

The logo of Universitas Klaten is a yellow shield-shaped emblem with a white border. Inside the shield, there is a central figure of a white lotus flower with a cross above it, set against a dark background. The text "UNIVERSITAS KLATEN" is written in a semi-circle at the top, and "JOGJAPRATA" is written in a semi-circle at the bottom. The text is in a serif font.

**LAMPIRAN A**  
**Alat Ukur Penelitian**

**A-1 Skala Insomnia**

**A-2 Skala  
Ketergantungan  
*Smartphone***



**A-1**  
**Skala Insomnia**

Tanggal:

**PETUNJUK PENGISIAN**

1. Bacalah pernyataan yang terdapat pada lembar berikut.
2. Jawablah semua pernyataan sesuai dengan situasi dan kondisi yang sebenarnya.
3. Tidak ada jawaban yang dianggap salah, semua jawaban adalah benar.
4. Pilih salah satu dari 4 (empat) jawaban yang tersedia :  
 Pilih (SS) bila anda Sangat Setuju dengan pernyataan tersebut.  
 Pilih (S) bila anda Setuju dengan pernyataan tersebut.  
 Pilih (TS) bila anda Tidak Setuju dengan pernyataan tersebut.  
 Pilih (STS) bila anda Sangat Tidak Setuju dengan pernyataan tersebut.
5. Berilah tanda ceklist (v) pada jawaban yang anda pilih.

Contoh :

SS	S	TS	STS
	✓		

6. Jika anda ingin mengubah dan mengganti jawaban, maka coret jawaban yang pertama dengan tanda (=), kemudian berikan tanda ceklist (v) pada jawaban yang anda inginkan.

Contoh :

SS	S	TS	STS
	✓	✓	

7. Saya sangat menjaga kerahasiaan anda. Anda tidak perlu mencantumkan nama.
8. Atas bantuan dan perhatiannya, saya ucapkan terimakasih.

**Lembar A -1**

No.	Pernyataan	SS	S	TS	STS
1	Saya tidak merasa mengantuk pada malam hari				
2	Saya sering terbangun di malamhari				
3	Saat terbangun, saya sulit untuk tidur kembali				
4	Saya bangun lebih cepat dari jam normal biasa				
5	Pikiran saya dipenuhi berbagai hal, sehingga jarang untuk bisa rileks atau santai				
6	Saya merasa penat dengan kegiatan sehari-hari				
7	Saya mudah mengantuk di siang hari				
8	Pada waktu kuliah saya sulit untuk berkonsentrasi				
9	Saya orang yang mudah tersinggung (sensitif)				
10	Saya sering mengalami sakit kepala				
11	Saya selalu mengantuk di malam hari				
12	Saya jarang terbangun di malam hari				
13	Saat terbangun, saya mudah untuk tidur kembali				
14	Saya selalu bangun tidur tepat waktu				
15	Saya tidak pernah terganggu dengan masalah, sehingga pikiran saya bisa tenang dan lebih focus pada aktifitas atau kegiatan utama				

16	Saya tidak merasa penat dengan kegiatan sehari-hari				
17	Saya tidak mudah mengantuk di siang hari				
18	Pada saat kuliah pikiran saya selalu fokus				
19	Saya orang yang sabar, tidak mudah marah				
20	Saya jarang mengalami sakit kepala				
21	Saya suka begadang tengah malam untuk menyelesaikan tugas kuliah				
22	Saya sering bangun tengah malam				
23	Saat terbangun saya merasa tidak bisa tidur lagi				
24	Saya sering bangun terlalu pagi atau terlalu cepat				
25	Pikiran saya selalu dipenuhi berbagai tugas kuliah atau masalah				
26	Saya orang yang mudah bosan				
27	Pada saat kuliah siang hari, saya merasa ingin tidur atau memejamkan mata meskipun hanya sebentar				
28	Pada saat belajar, pikiran saya tidak mudah fokus				
29	Saya mudah marah atau emosi ketika ada teman yang menyebalkan				
30	Saya sering mengalami nyeri epala				
31	Saya merasa mengantuk di malam hari meskipun siangya saya menyempatkan untuk tidur				
32	Saya jarang terbangun di malam hari				
33	Saat terbangun, saya mudah untuk tidur kembali				
34	Saya selalu tidur 8 (delapan) jam sehari dan bangun tepat waktu				
35	Pikiran saya selalu focus pada kegiatan perkuliahan				
36	Saya orang yang tidak mudah bosan				

37	Saya jarang mengantuk di siang hari				
38	Saya mudah berkonsentrasi ketika dosen sedang menjelaskan materi kuliah				
39	Saya orang yang menyenangkan				
40	Saya orang yang sehat, tidak mengalami gangguan kesehatan (nyerikepala)				



