



Pedoman Wawancara

1. Identitas subjek

- a. Siapa nama anda? Panggilannya apa?
- b. Berasal dari mana?
- c. Kapan anda lahir?
- d. Bahasa apa saja yang digunakan?
- e. Apa hobi anda?
- f. Apa cita-cita yang ingin diraih?
- g. Pendidikan terakhir yang ditempuh apa?
- h. Siapa orang tua anda?
- i. Apa pekerjaan orang tua?
- j. Apa pendidikan terakhir orang tua?
- k. Apakah ada saudara? Berapa jumlahnya?
- l. Apakah sudah menikah?
- m. Apakah memiliki anak? Berapa jumlahnya?
- n. Apa saja kegiatan yang dilakukan di Wisma Husada dalam sehari?
- o. Apa saja kelebihan anda?
- p. Apa saja kekurangan anda?

2. Latar belakang subjek

- a. Alasan apa yang menyebabkan anda keluar dari negara asal?
- b. Bagaimana kondisi negara anda sebelumnya sehingga anda harus meninggalkan negara anda?
- c. Apa yang anda lakukan sebelumnya? (Pekerjaan/kegiatan)

- d. Kejadian apa yang paling mengesankan dalam hidup anda saat masih berada di negara asal anda?
- e. Keputusan apa yang paling mendorong anda keluar dari negara asal?

3. Hal-hal yang berkaitan dengan *subjective well-being*

a. Emosi positif

Apa yang membuat anda merasa senang?

Apakah anda merasa lebih nyaman ketika telah berpindah?

Seberapa sering anda merasa sukacita?

Apakah anda merasa bergairah untuk meraih harapan anda?

Apakah anda merasakan kenikmatan dalam melakukan aktivitas sehari-hari?

b. Keterlibatan

Apakah anda tergabung dalam suatu komunitas?

Apakah sering berkumpul dengan tetangga?

Apakah ada hal menarik dalam hidup anda saat ini?

Hal apa yang membuat anda sering lupa waktu saat melakukannya?

c. Makna

Kepercayaan apa yang anda anut?

Ritual atau kegiatan apa yang anda jalani sesuai dengan kepercayaan tersebut?

Bagaimana pandangan anda mengenai hidup yang bermakna?

4. Faktor yang memengaruhi *subjective well-being*

a. Genetis

Apakah sejak kecil anda tidak mudah murung?

Apakah anda orang yang mudah beradaptasi dengan perubahan?

b. Kepribadian

Menurut anda, anda orang yang seperti apa? Coba diceritakan

Apa kelebihan dan kekurangan? (*mengikut poin identitas subjek*)

c. Demografis

Menurut anda, sudah cukup berhargakah diri anda?

Apakah anda orang yang mudah cemas?

Apakah ada keinginan untuk memperdalam atau mempelajari sesuatu?

5. Hal-hal yang berkaitan dengan *psychological well-being*

a. *Self-acceptance*

Adakah peristiwa masa lalu yang ingin anda hindari?

Adakah peristiwa masa lalu yang ingin anda ulang?

Adakah dari diri anda yang ingin dirubah?

b. *Positive relations with others*

Bagaimana hubungan anda dengan orang yang beda kewarganegaraan?

Apakah anda pernah menolong orang lain diluar keluarga anda?

Adakah teman baik anda di Wisma Husada?

c. *Personal growth*

Apa yang ingin dipelajari saat ini?

Apakah selama Covid-19 anda menghadapi kesulitan baru?

Bagaimana cara anda mengatasinya?

d. *Purpose in life*

Apa harapan terbesar anda saat ini?

Jika harapan itu terwujud, apa yang akan anda lakukan?

Jika harapan itu belum terwujud, maka apa yang akan anda lakukan?

e. *Environmental mastery*

Coba ceritakan kegiatan sehari-hari anda saat ini!

Adakah pembagian tugas kerja dalam mengurus rumah tangga?

f. *Autonomy*

Apakah tinggal di Indonesia menyulitkan anda?

Kesulitan apa yang dihadapi saat berada di tempat ini?

6. Faktor yang memengaruhi *psychological well-being*

a. Psikososial

Adakah pengalaman tertentu yang membuat anda trauma?

Adakah pengalaman terpisah dengan keluarga saat perpindahan?

Apa yang anda lakukan ketika anda merasa stres?

Apa yang anda lakukan ketika jengkel atau marah?

b. Sosiodemografis

Bagaimana cara anda memenuhi kebutuhan hidup?

Bagaimana kondisi keuangan keluarga anda?

c. Biologis

Apakah anda memiliki riwayat sakit?

Bagaimana cara anda menjaga kesehatan diri anda ditengah Covid-19?

7. Perjalanan atau proses menjadi seorang pengungsi

Bagaimana anda bisa sampai ke Indonesia?

Dari mana anda mendapatkan informasi mengenai Indonesia?

Adakah halangan selama proses perpindahan?

Apakah anda menghadapi kesulitan selama proses perpindahan?

Apakah anda sudah mengajukan permohonan suaka baru?

8. Pengalaman menjadi pengungsi

Adakah pengalaman yang menyenangkan ketika menjadi pengungsi?

Adakah pengalaman yang menyedihkan ketika menjadi pengungsi?

Adakah pengalaman yang tidak pernah terlupakan oleh anda?



PEDOMAN OBSERVASI

1. Interaksi dalam kegiatan di Wisma Husada
2. Perilaku terhadap keluarga dan lingkungan sekitar
3. Penampilan subjek
4. Kondisi lingkungan tempat tinggal
5. Ekspresi dan gerak tubuh saat wawancara





LAMPIRAN B
REKAP HASIL WAWANCARA

Lampiran 1.1 Hasil Wawancara Subjek M

Pertanyaan	Jawaban	Analisis	Tema	Koding	Intensitas
Hello, may I know your name?	M..R..				
Okay and where do you come from?	Afghanistan				
Sudah berapa lama di sini?	4 tahun				
How old are you?	13				
How many languages do you speak?	English, Indonesia, Persian, dan sedikit Jawa hehehe				
Oh wow Jawa juga bisa ya	Iya sitik-sitik				
And what is your hobby?	Hmmm				

Or what did you do for daily activities?	Hmmm wake up from sleep and play like that, maybe				
Oh who do you usually play with? Biasanya main sama siapa?	Sama adikku, main game				
Main game apa?	FF				
Free fire? Ouh	Yaa, kan semua orang suka Free Fire				
Oh but I don't like it, I play Mobile Legend	Aku juga punya tapi barusan download				
Oh gitu	Temanku udah legend				
Oh I'm just master hehe	It's okay				
Next, do you have dream or life goals?	My dream is to be doctor or a pilot				

Why do you want to be doctor or pilot?	Because doctor is can help some people and pilot can transfer people from here to Jakarta and Jakarta to Canada maybe	Subjek dapat menjelaskan alasan cita-citanya untuk berguna bagi orang lain	<i>Purpose in life</i>	PL	+++
Do you go to school?	Kelas 5				
Are you still on holiday or udah masuk?	Udah sempet holiday tapi udah masuk belajar di sini				
Belajar di sini <i>online</i> ?	Enggak pake kertas				
Ada guru berarti datang?	Bu guru datang kasi tugas harus minggu depan ini kita selesai kerjain terus balikin ke sana				
Oh gitu, sekolahnya di mana emang?	Bina Putra				

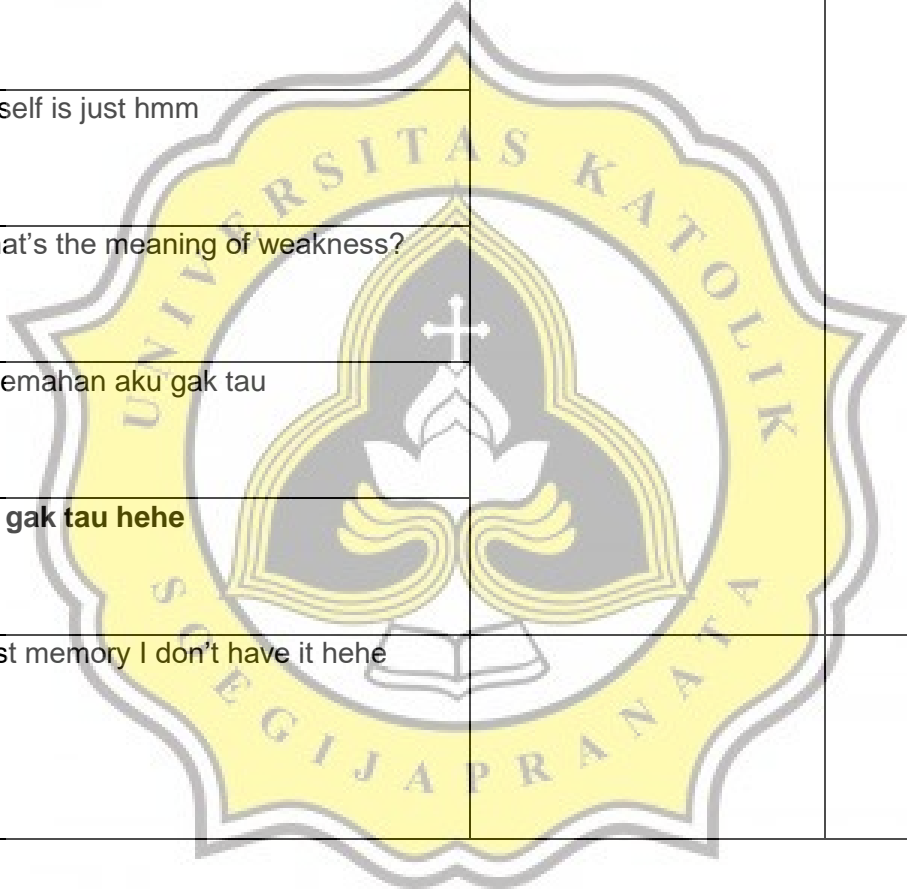
Dari kelas berapa di sana?	6 kelas, kalau aku kelas 5			
Oke, when did you start your school? 4 years ago?	No! this year, first and second month of 2020			
Oh this year?	Barusan mulai, naik kelas			
Oh sebelumnya gimana?	Kelas 4, before class 4 and semester 3 sama semester 2 sudah, nanti berarti naik ke kelas 5 sudah			
Okay, tell me about your parents	Hah?			
What are their names?	Fathers A, mothers H			
What do they do?	Ibu aku jaga adek kecil aku, papaku pergi ke pasar beli sayuran gitu			

<p>Papamu bisa masak berarti? Enak masakannya?</p>	<p>Iya hehee</p>				
<p>Biasanya masak apa papa?</p>	<p>Kacang merah, kacang hijau, sayur, nasi sama makanan spesial untuk adik</p>				
<p>Do you know what their last education? Or what are they graduated from?</p>	<p>Mana aku tau, dulu aku belum lahir</p>				
<p>Did they go to campus or high school?</p>	<p>No</p>				
<p>You don't know it ya?</p>	<p>Enggak, kan aku belum lahir, lahir aku tanggal 2006, kalau ibu aku gaktau, papa aku gaktau</p>				

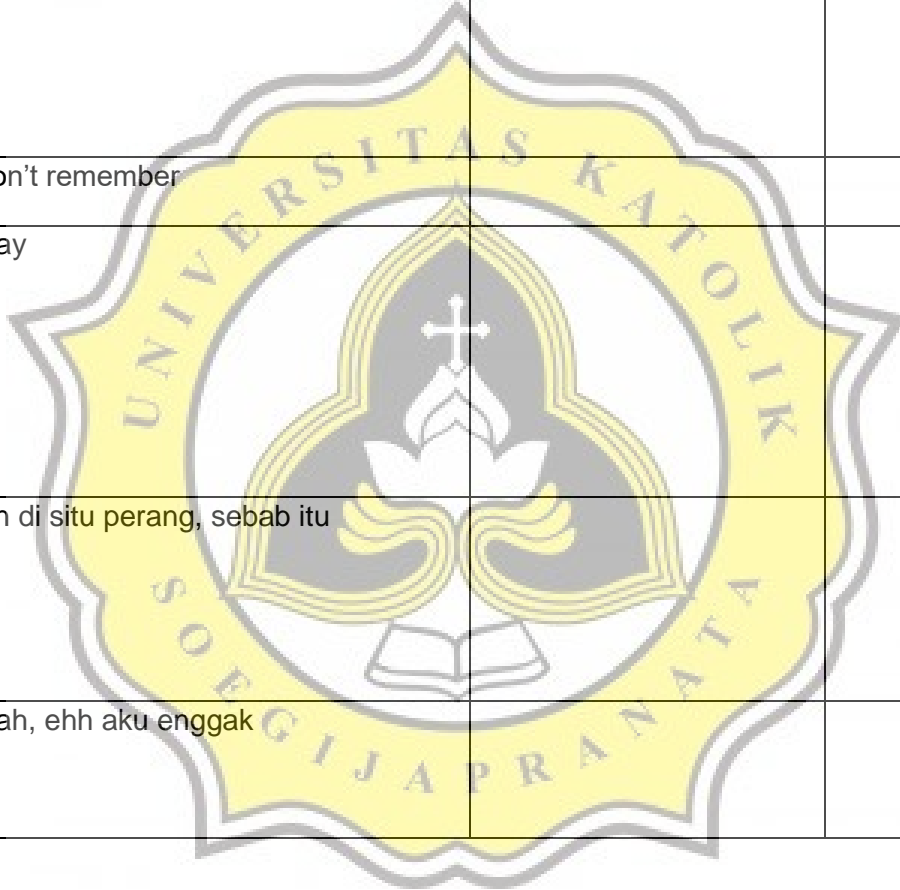
Kamu lahirnya di Afghanistan?	Iya				
So do you have brother or sister?	Itu adekku				
Oh what his name?	M..				
Only one brother?	2 brothers				
Do you have sister?	No				
What are your daily activities?	Playing <i>free fire</i> , atau main hide and seek, gitu aja				
Hide and seek? Okay.	Iya gitu aja. Has, Covid-19 make many causes, can't do anything	Subjek merasa kesal dengan kondisi sekarang terkait <i>Covid-19</i>	Emosi positif	EP	+
Before <i>Covid-19</i> what did you do?	Pergi sekolah, pulang jam 1, nanti main seperti online aja	Subjek mampu mengatur kegiatan sehari-hari	<i>Environmental mastery</i>	EM	++

Don't you gather with them?	Kemarin udah main, tapi aku gak mau main lagi karena rusak atasnya	Subjek mampu membuat keputusan dan tidak mengikuti kegiatan mayoritas	<i>Autonomy</i>	A	+++
Oh gitu	Kan itu ada 2 rumah, satu rumahnya udah jatuh				
Ambruk?	Iya udah rusak, sebab itu aku gak mau main lagi kalo orangnya rusak nanti bilang ini yang gak datang, nanti satu hari datang bakal rusak	Subjek memahami situasi yang merugikan bagi dirinya dan menghindarinya	<i>Environmental mastery</i>	EM	++
Do you know your strength?	Hah?				
Kelebihan? What do you good at?	Good at? I don't know	Subjek kurang mengenali dirinya	<i>Self-acceptance</i>	SA	+

<p>What is your specialty?</p>	<p>Special tea? Teh manis hahaha</p>				
<p>Can you tell me about yourself?</p>	<p>Myself is just hmm</p>				
<p>Or do you have any weakness?</p>	<p>What's the meaning of weakness?</p>				
<p>Weakness is kelemahan</p>	<p>Kelemahan aku gak tau</p>				
<p>Kamu tidak jago apa gitu?</p>	<p>Ah gak tau hehe</p>				
<p>I want to ask you about your past memory, is it okay?</p>	<p>Past memory I don't have it hehe</p>				

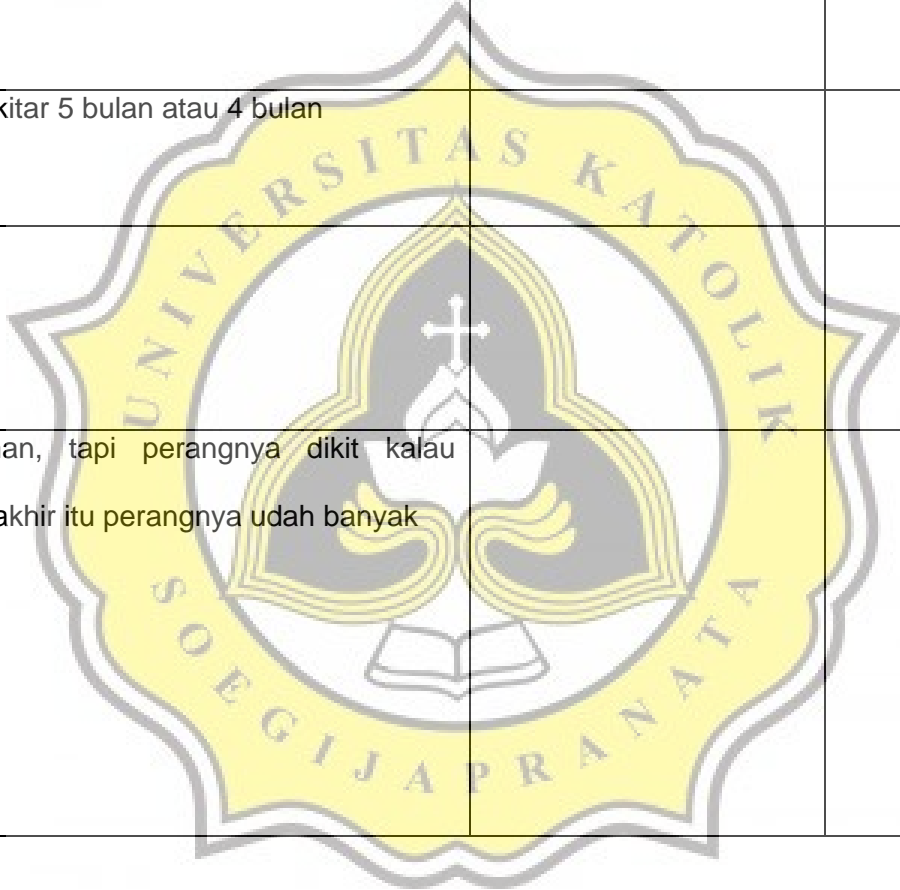


<p>When you are in Afghanistan what I mean</p>	<p>Ga ada, too small</p>				
<p>Hmm okay</p>	<p>I don't remember</p>				
<p>It's okay you can pass the question atau kalau kamu tau bisa jawab aja ya</p>	<p>Okay</p>				
<p>What is the reason your family leaving your country?</p>	<p>Kan di situ perang, sebab itu</p>				
<p>Kamu meraskan perangnya gak?</p>	<p>Udah, ehh aku enggak</p>				

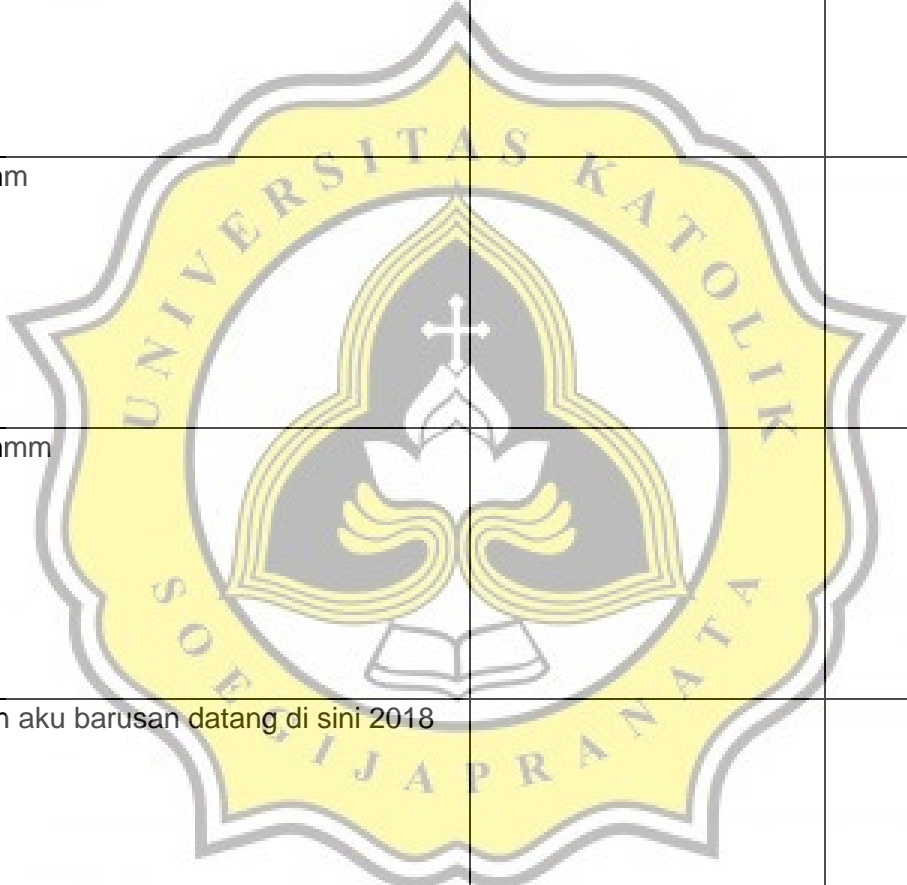


Kamu dengar atau lihat atau gimana?	Enggak lihat tapi setiap hari bom main senjata gitu semuanya Taliban sama Kaidah gitu				
Itu rumahmu kena bom gak?	Enggak aman Kalau perangnya bukan di situ jauh tapi wes terakhir, 2005 gitu, datang dikit, nanti 2016 kita datang di sini				
Kamu ke sininya naik apa?	Pesawat				
Sempat transit ga in another country?	Enggak, hanya Malaysia sama Jakarta, eh Indonesia				
Berarti dari Afghanistan ke Malaysia abis itu ke	Habis itu tinggal di situ (camp), abis itu tinggal di hotel, habis itu tinggal di sini				

