CHRISTIAN GREY’S PSYCHOSOCIAL DEVELOPMENT WHICH IS INFLUENCED BY TRAUMATIC EXPERIENCES AND POST TRAUMATIC STRESS DISORDER IN FIFTY SHADES TRILOGY

A THESIS

By

Dian Herdiana
Student Number : 12.80.0006

ENGLISH LETTERS STUDY PROGRAMME
FACULTY OF LANGUAGE AND ART
SOEGIJAPRANATA CATHOLIC UNIVERSITY
SEMARANG
2017
CHRISTIAN GREY’S PSYCHOSOCIAL DEVELOPMENT WHICH IS INFLUENCED BY TRAUMATIC EXPERIENCES AND POST TRAUMATIC STRESS DISORDER IN FIFTY SHADES TRILOGY

A Thesis Presented as Partial Fulfillment of the Requirements to Obtain the Sarjana Sastra Degree in the Language and Art Study Programme

By

Dian Herdiana
Student Number : 12.80.0006

ENGLISH LETTERS STUDY PROGRAMME
FACULTY OF LANGUAGE AND ART
SOEGIJAPRANATA CATHOLIC UNIVERSITY
SEMARANG
2017
A THESIS ON

CHRISTIAN GREY’S PSYCHOSOCIAL DEVELOPMENT
WHICH IS INFLUENCED BY TRAUMATIC EXPERIENCES
AND POST TRAUMATIC STRESS DISORDER IN FIFTY
SHADES TRILOGY

by

Dian Herdiana
Student Number: 12.80.0006

Approved by,

Angelika Riyandari, SS, MA, PhD

Major Sponsor

March 21, 2017

Dra.Ekawati M. Dukut, M.Hum

Co-Sponsor

March 21, 2017
A thesis defended in front of the Board of Examiners on March 21, 2017
and declared acceptable

BOARD OF EXAMINERS

Chairperson : Angelika Riyandari, Phd ..............................
Secretary : Dra. Ekawati M. Dukut, M.Hum ..............................
Member : Heny Hartono, S.S, M.Pd. ..............................

Semarang, March 21, 2017
Faculty of Language and Art
Soegijapranata Catholic University
Dean,

Angelika Riyandari, Phd
NPP.058.1.1996.201
ACKNOWLEDGEMENT

First of all, I would like to be grateful to the Almighty, Jesus Christ and Mother Mary, who always hears my pray and give his and her blessing to finish this thesis. I would like to express my sincerest thankfulness to everyone who helped me in finishing this thesis, they are:

1. Angelika Riyandari, Phd as my major sponsor and Dra. Ekawati M. Dukut, M.Hum as my co-major sponsor who have kindly and patiently helped, guided, corrected, and given me suggestions in order to make this thesis better.

2. My beloved father, mother and brother who always encourage me to finish this thesis, give me love and never forget to pray for me.

3. My best friends Rani, Dina, Ferlin, Sidney, Junia, Caroline and Wilona and 2012 class who always cheers me up and encourage me. My high school friends Ratih, Tyas, Tia, and Irma who always support me.

4. All lectures and staffs of Language and Arts who have helped me provide the information and knowledge.

Without their help and encouragement, I might not finish this thesis. I realize that my thesis is still far from being perfect but I hope that this will be useful for readers. God bless you all and once again thank you.
# TABLE OF CONTENT