**A-2**

**Skala Ketergantungan**  
*Smartphone*

## Lembar A – 2

No.	Pernyataan	SS	S	TS	STS
1	Saya tidak bisa terlepas dari BlackBerry				
2	Saya merasa gelisah ketika BlackBerry saya tertinggal di rumah				
3	Ketika ada masalah, saya sering membuka BlackBerry untuk chatting dengan teman				
4	Saya selalu menyibukkan diri dengan BlackBerry				
5	Ketika mengikuti kuliah, saya selalu fokus, tidak ingin membuka BlackBerry				
6	Saya lebih memilih handphone biasa daripada BlackBerry				
7	Ketika saya ada masalah, saya lebih memilih jalan-jalan atau hangout dengan teman daripada bermain dengan BlackBerry				
8	Saya jarang mengupdate status melalui BlackBerry				
9	BlackBerry merupakan hal yang utama bagi saya, karena memiliki aplikasi yang lebih lengkap dari handphone lainnya				
10	Ketika tidak ada tugas atau kegiatan, saya selalu bermain atau menghabiskan waktu dengan BlackBerry				
11	Setiap saat saya selalu ingin membuka BlackBerry, meskipun tidak ada pesan yang masuk				
12	Saya selalu ingin chatting melalui BlackBerry, meskipun ada tugas yang lebih penting				

13	Bagi saya tugas kuliah adalah hal yang utama daripada BlackBerry				
14	Saya jarang membuka BlackBerry ketika saya ada masalah				
15	Saya tidak merasa cemas ketika BlackBerry saya tertinggal di rumah				
16	Ketika mengikuti kuliah, saya tidak pernah membuka BlackBerry				

## **LAMPIRAN B**

### **Data Kasar Penelitian**

#### **B-1 Data Kasar Insomnia**

#### **B-2 Data Kasar Ketergantungan**

#### *Smartphone*





**B-1**  
**Data Kasar Insomnia**

NO.	y1	y2	y3	y4	y5	y6	y7	y8	y9	y10	y11	y12	y13	y14	y15	y16	y17	y18	y19	y20
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NO.	y 2 1	y 2 2	y 2 3	y 2 4	y 2 5	y 2 6	y 2 7	y 2 8	y 2 9	y 3 0	y 3 1	y 3 2	y 3 3	y 3 4	y 3 5	y 3 6	y 3 7	y 3 8	y 3 9	y 4 0
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88	3	3	3	2	4	3	4	3	2	3	3	4	3	2	3	3	3	3	3	3
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90	2	2	2	2	3	3	3	3	3	3	1	4	2	3	3	3	3	3	3	3
91	3	2	3	1	3	4	4	4	3	3	4	4	3	3	2	3	3	3	2	3
92	3	2	2	2	1	2	3	3	2	2	3	4	1	3	2	1	2	3	2	2
93	3	3	3	2	3	3	1	3	1	3	3	4	3	3	3	3	2	4	2	3
94	1	3	2	3	2	2	2	2	3	2	1	4	2	3	3	2	2	3	3	3
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96	2	3	2	3	2	2	3	3	2	3	2	4	2	4	3	2	3	3	2	3
97	2	3	3	3	3	3	4	3	3	3	2	4	3	3	3	3	3	3	3	3
98	3	3	2	2	3	3	4	4	2	3	2	4	2	3	4	4	3	3	2	3
99	3	3	3	1	3	3	3	3	3	2	3	4	3	2	1	4	4	3	3	2
100	3	3	3	3	3	2	2	2	2	3	2	4	3	3	3	2	2	2	2	3

NO.	y 2 1	y 2 2	y 2 3	y 2 4	y 2 5	y 2 6	y 2 7	y 2 8	y 2 9	y 3 0	y 3 1	y 3 2	y 3 3	y 3 4	y 3 5	y 3 6	y 3 7	y 3 8	y 3 9	y 4 0	
81	3	3	2	3	3	4	3	3	4	3	1	4	3	3	2	4	3	3	3	3	
82	3	2	2	2	3	3	2	2	3	2	3	3	3	3	2	3	3	2	3	3	
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88	2	3	3	2	4	3	4	3	3	3	3	2	3	3	3	3	3	3	3	3	
89	3	2	2	2	2	3	3	3	3	3	1	2	2	3	3	3	3	3	3	3	
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91	3	2	3	2	3	3	3	3	3	3	2	2	3	3	2	3	3	3	2	3	
92	4	3	2	2	3	4	3	3	2	2	2	2	2	2	2	3	1	2	2	1	2
93	3	4	3	3	3	3	3	3	3	3	2	3	3	4	3	2	2	3	2	3	
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99	4	3	3	2	4	3	3	3	3	3	1	3	3	3	3	3	3	3	3	2	
100	3	3	3	3	3	3	3	2	2	3	2	3	2	3	3	3	3	2	2	3	



**B-2**

**Data Kasar  
Ketergantungan  
*Smartphone***

NO	x1	x2	x3	x4	x5	x6	x7	x8	x9	x10	x11	x12	x13	x14	x15	x16
1	3	3	2	1	3	1	1	3	1	1	2	1	1	3	4	3
2	2	3	3	2	1	2	1	1	1	2	2	1	1	3	1	1
3	3	3	3	3	2	2	3	2	3	2	3	2	1	3	3	2
4	3	3	2	2	1	1	2	3	4	2	2	2	2	2	3	3
5	3	2	4	3	3	4	3	3	3	3	4	2	2	4	4	3
6	2	2	2	1	2	3	2	1	3	3	2	1	1	2	1	3
7	3	3	3	3	3	3	2	3	2	3	3	2	2	2	3	3
8	3	3	3	3	2	3	3	4	2	2	3	2	2	3	3	2
9	4	4	3	3	4	4	3	3	4	3	3	2	2	4	3	3
10	3	2	3	3	1	3	4	3	2	3	3	4	2	3	4	3
11	1	2	1	2	2	2	2	1	1	2	2	3	4	3	3	3
12	1	2	2	2	1	3	1	1	2	1	1	1	1	3	2	2
13	4	4	3	3	3	4	3	3	3	3	4	2	2	4	4	3
14	3	3	4	4	3	3	3	4	4	4	4	3	4	3	3	3
15	2	2	2	2	3	1	1	2	3	2	2	3	1	2	1	2
16	2	2	2	2	3	1	1	2	3	2	2	2	1	2	1	3
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19	3	4	2	3	3	4	2	3	3	3	4	2	2	4	4	3
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21	2	3	3	1	2	3	2	2	1	3	3	3	1	3	3	2
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25	3	4	3	2	2	3	1	3	2	3	2	2	1	3	3	3