<p>Jakarta abis itu dioper ke sini?</p>					
<p>Berarti di Jakarta Cuma sebentar?</p>	<p>Sekitar 5 bulan atau 4 bulan</p>				
<p>Cuman menunggu tempat di sini ya berarti?</p>	<p>Iya</p>				
<p>Waktu kamu lahir di sana, waktu itu masih aman gak di sana tempatnya? Atau sudah ada perang-perang?</p>	<p>Aman, tapi perangnya dikit kalau terakhir itu perangnya udah banyak</p>				



<p>Itu tahun berapa yang perangnya banyak?</p>	<p>Ah gak tau lagi ini</p>				
<p>Terus, what is your memorable memory when you still on your country?</p>	<p>Hmm</p>				
<p>Is there any childhood memory that you still remember?</p>	<p>Hmmm</p>				
<p>Okay don't you remember your childhood memory? Berarti waktu kamu</p>	<p>Kan aku barusan datang di sini 2018</p>				



meninggalkan Afghanistan itu umur berapa?					
Di Afghanistan dulu sekolah biasa?	Iya biasa juga sampai kelas 3				
Kalau di sana sekolah kondisinya kayak apa? Sama gak kayak di sini?	Enggak, beda				
Bedanya apa?	Kan itu sehari kasi pelajaran 12				
Wow banyak ya	Enggak itu dikit, kalau sini banyak banget				
Maksudnya pulang sampe jam 12? 12 itu apanya?	Oh engga, 12 itu buku, maksudnya matematika, Alquran, gitu-gitu				

Terus enakan mana sekolah di sini apa di sana?	Di situ, karena itu bahasa kita, kalau di sini sedikit susah untuk ikutinnya				
Kamu susah ngertinya ya?	Iya tapi udah tau sedikit	Subjek mampu terbuka terhadap perubahan yang terjadi	<i>Personal growth</i>	PG	+++
Next question, what makes you happy?	What makes you happy? My family when fun I guess	Subjek menunjukkan kedekatan dan kehangatan keluarganya	Emosi positif	EP	++
Is there anything that you do to make you happy?	Play car online, or play football like that, or top up on game heheh	Subjek menunjukkan ketertarikan yang besar pada <i>game online</i>	Keterlibatan	K	++
Ou	Tapi kan aku gak punya duitnya buat top up				

Iya kan duitnya dari papa	Gak dikasi, dia bilang itu dia punya ngapain buat kamu				
Iya ditabung aja	Iya hehe				
Okay next do you feel more comfort after leaving your country?	Engga, sedih				
Why?	Kan disitu ada ibuku 1, papaku 1, sama temen-temenku gitu Kan aku sedih sebab di situ kan ada nenekku, kakekku, kalau di sini gak ada	Subjek merasa berpisah dengan keluarga membuatnya sedih	Emosi positif	EP	+
Jadi kamu lebih seneng kalau ada nenek ya?	Iya kan lebih bagus, kan nenek aku sekarang di Afghanistan, aku disini, jauh banget				

Oh jadi kamu lebih seneng di sininya atau di sana?	Iya sama keluarga aku sekarang				
Oh gitu, kamu tinggal di sini sama siapa aja berarti?	Bapk, ibu, adek, adek				
Oh berarti berlima doang?	Iya				
How often do you feel joy? Lebih sering merasa senang atau lebih sering merasa sedih?	Senang	Subjek merasa dirinya dalam keadaan normal dan tidak menunjukkan perasaan kesedihan	Emosi positif	EP	++
Kira-kira dalam seminggu sering	Emm gak tau, kan normal				

senangnya apa sering sedihnya?					
Is it more happy or more sad?	Normal juga				
Do you feel pleasure when doing something?	Win!	Subjek menunjukkan gairahnya terhadap permainan hingga	Emosi positif	EP	+++
Win the game?	Not the game, if like champion it'll help, if like game every time I got it, so yeah, or victory	menjadi pemenang			
Do you feel passionate to reach your hope? Do you sure to reach your	lyalah, kalau bukan begitu, masa aku bisa pergi jdi pilot atau dokter, harus ada belajar, banyak, sama belajar pilot, belajar dokter, biar bisa untuk operasi orang, untuk	Subjek mengerti kewajiban yang ia harus lakukan untuk meraih harapannya.	<i>Personal growth</i>	PG	+++

hope to become a doctor or pilot?	bisa mengobati orang atau memindah orang ke Jakarta atau Canada, Australia	Subjek juga percaya bahwa ia mampu meraih harapannya	Emosi positif	EP	+++
Do you join some communities or group?	Nope, belum				
Kalau kelompok bermain?	Kelompok bermain udah				
With Somalia people too?	Yeah Somal and Afghanistan				
Is there any Sudan here?	Arab yes, Sudan no				
Do you play with Arab people?	No				

Do you usually gather with your neighbor or your roommate or the other family?	Eenggak, saya sendiri doang	Subjek kurang begitu terlibat dengan lingkungan di luar keluarganya	Keterlibatan	K	+
What are they doing?	Pergi jalan-jalan				
Oh boleh ya?	Boleh harus pakai masker, setelah datang ganti baju, mandi, cuci tangan				
Oh doing the protocol ya, biasanya boleh jalan-jalan sampai mana emang?	Eenggak boleh keluar dari Semarang, di mana pun Semarang masih boleh				
Berarti ke mall gitu boleh?	Iya boleh				

Is there something interesting in your life?	Apa apa? Interesting itu apa?				
Interesting itu menarik	Hmm gak tau				
Something cool in your life lately?	Ada tapi aku lupa	Subjek tidak menunjukkan adanya keterlibatan terkait suatu hal	Keterlibatan	K	+
Okay no problem, you just doing something as routine?	Yaa				
Biasanya kalau main Mobile Legend atau	Enggak				

Free Fire kamu suka lupa waktu gak?					
Berapa lama kalau main?	Mainnya 1 jam	Subjek membatasi sendiri jam bermainnya	<i>Environmental mastery</i>	EM	+++
Oh 1 jam?	Pagi, siang, sore	karena ia mengerti dirinya harus belajar			
Haha 3 jam dong berarti?	Harus juga belajar soalnya, kalau gak selesaikan tugasnya nanti bu gurunya marah				
Biasanya sampai diomelin papa untuk berhenti main gak?	Enggak				
Jadi kamu tau waktu sendiri?	Kan punya jam tangan	Subjek menunjukkan bahwa bermain	<i>Autonomy</i>	A	+++

Berarti if its already one hour you stop playing?	Kalau belum sampai Victory aku afk, kalau di free fire aku chicken dinner aku keluarkan langsung	merupakan keputusannya sendiri			
Do you enjoy some music?	Listen but like not cool or special just normal				
What is your religion?	Moslem	Subjek mengalami kewajiban agamanya dengan baik	Makna		
Do you still sholat five times a day?	Iya				
Is there any other ritual that you do in your religion? Kebiasaan lain selain sholat?	Sama kayak Indonesia			M	+++

What do you think about meaningful life?	Meaningful life? Hmm				
What makes your life meaningful?	My life meaningful hmm I don't know	Subjek tidak mengetahui kondisi hidup yang bermakna bagi dirinya	Makna	M	+
Okay, do you easily get sad?	Apa?				
Kamu dari kecil gampang murung atau sedih gak, atau kamu dari kecil orang yang happy?	Ya mana ku tau, itukan 4 atau 3 tahun, kalau sekarang malah biasa	Subjek tidak mudah sedih walaupun memiliki latar belakang yang tidak menyenangkan	Faktor SWB	FS	+++
Tapi kamu merasa sedih gak kalau	Enggak, biasa aja				

remember history mu?					
Are there any memories that you avoid?	Keluar dari negara ada tapi aku udah lupa	Ada pengalaman yang subjek tidak sukai namun subjek memilih untuk menekan pengalaman tersebut dengan melupakan	<i>Self-acceptance</i>	SA	+
Are there any memories that you want to be repeat?	Enggak				
Misalnya ada memory holiday gitu gak?	Udah, ke Marina				

Berarti selama 4 tahun belum pernah keluar dari Semarang ya?	Iya				
Is there anything that you want to change from yourself or your life?	Dulu kan aku gak tau ajarin bahasa sama ditolong sama anak-anak perempuan gantikan aku dari noob sampai pro	Subjek merasa dirinya berubah ketika belajar bahasa dan ia menerima perubahan tersebut	<i>Self-acceptance</i>	SA	++
Oh gitu, jadi dia bantuin kamu atau kamu bantuin dia?	Dia bantuin aku, nanti aku juga bantukan kalau aku bisa	Pengalaman subjek mendapat bantuan ini membentuk relasi positif	<i>Positive relations with others</i>	PR	+++
Do you regret it? Menyesal gak?	Enggak				
Berarti seneng ya bantuin dia?	Iya				

How is your relation with others with different nationality?	Sama	Subjek tidak bermasalah berhubungan dengan orang yang berbeda dengannya	<i>Positive relations with others</i>	PR	++
Do you still be friends with them?	Iya				
Have you ever helped somebody outside your family?	Udah, waktu kecil temenku jatuh dari sepeda, aku bantukan, pergi ke orang lain, aku ambil selang, kan itu jatuh di dalam air yang kotor, nanti aku ambilkan tas nya sama sepedanya. Pas kita mau pergi ke sekolah itu di atas itu ada seperti kayu, kita pergi di atas itu, kayunya langsung pecah, dia masuk ke dalam air kotor itu, nanti kita keluarkan, pergi dari deket itu,	Subjek tidak sungkan untuk membantu temannya sekalipun dalam kondisi yang tidak menyenangkan dan sudah waktunya untuk ke sekolah	<i>Positive relations with others</i>	PR	+++

	<p>kelas kita di sini, ada orang di situ, terus aku pinjam selangnya, aku cucikan bajunya hanya hapuskan kotornya, maksudnya hanya hapuskan kotornya dari bajunya, nanti kita kirimkan dia ke rumahnya</p>				
Jadi di aga jadi berangkat ke sekolah?	<p>Enggak, nanti kita bilang bu gurunya jatuh ke dalam air kotor, nanti kita kasi tau begitu</p>				
Tapi dia gak terluka?	<p>Enggak, enggak sakit juga</p>				
Jadi kamu cuman bantu mandi aja ya?	<p>Iya</p>				
Do you have any best friend here?	<p>Ada tapi udah ke Canada</p>	<p>Subjek mengetahui kondisi temannya</p>		PR	++

Dari mana temannya?	Afghanistan juga		<i>Positive relations with others</i>		
Is he a boy too?	Ya				
Is he have the same age with you?	Sedikit kecil, 1 tahun lebih kecil				
Dia sejak kapan pindah ke Canada?	Tahun 2019, baru aja, hanya mungkin 5 bulan atau 3 bulan				
Do you feel sad when he went to Canada?	Dikit tapi udah lupa				
What do you want to learn next?	English , because English is different from any language, any place can use English, at any place	Subjek menginginkan belajar bahasa untuk menunjang	<i>Personal growth</i>	PG	+++
Anything else?	Sama Indonesia juga				

Kenapa mau belajar bahasa Indonesia?	Karena Indonesia itu bisa bekerja di Indonesia, kalau English itu semua dunia juga bisa	kehidupannya di masa depan			
Okay, do you face any new difficulties during <i>Covid-19</i> ?	No, kayak biasa aja	Subjek merasa kondisi <i>Covid-19</i> tidak menyulitkannya	<i>Personal growth</i>	PG	++
Kalau misalkan kamu udah berhasil jadi dokter, kamu mau jadi dokter dimana?	Jadi dokter operasi, dokter apapun lah	Subjek memiliki tujuan untuk menjadi dokter yang dapat membantu banyak orang terutama	<i>Purpose in life</i>	PL	+++
Okay, do you will help anyone?	Orang miskin free, gratis	orang miskin			
Okay, kalau misalnya gak bisa jadi dokter,	Kalau gak bisa dokter, mungkin manager atau seperti orang biasa	Subjek juga sudah memikirkan peluang lain	<i>Purpose in life</i>	PL	+++

apa yang kamu lakukan?	ajalah, kerja Grab atau orang kantor gitu	yang bisa dilakukan dirinya			
Okay, kalau di kamar yang beresin siapa aja biasanya?	Papa aku				
Papa kamu doang? Kamu bantuin gak?	Membersihkan rumah, cuci piring, membersihkan lantai rumah	Subjek masih membantu beberapa pekerjaan rumah tangga	<i>Environmental mastery</i>	EM	++
Is there any traumatized memory?	No				
Are you ever separate from your family?	Separate? Senang tapi enggak separate	Subjek tidak pernah berpisah dengan keluarga intinya	Faktor PWB	FP	++

Terpisah dengan kakek nenek aja ya?	Iya	sehingga tidak bergitu terganggu secara psikososial			
Pernah gak terpisah dari ayah ibu?	Enggak selalu bersama				
Biasanya kalau kamu stres kamu ngapain?	Hanya berisikan ruang, dengerin music atau hanyaa hraak, shouting	Subjek sudah mengerti coping stress yang sesuai untuk dirinya	Faktor PWB	FP	+++
Terus kalau udah sampai marah kamu ngapain?	Cuci wajahh, atau jalan-jalan	Subjek juga dapat mengendalikan emosinya	Faktor PWB	FP	+++
Biasanya sampai throwing some objects gak?	Enggak				
Or get angry with someone?	Enggak				

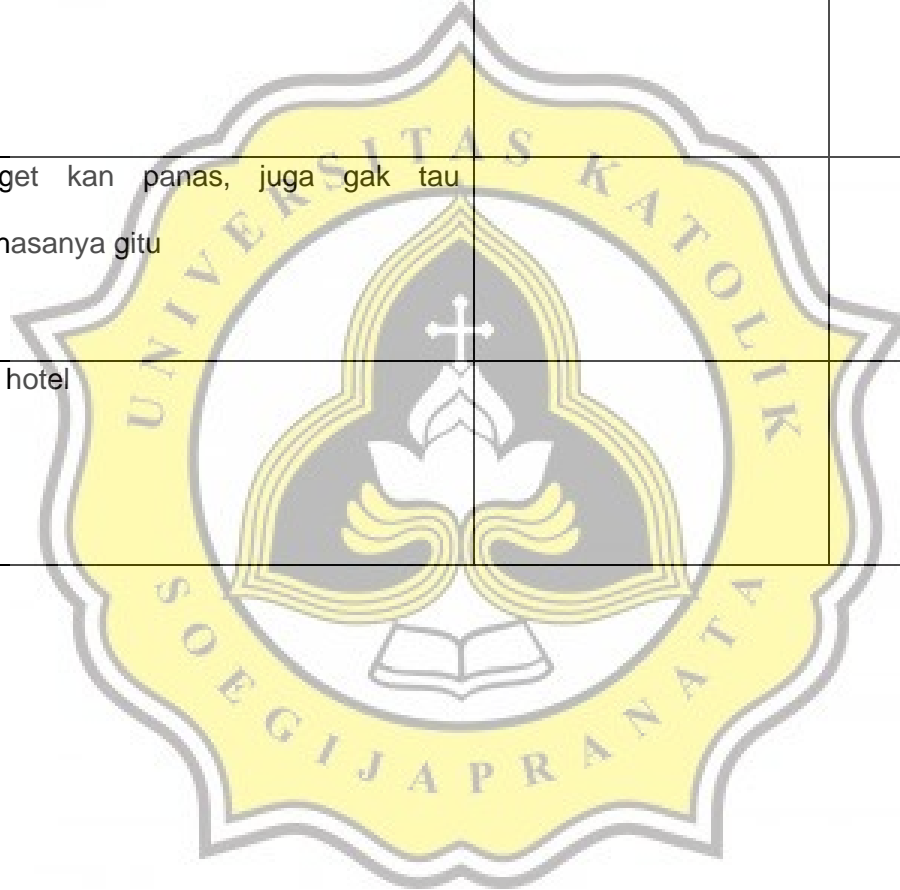
What's your family needs?	My family needs? I don't know, kan belum soalkan				
Did you know that your father finds new country or not?	Enggak				
Enggak tau ya?	Enggak				
Do you have any illness history?	Illness? Enggalah				
How do you maintain your health during Covid? Do you go exercise?	Enggak juga hanya di hotel ini gak keluar di manapun	Subjek mengetahui cara terbaik bagi dirinya untuk tetap sehat dan terhindar dari Covid-19	Faktor PWB	FP	+++
Jadi olahraganya hanya playing soccer?	Iya				

Can you tell me how the process when you come to Indonesia?	Dari Malaysia kan transport hanya			
Oh transit?	Iya			
Berarti dari Afghanistan udah tau langsung mau ke Indonesia?	Iya			
Siapa yang memberi tau Indonesia?	Papa aku			
Jadi kamu ikut aja ya?	Iya			
Ada kesulitan gak waktu pindah?	Enggak			

Oh lancar ya, tidak pernah ada penahanan gitu ya?	Enggak				
Okay, do you apply for new asylum?	Belom				
Ada keinginan tapi dari keluarga?	Iya masih mencari				
Rencananya mau kemana?	Ke Canada atau Amerika atau itu aja				
Is there any happy moment when you become refugee?	Iyalah senang, kan senang prosesnya udah lancar	Subjek mengikuti proses dan menerima segala peristiwa yang terjadi di hidupnya	<i>Self-acceptance</i>	SA	+++
Is there any sad moment?	Enggak				

Is there any unforgettable memory?	Hanya pas aku udah tau di Negara Indonesia				
Kenapa?	Kan barusan aku keluar dari negaraku datang ke Indonesia masih anak kecil, gak tau ini apa, pesawat tapi tau, juga bisa bicara lancar. Kan aku 9 atau 10 aku ke sini. Pas aku masuk ke Indonesia panas, kalau negaraku dingin				
Di negara mu banyak angin?	Kan 4 musim, panas, nanti setelah panas nanti daun gugur, nanti musim terakhirnya adalah salju				

Berarti di sana sempat ngerasain salju?	Udah				
Berarti pas sampai di Indonesia perasaanya apa?	Kaget kan panas, juga gak tau bahasanya gitu				
Pertama kali sampai Jakarta terus tujuannya kemana?	Ke hotel				



Lampiran 1.2 Rekap Intensitas Subjek M

Tema	Koding	Intensitas
Emosi positif	EP	++
Keterlibatan	K	++
Makna	M	+
Faktor SWB	FS	+++
<i>Self-acceptance</i>	SA	++
<i>Positive relations with others</i>	PR	+++
<i>Personal growth</i>	PG	+++
<i>Purpose in life</i>	PL	+++
<i>Environmental mastery</i>	EM	++
<i>Autonomy</i>	A	+++
Faktor PWB	FP	+++

Keterangan Intensitas:

+++ : kuat ++ : sedang + : lemah

Lampiran 1.3 Matriks Subjek M

	EP	K	M	FS	SA	PR	PG	PL	EM	A	FP
EP		++↖		+++↖		+++↖					+++↖
K						++↖			+++↖		
M											
FS											
SA									+↖		
PR								+↖			++↖
PG								+++↖		+++↖	
PL											
EM											++↖
A											
FP											

Keterangan:

Tema	Koding	Tema	Koding
Emosi positif	EP	Self-acceptance	SA
Keterlibatan	K	Positive relations with others	PR
Makna	M	Personal growth	PG
Faktor SWB	FS	Purpose in life	PL
		Environmental mastery	EM
		Autonomy	A
		Faktor PWB	FP

Lampiran 2.1 Hasil Wawancara Subjek K

Pertanyaan	Jawaban	Analisis	Tema	Koding	Intensitas
Boleh tau namanya siapa?	K.. A.. K..				
Where do you come from?	Somalia				
Lahir di sana?	Emm lahirnya di Yaman				
Tahun berapa lahirnya?	2003 bulan August tanggal 13				
How many languages do you speak?	Indonesian, English, bahasa Persian, sama Arabia				
Do you also speak Javanese?	No				
What is your hobby?	Hobi aku.. hobi aku main				
Main apa?	Main basket			SA	+++

Biasanya main basket sama siapa?	Enggak ada di sini tempat main basket, tapi hobi aku main basket	Subjek mengetahui kegemarannya walaupun jarang dilakukannya	<i>Self-acceptance</i>		
Oh gitu, berarti biasa main basket setiap apa?	Gak ada tempat basket tapi hobi aku				
Kalau di sekolah?	Sekolah enggak ada tempat basket tapi ada sepak bola				
Oh ada sepak bola, sekolahnya di mana?	SMP Islam Nudia				
Kelas berapa berarti sekarang?	Kelas 8 emm 2				
Tell me about your dreams, what do you want to be?	Doctor!	Subjek menunjukkan keyakinan dengan cita-citanya	<i>Purpose in life</i>	PL	+++
Jadi dokter apa?	Belum tau sekarang				

