



Lampiran 1

Output SPSS Analisis Data

A. Uji Linearitas dengan Pendekatan Analisis *Trend*

1. Homonegativitas yang Terinternalisasi dengan Distres Psikologis

ANOVA Table

			Sum of Squares	df	Mean Square	F	Sig.
K10 * IHNI	Between Groups	(Combined)	2599.576	37	70.259	.667	.851
		Linearity	58.775	1	58.775	.558	.465
		Deviation from Linearity	2540.801	36	70.578	.670	.847
	Within Groups	1791.333	17	105.373			
Total			4390.909	54			

2. Homonegativitas yang Terinternalisasi dengan *Self-Compassion*

ANOVA Table

			Sum of Squares	df	Mean Square	F	Sig.
SCS * IHNI	Between Groups	(Combined)	18.079	37	.489	1.435	.214
		Linearity	.265	1	.265	.779	.390
		Deviation from Linearity	17.814	36	.495	1.453	.207
	Within Groups	5.788	17	.340			
Total			23.867	54			

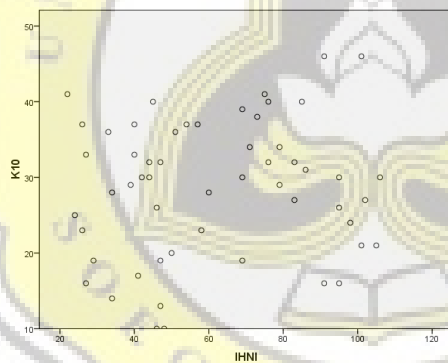
3. *Self-Compassion* dengan Distres Psikologis

ANOVA Table

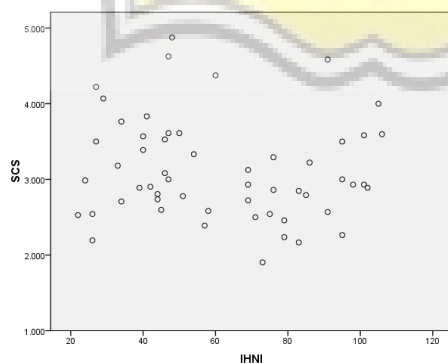
			Sum of Squares	df	Mean Square	F	Sig.
K10 * SCS	Between Groups	(Combined)	4191.909	47	89.190	3.137	.058
		Linearity	1412.681	1	1412.681	49.692	.000
		Deviation from Linearity	2779.229	46	60.418	2.125	.149
	Within Groups	199.000	7	28.429			
Total			4390.909	54			

B. Uji Linearitas dengan Grafik Scatterplot

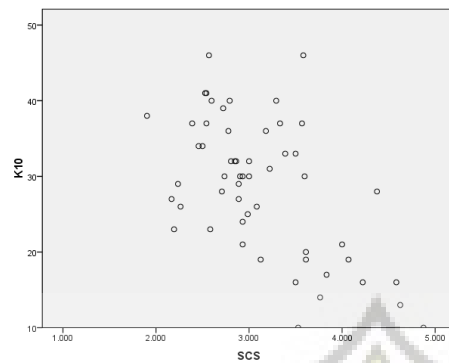
1. Homonegativitas yang Terinternalisasi dengan Distres Psikologis