NO.	x 1	x 2	x 3	x 4	x 5	x 6	x 7	x 8	x 9	x1 0	x1 1	x1 2	x1 3	x1 4	x1 5	x1 6
26	3	3	3	3	2	3	2	2	2	3	2	2	2	2	3	2
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48	3	3	4	4	3	3	3	4	4	3	4	4	3	4	4	4
49	3	3	3	3	3	3	3	3	3	3	3	3	2	3	4	4
50	4	4	3	4	4	4	2	3	3	3	3	3	2	4	4	3

NO.	x1	x2	x3	x4	x5	x6	x7	x8	x9	x10	x11	x12	x13	x14	x15	x16
51	2	2	3	3	3	3	2	2	2	3	2	2	2	3	2	3
52	3	3	4	4	3	3	3	4	4	4	4	3	2	3	3	3
53	4	4	3	3	3	3	2	3	3	3	3	2	2	3	4	3
54	1	1	3	1	3	2	1	2	1	2	3	1	2	1	1	2
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56	4	3	3	2	4	3	4	1	3	4	2	3	4	4	3	2
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58	4	4	3	3	3	4	3	3	3	3	4	2	2	4	4	3
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60	3	3	3	3	3	4	3	3	3	2	4	2	1	3	3	3
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68	3	4	4	3	2	4	1	2	2	3	4	3	1	2	4	3
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70	2	4	2	2	3	3	2	1	3	2	3	2	2	2	2	3
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72	4	4	3	3	3	4	3	3	3	3	3	2	2	4	4	3
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74	4	4	3	3	3	4	2	3	3	3	3	2	2	4	4	3
75	4	4	4	4	4	1	1	1	1	2	4	3	1	2	2	1

NO.	x 1	x 2	x 3	x 4	x 5	x 6	x 7	x 8	x 9	x 10	x 11	x 12	x 13	x 14	x 15	x 16
75	4	4	4	4	4	1	1	1	1	2	4	3	1	2	2	1
76	4	3	3	3	3	4	2	3	3	3	3	2	2	4	4	3
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81	3	3	3	2	1	3	1	1	3	3	3	3	2	3	3	3
82	2	2	2	2	2	3	3	3	2	2	2	2	2	2	3	3
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86	2	3	2	2	2	3	2	2	3	3	3	2	1	2	3	3
87	3	2	3	3	2	3	2	3	2	3	3	2	2	3	2	2
88	3	3	2	2	2	3	2	1	1	2	3	3	1	3	2	2
89	3	3	3	3	2	1	3	2	3	3	3	3	2	3	3	3
90	1	2	2	3	2	3	1	2	2	3	2	2	2	2	2	2
91	4	2	3	2	3	3	2	2	2	3	3	3	3	3	3	3
92	2	3	2	2	2	2	2	1	2	2	3	1	1	3	3	3
93	2	3	1	2	2	3	1	2	2	3	3	1	1	3	3	4
94	2	2	2	2	3	3	2	2	2	2	2	2	2	3	2	3
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96	1	2	1	2	2	3	2	2	2	3	3	2	1	2	2	1
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98	3	3	3	3	3	3	1	1	1	3	3	3	1	3	3	3
99	2	3	1	1	1	4	2	3	3	3	4	2	1	3	3	3
100	3	3	1	3	1	3	1	1	3	3	3	2	1	3	3	3



# **LAMPIRAN C**

## **Uji Validitas dan Reliabilitas**

### **C-1 Validitas dan Reliabilitas Insomnia**

### **C-2 Validitas dan Reliabilitas**

### **Ketergantungan**

### ***Smartphone***



**C-1**

**Validitas dan Reliabilitas  
Insomnia**

## INSOMNIA

### PUTARAN 1

#### Case Processing Summary

		N	%
Cases	Valid	100	100.0
	Excluded(a)	0	.0
	Total	100	100.0

a Listwise deletion based on all variables in the procedure.