Tell me about your parents, what is their name?	Nama ibu aku S..			
And your father?	A.. K..			
What do they do?	Gak ada pekerjaan sekarang			
Berarti stay di sini aja?	Iya			
Do you have brothers or sisters?	2 brothers			
Sister?	Eenggak			
Kamu anak pertama?	Eenggak, dua			
Are you married?	No!			
What is your daily activity here?	Main HP			
Sekolahnya online?	Online			

Do you know what is your strength? Kelebihanmu apa aja?	Gak ada sih	Subjek kurang menggali hal positif dalam dirinya	<i>Self-acceptance</i>	SA	++
What do you good at?	Gak ada kelebihanya, biasa aja semua				
Kayak misalnya bisa bahasa?	Iya itu				
Atau jago masak?	Masak gak jago				
Terus ada kelebihan lain gak?	Cuman bahasa aja				
Oh gitu, kalau kekurangan?	Kekurangan.. banyak	Subjek merasa memiliki kekurangan namun tidak mengetahui apa saja kekurangannya	<i>Self-acceptance</i>	SA	++
Apa tuh?	Kekurangannya gak jago masak , juga banyak				
Banyaknya apa aja?	Kayaknya cuman itu				

I want to ask you about your history, is it okay?	Gapapa				
What is the reason you are leaving your country?	Perang				
Kamu <i>ngeliat</i> sendiri atau merasakan atau denger?	Enggak, kan di televisi juga banyak.				
Tapi di daerah rumahmu masih aman atau sudah ada suara ledakan?	Masih aman, masih aman Tapi <i>kalo</i> sekarang perangnya lebih parah	Kondisi perang tidak secara langsung berdampak pada tempat tinggalnya sehingga tidak mengganggu fungsi positif PWB	Faktor PWB	FP	+++
Berarti pindah ke sini sejak kapan?	Hmm 2014, tapi bulan November				

Sebelumnya dimana?	Emm, ke Malaysia cuman 5 hari			
Sebelum di Indonesia sempet di negara lain?				
Oh transit?	Iya			
Jadi tau Indonesia dari mana?	<i>Gatau</i> , karena waktu itu aku masih kecil jadi sama orang tua			
Kondisinya dulu di negaramu seperti apa yang mendorong kamu pindah?	<i>Kalo</i> di negara aku, aku <i>gatau</i> lebih, karena aku lahirnya di Yaman. Aku <i>ga</i> pernah ke Somalia. Lahir di Yaman, sekolah di Yaman. Jadi udah <i>ga</i> pernah ke Somalia.			
Somalia itu berarti kampung orang tua?	Iya			

	Negaranya beda, Yaman beda, Somalia beda. Kan Yaman Arab kan				
Berarti <i>kalo</i> yang di Yaman <i>gak</i> terlalu banyak perang?	Perang! Waktu itu perang terus kita pindah (ke) udah pergi dari Yaman, terus ke Indonesia. Tapi perangnya sekarang lebih. Di negaraku juga ada perang, di Yaman juga ada perang. Jadi ga bisa ke dua-duanya.	Kondisi negaranya menjadi faktor psikososial yang dapat memengaruhi dirinya, namun ia tidak memiliki kepahitan akan peristiwa tersebut	Faktor PWB	FP	+++
Oh gitu, jadi nenek kakek mu masih di Somalia? Masih hidup?	Iya di Somalia, kalau kakek <i>engga</i> tapi kalau nenek masih				

Bapak ibumu <i>sempet</i> ikut perang atau merasakan perang?	<i>Engga</i>			
Sebelumnya di Yaman kamu sekolah?	Sekolah sampai kelas 7. Jadi aku disini udah <i>gak</i> lama sekolah jadi barusan masuk di tahun ini, mungkin Februari kita mulai. Udah <i>cuman</i> 2 bulan kita sekolah, abis itu corona hehehe, abis itu <i>engga</i> lagi			
Berarti selama ini abis pindah ke sini belajar bahasa aja?	Iya cuman bahasa aja, kan kita <i>gak</i> sekolah, jadi kita mulainya dari kelas 7 karena udah lama banget, udah kayak 6 tahunan <i>gak</i> sekolah kan, kan susah	Subjek terbuka untuk belajar hal baru dan harus melanjutkan studinya	<i>Personal growth</i>	PG +++

	<p>kalau mulainya mungkin dari kelas 2 SMA atau 3 SMA, jadi ya melanjutkan yang sebelumnya</p>			
<p>Do you have memorable memory in Yaman? Paling teringat kejadian di sana apa?</p>	<p>Sebenarnya <i>enggak</i> ada kejadian di sana karena aku <i>cuman</i> sekola, di rumah, belajar terus nonton TV, <i>cuman</i> gitu. Karena aku <i>gak</i> suka kayak keluar-keluar terus</p>			
<p>Oh, <i>gak</i> suka keluar, main sama teman berarti jarang juga di sana?</p>	<p>Kalau di sekolah ya main, kalau di luar kayak main-main bareng <i>enggak</i></p>			
<p>Tapi masih aman untuk main kan waktu itu?</p>	<p>Waktu itu masih</p>			

<p>Okay, sekarang about your emotion, what makes you happy? Apa yang paling bikin kamu senang?</p>	<p>Yang bikin aku senang main sama temen-temen terus main HP juga</p>	<p>Subjek masih merasa senang dengan hal-hal yang bisa ia lakukan</p>	<p>Emosi positif</p>	<p>EP</p>	<p>+++</p>
<p>Terus, lebih merasa nyaman ga setelah meninggalkan Yaman atau Somalia?</p>	<p>Emm, kalo aku di Somalia kan ga pernah kan, tapi di Yaman aku kayak merasa sedih karena di tempat kamu lahir atau tumbuh udah besar kamu pasti kangen kan, jadi kayak rasa kangen gitu sama teman-teman, sama sekolah, tapi Sekarang udah biasa karena udah lama kan</p>	<p>Subjek merasa sedih karena meninggalkan negara asalnya, namun ia dapat terbiasa sekarang</p>	<p>Emosi positif</p>	<p>EP</p>	<p>+</p>

Terus sekarang sudah lebih nyaman <i>gak</i> dari pada di Yaman?	Nyaman lah, karena di sana kan perang	Subjek dapat menerima kondisi perubahan dalam dirinya	<i>Self-acceptance</i>	SA	+++
Di sini kamu tinggal di kamar nomer berapa?	Tanya bapak (penjaga) kamar aku nomernya berapa, 214				
Dapat satu kamar?	Dua kamar				
Berarti di sininya dari tahun 2014 itu? Di Semarang-nya?	Iya bulan November. Engga di Semarang, tapi di Medan				
Berarti di Medan nya berapa lama?	Cuman 3 bulan 20 hari terus kita <i>dipindahin</i> ke Jakarta, terus di Jakarta cuman 7 bulan gitu, terus kita <i>dipindahin</i> ke sini, Semarang.				

<p>Berarti di Medan sekitar 3 bulan, abis itu Jakarta 7 bulan, baru ke sini di Semarang?</p>	<p>Iya, kan kita dipindahin sama IOM kan bukan karena kita yang mau pengen pindah</p>				
<p>Berarti dulu tau Indonesia nya dari mana? Ada yang <i>nyaranin gak?</i> Waktu itu kamu pergi ke Indonesia nya dari Malaysia naik apa? Dari Yaman ke Malaysia naik apa?</p>	<p>Dari Yaman ke Malaysia naik pesawat, abis itu Malaysia ke Indonesia naik kapal</p>				
<p>Itu berarti disuruh IOM juga?</p>	<p>Engga, kan waktu itu <i>gak</i> ada IOM, kan kita bayar sendiri</p>				

Oh gitu, berarti di Indonesia baru ketemu sama IOM?	Iya, pas di Medan				
Abi situ langsung di <i>provide</i> IOM semuanya?	Iya				
Sekarang, how often do you feel joy? Seberapa sering kira-kira kamu merasa senang?	Sekarang? Ga terlalu, ga tau	Subjek merasa ragu akan perasaan yang dimilikinya	Emosi positif	EP	+
Sedang kesulitan kah dengan corona?	Iya				
Apa aja yang jadinya terhambat karena corona?	Ya sekolah aja, kalau keluar aku ga sering keluar	Subjek mampu menyesuaikan diri dengan tantangan baru	<i>Personal growth</i>	PG	++

Berarti kalau sekolah lewat laptop atau HP?	HP				
Do you feel pleasure when doing something? Merasa puas tuh kalau main apa atau melakukan apa?	Main sama temen-temen, main sama S..	Subjek merasa senang ketika ia bisa bermain dengan bebas	Emosi positif	EP	+++
Do you feel passionate to reach your hope?	Yaa, banget	Subjek yakin dengan dirinya mampu meraih harapannya	Emosi positif	EP	+++
Kenapa lebih pilih jadi dokter?	Karena keinginan dari kecil				
Ada dorongan dari orang tua <i>gak</i> harus jadi apa?	Enggak	Subjek mempunyai determinasi diri yang baik	<i>Autonomy</i>	A	+++
Berarti bener-bener dari diri sendiri ya?	Iya				

Do you join some communities?	Enggak				
Do you gather with your neighbor?	Main sama temen-temen di sini aja	Subjek menunjukkan keterlibatannya terhadap lingkungan	Keterlibatan	K	+++
Is there something interesting in your life?	Kayaknya gak ada	Subjek merasa hidupnya biasa saja dan tidak ada hal menarik	Keterlibatan	K	+
Berarti selama ini hidupnya biasa aja?	Biasa aja				
Ada yang menarik gitu, kejadian menarik?	Engga, cuman yang bikin aku senang cuman sama temen	Penekanan subjek bahwa lingkungan yang menarik baginya adalah pertemanannya	Keterlibatan	K	+++

<i>Sempet ngerasain</i> terpisah sama keluarga <i>gak</i> , ayah atau ibu?	Emm, iya				
Pas kapan?	Sama ayah				
Waktu kapan?	Kan waktu aku pergi dari Yaman <i>gak</i> bareng papa, pisah				
Oh gitu, ketemuannya berarti di mana? Malaysia?	Enggak, dia terakhir kali kita ketemu sama papa pas aku pergi dari Yaman	Peristiwa ini menjadi faktor psikososial yang membentuk emosi subjek	Faktor PWB	FP	+++
Oh berarti di sini <i>gak</i> ada papa?	Enggak, sama ibu, sama kakak sama adik				
Oh gitu, tapi tau kabar papa?	Enggak				
Berarti lost contact sama sekali?	Iya		Emosi positif	EP	+

Karena lost contact itu sering merasa sedih <i>gak</i> ?	Ya selalu	Peristiwa ini memberikan dampak bagi subjek seperti rasa sedih			
Masih <i>nyariin sampe</i> sekarang?	Iya	Subjek belum menerima sepenuhnya kondisinya sekarang, namun tersirat bentuk kepasrahan subjek	<i>Self-acceptance</i>	SA	+
Cara carinya berarti via apa selama ini?	Kalau sekarang kan <i>gak</i> bisa cari, kan <i>gak</i> ada nomor, <i>gak</i> ada apa-apa, jadi <i>gak</i> bisa cari				
Kalau minta tolong IOM juga <i>gak</i> bisa ya?	<i>Gak</i> bisa karena kan terakhir kali kita, aku taunya di Yaman, kan <i>gak</i> tau gimana				
Kita balik lagi ya, biasanya kamu suka melakukan apa yang bikin lupa waktu?	HP!	Subjek menjawab dengan semangat yang menandakn ia sangat menikmati waktunya	Keterlibatan	K	+++

Oh main HP ya, biasanya berapa jam emang?	Emm, gak selalu, kan kalau main HP terus kan <i>gak</i> bagus, jadi aku sering keluar-keluar main sama teman-teman, ya itu bikin aku lupa waktu			
Di HP main apa? Medsos?	Iya, medsos sama nonton			
What is your religion?	Moslem	Subjek masih memiliki	Makna	
Do you still sholat 5 waktu?	Yes	kepercayaan yang kuat dan taat akan aturan agamanya		
Any others ritual that you do?	Kayak gimana?		M	+++
Kayak misalnya ada sesuatu yang harus dilakukan gak?	Emm, <i>engga</i> sih			

Gak ada ya, kalau kayak sedekah gitu masih sama?	Ya sama, puasa juga				
Bentar lagi Idul Adha dong?	Iya!				
Berarti di sini merayakan besar-besaran?	Ya, gak terlalu, kan tempat ini kecil kan				
Ya berarti rame-rame ya kumpul-kumpul?	Iya				
Sembelih kambing? Berkurban?	Iya				
What do you think about meaningful life?	Gak ada thinking apa-apa	Subjek tidak ada penggambaran ke depan	Makna		
Okei, kehidupan yang bermakna belum punya	Kalau biasa aja juga gapapa	mengenai hidup yang bermakna		M	+

bayangan kehidupan seperti apa?					
Apakah hidup berkumpul dengan keluarga termasuk hidup yang bermakna?	Iya, iya				
Berarti sekarang apakah hidupmu sudah bermakna?	Enggak, karena ada kurang	Subjek merasa dirinya belum bermakna karena masih ada kehilangan anggota keluarga	Makna	M	+
Belum ya, okay. Do you not easily get sad since you are a kid? Dulu waktu di Yaman sering sedih gak?	Gak pernah sedih karena bareng keluarga	Subjek merasa dirinya tidak pernah sedih waktu kecil karena bersama keluarganya	Faktor SWB	FS	+++

Kalau d sini lebih sering sedihnya ya?	Ya	Subjek sering merasa sedih karena kondisi keluarganya	Emosi positif	EP	+
Waktu itu gampang <i>gak</i> beradaptasi dengan perubahannya? Penyesuaian apa yang paling sulit?	Emm, gak ada paling sulitnya, kayaknya gak ada sulitnya	Subjek merasa mampu menghadapi tantangan dalam beradaptasi	<i>Personal growth</i>	PG	+++
Oh gitu, berarti mulai belajar Bahasa Indonesia di Semarang?	Ya				
Sulit <i>gak</i> belajar Bahasa Indonesia?	Engga	Subjek juga mampu menyesuaikan diri	Faktor SWB	FS	+++
Bergaul di sekolah gampang <i>gak</i> ?	Emm gampang, kalau pelajarannya susah				

Oh pelajarannya yang susah	Iya				
Ada <i>gak</i> yang menjauhi di sekolah?	<i>Gak</i> ada				
Berarti aman ya semua berteman dengan baik ya?	Iya				
Can you describe what kind of person are you? Coba gambarkan dirimu seperti apa?	Kalau aku gambar diri sendiri <i>gak</i> bisa kayaknya hehehe	Subjek kurang mampu menggali dirinya sendiri, ia melihat dari penggambaran yang diberikan orang lain,	<i>Self-acceptance</i>	SA	+
Yaudah ciri-ciri, deskripsikan dirimu seperti apa?	Kalau tanya orang lain bisa	ia tidak menyadari bahwa dirinya memiliki kepribadian ekstraversi			

Berarti aku tanya, berarti biasanya orang lain bicara tentang kamu apa?	Gak tau, tanya ini (menunjuk anak laki-laki lain)	Faktor SWB	FS	+++
(bertanya ke anak laki-laki lain) Dia orangnya seperti apa?	M (nama disamarkan) cepat, aku orangnya gimana? (Jawaban M: very nice to everyone)			
Ada yang pernah kasi penilaian buruk? Atau penilaian lain?	Emmm			
Atau selama ini baik terus dapetnya? Positif terus?	Yaa!			
Good berarti hehehe	Emm, pas aku di IDC			

Ada <i>gak</i> satu pengalaman atau memori yang kamu hindari?		Subjek kurang menerima kondisinya ketika di Rudenim karena merasa tidak bebas seperti di	<i>Self-acceptance</i>		
IDC itu apa?	Emm di camp	penjara			
Itu camp nya pas di Yaman?	Engga di sini, di Semarang				
Oh yang di sana ya? Kenapa emang?	Iya, emm gak sering keuar, mungkin seminggu sekali keluarnya, kayak susah banget				
Oh gitu, berarti benar-bener tertutup ya?	Iya				
Waktu itu di IDC berapa lama?	Sekarang aku di sini udah satu tahun				

Oh berarti cukup lama ya disananya?	Ya, lama				
Berarti itu lebih besar atau lebih kecil ruangannya?	Ruangannya lebih besar tapi 2 keluarga				
Oh dua keluarga?	Tapi mungkin ada beberapa orang yang kamar-kamarnya 1 keluarga Aku dulu 1 keluarga tapi sama 2 singles, tapi setelah single udah pergi udah sendirian 1 keluarga tapi gak berapa lama lagi jadi 2 keluarga	Kondisi hidup ketika di Rudenim membuat subjek merasa tidak nyaman karena kurangnya kebebasan	Faktor PWB	FP	+++
Berarti kamar segini diisi berapa orang?	Engga kalau kayak gini, gak ada seperti ini, lebih besar				

<p>Oh lebih besar diisi berapa orang?</p>	<p>8 enggak, mungkin 2 keluarga tapi kalau keluarganya banyak orang jadi satu keluarga. Kalau mungkin 4 orang kayak gini atau 3 orang, sekitat 7 atau 6 kayak gitu</p>				
<p>Oke, berarti kalau di situ makannya harus yang diberikan IDC?</p>	<p>Engga, kan kita dibawa makanannya, kita bisa bilang juga, dikasi makanan yang udah dimasak atau mateng bisa juga. Kita bisa masak sendiri. Terserah kita mau gimana</p>				
<p>Kalau di sini juga gitu?</p>	<p>Di sini enggak, di sini dikasih uangnya, terus kita beli</p>				

	makanannya, belanja sendiri makanannya				
Oke, kenapa waktu itu jadi paling dihindari? Kenapa <i>gak</i> mau kejadian lagi?	Kan disini kita free mau kemana-mana aja gapapa tapi di situ <i>enggak</i>	Penekanan subjek terhadap ketidaksukaannya dengan kondisi Rudenim	Emosi positif	EP	+
<i>Enggak</i> bebas ya?	<i>Enggak</i> bebas				
Kalau misalkan ada memori yang pengen kamu ulang, kira-kira memori apa? Memori menyenangkan yang kamu ulang atau ada apa lainnya?	Emm main sama temen-temen waktu pas aku di camp kan banyak temen-temen di situ	Bermain dengan teman-teman masa lalu di Rudenim menjadi bentuk penerimaan diri subjek	<i>Self-acceptance</i>	SA	+++

Oh di camp lebih banyak temannya dibandingin di sini?	Iya, di sini udah banyak, kebanyakan orang udah pindah ke Jakarta				
Oh dipindah ke Jakarta ya?	Ya				
Atau ada <i>gak</i> pengalaman di Yaman yang pengen kamu ulang?	Semuanya	Walaupun kondisi negaranya tidak menyenangkan tetapi subjek tetap menerima kondisinya	<i>Self-acceptance</i>	SA	+++
Selanjutnya, is there anything that you want to change from yourself? Atau your life?	Kayaknya <i>enggga</i>	Subjek sudah puas dengan apa yang dimilikinya saat ini	<i>Self-acceptance</i>	SA	+++

<p><i>Enggak?</i> Cukup bersyukur ya dengan hidup ini ya?</p>	<p>Iya!</p>				
<p>How is your relation with others from different nationality? Berarti temenannya sama yang Afghanistan, terus sama apa lagi?</p>	<p>Ada Somalia, tapi Somalia itu cuman satu keluarga</p>	<p>Subjek tidak membedakan orang-orang dalam pertemanannya hanya karena berbeda negara</p>	<p><i>Positive relations with others</i></p>	<p>PR</p>	<p>+++</p>
<p>Oh berarti Somalia di sini totalnya ada berapa keluarga?</p>	<p>Dua, keluarga aku, sama satu keluarga lain</p>				
<p>Oh cuman 2, sisanya Afghanistan?</p>	<p>Iya banyak Afghanistan, Arab 1 keluarga, Myanmar 1 keluarga</p>				

Oh gitu, jadi kamu belajar Persian ya di sini?	Iya				
Kalau misalkan main sama Afghanistan lebih sering? Yang <i>ngajarin</i> siapa Bahasa Persian?	Teman lama				
Berarti dia sudah pindah?	Iya sudah ke Jakarta				
Punya teman yang sudah <i>dapet</i> negara baru belum?	Ada, banyak				
Oh banyak, keluargamu mengajukan negara baru atau gak?	Belum				

Sengaja tinggal di sini dulu aja ya?	Karena harus kita apa, harus dikasi residentment, sampai sekarang kita masih nungguin, ada kebanyakan di sini ga ada residentment sampai sekarang				
Oh gitu, prosesnya seperti apa emang residentment nya?	Emm, kayak apa, case kita, case kita di kirim ke banyak negara yang suka bawa orang refugee terus mungkin salah satu dari mereka mungkin milih kita atau satu yang lan. Bukan kemauan kita buar pilih negara yang mana				
Berarti nunggu penanggung jawab?	Iya yang terima kita				

Kalau misalnya kamu apply negara juga nunggu itu berarti?	Ya				
Have you ever helped somebody outside your family?	Pernah	Kemampuan bahasa subjek yang lebih baik dibanding remaja lainnya	<i>Positive relations with others</i>	PR	+++
Pernah apa bantuannya?	Sering, translate aja	membuat subjek sering membantu tugas teman-temannya			
Oh bantu translate, karena paling jago ya di sini ya?	Iya hehehe				
Dulu katanya di sini ada belajar kelompok bersama ya?	Kayak gimana contohnya?				