2. Homonegativitas yang Terinternalisasi dengan *Self-Compassion*

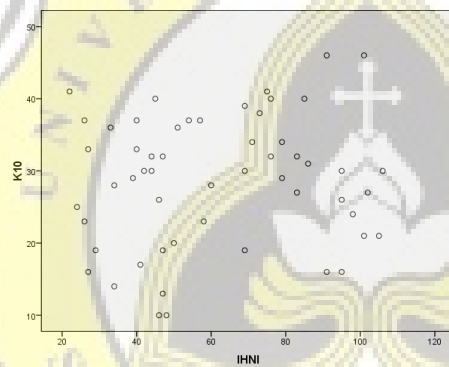


3. *Self-Compassion* dengan Distres Psikologis

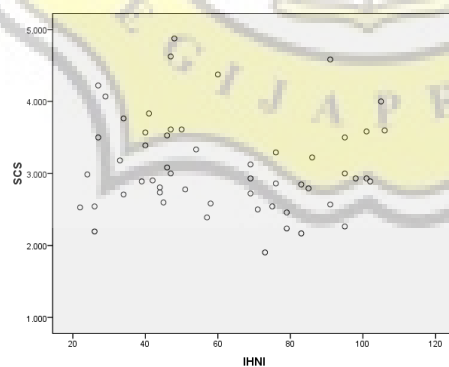


C. Uji Homoskedastisitas

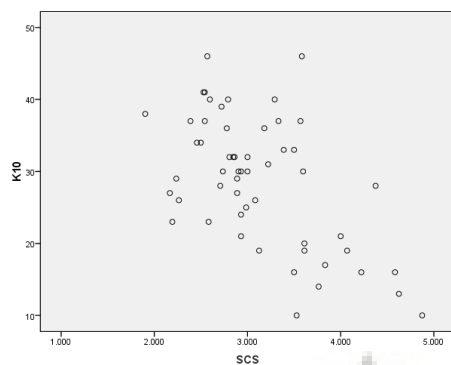
1. Homonegativitas yang Terinternalisasi dengan Distres Psikologis



2. Homonegativitas yang Terinternalisasi dengan *Self-Compassion*



3. *Self-Compassion* dengan Distres Psikologis



D. Uji Normalitas Residu

1. Homonegativitas yang Terinternalisasi dengan Distres Psikologis

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Path c	.082	55	.200 [*]	.972	55	.236

a. Lilliefors Significance Correction

*. This is a lower bound of the true significance.

2. Homonegativitas yang Terinternalisasi dengan *Self-Compassion*

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Path a	.112	55	.082	.958	55	.055

a. Lilliefors Significance Correction

3. *Self-Compassion* dengan Distres Psikologis

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Path b	.070	55	.200 [*]	.985	55	.700

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Path b	.070	55	.200*	.985	55	.700

a. Lilliefors Significance Correction

*. This is a lower bound of the true significance.

E. Statistik Deskriptif

Descriptive Statistics

	Mean	Std. Deviation	N
IHNI	61.47	25.367	55
K10	28.73	9.017	55
SCS	3.12095	.664815	55

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
IHNI	.139	55	.010	.937	55	.007
K10	.083	55	.200*	.976	55	.345
SCS	.136	55	.013	.956	55	.043

a. Lilliefors Significance Correction

*. This is a lower bound of the true significance.

Correlations

			IHNI	K10	SCS
Kendall's tau_b	IHNI	Correlation Coefficient	1.000	.041	-.050
		Sig. (2-tailed)	.	.662	.596
		N	55	55	55
K10		Correlation Coefficient	.041	1.000	-.362**
		Sig. (2-tailed)	.662	.	.000
		N	55	55	55
SCS		Correlation Coefficient	-.050	-.362**	1.000
		Sig. (2-tailed)	.596	.000	.
		N	55	55	55

** . Correlation is significant at the 0.01 level (2-tailed).

F. Analisis Regresi

1. Jalur c (Homonegativitas yang Terinternalisasi dengan Distres Psikologis)

Model Summary^b

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.116 ^a	.013	-.005	9.041

a. Predictors: (Constant), IHNI

b. Dependent Variable: K10

ANOVA^b

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	58.775	1	58.775	.719	.400 ^a
	Residual	4332.134	53	81.738		
	Total	4390.909	54			

a. Predictors: (Constant), IHNI

b. Dependent Variable: K10

Coefficients^a

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	26.199	3.221		8.134	.000
	IHNI	.041	.049	.116	.848	.400

a. Dependent Variable: K10

2. Jalur a (Homonegativitas yang Terinternalisasi dengan *Self-Compassion*)

Model Summary^b

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.105 ^a	.011	-.008	.667318

a. Predictors: (Constant), IHNI

b. Dependent Variable: SCS

ANOVA^b

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	.265	1	.265	.596	.444 ^a
	Residual	23.602	53	.445		
	Total	23.867	54			

a. Predictors: (Constant), IHNI

b. Dependent Variable: SCS

Coefficients^a

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	3.291	.238		13.841	.000
	IHNI	-.003	.004	-.105	-.772	.444

a. Dependent Variable: SCS

3. Jalur b (*Self-Compassion* dengan Distres Psikologis)

Model Summary^b

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.567 ^a	.322	.309	7.496

a. Predictors: (Constant), SCS

b. Dependent Variable: K10

ANOVA^b

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	1412.681	1	1412.681	25.140	.000 ^a
	Residual	2978.229	53	56.193		
	Total	4390.909	54			

a. Predictors: (Constant), SCS

b. Dependent Variable: K10

Coefficients^a

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	52.738	4.894		10.775	.000
	SCS	-7.694	1.534	-.567	-5.014	.000

