWASHITA, K., Reynolds, J. H., ALMEIDA, F. F. M. D. E., ... Junho, M. do C. B. (2013). Gizi dalam Daur Kehidupan. *Journal of Petrology*, 369(1), 1689–1699. <https://doi.org/10.1017/CBO9781107415324.004>
- Andini R. Y, Tiurma Sinaga, R. N. (2019). *Asupan gizi, aktivitas fisik, pengetahuan gizi, status gizi dan kebugaran jasmani guru olahraga sekolah dasar*. 14(2), 197–206. Retrieved from <https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=&cad=rja&uact=8&ved=2ahUKEwi59N7Q4MjqAhXTmuYKHQNIAGYQFjADegQIARAB&url=https%3A%2F%2Fjournal.unair.ac.id%2FMGI%2Farticle%2Fdownload%2F9785%2F7777&usg=AOvVaw1miUzqNTE8DIEes8Es4ScR>
- Arisanti, M., Husin, S., & Febry, F. (2014). *GAMBARAN ASUPAN ENERGI DAN ZAT GIZI PADA LANSIA DI PANTI SOSIAL TRESNA WERDHA WARGA TAMA INDRALAYA TAHUN 2009*. 5, 25–32. Retrieved from <https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=4&cad=rja&uact=8&ved=2ahUKEwi6uJTih7LIahXijOYKHTfwABIQFjADegQIBBAC&url=http%3A%2F%2Fwww.jurnal.umuslim.ac.id%2Findex.php%2FLTR1%2Farticle%2Fdownload%2F736%2F620&usg=AOvVaw0Ywoi0xPFYcidQ9-OTGkSL>
- Atun. (2016). Asupan Sumber Natrium, Rasio Kalium Natrium, Aktivitas Fisik, Dan Tekanan Darah Pasien Hipertensi. *Archivos de Zootecnia*, 65(249), 63–71. Retrieved from <https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=3&cad=rja&uact=8&ved=2ahUKEwisvtmWlsHIAhUp73MBHS8LBiYQFjACegQIBRAC&url=http%3A%2F%2Fjournal.litbang.depkes.go.id%2Findex.php%2Fmgmi%2Farticle%2Fdownload%2F3780%2F3641&usg=AOvVaw3TCCTa6yY3Ykya9>