Maksudnya ada yang <i>dateng</i> untuk mengajari?	Ada guru orang Indonesia				
Masih ada sekarang kegiatannya?	Gak ada, corona kan				
Oh gitu, terakhir kapan berarti?	Februari				
Itu gurunya dari mana?	Dari orang Indonesia				
Do you have any best friend here?	S (nama disamarkan)	Subjek memiliki hubungan pertemanan yang baik	<i>Positive relations with others</i>		
Berarti udah berteman sama S dari kapan?	Emm, mungkin 3 tahun lebih	walaupun berbeda asal negara, sahabatnya berasal dari Afghanistan		PR	+++
Berarti udah dar camp?	Iya, yang lain juga dari camp (menunjuk yang lain)				

Sekarang kalau misal aku tanya, ada <i>gak</i> sesuatu yang pengen kamu pelajari lagi?	Kayak apa?				
Misalnya ada hal baru yang kamu pelajari lagi? Belajar masak atau belajar bahasa lain, atau apa, ada <i>gak</i> ?	Emm, belajar masak, belajar bahasa lain	Subjek memiliki ketertarikan mengembangkan dirinya terutama di bidang bahasa	<i>Personal growth</i>	PG	+++
Pengen belajar bahasa apa?	Spanyol enggak, aku suka bahasa Turki				
Jangan-jangan nonton film Turki?	Iya hehehe				

Okay, berarti sekarang lebih enak dong sudah dipasang wifi?	Iya, tapi kebanyakan semua main game!				
Berarti menghadapi kesulitan apa aja selama corona?	<p>Gak ada kesulitannya cuman kalau keluar, semua keluar ya, tapi kalau pengen sesuatu gak sering keluar, tapi dulu semua orang kayak sering keluar kalau sore-sore, main sepeda, mau jalan kaki, mau ke mall, tapi sekarang gak bisa</p>	<p>Subjek tidak merasa tantangan baru dari Covid-19 akan membuatnya menjadi sulit</p>	<p><i>Personal growth</i></p>	<p>PG</p>	<p>+++</p>
Gak ada batasan ya dari IOM?	Iya				
Berarti kalau sekarang yang penting ikutin	Iya				

protokolnya Covid aja ya?					
Biasanya kamu keluar buat apa emang?	Aku gak keluar! Kalau ada belanja gitu ibu sama kakak yang keluar				
Oh berarti kamu paling jarang keluar ya?	Iya				
Harapan terbesarnya sekarang apa?	Emm, harapan aku buat melanjutkan sekolah	Subjek menunjukkan harapan terbesarnya adalah untuk bisa sekolah kembali	<i>Purpose in life</i>	PL	+++
Masih pengen ketemu ayah?	Iya				
Kalau misal dikasi kesempatan buat	Emm sekolah yang rajin	Subjek percaya bahwa dirinya harus bisa sekolah	<i>Purpose in life</i>	PL	+++

<p>sekolah lagi, kamu akan seperti apa?</p>		<p>dengan baik dan akan terus berjuang agar bisa tercapai</p>			
<p>Emang sekarang belum rajin?</p>	<p>Rajin sih tapi kalau online males</p>				
<p>Oh kalau online males ya Kalau misalnya belum kesampaian, belum tercapai, kira-kira kamu akan melakukan apa?</p>	<p>Emm, aku berjuang melakukan hal yang aku inginkan</p>				
<p>Oh gitu, dengan cara?</p>	<p>Ya aku harus berjuang aja sampai aku bisa mencapai yang aku inginkan</p>				
<p>Berarti selama ini selain main HP atau main sama teman-teman, ada</p>	<p><i>Gak, gak ada</i></p>				

kesibukan lain <i>gak</i> , seperti menanam, atau apa?					
Bersih-bersih kamar?	Kalau itu setiap hari	Subjek ikut berpartisipasi	Environmental mastery	EM	+++
Biasanya kalau di kamar kamu dapat tugas <i>beresin</i> apa?	<i>Ngepel, cuci piring, bersihin kamar</i>	dalam merawat lingkungan kamarnya			
Itu model kamarnya aku boleh intip?	Boleh				
Nanti coba tanyakan ibu mu dulu ya	Kalau <i>gak</i> berantakan				
Is living in Indonesia give you some difficulties?	Emm, sedikit				
Apa kesulitannya?	Kesulitannya kalau kita di Semarang, kalau kita ingin ke	Kesulitan dan batasan yang mengikat subjek membuat	<i>Autonomy</i>	A	+

	<p>tempat yang lebih jauh dari Semarang, atau ke Jakarta, atau kemana-mana kita <i>gak</i> diijinin, kayak hidup di sini <i>gak</i> terlalu bebas</p>	<p>dirinya kehilangan kemerdekaannya</p>			
Oh ada batasan kota ya?	Iya batasan kota, IOM, imigrasi				
<i>Gak</i> ada kesulitan lainnya?	<i>Gak</i> ada				
Ada keluarga jauh atau relatives lainnya yang tinggal di Indonesia <i>gak</i> ?	Emm, hanya teman				
Di kota yang berbeda? Di mana?	Iya, di Jakarta banyak, kalau teman-teman aku di Jakarta, kalau teman-teman ibu ada				

	berapa di Medan terus ada di Makasar juga				
Oh gitu, masih kontak?	Ya, kalau ibu masih kontak, aku juga masih kontak	Subjek masih menjaga hubungan dengan temannya walaupun sudah tidak saling tatap muka	<i>Positive relations with other</i>	PR	+++
Ada <i>gak</i> pengalaman yang membuat kamu trauma?	Emm kayak apa?				
Kayak misalnya yang menyakitkan gitu	Emm, <i>gak</i> ada				
Waktu pisah sama papa keadaanya gimana? Terlalu genting?	Terlalu sedih	Pengalaman perpisahan dengan ayahnya menjadi faktor psikososial terbesar	Faktor PWB	FP	+++

<p>Kenapa akhirnya papa <i>gak</i> ikut bergabung untuk pindah?</p>	<p>Karena waktu itu dia di kota lain, beda kota, terus <i>gak</i> bisa ikut</p>				
<p>Berarti sampai di <i>airport</i> pun <i>gak ditemenin</i> papa?</p>	<p>Enggak</p>				
<p>Oh berarti terakhir ketemu waktu umur?</p>	<p>Emm umur 11</p>				
<p>Berarti ibu memutuskan untuk pindah ke Indonesia itu karena apa? karena disuruh ayah juga <i>gak</i>?</p>	<p>Enggak, karena perangnya terus takut kalau perangnya lebih parah terus <i>gak</i> bisa keluar, karena kebanyakan orang yang mau keluar dari Yaman pas perangnya lebih, kayak ada kebanyakan yang udah meninggal</p>	<p>Kondisi negara subjek pada waktu itu menyebabkan subjek kehilangan rasa aman bagi dirinya sehingga pilihannya hanya meninggalkan negaranya</p>	<p><i>Autonomy</i></p>	<p>A</p>	<p>+</p>

Oh gitu, waktu itu ayah beda kota karena apa? Pekerjaan?	Iya pekerjaan			
Dulu ayah kerjanya apa?	Lupa			
Oh lupa, oke. What do you do when you feel stress?	Cuman mikir	Bentuk <i> coping stress</i> subjek adalah menyendiri, ia bisa mengetahui cara	Faktor PWB	FP +++
Mikir? <i>Gak</i> pernah <i>ngomel-ngomel</i> gitu?	Enggak, mikir, terus di tempat yang sepi	terbaik untuk mengatasi emosi negatif dalam dirinya		
Menyendiri ya?	Iya			
Kalau misal lagi marah gitu kamu melakukan apa?	<i>Diem aja</i>			

Biasanya kalau belanja untuk kebutuhan keluarga berarti dimana?	Kan aku <i>gak</i> belanja, kakak sama ibu yang belanja			
Biasanya dapat uangnya dari mana?	IOM yang kasih			
Oh gitu, biasanya IOM kasih berapa?	Emm, kalau aku kasi 500, kalau ibu sama kakak kasinya 1.250.000	Subjek dan keluarga mampu mengelola keuangan dengan baik untuk mencukupi kebutuhan keluarga	Faktor PWB	FP ++
Berarti per individu dapat uangnya?	Iya			
Kakak emang umur berapa?	18			

Okay, do you have any illness history? Pernah sakit <i>gak</i> ?	<i>Gak</i>				
Kalau waktu corona kayak gini lebih takut <i>gak</i> dengan kesehatan?	Iya				
Terus cara merawat kesehatannya bagaimana?	<i>Gak</i> terlalu keluar-keluar				
Minum vitamin atau ke dokter <i>gak</i> ?	<i>Enggak</i>				
Waktu itu dapat Negara Indonesia dari mana? Atau Malaysia nya dari mana?	Kan sebelum kita keluar dari Yaman, memang ibu hadapkan ke Indonesia				

Oh gitu, memang khusus ke Indonesia?	Ya				
Berarti ibu tau Indonesia dari mana?	Kalau itu sih aku <i>gak</i> tau				
Selama perpindahan dari Malaysia, ke Medan, ke Jakarta, ke sini ada kesulitan <i>gak</i> ?	<i>Gak</i> ada				
Cuma menunggu keputusan-keputusan aja ya?	Iya				
Itu berarti <i>gak</i> ada informasi apa-apa kalau misalkan kayak gini	Kalau dipindah ya akan dikasi tau biar siap-siap				

berarti belum tau akan dipindah kapan?					
Tapi berarti keluarga mu tidak apply asylum baru ya? Apply negara baru?	<i>Enggak</i>				
Ada <i>gak</i> pengalaman paling menyenangkan pas jadi pengungsi?	Emm, ada, mungkin ada, pasti ada	Sumber emosi positif terbesar subjek berasal dari lingkungan pertemanannya	Emosi positif	EP	+++
Apa coba salah satunya'?	Ada punya banyak teman				
Oh waktu di Yaman jarang main ya?	<i>Iya enggak</i> jarang main				
Lebih banyak teman di Yaman atau di sini?	Ya di sini				

Dari beda negara ya kalau di sini?	Iya				
Kalau pengalaman menyedihkan selama jadi <i>refugee</i> ada <i>gak</i> ?	Yang kayak aku <i>gak</i> suka gitu? Emm ya ada, karena udah lama banget <i>gak</i> sekolah. Jadi aku <i>gak</i> suka. Karena udah lama banget <i>gak</i> sekolah, terus sekolah bakal jadi susah	Subjek merasa akan menghadapi kesulitan baru ketika masuk sekolah kembali	<i>Personal growth</i>	PG	++
Oh gitu, ada <i>gak unforgettable memories</i> ? Memori yang <i>gak</i> terlupakan?	Yang kayak apa?				
Yang paling berkesan buat kamu	Kesel?				

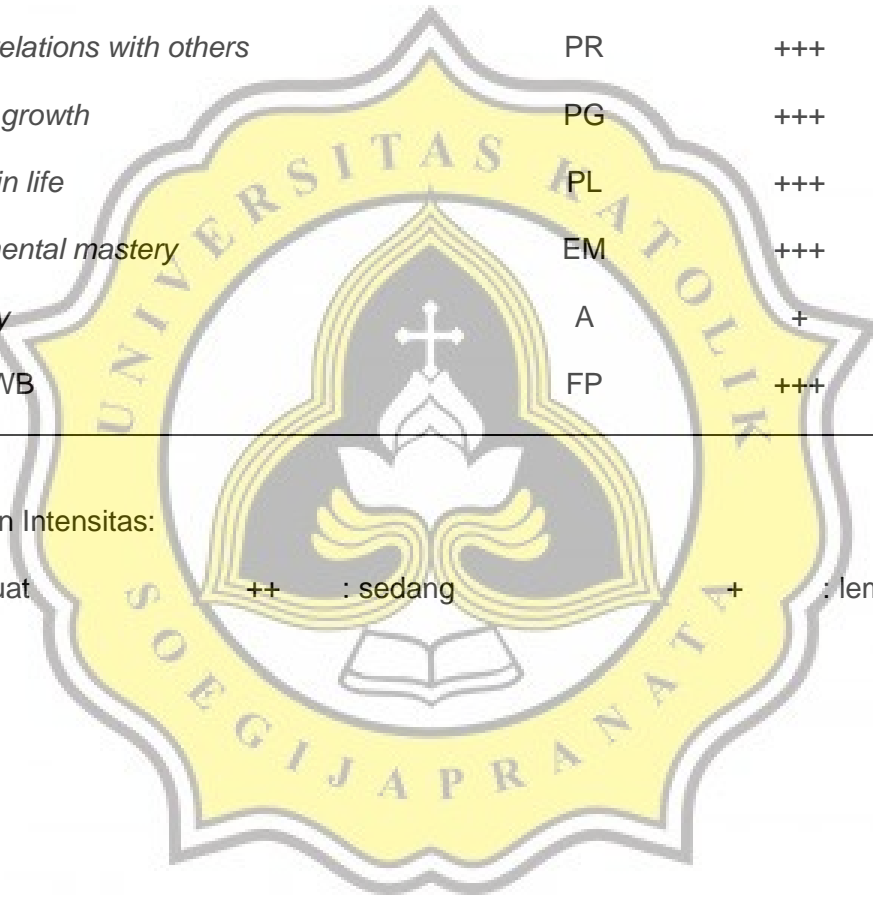
Berkesan	Yang bikin aku senang atau apa?				
Ya bebas, boleh senang, boleh sedih tapi <i>gak</i> pernah terlupakan	Emm, kalau <i>gak</i> bisa lupakan, emm kamu maunya yang senang atau sedih?				
Ya bebas, boleh dua-duanya kalau ada	Kalau yang sedih aku <i>gak</i> seberapa ingat memori memori sedih aku, lebih ingin <i>lupain aja</i>	Subjek menekan memori sedihnya	<i>Self-acceptance</i>	SA	+
Terus kalau yang senang?	Kalau yang bikin aku senang cuman memori-memori sama teman-teman				
Waktu di Yaman atau di sini?	Enggak, di sini!				

Lampiran 2.2 Rekap Intensitas Subjek K

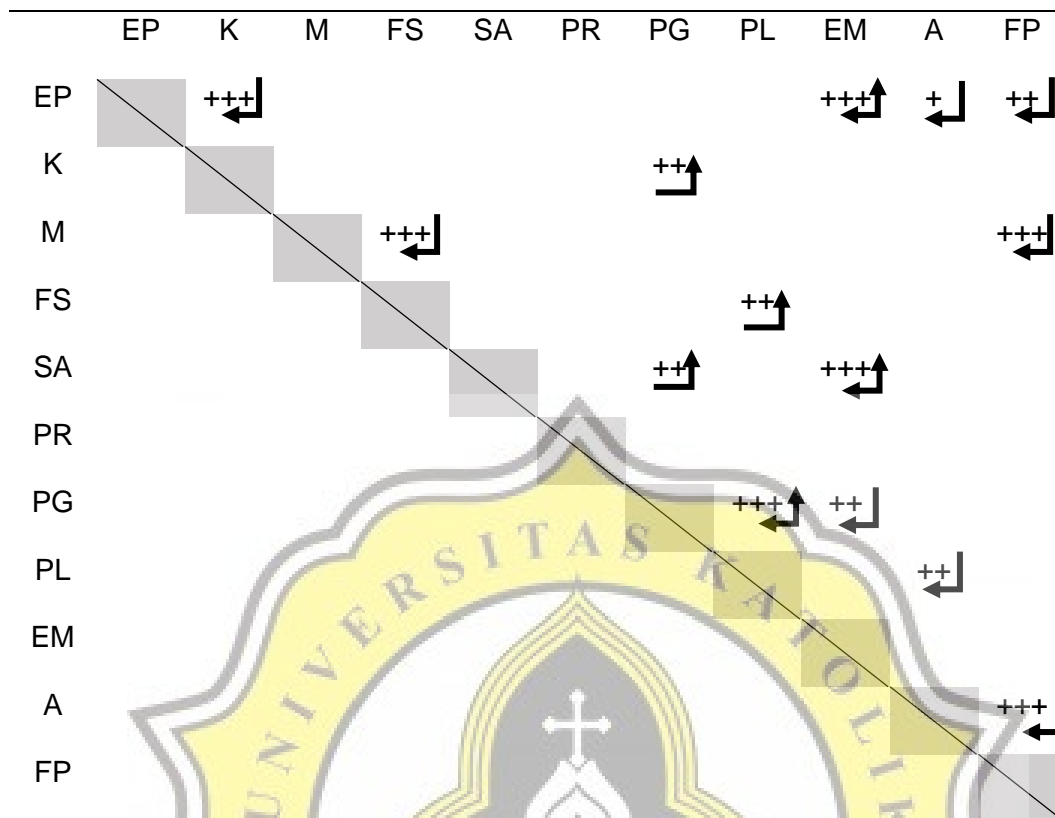
Tema	Koding	Intensitas
Emosi Positif	EP	++
Keterlibatan	K	+++
Makna	M	+
Faktor SWB	FS	+++
<i>Self-acceptance</i>	SA	++
<i>Positive relations with others</i>	PR	+++
<i>Personal growth</i>	PG	+++
<i>Purpose in life</i>	PL	+++
<i>Environmental mastery</i>	EM	+++
<i>Autonomy</i>	A	+
Faktor PWB	FP	+++

Keterangan Intensitas:

+++ : kuat ++ : sedang + : lemah



Lampiran 2.3 Matriks Subjek K



Keterangan:

Tema	Koding	Tema	Koding
Emosi positif	EP	Self-acceptance	SA
Keterlibatan	K	Positive relations with others	PR
Makna	M	Personal growth	PG
Faktor SWB	FS	Purpose in life	PL
		Environmental mastery	EM
		Autonomy	A
		Faktor PWB	FP

Lampiran 3.1 Hasil Wawancara Subjek N

Pertanyaan	Jawaban	Analisis	Tema	Koding	Intensitas
Hello, may I know your name?	N.. R..				
Kamu lahirnya di mana?	Iran				
Tapi aslinya Afghanistan?	Iya				
Tanggal lahirnya boleh tau?	2003 bulan Desember tanggal 7				
Berarti sekurang umurnya 17?	Iya 17				
How many languages do you speak?	Persian, sama Indonesia, sama Bahasa Inggris, sama bahasa Afghanistan juga				
Bahasa Afghanistan itu Persian?	Beda, Dari				

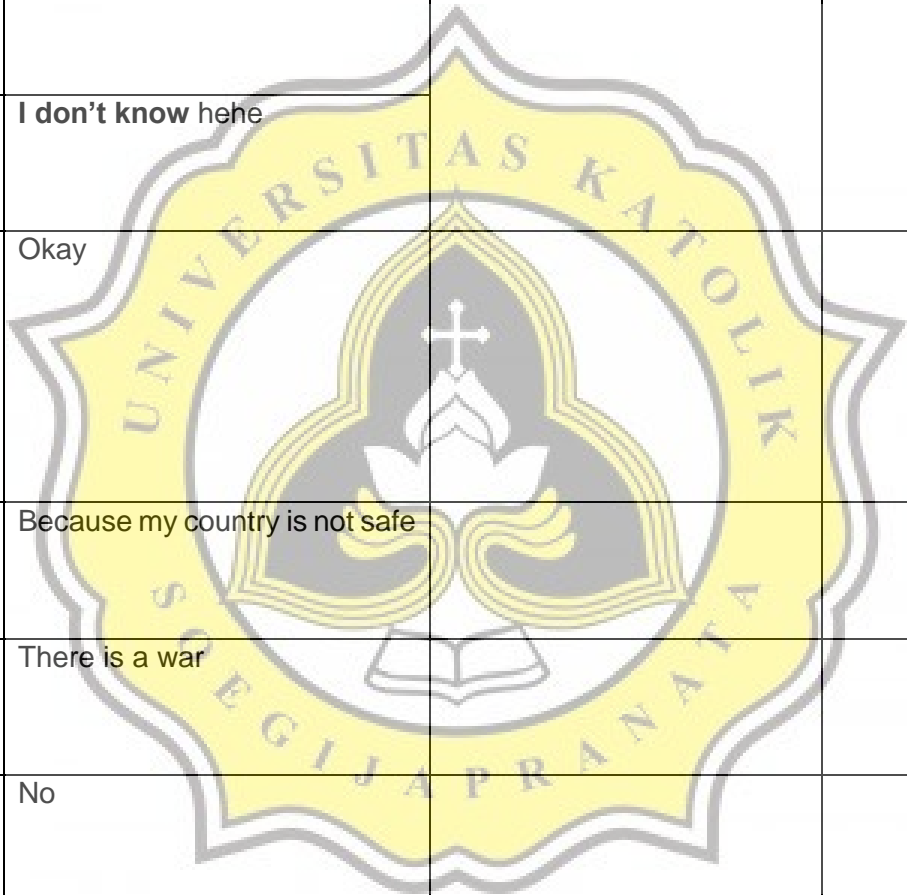
What are your hobbies?	Hobi zakat!	Subjek menunjukkan bentuk perilaku melayani sesuai dengan keyakinannya	Makna	M	+++
Oh berderma?	Iya				
Selain itu ada lagi?	Gak ada				
Gak ada kegiatan lain?	Enggak				
Tell me about your dreams	Hmmm.. My dream is to be doctor	Subjek bisa memberikan alasan kenapa ia memilih menjadi dokter	Purpose in life	PL	++
Kenapa mau jadi dokter?	Suka aja				
Kan jadi dokter liat darah, liat orang sakit	Gapapa tapi aku bisa tolong orang				
Berarti terakhir kelas 8?	Iya				
Februari terakhir kelasnya?	Iya				

