

CHAPTER V

CONCLUSION AND SUGGESTIONS

This study talks about defense mechanism used by the main character, Mildred Hayes, in *Three Billboards outside Ebbing, Missouri* movie. The writer analyzes the kinds of defense mechanism that are used by Mildred and how she makes use of those defenses. The theory of defense mechanism in this study originates from defense mechanism theory by Sigmund and Anna Freud. The writer finds fourteen kinds of defense mechanism categorized by Sigmund and Anna Freud. Those are repression, reaction formation, projection, displacement, denial, rationalization, sublimation, regression, asceticism and restriction of ego, isolation, turning against self, introjection, identification with aggressor, and undoing.

After doing research using Freudian defense mechanism theory, the writer finds eight out of fourteen defenses that the main character makes use of. They are repression, reaction formation, denial, isolation, rationalization, undoing, regression, and sublimation. Mildred makes use of those defenses for psychological survival that is portrayed by doing particular actions to protect her mental health.

Repression defense is depicted in the form of holding back her feeling to deal with her worry, disappointment, guilt, and anger. Reaction formation takes in the form of doing the opposite action of what she really feels to deal with her anger. Denial is portrayed in the form of refusing the fact from other people to deal with her anxiety, sadness, and disappointment. Isolation takes in the form of shutting her sympathetic feeling to deal with her anxiety. Rationalization is depicted in the form of

making a comparison of two different things when she feels anxious and threatened. Undoing take in the form of doing the reverse of thing that just happened to deal with her feeling of humanity. Regression is portrayed in the form of doing childish action to deal with her uncomfortable feeling. The last defense is sublimation which takes in form of changing her misery to positive and productive action.

Finally, the writer concludes that this study is successfully explains kinds of defense mechanism used by Mildred Hayes and how she makes use of those defenses by leading from the explanation above. The writer also gives suggestion for future or next study that will use psychological literary criticism especially defense mechanism to dive deeper about mature defense mechanism. Because actually defense mechanism has particular levels to decide whether an action can be called mature based on its defense mechanism.