#### Reliability Statistics

Cronbach's Alpha	N of Items
.862	40

#### Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
y1	106.81	120.964	.306	.860
y2	106.60	116.283	.595	.853
y3	106.85	117.402	.529	.855
y4	107.41	129.719	<b>-.218</b>	.870
y5	106.49	117.889	.489	.855
y6	106.41	117.658	.571	.854
y7	106.37	120.882	.310	.860
y8	106.66	121.035	.377	.858
y9	107.01	125.444	<b>.057</b>	.864
y10	106.87	117.347	.589	.854
y11	107.15	122.149	<b>.225</b>	.862

y12	106.54	119.019	.328	.860
y13	106.87	120.033	.417	.857
y14	106.87	127.993	<b><u>-.114</u></b>	.867
y15	106.68	122.159	<b><u>.202</u></b>	.863
y16	106.31	116.721	.582	.853
y17	106.54	122.130	.354	.859
y18	106.84	123.045	<b><u>.235</u></b>	.861
y19	106.85	119.705	.465	.856
y20	106.82	119.583	.492	.856
y21	106.24	119.598	.382	.858
y22	106.69	119.852	.479	.856
y23	107.00	123.818	<b><u>.144</u></b>	.863
y24	107.15	129.523	<b><u>-.231</u></b>	.869
y25	106.32	119.129	.424	.857
y26	106.20	118.808	.414	.857
y27	106.29	119.178	.470	.856
y28	106.56	121.219	.491	.857
y29	106.48	119.606	.443	.857
y30	106.81	119.388	.523	.856
y31	107.15	128.896	<b><u>-.148</u></b>	.871
y32	106.68	117.291	.597	.853
y33	106.86	119.617	.497	.856
y34	106.63	128.842	<b><u>-.174</u></b>	.868
y35	107.14	126.950	<b><u>-.042</u></b>	.866
y36	106.36	114.516	.661	.851
y37	106.58	121.377	.394	.858
y38	106.71	119.056	.582	.855
y39	106.88	116.430	.637	.852
y40	106.87	116.680	.523	.854

Level of significance for one-tailed test 5% =0,3

## PUTARAN 2

## Case Processing Summary

		N	%
Cases	Valid	100	100.0
	Excluded(a)	0	.0
	Total	100	100.0

a Listwise deletion based on all variables in the procedure.

## Reliability Statistics

Cronbach's Alpha	N of Items
.911	29

## Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
y1	79.89	116.463	<b>.258</b>	.912
y2	79.68	110.866	.610	.906
y3	79.93	112.349	.519	.907
y5	79.57	113.177	.458	.908
y6	79.49	112.656	.557	.907
y7	79.45	115.139	.338	.911
y8	79.74	115.750	.378	.910
y10	79.95	111.624	.626	.906
y12	79.62	114.076	.313	.912
y13	79.95	114.997	.402	.909
y16	79.39	111.048	.615	.906
y17	79.62	116.480	.384	.909
y19	79.93	114.207	.484	.908
y20	79.90	114.071	.512	.908

y21	79.32	114.684	.362	.910
y22	79.77	114.421	.493	.908
y25	79.40	113.758	.433	.909
y26	79.28	112.183	.498	.908
y27	79.37	113.670	.489	.908
y28	79.64	116.051	.480	.908
y29	79.56	113.825	.481	.908
y30	79.89	113.614	.566	.907
y32	79.76	111.800	.619	.906
y33	79.94	114.219	.509	.908
y36	79.44	108.754	.700	.904
y37	79.66	115.742	.423	.909
y38	79.79	113.723	.591	.907
y39	79.96	111.211	.640	.905
y40	79.95	110.876	.560	.907

Level of significance for one-tailed test 5% = 0,3

### PUTARAN 3

#### Case Processing Summary

		N	%
Cases	Valid	100	100.0
	Excluded( a)	0	.0
	Total	100	100.0

a. Listwise deletion based on all variables in the procedure.

#### Reliability Statistics

Cronbach's Alpha	N of Items
.912	28

#### Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
y2	77.04	106.322	.601	.907
y3	77.29	107.784	.509	.909
y5	76.93	108.510	.454	.910
y6	76.85	107.907	.559	.908
y7	76.81	110.418	.335	.912
y8	77.10	111.061	.370	.911
y10	77.31	106.842	.632	.907
y12	76.98	108.989	.329	.913
y13	77.31	110.277	.398	.911
y16	76.75	106.371	.614	.907
y17	76.98	111.575	.393	.911
y19	77.29	109.339	.492	.909
y20	77.26	109.204	.521	.909
y21	76.68	110.058	.353	.912
y22	77.13	109.629	.495	.909
y25	76.76	109.114	.426	.910
y26	76.64	107.606	.489	.909
y27	76.73	108.967	.486	.909
y28	77.00	111.131	.493	.909
y29	76.92	109.084	.480	.909
y30	77.25	108.795	.572	.908
y32	77.12	107.218	.610	.907
y33	77.30	109.525	.504	.909
y36	76.80	104.061	.703	.905
y37	77.02	110.989	.420	.910
y38	77.15	108.937	.594	.908
y39	77.32	106.402	.648	.906
y40	77.31	105.953	.574	.908

Level of significance for one-tailed test 5% = 0,3



**C-2**

**Validitas dan Reliabilitas  
Ketergantungan  
*Smartphone***



## KETERGANTUNGAN

### PUTARAN 1

#### Case Processing Summary

		N	%
Cases	Valid	100	100.0
	Excluded( a)	0	.0
	Total	100	100.0

a Listwise deletion based on all variables in the procedure.