Tell me about your parents	My parents name H.. A.. R..			
And your mother name?	And my mom K.. M..			
What do they do? Pekerjaan mereka	Setiap hari? Gak kerja cuman di rumah aja			
Di rumah aja berarti cuman beres-beres sama masak gitu?	Iya			
Tau gak mereka terakhir sekolah apa?	Di Afghanistan?			
Iya di Afghanistan	Terakhir kelas 9			
Berarti ayah ibu terakhir kelas 9?	Ibu atau saya?			
Oh kalau di Afghanistan kamu terakhir kelas 9?	Iya			

Tapi di sini ngulang dari kelas 8?	Iya				
Kalau ibu graduate from nya apa?	My mom in Afghanistan is.. her job is teacher				
And your father?	My father is.. free business				
Do you have brother or sister?	Hmm I have 2 brother and 1 sister				
And you are the oldest?	Ya				
Your younger sister lahir di Indonesia?	Enggak di Afghanistan juga				
Umur berapa dia?	Umur 4 tahun				
Belom married kan?	Belom hehehe				
Okay, what is your daily activity?	My daily activity is play soccer!	Subjek menunjukkan kesukaanya terhadap	Emosi positif	EP	+++

Oh do you like soccer ya?	Yaa, play soccer and sometimes did my homework and clean my room, okay just that	bermain bola, tetapi ia tidak lupa dengan tanggung jawab lainnya	Environmental mastery	EM	++
Do you play game on your phone?	No				
Or do yo use social media?	What? Social media? For example?				
Instagram?	Oh yes I have				
<i>What are your strengths?</i> Kelebihan? <i>What are you good at?</i>	<i>Like what?</i> I like to cooking	Subjek cukup mengetahui kemampuan dirinya, namun subjek kurang menyadari kekurangannya	<i>Self-acceptance</i>	SA	++
What do you usually cook? Apa yang biasanya dimasak?	Emm, bisa masak Biryani, nasi sama ayam				

<p>Kalau bad at nya apa? Kekurangannya apa?</p>	<p>Artinya?</p>				
<p>Artinya what are your weakness?</p>	<p>I don't know hehe</p>				
<p>Okay, it's okay. And I want to ask you about your history, is it okay?</p>	<p>Okay</p>				
<p>What is the reason you are leaving your country?</p>	<p>Because my country is not safe</p>				
<p>Why is your country not safe?</p>	<p>There is a war</p>				
<p>Do you hear it or do you see it by yourself?</p>	<p>No</p>				



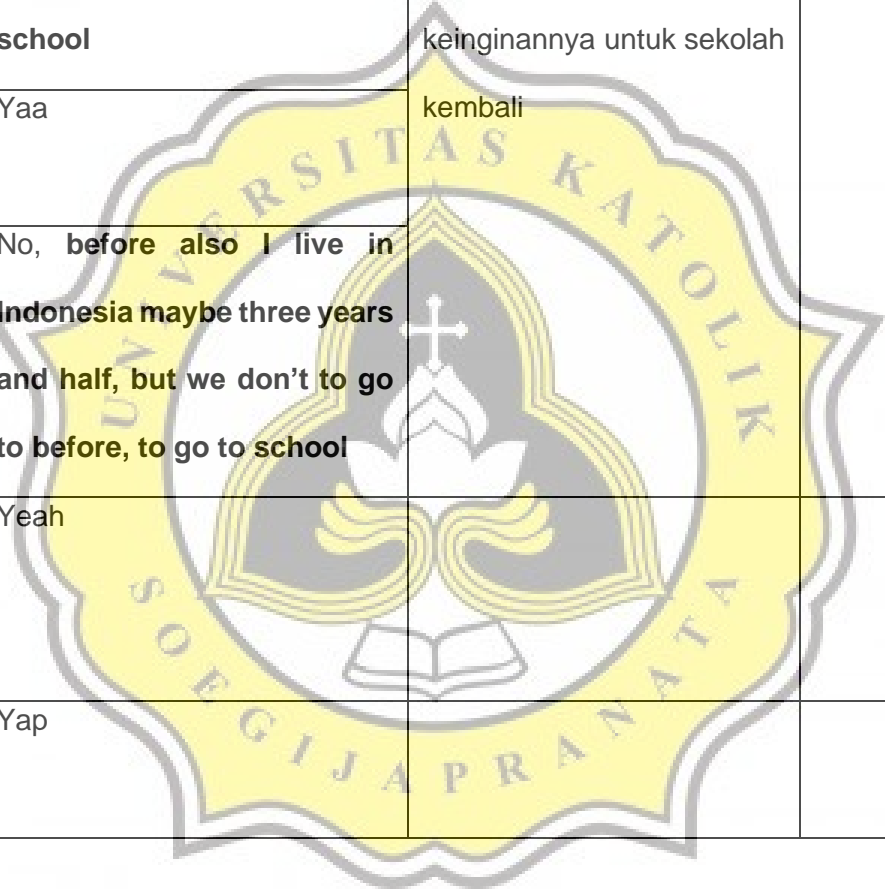
You just know it? Cuma tau doang?	Yaa				
Kondisi apa yang buat kamu pindah ke sini? What is the condition of your country that push you moved here?	Emm, because my country is not safe, I can't live there	Kondisi ini menjadi latar belakang psikososial bagi subjek	Faktor PWB	FP	+++
Does it affect your home?	No, but some people talk to my mom because she's a teacher, they said "if you go to yuris school maybe after that you'll died"				
Ow,	Someone said like that				

So, your mom asks the family to move to Indonesia?	Yes				
Is there any memorable memory atau unforgettable memory in your country?	No				
Waktu itu, mamamu, your mom, knows Indonesia from who?	Just I know because some of my family, they live in here, and then they go to Australia or maybe Canada				
Ow, berarti some of your family move here first and you join?	Yaa, and they go to third country				

Okay, next part, what makes you happy?	Just I need to process my case then I go to third country	Subjek masih belum menikmati kondisinya saat ini, ia masih berharap bisa mendapat negara yang lebih baik	Emosi positif	EP	+
Okay, do you apply for new country?	Still not				
Do you feel more comfort after leaving your country?	What? Of course	Subjek ada perasaan senang karena lebih aman tetapi ada perasaan kangen dengan keluarganya	Emosi positif	EP	++
Why?	Because I miss my country and my relative family				
Hah? So you don't feel more comfort here? Lebih	Enggak, di sini tapi ingin balik ke sana				

nyaman di sini atau di country mu?					
Tapi bukannya banyak relatives mu yang di sini?	Apa?				
Your families are here in Indonesia, right?	Just my family, and other, my relatives, already got their third country				
How often do you feel joy or happy?	Like what?				
Seberapa sering kamu senang? Like when you doing something or laughing	Emm, no. When the Corona gone, I'll be happy. Because I want to go to school	Saat ini subjek merasa tidak senang karena baginya Covid-19 menjadi kesulitan baru	Emosi positif	EP	+
Oh okay	Because last time I didn't to go to school		<i>Purpose in life</i>	PL	+++

<p>Three months?</p>	<p>For three years, I didn't go to school</p>	<p>Subjek juga menunjukkan keinginannya untuk sekolah</p>			
<p>Three up to five months ya?</p>	<p>Yaa</p>	<p>kembali</p>			
<p>Same with me hehe</p>	<p>No, before also I live in Indonesia maybe three years and half, but we don't to go to before, to go to school</p>				
<p>Oh berarti three years you just stay in this house? In this building?</p>	<p>Yeah</p>				
<p>Do you feel pleasure when you doing something?</p>	<p>Yap</p>				



<p>What do you do usually when you become pleasure?</p>	<p>If I do something but maybe someone come and they make something like ahh</p>	<p>Subjek tidak begitu menikmati harinya karena merasa diganggu oleh adik</p>	<p>Emosi positif</p>		
<p>Oh, and then?</p>	<p>For example, if I got something, but my little sister come and they take and throw it</p>	<p>perempuannya</p>		<p>EP</p>	<p>+</p>
<p>Oh okay, do you just get angry with your sister?</p>	<p>Haha ya</p>				
<p>Okay</p>	<p>Because she is scare hehe</p>				
<p>Ow haha, do you feel passionate to reach your hope?</p>	<p>What? I can't catch your question. For example?</p>				

Emm, kamu percaya <i>gak</i> bisa mencapai cita-citamu?	<i>Gak</i> tau				
<i>Gak</i> tau? Kenapa?	Enggak, saya <i>gak</i> tau artinya				
Oh <i>gak</i> tau maksudnya, emm, kamu yakin <i>gak</i> bisa capai cita-citamu?	Cita apa?				
Emm your dreams?	Oh, my dreams?				
Percaya <i>gak</i> ? Do you have faith to reach your dream?	Of course	Subjek memiliki keteguhan untuk meraih cita-citanya	Emosi positif	EP	++
Of course, okay. Do you join some communities?	Communities like what?				
Oh, some group? Or people gather?	A group like...		Keterlibatan	K	+++

Ikut kelompok apa gitu?	Like futsal I think	Subjek menunjukkan bahwa			
Okay futsal. Do you go to soccer competition?	Yes, before in Korea	futsal menjadi kegiatan yang sangat ia gemari			
Wow cool, do you also gather with other neighbor?	Yes	Subjek juga tidak bermasala bergaul dengan siapa saja	Keterlibatan	K	+++
Okay, is there something interesting in your life?	Something interesting emm Interesting time when I was in the camp, cause it's first time	Pengalamannya tinggal di Rudenim menjadi peristiwa yang menarik baginya karena pengalaman	Emosi positif		
First time you go here?	Ee no! first time I when in to the camp Semarang	pertama dan tidak menyenangkan		EP	+
Camp, okay. Can you describe the moment?	Ya, it's like a jail				
Like a jail?	Yeah, camp is like a jail				

What things do you do that makes you forget about time?	What? I forget everything heheh				
What is your religion?	Moslem	Subjek menjalankan	Makna	M	+++
Is there any ritual or tradition that you do?	For example?	aktivitas keagamaan yang			
Sholat?	Of course	ia percaya			
Anything else?	Read Quran				
Do you celebrate Idul Adha?	Of course				
Berarti akhir bulan ini ya?	Yaa hehe				
Berkurban?	Ya kurban				
What do you think about meaningful life?	Emm, life.. like what?				

Emm, kehidupan yang bermakna menurut mu seperti apa?	Gak tau				
Is your life meaningful? Kehidupan mu sekarang udah meaningful belum?	Meaningful is?				
Meaningful is bermakna. do you know bermakna?	Bermakna? yaa	Subjek tidak begitu memahami bermakna namun akhirnya subjek merasa hidupnya sudah bermakna	Makna	M	++
Can you describe what kind of person are you?	Emm				

Kamu orangnya seperti apa? what others tell about yourself?	Emm, sometimes my mom say you need to become diligent Because if someone say for me something, I look angry	Subjek mudah merasa emosi karena perkataan orang lain	Faktor SWB	FS	+
Ow, why do you angry?	I don't know but just myself, sometimes I want to say something but I'm fast angry	Subjek juga menyadari kondisi dirinya	Self-acceptance	SA	+++
Oh okay, so you like your own opinion except others?	Yeah hehe				
Okay, is there any memories that you avoid?	Like what?				
Emm yang dihindari? That you don't want to do?	Emm, making rice				

Ada gak memori yang menyedihkan? Memori yang sedih?	Enggak				
Enggak ada ya, is there any memories that you want to repeat?	Emm, repeat, just I went to school time	Subjek sangat berharap dirinya bisa kembali sekolah	Emosi positif		
School time in Indonesia or Afghanistan?	Both of them I guess hehehe				
Okay, why do you love school most?	Emm, cause I like it, but maybe three years I doesn't to go to school, even I go to school in Semarang maybe..., just I went to school two months or three months and got corona here			EP	++

Okay, is there anything that you want to change from yourself?	Nothing	Subjek menerima kondisi dirinya saat ini	<i>Self-acceptance</i>	SA	+++
Nothing, okay, good. Are you happy become a refugee?	Of course				
Of course ya, how is your relation with others from different nationality? With people from Somal, how is your relation? Is it good?	Good, not to bad	Subjek tidak bermasalah bergaul dengan orang yang berbeda kebangsaan	<i>Positive relations with others</i>	PR	++
Not to bad ya, have you ever help somebody outside your family?	No	Subjek lebih berfokus kepada dirinya sendiri ketimbang lingkungan sekitarnya	<i>Positive relations with others</i>	PR	+

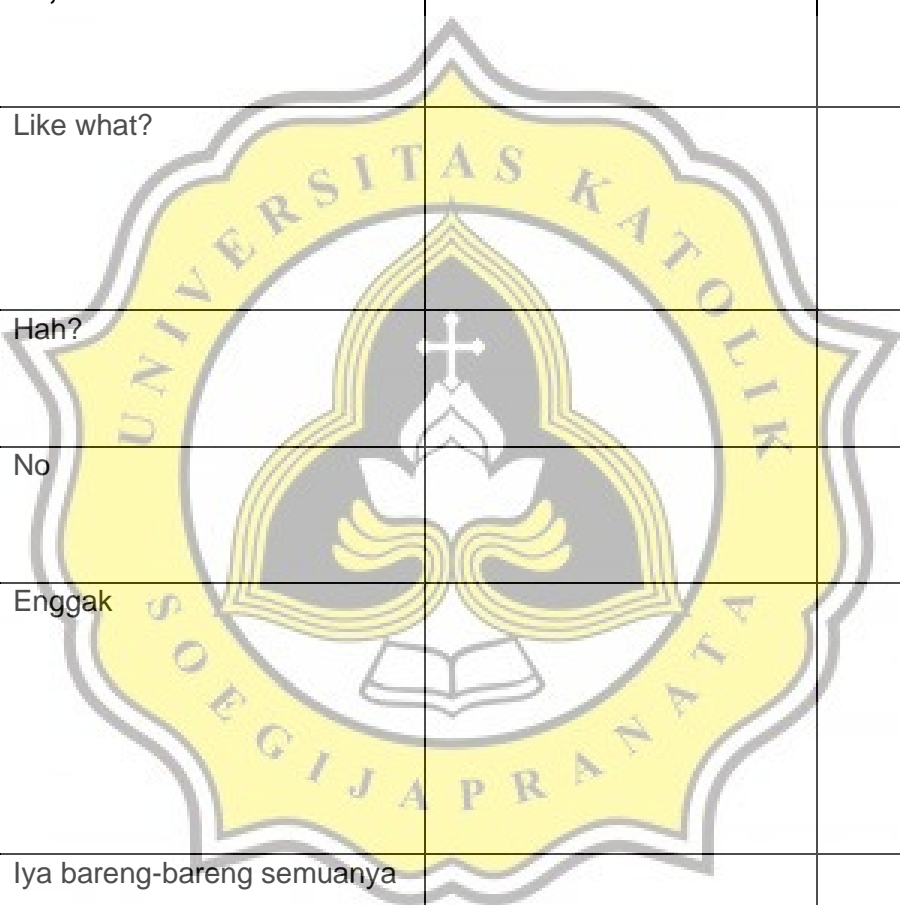
No? okay. Do you have any best friend here?	Yes				
Who are they?	K (nama disamarkan)				
What do you want to learn now?	Emm, English	Subjek masih ingin mengembangkan kemampuan berbahasanya	<i>Personal growth</i>	PG	++
English? Before that you learn English from the teacher that came here?	yes				
Okay, do you face any new difficulties during corona?	Of course	Subjek merasakan kesulitan bukan karena kondisi <i>Covid-19</i> namun	<i>Personal growth</i>	PG	++
Apa contohnya kesulitannya?	Kesulitan emm, like what I can't understand your question	karena kondisi ayahnya yang sakit			

Do you know difficulties?	Difficulties? Oh yaa ya When my dad is sick			
Okay, so selama corona ada kesulitan <i>gak</i> ?	Enggak			
Berarti selama ini main biasa aja ya? Takut <i>gak</i> ?	Iyaa Enggak	Subjek juga menaati peraturan dalam menghadapi tantangan	<i>Personal growth</i>	
Enggak takut ya?	Engga takut	baru berupa <i>Covid-19</i>	PG	+++
Kalau selama corona ini masih sering pergi keluar <i>gak</i> ?	Emm, sekarang? Enggak udah 6 bulan gak boleh keluar			
Oh gitu, what is your biggest hope right now?	My biggest hope, just I need to go to third country because here we can't to do anything	Subjek memiliki alasan yang jelas atas harapannya	<i>Purpose in life</i>	PL +++

You can't to do anything ya?	Ya				
If it happens, if you can go to the third country, what will you do?	Emm we want for a residentment because resident is for to get some job				
Anything else?	No				
If it's don't happen, if you can't go to the third country, what will you do?	I think I back to Iran or my country	Subjek juga sudah menyiapkan rencana lain jika harapannya belum	<i>Purpose in life</i>	PL	+++
Ow, is it safe now?	Iran safe, but Afghanistan still not	terwujud			
Can you tell me what do you do lately?	Someday or sometimes I just did my homework, and every daily I do clean my	Subjek dapat mengatur kegiatan sehari-harinya dan	<i>Environmental mastery</i>	EM	+++

	room, washing dish, and then play soccer	juga berpartisipasi dalam kebersihan kamarnya			
I see you playing soccer yesterday	Yaa hehehe				
Is living in Indonesia give you some difficulties?	My difficulties when I was in the jail, camp!	Subjek merasa tidak bebas ketika berada di Rudenim	<i>Autonomy</i>		
What is your difficulties?	Because if I there, we can't to go out only stay there, you should stay there	karena terbatas pergerakannya		A	+
Is there any memories that you want to be forget? Ada memori yang ingin kamu lupakan gak? Atau yang membuat kamu trauma?	Emm, when I was in the camp, I want to forget that time because it's difficult time for us	Pengalaman tinggal di Rudenim menjadi faktor psikososial yang memengaruhi subjek saat ini	Faktor PWB	FP	++

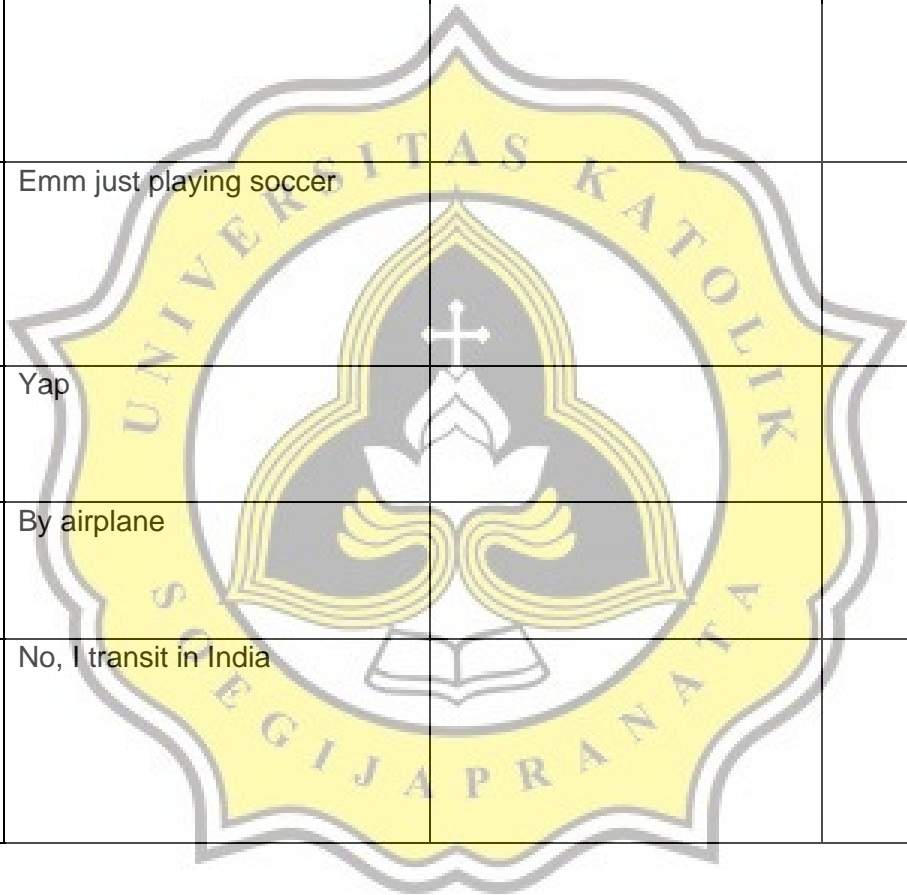
<p>Oh, so you feel happier when you stay here?</p>	<p>Ya, of course</p>				
<p>Are you ever separate from your family during your moving?</p>	<p>Like what?</p>				
<p>Eee, terpisah dengan keluarga?</p>	<p>Hah?</p>				
<p>Separate? Do you know separate?</p>	<p>No</p>				
<p>Do you move to Indonesia as a family or do you leave your father or mother in Iran or Afganistan?</p>	<p>Enggak</p>				
<p>Bareng-bareng terus?</p>	<p>Iya bareng-bareng semuanya</p>				



What do you do when you feel stress?	If I stress, just I'm sitting. I can't to do anything	Subjek belum memiliki <i>coping stress</i> yang baik	Faktor PWB		
Do you hear some music or not?	Music? Sometimes	untuk mengendalikan emosinya		FP	+
How about when you angry, what do you do? Do you yelling or throwing something?	No, I'm just shouting				
Shouting, okay. How do you fulfill your family needs?	Emm				
Is IOM give you some money?	No, it's okay but if I get residentment				
If you go shopping, do you have any money?	Of course				

From IOM?	Emm not only IOM, IOM gives for us but the money does not enough for us. Maybe after 10 days or 15 days we finished that money. But my aunty transfers for us	Untuk masalah finansial, subjek tidak begitu kesulitan karena masih mendapat dukungan dari keluarga besar	Faktor PWB	FP	++
Ouu, where's your auntie?	Australia				
Ow she gots job there tight?	Yes				
Do you have any illness history?	No				
Okay, how do you maintain your health during corona?	Like what?				

