

CHAPTER VI

CONCLUSION AND RECOMMENDATIONS

A. Conclusion

Women and men will have differing views and experiences regarding descriptive and prescriptive stereotypes towards women, simply because women will do more of the experiencing while men will do more of the perpetuating. While the women and men of the present day may all view stereotypes towards women as unnecessary, they are still all developing and perpetuating stereotypes towards women's sexuality, and women still may suffer the consequences of it. These stereotypes are developed and perpetuated by many factors of an individual's life, in this case culture, family, and social environments.

Culture is seen within every scale of community in a social environment. It is seen within a family, the neighborhood it is a part of, and in extension to that, the society it is a part of. They also mutually influence and are influenced by each other. As is seen within this research, culture is the foundation of how a family and the society it is a part of functions. But not many people abide by the principles of their cultural backgrounds as their forefathers traditionally did. While certain things remain the same, we are now seeing a shift in cultural applications within social interactions.

Parents are important figures in any culture, including the Javanese culture. Parents are seen as figures of authority and their word is deemed

important. While this phenomenon remains the same, the cultural shift is also seen in parents who have become detached to their cultural background, leading to the cultural detachment of their children. Outside of the topic of culture, values that parents are attached to, or in some cases are detached to, affect the values that will be held by an individual. A person may exhibit the same exact values as their parents, or they may exhibit a possible spectrum of it, leading up to exhibiting completely differing values to that of their parents. This is possible due to the influence of other factors, such as other people within a society. Either way, one's relationship with their parents, or lack thereof, influences how other factors may influence their personal views.

Regarding the concept of stereotyping, tradition seems to trump mindfulness. Stereotypes are passed down without any further ado as a result of generational habits and traditions. This leads up to the phenomena of people knowing certain concepts but not truly understanding it or understanding how they are contributing to the maintenance of said concepts. As seen from the research results, stereotypes are still upheld without needing to be consciously acknowledged by those perpetuating it.

B. Recommendations

1. For practicing psychologists, and academics in the psychological field seeking knowledge and inspiration from this research:

Take information from this research with the knowledge that this research was conducted in one of many ways for researches of similar topics can be conducted. It is possible to further explore this topic with different methods.

2. For the General Population Seeking Information Regarding This Particular Topic:

- a. Keep in mind that cultural, familial, and social dynamics influence individuals in many ways. This research was conducted specifically to explore only a small sample of a certain population and while the results may present similarities with the general population, it is not to be applied to the general population.

- b. Mindfulness is needed during social interactions so one will know how their actions contributes to the perpetuation of certain phenomena. Parents need to exhibit mindfulness when teaching their children values, individuals need to exhibit mindfulness when contributing their own familial or personal values while participating in a social interaction and they also need to be mindful of the values society might try to be imposing on them during said situations.

3. For Future Research:

For future research, it is imperative that one considers the possibility of more factors influencing an individual outside of the factors that were already predetermined throughout the course of the research. It may also be necessary for future researches to be more specific in categorizing the subjects and/or objects of the research.