#### Reliability Statistics

Cronbach's Alpha	N of Items
.892	16

#### Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
x1	40.22	49.062	.691	.880
x2	40.06	51.451	.553	.886
x3	40.29	51.784	.521	.887
x4	40.40	50.222	.687	.880
x5	40.52	52.858	.423	.890

x6	39.95	50.735	.574	.885
x7	40.95	51.199	.552	.886
x8	40.65	50.412	.596	.884
x9	40.53	50.999	.587	.884
x10	40.31	52.802	.570	.886
x11	40.06	49.916	.676	.881
x12	40.81	54.196	.344	.893
x13	41.39	55.028	<u>.271</u>	.895
x14	40.14	51.192	.555	.885
x15	40.04	48.160	.713	.879
x16	40.33	53.738	.437	.889

Level of significance for one-tailed test 5% = 0,3

## PUTARAN 2

### Case Processing Summary

		N	%
Cases	Valid	100	100.0
	Excluded( a)	0	.0
	Total	100	100.0

a Listwise deletion based on all variables in the procedure.

### Reliability Statistics

Cronbach's Alpha	N of Items
.895	15

**Item-Total Statistics**

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
x1	38.50	46.172	.691	.883
x2	38.34	48.368	.566	.888
x3	38.57	48.854	.518	.890
x4	38.68	47.250	.693	.883
x5	38.80	49.980	.411	.894
x6	38.23	47.714	.582	.887
x7	39.23	48.381	.539	.889
x8	38.93	47.460	.598	.887
x9	38.81	48.054	.588	.887
x10	38.59	49.881	.562	.889
x11	38.34	46.792	.698	.883
x12	39.09	51.254	.334	.896
x14	38.42	48.347	.545	.889
x15	38.32	45.210	.722	.881
x16	38.61	50.725	.436	.893

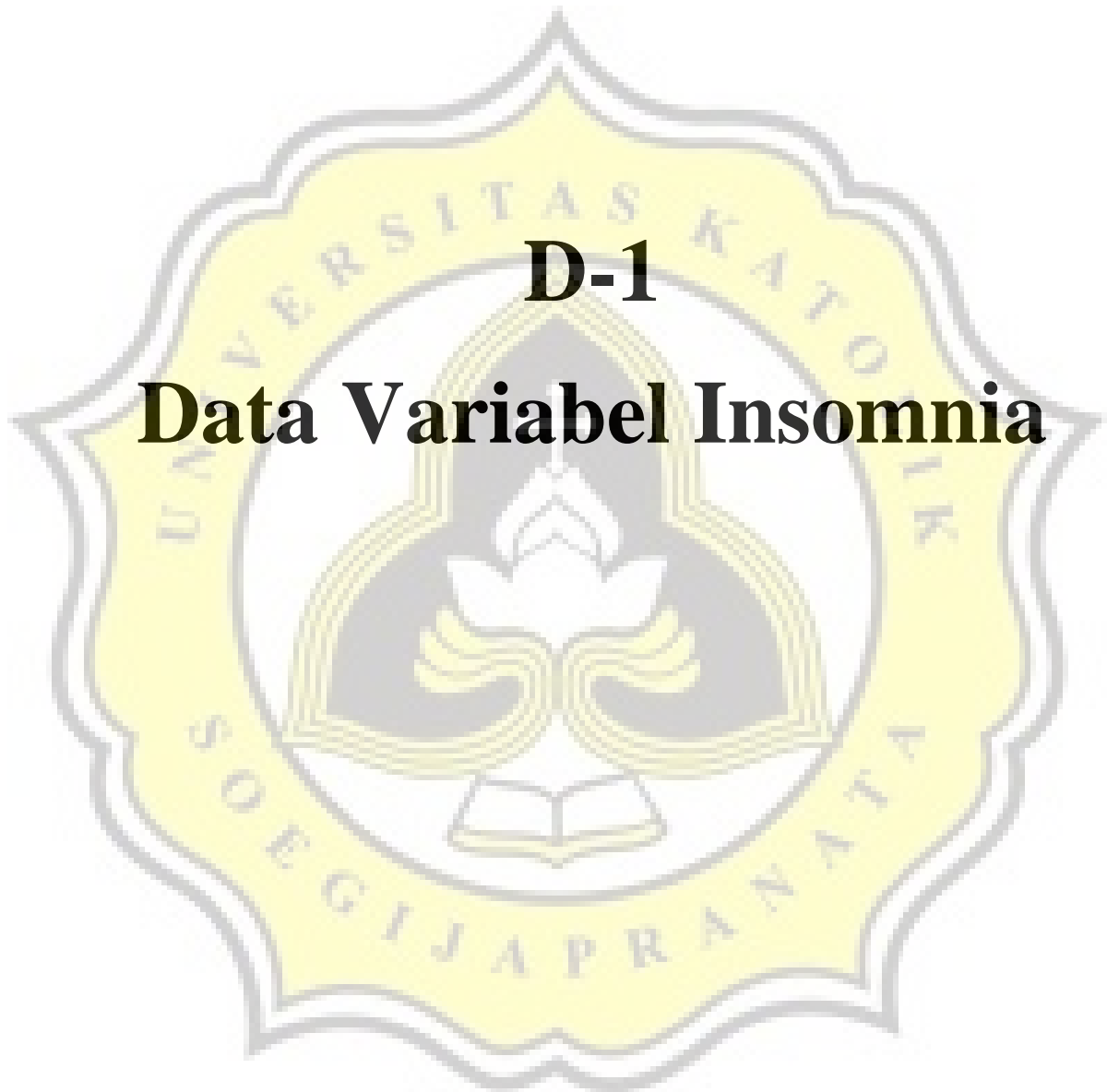
*Level of significance for one-tailed test 5% = 0,3*