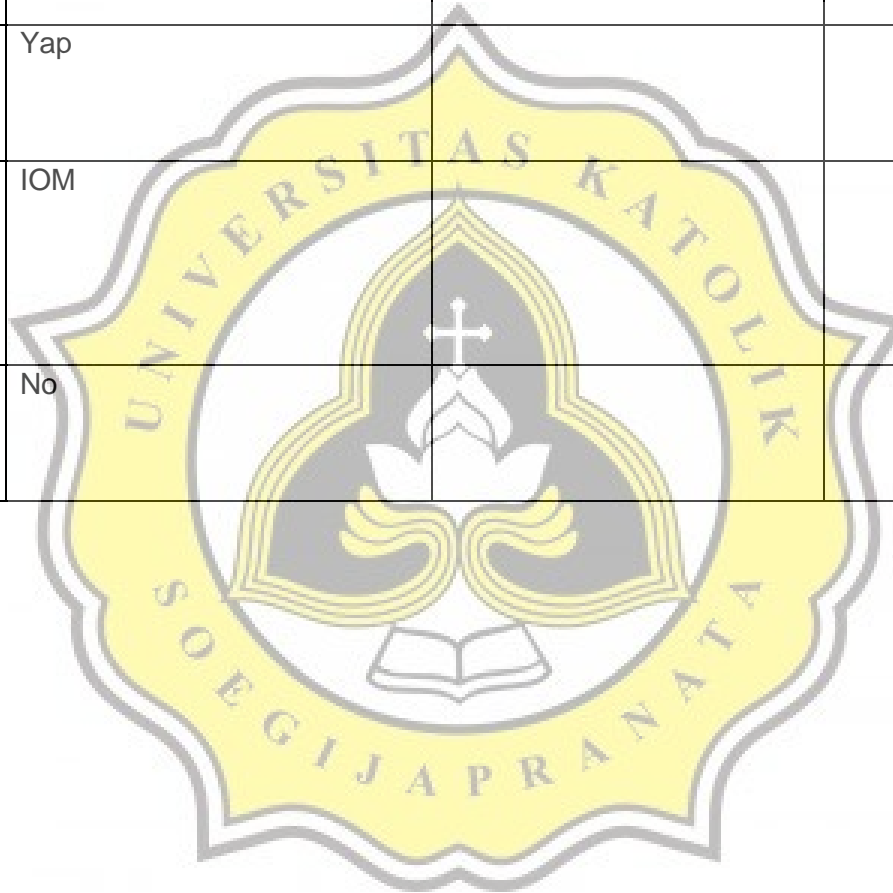
<p>Em, menjaga kesehatannya dengan cara apa?</p>	<p>Emmm</p>				
<p>Do you exercise? Skipping or jogging? Or just playing soccer</p>	<p>Emm just playing soccer</p>				
<p>Do you consume vitamins?</p>	<p>Yap</p>				
<p>Okay how can you arrive in Indonesia?</p>	<p>By airplane</p>				
<p>Plane, okay. First you go to Indonesia or you transit in another country?</p>	<p>No, I transit in India</p>				



Berarti from Afghanistan, you go by plane, and transit there?	After that we move to Malaysia				
How long you stay in India so?	Just 1 month				
And in Malaysia?	Malaysia only 1 day				
Jus for transit right?	Ya, after that I go to Indonesia				
Oh Indonesia, first you go to Medan?	Yaa, and then Jakarta and Semarang				
Sejak kapan ada di Indonesia?	Sejak like what?				
Dari tahun berapa?	Dari tahun 2016				
Paling lama di Semarang?	Di Semarang 2 tahun				
So how long do you stay in Jakarta?	Emm one year and half				

Is there any difficulties during your moving here to Indonesia?	No				
Have you applied for new country?	Not yet				
Okay, is there any happy moments when you become refugee?	Yes	Subjek bisa menerima perubahan yang ia alami	Emosi positif	EP	++
Like what?	When I got my refugee card				
When is it?	Dua tahun lalu				
Is there any sad moment as a refugee?	Sad moment is when my dad got operation. He got operation 4 times because he had usus buntu	Subjek merasa kondisi kesehatan ayahnya membuatnya sedih	Emosi positif <i>Positive relations with other</i>	EP PR	+ +++

Operation in Indonesia?	Iya 4 kali			
So you company him in the hospital?	Yap			
Siapa yang biayain? Who pay the bill for the hospital?	IOM			
Is there any unforgettable memory as a refugee?	No			

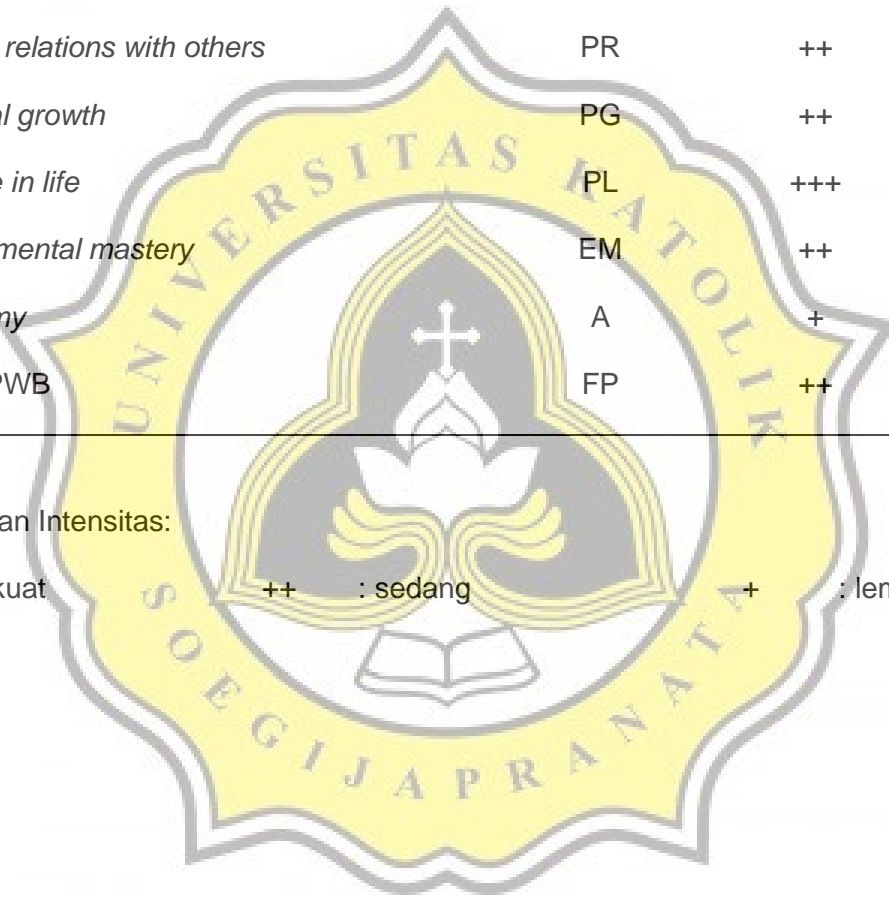


Lampiran 3.2 Intensitas Subjek N

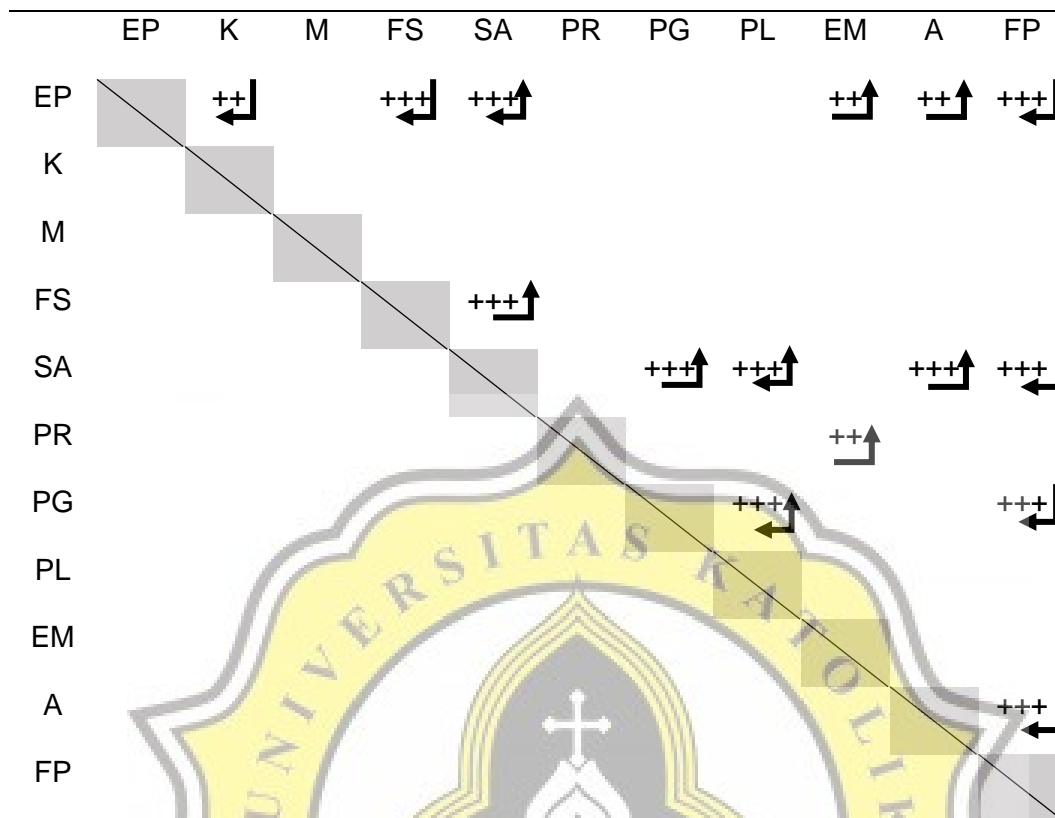
Tema	Koding	Intensitas
Emosi Positif	EP	++
Keterlibatan	K	+++
Makna	M	+++
Faktor SWB	FS	+
<i>Self-acceptance</i>	SA	+++
<i>Positive relations with others</i>	PR	++
<i>Personal growth</i>	PG	++
<i>Purpose in life</i>	PL	+++
<i>Environmental mastery</i>	EM	++
<i>Autonomy</i>	A	+
Faktor PWB	FP	++

Keterangan Intensitas:

+++ : kuat ++ : sedang + : lemah



Lampiran 3.3 Matriks Subjek N



Keterangan:

Tema	Koding	Tema	Koding
Emosi positif	EP	Self-acceptance	SA
Keterlibatan	K	Positive relations with others	PR
Makna	M	Personal growth	PG
Faktor SWB	FS	Purpose in life	PL
		Environmental mastery	EM
		Autonomy	A
		Faktor PWB	FP

Lampiran 4.1 Hasil Wawancara Subjek S

Pertanyaan	Jawaban	Analisis	Tema	Koding	Intensitas
First, may I know your name sir?	A.. R.. S..				
Where do you come from?	Afghanistan				
And how old are you?	42				
And your birth date?	Ehh, 13 day from 3 month 1979				
Do you born in Afghanistan?	Yes				
How many languages do you speak?	I can little English, but Persian is my original language				
Okay, do you understand Indonesia?	Little				

Okay, what is your hobby sir? Drawing?	No, I think for me finish because I am old hehehe	Subjek merasa dirinya sudah tidak pantas untuk memiliki hobi	<i>Self-acceptance</i>	SA	++
So you don't have any hobbies?	But I want to have a good full job, this is my hope , because I can make good family , I can make a good job for my family here Another hope is my children go to school , going to university, if they want to be doctor or anything, I don't know what they want hehe	Subjek menangkap pertanyaan sebagai harapan, subjek berharap yang terbaik untuk keluarganya	<i>Purpose in life</i>	PL	+++
Hehe okay sir, and what is your daily activity sir?	My daily activities are in the morning little training, after	Subjek mengerti apa yang harus dilakukan sesuai	<i>Environmental mastery</i>	EM	+++

	that I make breakfast for my family because my wife is sick, she cannot cooking	dengan kondisi keluarganya			
What is her sick sir?	She is psychology sick, now she go to, one year to 3 or 5 month she going to Tlogorejo, to meet psychology doctor	Kondisi pasangan subjek banyak memengaruhi kehidupan subjek	Faktor PWB	FP	+++
Ou, after you make breakfast what do you do?	After I make breakfast, I cooking for lunch and for night for dinner				
Is there any other activity?	Other activities I have a little time drawing	Subjek menunjukkan ketertarikannya pada	Keterlibatan	K	+++
Do you really like drawing ya?	Ya, sometimes I have time painting	melukis dan menggambar			
Ow that's very nice	Thank you				

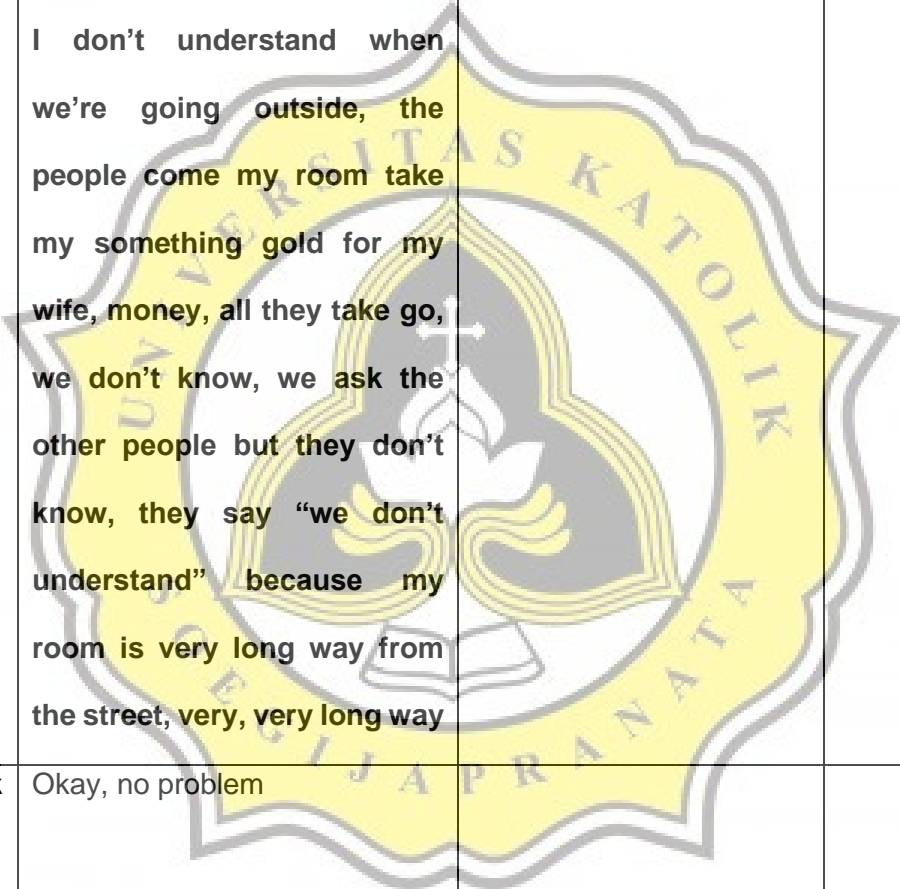
What is your last education?	Last education is..				
High school?	Oh no no.. emm here				
Oh associate degree?	Yes	Subjek memiliki latar belakang pendidikan yang cukup tinggi	Faktor SWB	FS	+++
Are your parents still alive?	No sorry				
Oh sorry sir	No problem				
So you live here with your 2 children and your wife?	Yeah 2 children and my wife, we are good family but now little have problem because my wife is sick, my children cannot activities				
Do you have any relatives here?	Another family in here? No				

What are you strength? What are you good at?	About the activities or job, or anything?				
Oh it's up to you, what are you good or best at doing something? Or your achievement? Or you good at cooking?	No when I start the cooking my wife is sick but before I not cooking I can drawing, I can painting, I can calligraphy, I can make dress, I can design dress, I can make women bag, I can design for women bag	Subjek mengerti kemampuan yang dimiliki dirinya	<i>Self-acceptance</i>	SA	+++
So you are very artistic ya	Hehe thank you				
And what is your weakness sir? You bad at, the other side	That time when I don't have money, it's a big problem for me because this is a big problem for my family hehehe	Subjek menjelaskan yang menjadi kekurangannya adalah kondisi eksternal dirinya seperti keuangan	<i>Self-acceptance</i>	SA	+++

	<p>That time I cannot control my brain heheh all that I think is why I don't have, why I cannot, why, but because I don't have that time I want to, I hope so after this I don't like us time, I like always full money, I like my children, my family, my wife good clothes, good dress for job, good food</p>	<p>dan permasalahan keluarganya</p>	<p>Emosi positif</p>	<p>EP</p>	<p>+</p>
<p>Okay, and how long do you stay in Indonesia?</p>	<p>Indonesia 4 years</p>				
<p>4 years ya, before you go to Semarang, where do you</p>	<p>Afghanistan first, my country, first we come to India, before I don't understand about</p>				

go? Jakarta or another country?	Indonesia and Indonesia people, my friend says, in India, you go to another country Indonesia, we come fast from India, Malaysia, after Malaysia we come to Medan, after from Medan we come to Jakarta, I think we 1 year live in Jakarta				
And after that you go here?	Not by me, by IOM, by migration, I don't know, now I forget, 2 months or 1 month I live by myself, but my money gone from home.. and then Jakarta, Bogor	Subjek mencoba untuk menjalani hidupnya sendiri namun musibah kehilangan harta juga membuatnya kehilangan autonomi	<i>Autonomy</i>	A	++

	<p>After we come to in front of UNHCR office, we 18 or 19 days we stay at street, we sleep to the street in front of UNHCR office don't understand, but IOM understand this we live that</p>				
<p>So where do you get food when you are on the street?</p>	<p>Some people come here and give it, sometimes I have a little money buy for my children, sometimes people bring me</p>	<p>Subjek bergantung pada pemberian orang karena subjek tidak memiliki uang untuk memenuhi kebutuhan</p>	<p><i>Autonomy</i></p>	<p>A</p>	<p>+</p>
<p>So where do you get the money to buy food? Do you get from you saving?</p>	<p>The little money I have I don't know, 100 dollar I have in my pocket, but some money</p>				

	<p>gone from my room in Bogor.</p> <p>I don't understand when we're going outside, the people come my room take my something gold for my wife, money, all they take go, we don't know, we ask the other people but they don't know, they say "we don't understand" because my room is very long way from the street, very, very long way</p>				
<p>Oh okay, is it okay if I ask you about your history?</p>	<p>Okay, no problem</p>				

<p>And what is the reason you are leaving your country?</p>	<p>My country is always war, but we not come about that, maybe all country sometimes war, this is not problem, but some people they say always because I teaching for children, for bigger for adult, I help them some people, morning and then evening I teaching for school, after that in afternoon I help for some poor people</p>	<p>Subjek menunjukkan niat baiknya terhadap orang lain terutama orang miskin untuk bisa mengembangkan keterampilan untuk menjalani hidup</p>	<p><i>Positive relations with others</i></p>	<p>PR</p>	<p>++</p>
<p>Oh you help poor people?</p>	<p>Yaa, some poor people I want to make job for them, they want to, I say to poor people</p>				

	<p>for example “this is not good you sleep always, you don’t have money, you don’t have job, it’s a big problem for you, for other people, for my country” but I teaching for them make bag</p>				
<p>Bag just like I bring?</p>	<p>Ya but you can make bag for 18 or 15 no problem, you can go sell to other people, but sometimes I don’t know who, come and close his face say for me “is it not good you help for other people”, I ask “why?”, “because we don’t</p>	<p>Subjek mendapat anacaman dari orang yang tidak dikenal karena membantu orang-orang miskin</p>	<p>Faktor PWB</p>	<p>FP</p>	<p>+++</p>

