

## CHAPTER 5

### CONCLUSION AND SUGGESTIONS

#### 5.1. Conclusion

This study was concerned with foreign language anxiety and shyness which were experienced by the foreign language learners, specifically among the students at Faculty of Language and Arts. This study was conducted to reveal the foreign language anxiety level and shyness level of the students' at Faculty of Language and Arts. This study also investigated the correlation between foreign language anxiety and shyness. The writer in particular conducted three research questions of this study as follows:

1. What is the Foreign Language Anxiety level of students at the Faculty of Language and Arts?
2. What is the Shyness level of students at Faculty of Language and Arts?
3. How is the correlation between the students' level of Foreign Language Anxiety and their level of Shyness?

The writer used a quantitative method in collecting the required data for this study. The quantitative method is needed to reveal the foreign language anxiety level and shyness level of the students at Faculty of Language and Arts and to investigate how the correlation between foreign language anxiety and shyness. This research used questionnaire as an instrument in collecting the required data. The writer distributed

the questionnaire to 150 students at the Faculty of Language and Arts in Soegijapranata Catholic University via online Google Forms.

The result of foreign language anxiety level of the students at Faculty of Language and Arts in learning English was moderate. It means that the students of Faculty Language and Arts is moderately anxious in learning English. There were two biggest sources which give lots of influence toward the result of the students' foreign language anxiety level. The situation which triggered the foreign language anxiety the most was, "I often feel like not going to my language class" with the mean score is 3.61. Another situation which triggered the foreign language anxiety was, "I feel more tense and nervous in my language class than in my other classes" with the mean score was 3.33. The result showed that the students of Faculty of Language and Arts experience a foreign language anxiety in the language class. Foreign language anxiety brought negative impact towards the students' development in acquiring foreign language. It showed that foreign language anxiety which is experienced by the students is included debilitating anxiety.

The result of shyness level of the students at Faculty of Language and Arts is moderate. It means that the students of Faculty Language and Arts is moderately shy on willingness to communicate. There were two biggest sources which give lots of influence toward the result of the students' shyness level. The students reported that they were such a quiet person. It can be seen from the statement, "I am a quiet person" and "other people think I am shy". The result showed that most students of Faculty of

Language and Arts considered themselves as a quiet person and assumed that other people had a perception toward them for being shy.

The result of the finding on correlation between foreign language anxiety and shyness indicated that the coefficient correlation between the students' foreign language anxiety and shyness was 0.340 at significance level of 0.01. This value showed that the correlation between the students' foreign language anxiety and shyness was positive yet weak. The correlation result is also found significant to both of the variables. There was a correlation between the students' foreign language anxiety and shyness. In other words, the higher the level of shyness, is, the more anxious the students are. It can be also inferred that shyness is related to students' foreign language anxiety. The results of this study indicated that the hypotheses of this study proved. The result of this study showed that the higher the level of students' shyness, was, the more anxious the students.

## **5.2. Suggestion**

The limitation of this study is the writer did not do the pilot study for the shyness scale, because the instrument had already been tested for reliability and validity. There are 14 statements that the writer used to conduct a research about shyness. Shyness scale is already tested and used by lots of researchers to conduct a research on shyness or willingness to communicate. This study limited the variable factor for the correlation analysis. The writer chooses shyness as the variable factor for the correlation analysis with the foreign language anxiety.

The writer suggests that the future researchers can also investigate on language anxiety but within different context. Therefore, the study can capture more diverse interacting factors which can provoke the foreign language anxiety. The writer suggests to the further researchers who are interested in conducting a research about foreign language anxiety and shyness need to be careful when choosing the proper measurement to conduct their study. The writer also suggests that the further researchers can do qualitative method to gather better and more data.