# **LAMPIRAN D**

## **Data Penelitian**

**D-1 Data Variabel  
Insomnia**

**D-2 Data Variabel  
Ketergantungan  
*Smartphone***



**D-1**

**Data Variabel Insomnia**

<b>NO.</b>	<b>y2</b>	<b>y3</b>	<b>y5</b>	<b>y6</b>	<b>y7</b>	<b>y8</b>	<b>y10</b>
<b>1</b>	2	1	3	4	3	2	1
<b>2</b>	1	1	3	3	1	1	3
<b>3</b>	2	4	4	4	3	2	2
<b>4</b>	4	2	4	3	2	4	3
<b>5</b>	3	3	4	4	3	3	3
<b>6</b>	2	2	1	4	3	2	2
<b>7</b>	3	3	3	3	2	2	2
<b>8</b>	2	2	2	2	3	3	1
<b>9</b>	3	3	4	4	3	3	3
<b>10</b>	3	3	4	4	3	3	3
<b>11</b>	1	2	4	3	2	3	1
<b>12</b>	2	2	2	2	4	3	1
<b>13</b>	4	3	3	3	4	2	3
<b>14</b>	2	4	2	3	4	3	3
<b>15</b>	3	2	3	3	4	4	2
<b>16</b>	3	2	3	3	4	4	2
<b>17</b>	2	2	3	2	2	2	2
<b>18</b>	4	2	4	4	3	3	3
<b>19</b>	4	3	3	3	4	3	3
<b>20</b>	3	2	4	4	4	4	4
<b>21</b>	2	2	2	2	1	2	1
<b>22</b>	4	2	3	3	4	3	3
<b>23</b>	3	3	4	3	3	3	3
<b>24</b>	4	4	4	4	3	2	2
<b>25</b>	3	4	4	3	3	2	3
<b>26</b>	3	2	2	2	2	1	2
<b>27</b>	2	2	2	2	4	2	3
<b>28</b>	4	3	3	3	4	3	3
<b>29</b>	3	3	3	3	3	4	3
<b>30</b>	2	1	3	3	4	4	2
<b>31</b>	4	3	3	4	4	3	3
<b>32</b>	3	4	3	3	3	4	2
<b>33</b>	3	2	2	2	4	3	3
<b>34</b>	2	3	3	3	2	2	4
<b>35</b>	4	3	3	3	4	3	3
<b>36</b>	3	3	3	4	3	3	4
<b>37</b>	3	3	2	2	3	2	2
<b>38</b>	2	2	2	2	3	2	2

<b>39</b>	2	3	3	2	2	3	2
<b>40</b>	3	4	4	3	3	3	2

<b>NO.</b>	<b>y12</b>	<b>y13</b>	<b>y16</b>	<b>y17</b>	<b>y19</b>	<b>y20</b>	<b>y21</b>
<b>1</b>	1	2	3	2	2	2	2
<b>2</b>	4	3	3	2	3	3	4
<b>3</b>	2	2	2	1	2	2	3
<b>4</b>	3	4	2	3	2	3	4
<b>5</b>	3	3	3	3	4	1	4
<b>6</b>	2	2	4	2	1	1	4
<b>7</b>	3	3	3	2	2	2	3
<b>8</b>	2	2	2	3	2	2	3
<b>9</b>	3	3	4	3	3	3	4
<b>10</b>	3	3	3	4	3	3	4
<b>11</b>	1	3	3	2	1	1	3
<b>12</b>	2	1	2	4	1	1	4
<b>13</b>	1	3	4	3	3	3	3
<b>14</b>	1	3	4	3	3	3	3
<b>15</b>	1	3	3	4	1	3	3
<b>16</b>	1	3	3	4	1	3	3
<b>17</b>	2	3	3	2	3	2	3
<b>18</b>	3	3	4	3	4	4	4
<b>19</b>	4	3	4	3	3	3	3
<b>20</b>	2	1	3	3	3	3	2
<b>21</b>	2	3	3	2	2	2	4
<b>22</b>	4	3	4	3	3	3	3
<b>23</b>	3	3	4	3	3	4	4
<b>24</b>	3	3	3	3	3	2	4
<b>25</b>	2	2	3	3	2	3	4
<b>26</b>	3	2	2	2	2	2	2
<b>27</b>	2	2	2	3	3	3	2
<b>28</b>	3	3	4	3	3	3	4
<b>29</b>	3	3	4	3	3	3	4
<b>30</b>	2	1	3	4	4	2	2
<b>31</b>	4	3	3	3	3	3	4
<b>32</b>	3	4	4	3	3	3	4
<b>33</b>	2	2	2	3	2	3	2
<b>34</b>	2	2	3	3	3	4	3
<b>35</b>	4	3	4	3	3	3	3

<b>36</b>	3	3	4	3	3	3	4
<b>37</b>	3	3	2	3	2	2	3
<b>38</b>	2	2	2	3	2	2	2
<b>39</b>	1	3	2	2	2	2	2
<b>40</b>	3	3	3	3	3	2	4