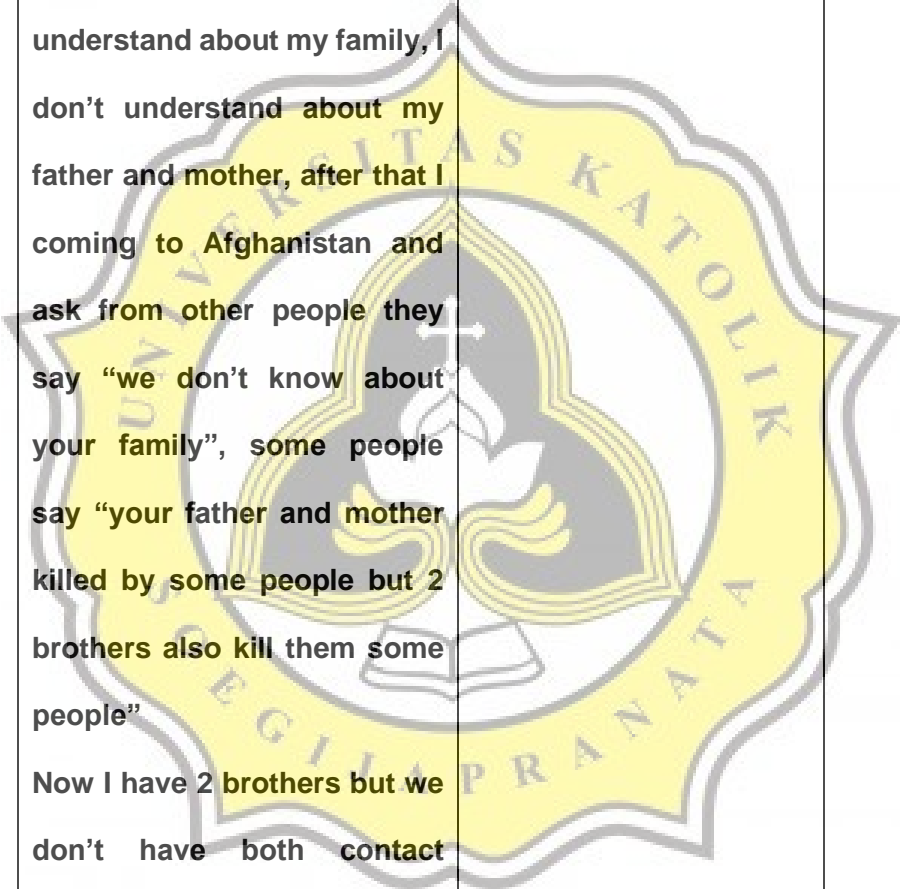
	<p>want” they say, I say “why? No past from me”, I say “for you go!”</p> <p>I come from Whalik and the city, I have some friend in the city in Khazni, the city, very famous, very old city</p>				
<p>So you have been terror by the people? So the people come to you and they don't want you to help poor people?</p>	<p>Ya</p>				
<p>So the reason you are leaving Afghanistan is that? You afraid of that people?</p>	<p>Ya, I go to the city, I going to 1 school by my friend, they say come to this school, teaching for</p>	<p>Subjek mendapatkan ancaman berulang</p>	<p>Faktor PWB</p>	<p>FP</p>	<p>+++</p>

	<p>student, I started again teaching there, I follow poor people some college but after I don't know, 2 months or 3 months again, some people say for me like that</p>	<p>karena tindakannya membantu orang miskin</p>			
<p>The same way before?</p>	<p>Ya this time because this time, 2 times, I afraid from that people, I worry, one night I want to come to my room they start to shoot my car</p>	<p>Kejadian ini membuat subjek menjadi cemas dan takut</p>	<p>Emosi positif</p>	<p>EP</p>	<p>+</p>
<p>Wow, okay.</p>	<p>I put my car in there, go to another district, going to one room, another room to walk on the wall.</p>	<p>Teror yang didapatkan subjek benar-benar memengaruhi kondisi dirinya hingga</p>	<p>Faktor PWB</p>	<p>FP</p>	<p>+++</p>

	<p>That night I go to my family room, I say for them “please help me, my children, my room, some people shoot my car in there, now I will go to capital city”, they say “no problem, we will go bring your life and children tonight to sleep here, morning we sent you to capital city”</p> <p>That morning we come to Kabul, sorry I don’t know, one month, I forget, one month up down I don’t know, we come to India</p>	<p>memutuskan untuk meninggalkan negaranya</p>			
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<p>So you decided to go to India after that?</p>	<p>Yeah</p>				
<p>Okay, so is that the most memorable memory in your country?</p>	<p>About this yes, but another think because I leave my country I have so many history heheh</p>	<p>Ada perasaan sedih karena harus meninggalkan negaranya</p>	<p>Emosi positif</p>	<p>EP</p>	<p>+</p>
<p>How old is your children when the moment come that people come to terror you?</p>	<p>4 years ago, we come here, now he is 11, this month maybe next month, August will be 12, and he 5 years</p>				
<p>So he only 1 year in Afghanistan?</p>	<p>Yeah, first happy birthday we celebrate give happy birthday in here, in Bogor</p>				
<p>Oh in Bogor?</p>	<p>Yeah</p>				


<p>But he was born in Afghanistan too?</p>	<p>Yeah, he was born in Khazni, and he born in Tehran, Iran. I married in Iran</p>				
<p>So you still contact with your other family member?</p>	<p>Afghanistan? Sometimes, because the mobile, sometimes I talk with my brother in Afghanistan, sometimes I talk with him, but not always contact because I first broadcast my family, my father and my mother kill by some people we don't know, after that my 2 brother to another city, I don't know, I go by one family go to Iran, live</p>	<p>Subjek sudah sulit berhubungan dengan keluarganya, kehilangan kabar keluarganya akibat kondisi negara yang tidak aman</p>	<p>Emosi positif</p>	<p>EP</p>	<p>+</p>

	<p>in Iran, 7 years I don't understand about my family, I don't understand about my father and mother, after that I coming to Afghanistan and ask from other people they say "we don't know about your family", some people say "your father and mother killed by some people but 2 brothers also kill them some people"</p> <p>Now I have 2 brothers but we don't have both contact</p>				
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	<p>because we don't understand both about the condition</p> <p>I live in Iran, my brother live in Norway, but one brother live in Afghanistan, but we don't have the contact because we don't understand about my culture, because 13 years we lost contact, sometime we talk</p>				
<p>Okay, let's move to another part, what's make you happy sir?</p>	<p>Because I don't understand about the Indonesia and Indonesian people, but some people say they are Moslem because we are Moslem, but I</p>	<p>Saat pertama kali pindah subjek kehilangan penguasaan lingkungan karena ia kesulitan mengerti, dan orang</p>	<p><i>Environmental mastery</i></p>	<p>EM</p>	<p>+</p>

	<p>don't understand, I not ask about their Moslem to other people because I don't like I want to one country no war, no problem, no another problem, I want to just be safe</p>	<p>sekitarnya mengatakan hal yang ia tidak tau kebenarannya</p>			
<p>So you happy when you have safe condition and no war and no problem, are these make you happy?</p>	<p>Before we have a good live</p>				
<p>Okay, so you happy with your life before?</p>	<p>Yeah before I have room in Iran, I have a car, I have a factory, some people active there, but after that we coming to Afghanistan, I am</p>	<p>Subjek mengatakan dirinya lebih berkecukupan, saat ini kondisi keluarganya tidak stabil karena istrinya sakit</p>	<p>Emosi positif</p>	<p>EP</p>	<p>+</p>

	<p>teacher, we could live a good live</p> <p>But now we just stay in this small room, but don't have activities, but sometimes I'm angry about my children because they don't have good education, my wife is sick, always she drinking medicine, she night asleep, morning until lunch she's sleep, lunch she eating drinking, after that she want to go sleep again, I say "please not asleep, go</p>	<p>dan anaknya tidak bisa sekolah, subjek merasa marah</p> <p>Kondisi kesehatan istrinya benar-benar memengaruhi emosi subjek, karena subjek bingung dengan keadaan istrinya</p>	<p>Faktor PWB</p>	<p>FP</p>	<p>+++</p>
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	<p>outside little running, jogging” I cannot allow my wife, but another problem I cannot allow my children because my children is going outside, I’m afraid my children maybe fight with another children. I’m afraid for my wife maybe she feels bad or feel down, this is another problem, always I have a stressed about my children also my wife</p>				
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<p>But I think your children is good sir, they're handsome</p>	<p>Thank you so much but sometimes I activity with them in here because I understand about the children psychology because I education about that and because for teaching</p>	<p>Subjek selalu menyediakan waktu terbaik bagi anaknya</p>	<p><i>Positive relations with others</i></p>		
<p>So you accompany them to play?</p>	<p>Yes sometimes I play, sometimes if A.. (anak kedua) sad I said "come come here", I activities in here, he love after that, I make this, play with cars, play video on youtube, but I make a program for A.. (anak</p>			<p>PR</p>	<p>+++</p>

	<p>pertama) sometimes, morning we're going outside by bike, running this place, going to Matahari, come back here after that I make a program for English Language for A.. (anak pertama), but I want to they not angry, not sad.</p>				
<p>Do they go to school?</p>	<p>Yes, they go, but the school is not good, level less, but we have another problem because they don't understand Indonesia language, understand but little</p>				

<p>Do they join class with another teacher down there?</p>	<p>Another teacher not come here</p>				
<p>They don't come to teach Indonesian language anymore?</p>	<p>Not good, but little</p>				
<p>So you learn from the tablet?</p>	<p>Yes</p>				
<p>Okay, so how often do you feel joy right now?</p>	<p>(Anak pertama menerjemahkan ibunya: she said we don't have any joy, please look at our room, we live like a pool people in here) Hahah but sometimes we will go outside, cannot</p>	<p>Istri subjek merasa tidak menemukan kesenangan berada di tempat ini, subjek juga merasa tidak senang karena sulit berkomunikasi di sini karena sekiarnya</p>	<p>Emosi positif</p>	<p>EP</p>	<p>+</p>

	<p>connection with Indonesian people, she's big problem, for example sometime we're going to Matahari store, all Indonesia people join and have contact with them, but we set one side</p> <p>Some people they not come ask for me, "where you come from? Where are you? What do you want?" but we think we come from another world ya hehehe</p>	<p>mengasingkan keluarganya</p>			
<p>So do you still believe with your hope that your children</p>	<p>We try our best. I believe we're going to another</p>	<p>Subjek percaya ia dapat mewujudkan harapannya</p>	<p><i>Purpose in life</i></p>	<p>PL</p>	<p>+++</p>

have a good education, do you still believe it?	country, my family make the country for them	dan ia akan berusaha sebaik mungkin			
Okay, do you already apply for your third country?	Before the corona virus, we little understand, but after corona virus we don't understand				
So IOM don't give you any information about that?	IOM sometime come here but they talk about my situation, but it's not clear. They say all process is stop because the corona virus make problem				
Where do you want to go for a new country?	No problem about this, because every country we are safe, my children go to school Sorry my wife has ee.. she afraid about you but she don't				

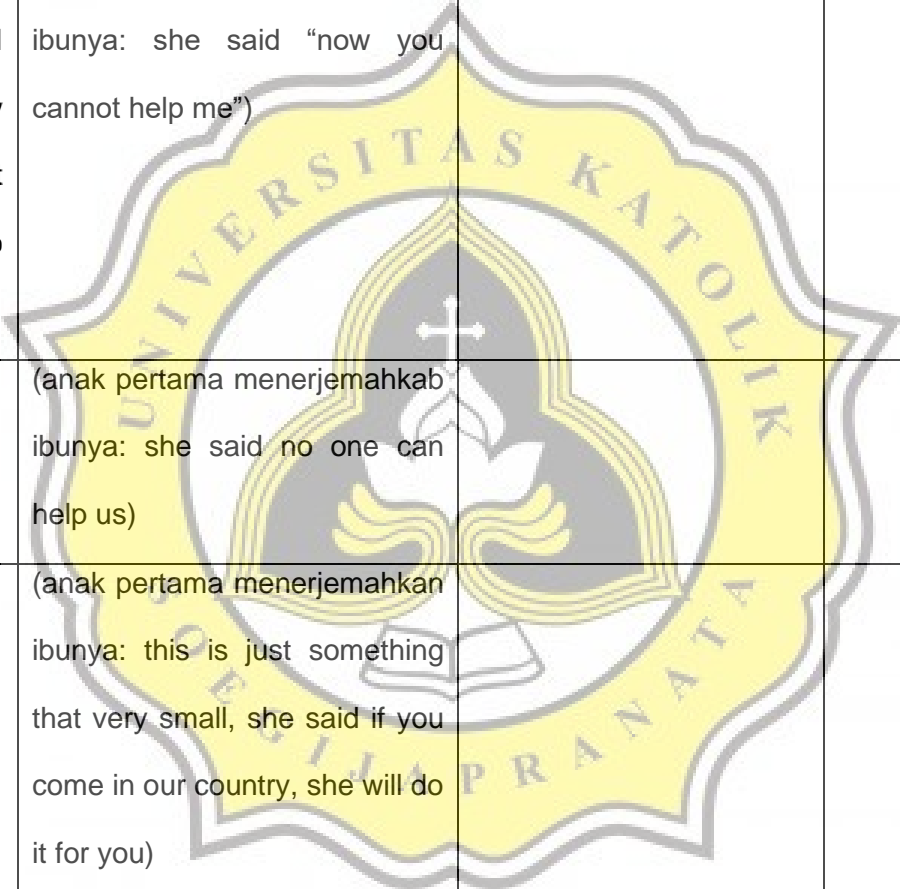
	understand about you, you come from where				
Helo mam, my name's Agnes, I'm from Soegijapranata Catholic University	Sorry she says you give me, you give so much information from me				
Okay I can keep this information and I don't share it with another people, and I just give the initial of your name, and the story just keep for me	(anak pertama menerjemahkan ibunya: she said what do you need this?)				
I just want to know how you live here and about your condition here	(anak pertama menerjemahkan ibunya: she said we have bad situation, she tired,	Kondisi kesehatan istrinya menjadi faktor terbesar yang	Faktor PWB	FP	+++

	sometimes she wants to suicide but my father didn't let her, she said "I'm tired from live", she said she wants to suicide	memengaruhi situasi subjek termasuk keluarganya			
Em I don't give any harm or any further action for this research, I just want to know the condition and if you need any help, I will ask for a help if you allowed me for do it	(anak pertama menerjemahkan ibunya: she said no one can help us, she's not help, we don't have money, we have bad situation)	Kondisi istrinya memengaruhi situasi kamar menjadi tegang	Emosi positif	EP	+
I'm sorry if I bother you, or if you don't comfort with this	Three times she wants to suicide I stop	Istrinya sudah melakukan percobaan bunuh diri	Faktor PWB	FP	+++

<p>conversation, I can stop it here</p>	<p>(anak pertama menerjemahkan ibunya: she said what kind of help you can do?)</p>	<p>namun subjek mencegahnya</p>			
<p>I'm from psychological student too, and my teacher maybe can read this report too and listen to your story and give you some comfort zone</p>	<p>(anak pertama menerjemahkan ibunya: she said this is good help for you, not good help for us)</p>				
<p>Oh no, I mean the help is for you, I don't take any advantages in this research</p>	<p>(anak pertama menerjemahkan ibunya: she asks what kind of help this for us?)</p>				
<p>Emm, maybe I can report the condition to IOM, and IOM can give you more</p>	<p>(anak pertama menerjemahkan ibunya: she said "can you help me?", she just wants to go</p>				

<p>intervention or maybe I ask for my friends help to understand your mother illness, because my teacher is a Psychology expertise too, or maybe what do you want to me to give you help?</p>	<p>round, round, round by something?)</p>				
<p>So she just want me to accompany her going round?</p>	<p>(anak pertama menerjemahkan ibunya: yeah, she asks you, you have motorcycle?)</p>				
<p>Ya I have it, where do you want to go?</p>	<p>(anak pertama menerjemahkan ibunya: She said "I don't know, just want to go from here")</p>				

<p>I can't do it now, maybe tomorrow or the other day I can give you accompany you, but today I can't accompany you, it's too dark</p>	<p>(anak pertama menerjemahkan ibunya: she said "now you cannot help me")</p>				
<p>I'm sorry</p>	<p>(anak pertama menerjemahkan ibunya: she said no one can help us)</p>				
<p>I'm sorry mam</p>	<p>(anak pertama menerjemahkan ibunya: this is just something that very small, she said if you come in our country, she will do it for you)</p>				

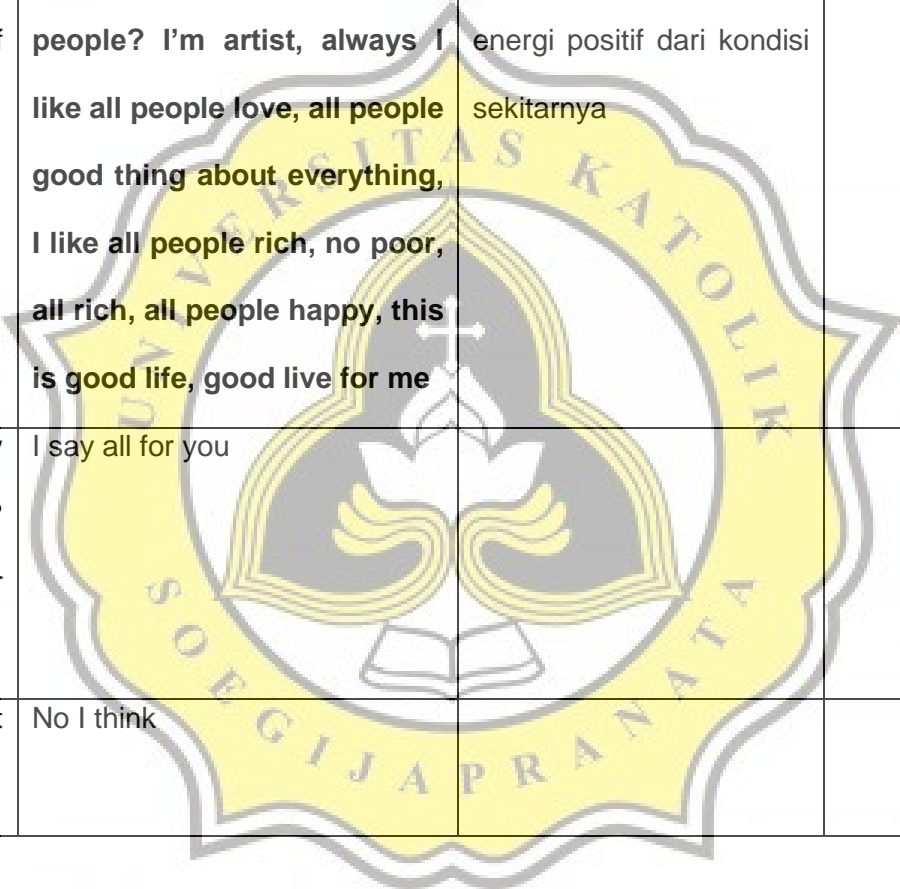


Yeah, I will do it for you, but not today, not tonight, maybe tomorrow or the other day	(anak pertama menerjemahkan ibunya: many people come in here like you tell and go)				
I'll come tomorrow for you to believe me	(anak pertama menerjemahkan ibunya: no problem, continue your conversation)				
Is it okay?	(anak pertama menerjemahkan ibunya: no problem)				
I'm sorry for the inconvenience	(anak pertama menerjemahkan ibunya: no problem)				
Okay sir, do you join some communities here?	Sorry I don't understand				
Ah, do you join some group here?	Group in the wisma?				

