

CHAPTER 5

CONCLUSION AND SUGGESTIONS

This study talks about homosexual identity development experienced by the main character, Adèle, in *Blue Is the Warmest Color* movie and how the title relates to the story. The writer analyzes Adèle's identity development as a lesbian based on the stages of homosexual identity development by Vivienne Cass. The writer finds six stages of homosexual identity development categorized by Vivienne Cass. Those are identity confusion, identity comparison, identity tolerance, identity acceptance, identity pride, and identity synthesis.

In the discussion on identity confusion, the writer finds that Adèle's identity confusion starts when she meets Emma and she also has an unusual feeling and emotion toward Emma afterwards. By keeping her relationship with Thomas, Adèle wants to make sure that there is nothing wrong with her sexual orientation, but her confusion grows even more instead. She is in a painful phase trying to figure out about her identity, yet she is also aware that she may have the possibility to be homosexual.

During the identity comparison stage, Adèle is facing the feeling of alienation as the difference between self and non-homosexual others becomes clearer. It leads Adèle to her curiosity on how it feels like to be a homosexual and comparing both worlds; homosexual and heterosexual. Adèle's denial of herself as a homosexual is also happening during this time. She is afraid that once everyone knows about her identity, they will reject her. Adèle knows that she probably is a homosexual, but still not fully sure about it yet.

The feeling of alienation from the previous stage brings Adèle to the next stage; identity tolerance, where now she sees the contact with homosexuals is necessary in order to lessen her feeling of alienation. There is a tolerance of her being a homosexual rather than an acceptance of it, yet Adèle is also starting to have a bigger commitment of being a homosexual.

On identity acceptance, Adèle is now fully sure about her identity and starts to enjoy living as a homosexual and see it as something positive. Adèle starts to open up to some people about her identity, but her parents. The distinction between how she sees herself and how non-homosexual others think about her identity is also increased during this time.

As Adèle is having a strong commitment to homosexual identity, the society's stigmatization toward it is getting clearer at this stage of identity pride. It brings Adèle to join an action of gay pride with other homosexuals in order to show their proud feeling as homosexual. They want to be seen as equal.

On the last stage of homosexual identity development; identity synthesis, it is unfortunate that Adèle has not been fully able to synthesis her view and other's view toward her homosexual identity. The society's stigmatization and the rejection she got, makes her put up walls from others. The identity synthesis is the stage where Adèle should have been able to open up about her homosexual identity to everyone, yet she hides it instead.

Based on what has been proven above, this study concludes that Adèle's homosexual identity development can only be explained by the five out of six stages of homosexual identity formation by Vivienne Cass, that are identity confusion, identity comparison, identity tolerance, identity acceptance, and identity pride. As Adèle does not undergo the last stage; identity synthesis. The writer also concludes that the movie title "Blue Is the Warmest Color" represents the story of the movie. It represents the story of Adèle and Emma, where Emma is someone that Adèle has

been desired for as she is also the person who has been there for Adèle during her time recognizing her identity as a homosexual. Emma is an unexpected one that comes to Adèle's life and changes Adèle's life journey.

The writer suggests for future study that will use homosexual identity formation to dive deeper into the identity development, especially on how the society affects the homosexual identity development, since the society also takes a big part in it.