<b>NO.</b>	<b>y22</b>	<b>y25</b>	<b>y26</b>	<b>y27</b>	<b>y28</b>	<b>y29</b>	<b>y30</b>
<b>1</b>	1	4	3	3	2	1	2
<b>2</b>	2	4	2	4	2	3	3
<b>3</b>	3	4	4	2	3	4	3
<b>4</b>	4	4	2	2	3	2	2
<b>5</b>	3	4	4	4	3	3	3
<b>6</b>	3	3	4	4	2	2	2
<b>7</b>	3	3	2	2	2	2	2
<b>8</b>	2	2	2	2	2	2	2
<b>9</b>	3	4	4	3	3	3	3
<b>10</b>	3	2	3	4	4	3	3
<b>11</b>	1	3	1	1	3	1	1
<b>12</b>	3	2	3	4	3	2	1
<b>13</b>	3	4	4	4	3	3	3
<b>14</b>	3	4	4	4	3	3	3
<b>15</b>	2	2	4	3	2	3	2
<b>16</b>	2	2	3	3	2	2	2
<b>17</b>	3	3	2	2	3	2	2
<b>18</b>	3	4	4	4	3	3	3
<b>19</b>	3	3	4	3	3	4	3
<b>20</b>	2	4	4	4	3	4	4
<b>21</b>	3	3	2	3	2	2	2
<b>22</b>	3	3	4	3	3	4	3
<b>23</b>	3	3	4	4	3	3	3
<b>24</b>	4	4	3	3	3	3	2
<b>25</b>	2	4	3	3	3	4	3
<b>26</b>	3	2	2	3	2	2	3
<b>27</b>	2	3	4	3	2	3	3
<b>28</b>	3	3	4	4	3	3	3
<b>29</b>	3	4	4	4	3	3	3
<b>30</b>	2	2	3	4	4	3	2
<b>31</b>	3	4	4	4	3	3	4
<b>32</b>	3	4	4	4	3	3	4



<b>33</b>	3	2	3	3	2	2	3
<b>34</b>	2	2	3	2	3	4	4
<b>35</b>	3	3	4	3	3	4	3
<b>36</b>	3	4	4	4	3	3	3
<b>37</b>	3	3	2	3	2	3	3
<b>38</b>	3	3	3	3	3	2	2
<b>39</b>	2	3	3	2	2	3	2
<b>40</b>	3	4	3	3	3	3	2

<b>NO.</b>	<b>y32</b>	<b>y33</b>	<b>y36</b>	<b>y37</b>	<b>y38</b>	<b>y39</b>	<b>y40</b>	<b>Jumlah</b>
<b>1</b>	2	2	2	3	2	2	2	<b>61</b>
<b>2</b>	1	1	3	3	1	3	1	<b>68</b>
<b>3</b>	2	3	3	2	2	1	1	<b>72</b>
<b>4</b>	3	3	2	2	2	2	2	<b>78</b>
<b>5</b>	4	3	4	3	3	4	4	<b>93</b>
<b>6</b>	2	2	4	3	3	1	1	<b>68</b>
<b>7</b>	3	3	2	2	2	2	2	<b>68</b>
<b>8</b>	2	2	2	3	2	2	2	<b>60</b>
<b>9</b>	3	3	4	3	3	3	3	<b>91</b>
<b>10</b>	3	3	4	3	3	3	3	<b>90</b>
<b>11</b>	3	3	1	1	3	1	1	<b>54</b>
<b>12</b>	2	1	3	4	3	1	1	<b>64</b>
<b>13</b>	3	3	3	3	3	3	3	<b>87</b>
<b>14</b>	3	3	4	3	3	3	3	<b>87</b>
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<b>16</b>	3	2	2	3	2	1	1	<b>69</b>
<b>17</b>	2	2	3	2	2	2	1	<b>64</b>
<b>18</b>	3	3	4	3	4	3	3	<b>95</b>
<b>19</b>	4	3	4	3	3	3	3	<b>92</b>
<b>20</b>	2	2	3	3	3	3	3	<b>86</b>
<b>21</b>	2	3	2	3	3	2	1	<b>63</b>
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<b>24</b>	3	3	3	3	2	3	3	<b>86</b>
<b>25</b>	3	3	2	3	2	2	1	<b>79</b>
<b>26</b>	2	3	2	3	2	2	3	<b>63</b>
<b>27</b>	2	2	3	3	2	3	3	<b>72</b>
<b>28</b>	3	3	4	3	4	4	3	<b>93</b>
<b>29</b>	3	3	4	4	3	3	3	<b>92</b>

<b>30</b>	2	2	3	3	3	3	1	<b>74</b>
<b>31</b>	3	3	4	3	3	3	4	<b>95</b>
<b>32</b>	4	4	4	3	3	3	4	<b>96</b>
<b>33</b>	2	2	3	3	2	2	3	<b>70</b>
<b>34</b>	2	2	3	2	3	3	4	<b>78</b>
<b>35</b>	4	3	4	3	3	3	4	<b>93</b>
<b>36</b>	3	3	4	3	3	3	3	<b>92</b>
<b>37</b>	3	3	2	3	2	2	3	<b>72</b>
<b>38</b>	2	2	3	3	2	2	2	<b>65</b>
<b>39</b>	2	3	2	2	2	2	2	<b>63</b>
<b>40</b>	3	3	3	3	3	3	1	<b>83</b>