Yeah, is there any group or people gathering here?	Because my wife is sick that people don't have contact with me because always, we busy, cannot go outside	Relasi subjek dengan orang-orang di wisma menjadi terganggu karena kondisi istrinya	<i>Positive relations with others</i>	PR	+
Do you feel more comfort after leaving your country?	No				
Is there something interesting in your life?	(anak pertama menerjemahkan ibunya: we don't have something good in our life)	Istri subjek merasa tidak ada yang menarik dalam kehidupan keluarganya	Keterelibatan	K	+
Okay, what is your religion? Are you moslem?	Yeah				
Do you still sholat five times a day?	Yeah				
Okay, go to mosque?	No just stay here				

Do you celebrate Idul Adha next week?	Yes at my home				
Is there any activities that your religion push you to do it? Like sedekah or zakat maybe?	We have pray, we have zakat, but now we cannot pay because we don't have money	Subjek masih menjalankan ajaran agamanya dengan sebisa mungkin	Makna	M	+++
And then next part, what do you think about meaningful life?	(anak pertama menerjemahkan ibunya: About the life? Our life now don't have any meaning)	Istrinya merasa kehidupan keluarga tidak memiliki makna apa-apa	Makna	M	+
<i>Wawancara diinterupsi dengan telpon dengan pihak IOM karena Subjek mememastikan dengan IOM</i>					
Can I continue sir?	Oh yeah, sorry for the call				
Yes it's okay. Can you easily adapt with the changes?	Sorry I don't know				

<p>Okay, we can skip it. Can you describe what kind of person are you?</p>	<p>You know about the artist people? I'm artist, always I like all people love, all people good thing about everything, I like all people rich, no poor, all rich, all people happy, this is good life, good live for me</p>	<p>Subjek mendapatkan energi positif dari kondisi sekitarnya</p>	<p>Emosi positif</p>	<p>EP</p>	<p>+++</p>
<p>Okay, is there any memories that you avoid? Is it the night that your car shot?</p>	<p>I say all for you</p>				
<p>Is there any memory that you want to be repeat?</p>	<p>No I think</p>				



Is there anything that you want to change from yourself?	No	Subjek merasa dirinya saat ini tidak ada yang perlu diubah	<i>Self-acceptance</i>	SA	++
Okay, how is your relation with others with different nationality?	We live in Iran, but they are live in Afghanistan, just a small-time live-in Afghanistan, but my culture is different with this people				
How is your relation with Somal people or Myanmar people? Is it good or not?	No we are same Moslem, but we all Moslem.. did you know about the Moslem got 2, Moslem Syiah and Sunni, we are Syiah, they are Sunni, but we don't have problem	Subjek mengatakan walaupun berbeda dengan kelompok Muslim lainnya subjek tidak bermasalah	<i>Positive relations with others</i>	PR	+++

<p>So you don't have problem to talk with them or to interact with them?</p>	<p>No, we are talk, we use English language</p>				
<p>Have you ever helped somebody outside your family?</p>	<p>Before we help another people, yes I talk about that before, I like help, but now sorry I don't have something, just some people come, they want to know drawing I'll help it, they want to know about the make bag I'll help, they want to make dress I'll help, about the money now cannot because I don't have it</p>	<p>Subjek selalu mau membantu orang sekitarnya terutama jika mau belajar sesuatu dari diri subjek</p>	<p><i>Positive relations with others</i></p>	<p>PR</p>	<p>+++</p>

<p>Its okay sir, what do you want to learn now?</p>	<p>Emm about the job, I want to learn about the all good job here</p>	<p>Subjek ada keinginan untuk belajar semua pekerjaan untuk menunjang harapannya</p>	<p><i>Personal growth</i></p>	<p>PG</p>	<p>+++</p>
<p>Do you have any best friend here?</p>	<p>Best friend? No, no, all my friends we can talk with all</p>				
<p>Okay, do you face any new difficulty during Corona?</p>	<p>First corona come we afraid, because we don't understand about the safe, after we understand by IOM staff, by google internet, by another social media, this is a virus, but we can safe my family, my friend, after that we follow all protocol Covid-19, until now</p>	<p>Subjek dapat beradaptasi dengan tantangan baru di masa pandemic</p>	<p><i>Personal growth</i></p>	<p>PG</p>	<p>+++</p>

	<p>we safe, after this we don't understand but always go try mask, washing hand, one meter distancing</p>				
<p>Okay, if you can't go to another country or your hope cannot be fulfilled, what will you do?</p>	<p>I have so many jobs, I try all, first I said information about that, first I make my family, after that I help another people, I want to help</p>	<p>Subjek memiliki harapan besar tidak hanya untuk keluarganya tapi juga berguna bagi orang sekitarnya</p>	<p><i>Purpose in life</i></p>	<p>PL</p>	<p>+++</p>
<p>Do you sell your art or your drawing?</p>	<p>No, because I need some material for drawing, this is very expensive, I can't buy, some people they want me drawing, I can draw but I want material, they buy for me the material</p>				

Oh okay	This is friend need, not for job				
Is living in Indonesia give you some difficulties?	Indonesia is very, very different with my country, but about the air is very hot, weather is very hot, but my children all time they have allergy, the skin allergy, cough	Kondisi Indonesia membuat keluarganya kesulitan	Faktor PWB	FP	+++
Any other?	Ee we have allergy with food, I bring material from pasar, I make here, sometime we're going outside we cannot eating Indonesian food, we take my food from home and we go eating outside				

So you cook it for the family and you also buy the material too?	Yes				
Okay, what do you usually cook?	Afghanistan food, Iran food				
What do you do when you feel stress?	<p>I have some parameters for stress, first I follow about the stress in my brain, the stress is started from where, is stress for what, if I can go one by one in my brain about the stress, about it started from where, if I can one by one finish the problem. But if I cannot I singing, I drawing, I</p>	<p>Subjek dapat mengukur sendiri kondisi stresnya dan mengetahui cara terbaik untuk menenangkan dirinya</p>	<p>Faktor PWB</p>	<p>FP</p>	<p>+++</p>

	<p>get play with my children, because I afraid my children understand about my stress this is big problem, I change my situation about my stress, because sometime I want to understand my wife, sometime understand about my children, about my brain</p>				
<p>Okay, and what do you do when you get angry?</p>	<p>First, I control my situation, when I angry I control my situation, but I cannot control I go outside, leave the place</p>	<p>Subjek juga mampu mengendalikan dirinya ketika marah</p>	<p>Faktor PWB</p>	<p>FP</p>	<p>+++</p>
<p>And then, is IOM still give you some money? Is it</p>	<p>No</p>				

enough for your family or no?					
So how much do you get it?	Ee, for adult one million and 250, for children, 500	Subjek merasa uang yang diberikan IOM tidak dapat mencukupi kebutuhan hidupnya sehingga subjek mengatur agar tetap bisa membeli makan	Faktor PWB		
Is it enough for your life?	No				
So how do you fulfil the other need?	I make a program for money, little little control but for example this month I buy apple for my children next month not buy apple, another fruit, small small but buy food, I think food have a vitamin but I follow the save about food because I make different, because I can buy			FP	+++

	<p>some material not expensive, very cheap</p> <p>First I go to pasar Johar Baru, because they're material is cheap, sometimes I need the material for eating, I ask for people, how much, how many but the cheap buy</p>				
Okay, you buy the cheapest material, right?	Ya				
Do you have any illness history?	About my sick or about my family?				
About you	<p>No before 2 years I'm not sick, but after 2 years have sick, little-little sick, sometime very</p>	<p>Subjek merasa stress hingga mengalami psikosomatis</p>	Faktor PWB	FP	+++

	<p>headache, I know this is from my stress, but the last 6 month pain my hearth, pain my back left, in my chest, I go to doctor, but doctor say my body don't have a problem but this is from the stress</p>				
<p>How do you maintain your health during <i>Covid-19</i>?</p>	<p>Before the corona we have problem, and the corona we have 2 problems, double problem, but very stress, I do control my stressor, about my children because the place is very small, maybe my children go outside fight, but</p>	<p>Subjek merasa lebih tertekan ketika masa pandemic karena masalahnya menjadi bertambah</p>	<p>Emosi positif</p>	<p>EP</p>	<p>+</p>

	<p>I cannot allow my wife cause he have problem about that, but I very pressed</p>				
<p>Ee when you are moving to Indonesia are you face some difficulties or threats or obstacles?</p>	<p>Difficult? About the move?</p>				
<p>Yeah about the move</p>	<p>No, we come easy because I pay money for some people supported by plane</p>				
<p>So you go by plane?</p>	<p>Yeah</p>				
<p>Do your family also transfer you the money or are get some money from the other family?</p>	<p>We don't have other family give money heheh</p>				

<p>Hehe okay, is there any happy moment when you become a refugee?</p>	<p>But refugee is another problem because you are in your country, your father your mother all people not safe for you refugee, “refugee is not good name”, but I think we are safe this is good. Indonesian people understand about the refugee, you know, is not good name, okay, but because my children, my wife, my family is safe, this is good, we are happy that time we are refugee, Indonesia</p>	<p>Subjek mengatakan orang-orang Indonesia memiliki cap buruk terhadap pengungsi, tetapi subjek tidak bermasalah asal keluarganya aman</p>	<p><i>Environmental mastery</i></p>	<p>EM</p>	<p>++</p>
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	<p>accept me refugee, we are happier, you can write we are happy</p>				
<p>Is there any sad moment as a refugee?</p>	<p>No, we are going to UNHCR office, we talk with the case officer, case officer interviews some rule, I think 1 year we are not refugee, just IOM accept me, under IOM. When they transfer me to Semarang, case officer from Jakarta come here, they say you are refugee, it's your refugee card, but we have a problem of process the</p>	<p>Subjek ada perasaan takut dirinya ditolak ketika ia belum mendapatkan status jelas, perasaan ini muncul karena proses pengurusan status pengungsi yang lambat</p>	<p>Emosi positif</p>	<p>EP</p>	<p>+</p>

	<p>refugee, long time always we have a stressed, we afraid, maybe they don't accept me for refugee, why they not bring my card, my id card</p>				
<p>Okay, this is the last one, is there any unforgettable memory?</p>	<p>No, but always my children sick, my wife sick, it's a big problem for me.</p> <p>When we come in Indonesia, always we live in the jail</p>				
<p>In the camp?</p>	<p>In the camp, yes!</p>				
<p>So you better to stay here?</p>	<p>Wisma better than camp but not so much better, because we have so much free, always we think, I don't know, maybe</p>	<p>Subjek merasakan pengalaman terkekang ketika berada di Rudenim Semarang, ada perasan</p>	<p>Emosi positif</p>	<p>EP</p>	<p>+</p>

	<p> this think is from before we live in IDC, I don't know, always we think, people follow me, I think, this is not, this is not, only we think, just my think, we going outside think some people follow me, before we live in IDC for 1 month, 1 day 11 o'clock we come outside, before the Adzan maghrib we come back to IDC, always we have a stressed, some people follow me, maybe 10 minutes come late, it stop it IDC, </p>	<p> takut karena diikuti orang dari belakang </p>			
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	immigration people stop it “why you come late 10 minutes?”, next time we cannot go outside				
Oh so they strict to you?	Yeah, this is a very big problem in my life	Subjek merasa perlakuan Rudenim membuatnya takut	Emosi positif	EP	+
So you fell stressed and afraid of them?	Yes, always afraid				
Okay thank you sir for your time	Yeah thank you so much too, please save my information, but you can write, I don't have problem, I am Moslem but I like Christian people, I don't have problem for anything	Subjek menekankan bahwa dirinya tidak bermasalah dengan orang yang berbeda kelompok dengan dirinya	Positive relations with others	PR	+++

<p>Yeah, I promise sir</p>	<p>I like help for all people, this is my system, this is my life, I say for my children, if you can help another people, help. If you have a little money for you, you think you no need for one thing, give to another people, because you don't need, I say for my children, this is my system</p>	<p>Subjek juga menekankan kembali bahwa subjek senang membantu orang lain dan ia mengajarkan anaknya untuk melakukan hal yang sama</p>	<p><i>Positive relations with others</i></p>	<p>PR</p>	<p>+++</p>
<p>Okay, thank you sir, you are very welcome to me and your family too, I think you are a good person, and I'm</p>	<p>Thank you so much</p>				

wishing you for a good health and good life				
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Lampiran 4.2 Intensitas Subjek S

Tema	Koding	Intensitas
Emosi Positif	EP	+
Keterlibatan	K	++
Makna	M	++
Faktor SWB	FS	+++
<i>Self-acceptance</i>	SA	++
<i>Positive relations with others</i>	PR	+++
<i>Personal growth</i>	PG	+++
<i>Purpose in life</i>	PL	+++
<i>Environmental mastery</i>	EM	++
<i>Autonomy</i>	A	+
Faktor PWB	FP	+++

Keterangan Intensitas:

+++ : kuat ++ : sedang + : lemah

Lampiran 4.3 Matriks Subjek S

	EP	K	M	FS	SA	PR	PG	PL	EM	A	FP
EP		+++↓		+++↓	+++↑	++↑				+++↓	+++↓
K						++↑					
M						+++↑		++↑	++↑		
FS					+++↑		+++↑				
SA							+++↑	+++↑			+++↓
PR								+++↑	+++↑		
PG								+++↑			+++↓
PL											
EM										++↑	+++↓
A											+++↓
FP											

Keterangan:

Tema	Koding	Tema	Koding
Emosi positif	EP	Self-acceptance	SA
Keterlibatan	K	Positive relations with others	PR
Makna	M	Personal growth	PG
Faktor SWB	FS	Purpose in life	PL
		Environmental mastery	EM
		Autonomy	A
		Faktor PWB	FP



LAMPIRAN C
SURAT IZIN PENELITIAN

020/Unika/FP/R-QSR/I/07

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Nomor : 1100/B.7.3/FP/VII/2020
 Lamp. : -
 Hal : Ijin Penelitian

Semarang, 06 Juli 2020

Kepada Yth.

Kepala Kantor Rumah Detensi Imigran (Rudenim) Semarang
 Jl. Sugriwo Raya no. 2,
 Semarang

Dengan hormat,

Kami mohon bantuan Bapak/Ibu/Saudara/i, untuk berkenan memberikan ijin kepada mahasiswa/i Fakultas Psikologi Unika Soegijapranata Semarang tersebut di bawah ini :

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 Tempat / Tgl / Lahir : Tangerang, 25 Desember 1997
 Alamat : Jl. Pringgadung II no. 33A, Brumbungan, Semarang

untuk mengadakan penelitian di Rumah Detensi Imigran (Rudenim) Semarang dalam rangka penyusunan tugas Skripsi dengan judul "Kebahagiaan Pada Pengungsi Imigran", di bawah bimbingan Dosen Pembimbing *Dr. Y. Bagus Wisnanto, MS*.

Demikian atas bantuan serta kerja sama Bapak/Ibu, kami ucapkan terima kasih.

Ka. Progd. Sarjana Psikologi,



Tembusan :

- Yang bersangkutan

Doc. by D/srt penelitian



KEMENTERIAN HUKUM DAN HAK ASASI MANUSIA REPUBLIK INDONESIA
KANTOR WILAYAH JAWA TENGAH
RUMAH DETENSI IMIGRASI SEMARANG
Telepon (024) 7622595 Faksimili (024) 76635770
Email : rudenimsemarang@gmail.com Twitter : @RUDENIM_SMG

Nomor : W.13.IMI.7-UM.01.01-756
Sifat : Biasa
Lampiran : -
Perihal : Persetujuan Izin Penelitian

14 Juli 2020

Yth. Dekan Fakultas Psikologi
Unika Soegijapranata
di -
Semarang

Sehubungan dengan surat Saudara Nomor 1100/B.7.3/FP/VI/2020 tanggal 06 Juli 2020 perihal Izin Penelitian bersama ini dengan hormat disampaikan bahwa pada prinsipnya kami tidak keberatan memberikan kesempatan kepada :

Nama : Christisia Natalia Agnes Abadi
NIM : 16.E1.0063
Jurusan/ Program Studi : Psikologi / S1 Psikologi

Untuk melaksanakan Penelitian mulai tanggal 15 Juli 2020 pada Rumah Detensi Imigrasi Semarang.

Demikian atas kerjasama yang baik diucapkan terimakasih.

Kepala,



R/M
Retno Mumpuni
NIP. 196901271993032002



KEMENTERIAN HUKUM DAN HAK ASASI MANUSIA REPUBLIK INDONESIA
KANTOR WILAYAH JAWA TENGAH
RUMAH DETENSI IMIGRASI SEMARANG
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Email : rudenimsemarang@gmail.com Twitter : @RUDENIM_SMG

Nomor : W.13.IMI.7-UM.01.01-911
Sifat : Biasa
Lampiran : -
Perihal : Keterangan Telah Melaksanakan Penelitian

01 September 2020

Yth. Dekan Fakultas Psikologi
Unika Soegijapranata
di -
Semarang

Memperhatikan surat Saudara Nomor 1100/B.7.3/FP/VII/2020 perihal Permohonan Izin Penelitian, bersama ini dengan hormat disampaikan bahwa mahasiswa atas nama :

Nama : Christisia Natalia Agnes Abadi
NIM : 16.E1.0063
Program Studi : Psikologi / S1 Psikologi

telah melaksanakan penelitian pada Wisma Husada sejak tanggal 15 sampai dengan 30 Juli dengan judul "Kebahagiaan Pada Pengungsi Imigran".

Demikian atas kerja samanya diucapkan terima kasih.



Kepala,

Retno Mumpuni
NIP. 196901271993032002



LAMPIRAN D
INFORMED CONSENT

INFORMED CONSENT FORM

This informed consent form is for refugees under International Office of Migrations (IOM) and who we are inviting to participate in research about happiness and well-being, titled "Happiness on Immigrant Refugees".

This research is held by Christieia Natalia Agnes Abadi, from Soegijapranata Catholic University

This informed consent form has two parts:

- Information Sheet (to share information about the study with you)
 - Certificate of Consent (for signatures if you choose to participate)
- You will be given a copy of the full Informed Consent Form.

Part I: Information Sheet

I am Agnes, as a Psychology student from Soegijapranata Catholic University. I am doing research on the happiness on refugee people in Semarang. I am going to give you information and invite you to be part of this research. You do not have to decide today whether or not will you participate in this research. Before you decide, you can talk to anyone you feel comfortable with about this research.

This consent form may contain words that you don't understand. Please ask me to stop as we go through the information and I will take time to explain. If you have questions later, you can ask them of me.

Everyone seeks for happiness in their life. Happiness is also matter for refugees. So, I want to find happiness on refugee's self. I believe that you can help me by telling about your activity and self in general. I want to learn about the different ways that refugees see their own happiness, and how refugees try to make their self-happy.

This research will involve your participations in an interview that will take about one hour, and a few hours observation.

You are being invited to take in this research because we feel that your experience as a refugee can contribute much to our understanding and knowledge of happiness that you have.

Your participation in this research is entirely voluntary. It is your choice whether to participate or not. If you choose not to participate all the services you receive will continue and nothing will change.

I am asking you to help me learn about happiness in your community. I am inviting you to take part in this research project. If you accept, you will be asked to participate in an interview with myself.

During the interview, I will sit down with you in a comfortable place. If it is better for you, the interview can take place in your room. If you do not wish to answer any of the questions during the interview, you may say so and the interviewer will move on to the next question. No one else but the interviewer will be present unless you would like someone else to be here. The information recorded is confidential, and no one else except me will access to the information documented during your interview. The entire interview will be tape-recorded, but no-one will be identified by name on the tape. The information recorded is confidential, and no one else except me will have access to the tapes.

The research takes place over one month in total. During that time, we will visit you two or three times for interviewing you at one-month interval and each interview will last for about one hour each.

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There will be no direct benefit to you, but your participant is likely to help us find out more about happiness that refugees have.

We will not be sharing information about you to anyone outside of the research team. The information that we collect from this research project will be kept private. Any information about you will have a number on it instead of your name. Only the researchers will know what your number is and we will lock that information up with a lock and key. It will not be shared with or given to anyone except the research team.

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If you have any questions, you can ask now or later. If you wish to ask questions later, you may contact any of the following: Agnes, crisanes@yahoo.com / 085761826806

Part II: Certificate of Consent

I have been invited to participate in research about Happiness on immigrant Refugees.

I have read the foregoing information, or it has been read to me. I have had the opportunity to ask questions about it and any questions I have been asked have been answered to my satisfaction. I consent voluntarily to be a participant in this study.

Researcher

Semarang, 16 Juli 2016
Participant

AGIJAPRA



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Researcher,

Semarang, 21 Juli 2020
Participant,





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11 Juli 2020

Semarang, 11 Juli 2020
Participant,

Researcher,

Agnes

Nuzulita

SEGIJAPRA

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Researcher

Semarang, 16 Juli 2020
Participant

AGIJAPRA



0.94% PLAGIARISM
APPROXIMATELY

Report #11229370

BAB 1 PENDAHULUAN Latar Belakang Masalah Semua orang mencari kebahagiaan, suatu hal yang tidak bisa dipungkiri (Pascal dalam Sirgy, 2012). Tuturan Pascal ini didasari oleh kenyataan hidup manusia di sekitarnya. Pascal yang seorang filosof itu melihat bahwa manusia berusaha untuk memenuhi tujuan hidupnya. Tujuan hidup itu bermacam-macam, mulai dari terpenuhinya kebutuhan hidup sehari-hari, mencapai cita-citanya, menjadi kaya, menjadi orang yang berguna bagi yang lain, dan sebagainya. Ada begitu banyak tujuan hidup manusia. Penggambaran di atas hanyalah sebagian kecil dari banyaknya tujuan hidup itu. Pascal melihatnya sebagai kebahagiaan yang dicari setiap manusia di dunia. Sayangnya tidak semua manusia menyadari bahwa mereka mencari kebahagiaan. Kebahagiaan menjadi hal yang sangat filosofis namun tetap diusahakan setiap manusia. Mulai dari orang dengan masa lalu yang hidup dalam hiruk pikuk perang maupun mereka yang hidup dalam keadaan damai. Semua mengejar kebahagiaan. Hanya saja kebahagiaan itu diusahakan melalui berbagai tujuan hidup mereka. Orang yang hidup pada masa perang memiliki tujuan hidup damai tentram, bisa hidup aman dan nyaman. Ini dapat dinyatakan sebagai kebahagiaan bagi mereka. Orang yang hidup dalam kekurangan ingin agar hidup berkecukupan. Ketika mereka sudah berkecukupan ada kebahagiaan yang