Coefficients^a

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	52.738	4.894		10.775	.000
	SCS	-7.694	1.534	-.567	-5.014	.000

a. Dependent Variable: K10

4. Jalur c' (Homonegativitas yang Terinternalisasi dengan Distres Psikologis dengan Self-Compassion sebagai Mediator)

Model Summary^b

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.570 ^a	.325	.299	7.550

a. Predictors: (Constant), SCS, IHNI

b. Dependent Variable: K10

ANOVA^b

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	1426.556	2	713.278	12.512	.000 ^a
	Residual	2964.353	52	57.007		
	Total	4390.909	54			

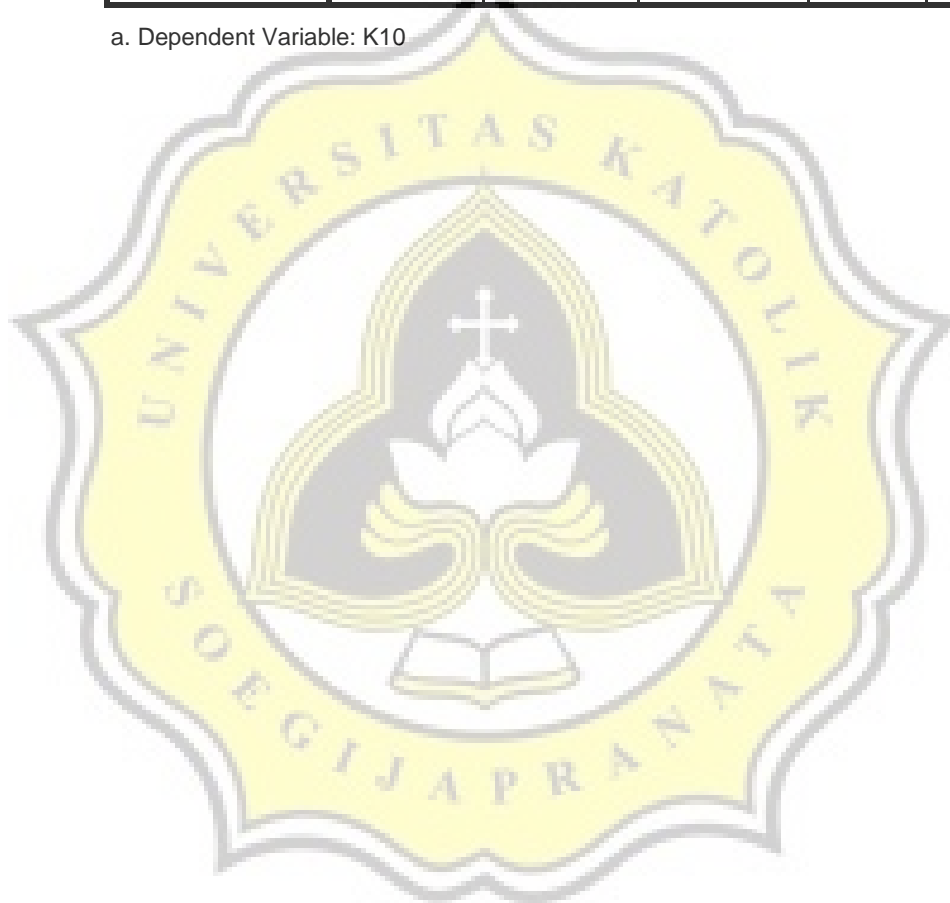
a. Predictors: (Constant), SCS, IHNI

b. Dependent Variable: K10

Coefficients^a

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	51.251	5.779		8.869	.000
	IHNI	.020	.041	.057	.493	.624
	SCS	-7.613	1.554	-.561	-4.898	.000

a. Dependent Variable: K10



5. Analisis Mediasi dengan SPSS Macros Indirect (Preacher & Hayes, 2008)

Dependent, Independent, and Proposed Mediator Variables:

DV = K10
IV = IHNI
MEDS = SCS

Sample size
55

IV to Mediators (a paths)

	Coeff	se	t	p
SCS	-.0028	.0036	-.7718	.4437

Direct Effects of Mediators on DV (b paths)

	Coeff	se	t	p
SCS	-7.6127	1.5541	-4.8983	.0000

Total Effect of IV on DV (c path)

	Coeff	se	t	p
IHNI	.0411	.0485	.8480	.4003

Direct Effect of IV on DV (c' path)

	Coeff	se	t	p
IHNI	.0201	.0407	.4934	.6238

Model Summary for DV Model

R-sq	Adj R-sq	F	df1	df2	p
.3249	.2989	12.5122	2.0000	52.0000	.0000

BOOTSTRAP RESULTS FOR INDIRECT EFFECTS

Indirect Effects of IV on DV through Proposed Mediators (ab paths)

	Data	Boot	Bias	SE
TOTAL	.0210	.0223	.0013	.0279
SCS	.0210	.0223	.0013	.0279

Bias Corrected and Accelerated Confidence Intervals

	Lower	Upper
TOTAL	-.0273	.0827
SCS	-.0273	.0827

Bias Corrected Confidence Intervals

	Lower	Upper
TOTAL	-.0257	.0861
SCS	-.0257	.0861

Percentile Confidence Intervals

	Lower	Upper
TOTAL	-.0265	.0837
SCS	-.0265	.0837

Level of Confidence for Confidence Intervals:

95

Number of Bootstrap Resamples:

