

DAFTAR PUSTAKA

- Agoes Dariyo, 2003, Psikologi Perkembangan Dewasa Muda, Jakarta: PT Gramedia Widiasarana
https://librari.stikespkj.files.wordpress.com/2017/10/d08120111-155-5-dar-p-psikologi-perkembangan-dewasa-muda_library-stikes-pekajangan-2014.pdf
- Ana Karinna Hidalgo, 2014. "Biophilic Design, Restorative Environments and Well-Being"
https://www.researchgate.net/publication/275961124_Biophilic_Design_Restorative_Environments_and_Well-Being
- Aninta Brown, "What is a Destination Spa?". diakses pada 17 Juni 2020, pukul 19.13.
<https://www.tripsavvy.com/what-is-a-destination-spa-3089906>
- Azuardesi, Yai, 2006. Fasilitas Spa Si Kota Baru Bandar Kemayoran sebagai Sarana Relaksasi dengan Pendekatan Nuansa Arsitek Betawi
<https://dspace.uui.ac.id/bitstream/handle/123456789/20584/01512189%20Yai%20Azuardesi.pdf?sequence=1&isAllowed=y>
- Burnard, Mike. 2014, *Restorative Environment Design*.
<https://www.swst.org/wp/meetings/AM14/pdfs/presentations/burnard%20pdf.pdf>
- Carey Finn, "6 elements of Japanese traditional architecture". diakses 29 Juni 2020, pukul 21:30.
<https://www.rethinktokyo.com/2017/12/12/6-elements-japanese-traditional-architecture/1513026009>
- D.K Ching, Francis. 2007. *Form Space & Order*, Canada : John Wiley&Sons, Inc
<https://www.pdfdrive.com/architecture-form-space-and-order-4th-edition-e183724577.html>
- D. Tupper. 2011. *Data Architecture from Zen to Reality*, United States of America : Elsevier
https://booksite.elsevier.com/samplechapters/9780123851260/Front_Matter.pdf
- Fitria. A, Elita, 2008. Nilai-nilai pada taman Jepang Khususnya pada Taman Karesansui : Dianalisis berdasarkan teori Estetika Wabi dan Sabi menurut Terao Ichimu dan Teori Estetik Zen menurut Hisamatsu Shin'ichi <http://lib.ui.ac.id/file?file=digital/20160237-RB08A528n-Nilai-nilai%20estetika.pdf>
- Hagan, Susannah. 2001. *Taking Shape : A new contract between architecture and nature*, London, England WIP 9HE <https://book.asia/book/567406/e2df94?regionChanged=&redirect=18722796>

Hisamatsu, Shin'ichi. *Zen and the Fine Arts*. Tokyo : Kodansha International, Ltd. 1974

<https://archive.org/details/zenfinearts0000hisa/page/n1/mode/2up>

John Connell, *Medical Tourism*. UK :MPG Books Group, 2010

<https://vdocuments.mx/john-connell-health-and-medical-tourism-stylus-pub-llc-2010.html>

Kania Dekoruma, “fakta tatami, tikar tradisional khas Jepang”. diakses 28 Agustus 2020 pukul 6.23.

<https://www.dekoruma.com/artikel/67389/fakta-menarik-tatami>

Keane, Marc P. *Japanese Garden Design*. Rutland, Vermont, Tokyo : Charles E. Tuttle, 1997

https://www.academia.edu/26351956/Study_on_Japanese_Garden_Abroad_Definition_and_Method_of_Design_Part_1

Kiyoshi Seike, *A Japanese Touch for Your Garden*. Japan : Kodansha International Ltd, 1995

<http://cfd2d4a2a8c2cd77f9e39405269f8ca4.farmacred.com.ar/read/by-kiyoshi-seike-a-japanese-touch-for-your-garden-by-seike-kiyoshi-author-paperback-on-02-1993.pdf>

Lawson, Fred R. *Hotels and Resorts: Planning, Design, and Refurbishment*. Butterworth Architecture, 1995. TX911.3.P46 L39 1995 <https://www.pdfdrive.com/page-1-hotels-resorts-planning-design-and-refurbishment-fred-lawson-page-2-e34736054.html>

McLeod,Michelle . *Health and wellness Tourism*. Emerald. Chapter 7 https://www.researchgate.net/publication/302140629_Health_and_Wellness_Tourism

Muji, “Zen Minimalism”. diakses 26 juni 2020, pukul 19: 35. <https://www.interactiongreen.com/minimalist-and-zen/>

Nousiainen, Marjut, dkk. *Restorative Environment Design*. Grano Oy, Kouvola. Kymenlaakso University of Applied Science <https://core.ac.uk/download/pdf/80993388.pdf>

Palwe, Reggie. 2005. *The Psychology of Zen: Could an Eastern View Enhance the Science of Mind and Behavior?*. Kyoto Journal, 59, 8-13.16 April2020.<http://www.ewpsy.com/REGGIE%20DISSERTATION/Kyoto%20Journal%20-%20final.pdf>

Pendit, Nyoman S. *Ilmu Pariwisata*. Jakarta : Akademi Pariwisata Trisakti, 1999

https://simdos.unud.ac.id/uploads/file_pendidikan_1_dir/3daa3fbf01385573f120b76e48df024a.pdf

Peraturan Menteri Kesehatan Republik Indonesia nomor 8 tahun 2014, Bab I
http://hukor.kemkes.go.id/uploads/produk_hukum/PMK%20No.%208%20ttg%20Pelayanan%20Kesehatan%20SPA.pdf

Peraturan Menteri Pariwisata Republik Indonesia nomor 11 tahun 2019 tentang Standar Usaha Spa
<http://jdih.kemeparakraf.go.id/index.php/regulation/11517100>

Rosidawati. 2011. Mengenal Usia Lanjut. Jakarta: Salemba Medika
<https://www.scribd.com/document/369739756/Mengenal-Uusia-lanjut-dan-Perawatannya>

Sarwono, S.W. 2008, Psikologi Remaja. Jakarta: Salemba Humanika <https://adoc.tips/psikologi-remaja-sumber-buku-psikologi-remaja-karangan-prof-.html>

Surat Keputusan Direktorat Jendral Pariwisata , Pos, dan Telekomunikasi No-22/U/VI/1978 tertanggal
12 Juni 1978
https://peraturan.bkpm.go.id/jdih/userfiles/batang/Kepmenparpostel_37_1986.pdf

Vania, Veronika, 2011. Pencapaian Relaks di Spa dengan Kualitas Ruang dalam berdasarkan Filosofi Zen. Skripsi. Universitas Indonesia <http://lib.ui.ac.id/file?file=digital/20285089-S827-Pencapaian%20relaks.pdf>

Winna D.N, Aldita 2013. Perancangan Interior pada Zen Spa dan Reflexology Famili di Jakarta.
<https://docplayer.info/59612781-Perancangan-interior-pada-zen-spa-dan-reflexology-family-di-jakarta.html>