<table>
<thead>
<tr>
<th>PAGE OF TITLE</th>
<th>i</th>
</tr>
</thead>
<tbody>
<tr>
<td>PAGE OF APPROVAL</td>
<td>ii</td>
</tr>
<tr>
<td>BOARD OF EXAMINERS</td>
<td>iii</td>
</tr>
<tr>
<td>ACKNOWLEDMENT</td>
<td>iv</td>
</tr>
<tr>
<td>TABLE OF CONTENTS</td>
<td>i</td>
</tr>
<tr>
<td>ABSTRACT</td>
<td>iii</td>
</tr>
<tr>
<td>ABSTRACT</td>
<td>iv</td>
</tr>
<tr>
<td>CHAPTER I: INTRODUCTION</td>
<td>1</td>
</tr>
<tr>
<td>1.1 Background of the Study</td>
<td>1</td>
</tr>
<tr>
<td>1.2 Field of the Study</td>
<td>6</td>
</tr>
<tr>
<td>1.3 Scope of the Study</td>
<td>6</td>
</tr>
<tr>
<td>1.4 Problem Formulation</td>
<td>7</td>
</tr>
<tr>
<td>1.5 Objectives of the Study</td>
<td>6</td>
</tr>
<tr>
<td>1.6 Significant of the Study</td>
<td>7</td>
</tr>
<tr>
<td>1.7 Definition of Terms</td>
<td>8</td>
</tr>
<tr>
<td>CHAPTER II: REVIEW OF LITERATURE</td>
<td>9</td>
</tr>
<tr>
<td>2.1 Human Development</td>
<td>10</td>
</tr>
<tr>
<td>2.1.1 Basic trust versus Mistrust</td>
<td>11</td>
</tr>
<tr>
<td>2.1.2 Autonomy versus Shame and Doubt</td>
<td>12</td>
</tr>
<tr>
<td>2.1.3 Initiative versus Guilt</td>
<td>13</td>
</tr>
<tr>
<td>2.1.4 Industry versus inferiority</td>
<td>13</td>
</tr>
<tr>
<td>2.1.5 Identity versus identity confusion</td>
<td>14</td>
</tr>
<tr>
<td>2.1.6 Intimacy versus isolation</td>
<td>15</td>
</tr>
<tr>
<td>2.1.7 Generatively versus stagnation</td>
<td>16</td>
</tr>
<tr>
<td>2.1.8 Ego integrity versus despair</td>
<td>17</td>
</tr>
<tr>
<td>2.2 Post Traumatic Stress Disorder</td>
<td>17</td>
</tr>
<tr>
<td>2.3 Sadomasochism</td>
<td>18</td>
</tr>
</tbody>
</table>
CHAPTER III: RESEARCH METHODOLOGY ........................................ 20
  3.1 Data Source ........................................................................... 20
  3.2 Method of Data Collection ..................................................... 21
  3.3 Method of Data Analysis and Interpretation ............................ 22

CHAPTER IV: ANALYSIS ................................................................. 23
  4.1 The psychosocial development of Christian Grey .................... 23
  4.2 Grey’s Childhood Traumatic Experiences ............................... 26
    4.2.1 Grey was born from a prostitute woman and a pimp man .... 27
    4.2.2 Grey’s Lack of Love and Full of Violence ....................... 29
    4.2.3 Grey witnessed His Birth Mother’s Suicide .................... 33
  4.3 Grey’s symptoms and Effects of Post Traumatic Stress Disorder ... 36
    4.3.1 Grey’s symptoms of Post Traumatic Stress Disorder .......... 36
      4.3.1.1 Difficulty to Speak for Two Years ......................... 38
      4.3.1.2 Having Nightmare ............................................. 38
      4.3.1.3 Fear of being touched ....................................... 30
    4.3.2 Grey’s Adolescence Post Traumatic Stress Disorder .......... 44
      4.3.2.1 Fight ............................................................. 46
      4.3.2.2 Alcohol ......................................................... 47
      4.3.2.3 Sadomasochism Practice .................................... 49
    4.3.3 Grey’s Adulthood Post Traumatic Stress Disorder ............ 53
      4.3.3.1 Grey’s Adulthood before Meeting Ana ..................... 54
      4.3.3.2 Grey’s Adulthood after Meeting Ana ....................... 58

CHAPTER V: CONCLUSION .............................................................. 66
BIBLIOGRAPHY ............................................................................. 69
ABSTRACT

Fifty Shades Trilogy is an erotic romantic novel written by E.L. James that tells about Christian Grey who practices sadomasochism as a result of traumatic experiences and post traumatic stress disorder that he has suffered since he was a child. The aims of this study are to discover the outcome of Erickson’s psychosocial development, to elaborate the traumatic experiences happened to Christian Grey in his childhood and to find out the symptoms of Post Traumatic Stress Disorder experienced by Grey which affects Grey’s psychosocial development both in his adolescence and adulthood. In analyzing these novels, the approach which is used is psychological approach especially Erik H. Erikson’s psychosocial development theory (1977) which analyzes Grey’s development since the time he was born until he is an adult who is influenced by traumatic experiences that happened in his early childhood. Post traumatic stress disorder and sadomasochism theories are also used to analyze Grey’s negative influence in his psychosocial development. The result of the study is that traumatic experience in his childhood are he is neglected by his birth parent, lacked love and received violent treatment in his early childhood and witnessed his mother’s suicide. Post traumatic stress disorder creates rebellious actions in his adolescence and addiction to kinky sexual activity, sadomasochism. He grew with negative outcomes from psychosocial development which are mistrust, shame and doubt, guilt, inferiority, and identity confusion. Mrs. Robinson only changes Grey to be a well educated man without changing his personality. After met Ana, Grey changes a lot and he cured his traumatic event and his sex disorder. It is interesting to find in this study that traumatic experiences can lead someone to suffer sexual disorder, sadomasochism.

Key words: Psychosocial development, Post traumatic stress disorder, Sadomasochism, Fifty Shades Trilogy.
ABSTRAK