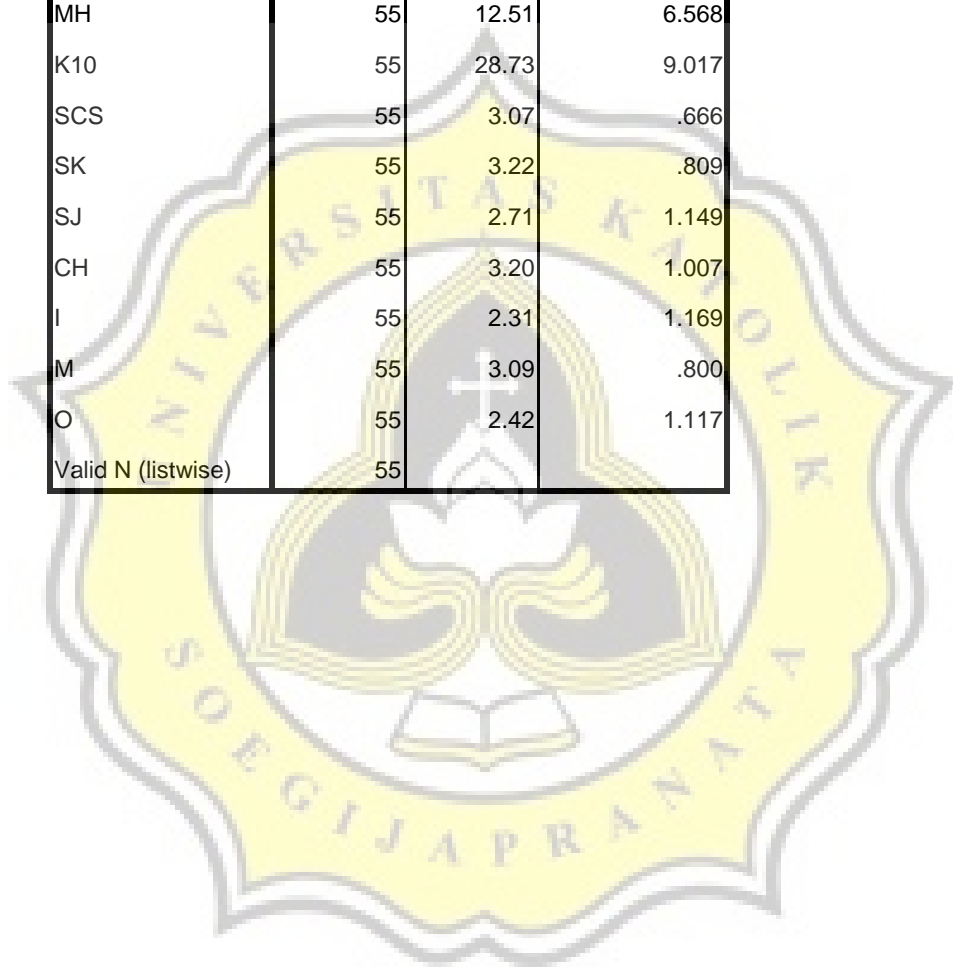
5000

***** NOTES *****

G. Analisis Data Tambahan

Descriptive Statistics

	N	Mean	Std. Deviation
IHNI	55	61.47	25.367
PH	55	32.51	14.772
GA	55	16.45	7.549
MH	55	12.51	6.568
K10	55	28.73	9.017
SCS	55	3.07	.666
SK	55	3.22	.809
SJ	55	2.71	1.149
CH	55	3.20	1.007
I	55	2.31	1.169
M	55	3.09	.800
O	55	2.42	1.117
Valid N (listwise)	55		



Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
IHNI	.139	55	.010	.937	55	.007
PH	.104	55	.200*	.959	55	.056
GA	.159	55	.001	.940	55	.009
MH	.136	55	.013	.918	55	.001
K10	.083	55	.200*	.976	55	.345
SCS	.130	55	.022	.955	55	.037
SK	.279	55	.000	.866	55	.000
SJ	.218	55	.000	.889	55	.000
CH	.241	55	.000	.886	55	.000
I	.277	55	.000	.850	55	.000
M	.309	55	.000	.820	55	.000
O	.228	55	.000	.889	55	.000

a. Lilliefors Significance Correction

*. This is a lower bound of the true significance.

SCS	Correlation Coefficient													
		-.058	-.134	.017	-	-	1.000	.509**	.519**	.456**	.532**	.543**	.585**	
	Sig. (2-tailed)	.545	.162	.861	.803	.000	.	.000	.000	.000	.000	.000	.000	
N	55	55	55	55	55	55	55	55	55	55	55	55	55	55
SK	Correlation Coefficient													
		-.051	-.124	.000	-	-.150	.509**	1.000	.176	.524**	.207	.626**	.190	
	Sig. (2-tailed)	.632	.243	.994	.930	.159	.000	.	.133	.000	.076	.000	.103	
N	55	55	55	55	55	55	55	55	55	55	55	55	55	55
SJ	Correlation Coefficient													
		.038	-.035	.107	.021	-	.519**	.176	1.000	.119	.426**	.244*	.485**	
	Sig. (2-tailed)	.709	.732	.307	.842	.000	.000	.133	.	.298	.000	.038	.000	
N	55	55	55	55	55	55	55	55	55	55	55	55	55	55
CH	Correlation Coefficient													
		-.127	-	.001	-	-.055	.456**	.524**	.119	1.000	.180	.540**	.231*	
	Sig. (2-tailed)	.223	.205	.994	.512	.602	.000	.000	.298	.	.116	.000	.044	
N	55	55	55	55	55	55	55	55	55	55	55	55	55	55
I	Correlation Coefficient													
		.006	-.029	.070	-	-	.532**	.207	.426**	.180	1.000	.236*	.519**	
	Sig. (2-tailed)	.951	.777	.505	.666	.002	.000	.076	.000	.116	.	.045	.000	
N	55	55	55	55	55	55	55	55	55	55	55	55	55	55
M	Correlation Coefficient													
		-.087	-.179	.053	-	-	.543**	.626**	.244*	.540**	.236*	1.000	.292*	
	Sig. (2-tailed)	.416	.095	.627	.447	.003	.000	.000	.038	.000	.045	.	.013	
N	55	55	55	55	55	55	55	55	55	55	55	55	55	55
O	Correlation Coefficient													
		.041	-.038	.144	.033	-	.585**	.190	.485**	.231*	.519**	.292*	1.000	
	Sig. (2-tailed)	.688	.716	.167	.755	.000	.000	.103	.000	.044	.000	.013	.	
N	55	55	55	55	55	55	55	55	55	55	55	55	55	55

** . Correlation is significant at the 0.01 level (2-tailed).

* . Correlation is significant at the 0.05 level (2-tailed).

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