<b>NO.</b>	<b>y2</b>	<b>y3</b>	<b>y5</b>	<b>y6</b>	<b>y7</b>	<b>y8</b>	<b>y10</b>
<b>41</b>	4	4	4	4	3	3	3
<b>42</b>	4	3	3	3	3	3	3
<b>43</b>	4	3	2	3	4	3	3
<b>44</b>	2	2	2	2	2	2	2
<b>45</b>	3	3	3	3	3	3	3
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<b>76</b>	3	1	3	3	3	3	3
<b>77</b>	3	2	3	4	2	2	3
<b>78</b>	2	2	2	2	2	2	2
<b>79</b>	3	2	2	2	3	3	3
<b>80</b>	2	1	3	3	3	3	3

<b>NO.</b>	<b>y12</b>	<b>y13</b>	<b>y16</b>	<b>y17</b>	<b>y19</b>	<b>y20</b>	<b>y21</b>
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<b>42</b>	4	3	2	3	2	3	2
<b>43</b>	3	3	4	3	3	3	3
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<b>45</b>	3	3	4	3	3	3	4
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<b>48</b>	3	3	3	3	2	3	4
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<b>67</b>	3	3	3	4	2	3	4
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<b>80</b>	2	2	3	3	3	3	4

<b>NO.</b>	<b>y22</b>	<b>y25</b>	<b>y26</b>	<b>y27</b>	<b>y28</b>	<b>y29</b>	<b>y30</b>
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<b>45</b>	4	4	4	4	3	3	3
<b>46</b>	3	4	4	4	3	3	3
<b>47</b>	3	3	3	3	3	4	3
<b>48</b>	3	2	1	4	4	3	3
<b>49</b>	3	3	3	3	3	3	3
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66	2	4	4	4	4	4	2
67	3	4	4	4	3	3	3
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70	2	4	4	4	3	3	2
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72	3	3	4	3	3	4	3
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74	3	3	3	3	3	3	3
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76	3	3	3	3	3	4	2
77	3	3	4	3	3	3	3
78	2	4	4	4	3	3	3
79	3	2	2	3	3	3	3
80	2	3	3	3	3	3	3

NO.	y32	y33	y36	y37	y38	y39	y40	Jumlah
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42	4	3	4	3	3	3	3	88
43	3	2	3	3	3	3	3	85
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46	3	3	4	3	3	2	3	90
47	3	2	4	3	3	2	3	87
48	4	3	4	3	3	3	3	88
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50	3	3	4	4	3	3	4	94
51	2	2	3	3	3	3	3	75
52	3	3	4	4	3	3	3	93
53	2	3	3	3	2	3	2	81
54	3	3	3	3	3	3	3	86
55	4	3	4	3	3	3	3	92
56	3	3	4	3	3	3	3	91
57	2	1	2	3	3	3	3	72



NO.	y2	y3	y5	y6	y7	y8	y10	y12	y13	y16	y17	y19
81	4	3	3	3	3	3	3	1	2	4	3	3
82	2	2	3	2	3	2	2	2	3	3	3	3
83	2	2	3	3	2	3	3	1	1	3	3	3
84	2	2	2	3	3	3	1	4	2	3	4	2
85	2	2	3	3	3	3	2	4	2	3	3	2
86	3	3	3	4	3	3	3	4	3	4	3	3
87	3	3	2	3	3	3	3	4	3	3	3	2
88	3	3	4	3	4	3	3	4	3	3	3	3
89	2	2	2	3	3	3	3	4	2	3	3	3
90	2	2	3	3	3	3	3	4	2	3	3	3
91	2	3	3	4	4	4	3	4	3	3	3	2
92	2	2	1	2	3	3	2	4	1	1	2	2
93	3	3	3	3	1	3	3	4	3	3	2	2
94	3	2	2	2	2	2	2	4	2	2	2	3
95	2	2	1	2	3	2	2	4	2	3	3	3
96	3	2	2	2	3	3	3	4	2	2	3	2
97	3	3	3	3	4	3	3	4	3	3	3	3
98	3	2	3	3	4	4	3	4	2	4	3	2
99	3	3	3	3	3	3	2	4	3	4	4	3
100	3	3	3	2	2	2	3	4	3	2	2	2

	y	y	y	y	y <sup>2</sup>	y	y	y	y	y	y	y	y	y	y	Y	
	20	21	22	25	6	27	28	29	30	32	33	36	37	38	39	40	Jumlah
81	2	3	3	3	4	3	3	4	3	4	3	4	3	3	3	3	86
82	2	3	2	3	3	2	2	3	2	3	3	3	3	2	3	3	72
83	3	3	2	3	3	3	3	3	3	2	2	3	3	3	3	3	74
84	3	2	3	3	1	4	3	3	2	3	2	3	2	3	2	3	73
85	2	3	2	3	3	3	3	3	2	2	2	3	3	2	3	2	73
86	3	4	3	3	4	3	3	3	3	3	3	3	3	3	3	3	89
87	3	3	3	2	3	2	3	3	3	2	3	3	2	3	2	3	78
88	3	2	3	4	3	4	3	3	3	3	2	3	3	3	3	3	87
89	3	3	2	2	3	3	3	3	3	2	2	3	3	3	3	3	77
90	3	3	3	3	3	3	3	3	3	2	2	3	3	3	3	3	80
91	3	3	2	3	3	3	3	3	3	2	3	3	3	3	2	3	83
92	2	4	3	3	4	3	3	2	2	2	2	1	2	2	1	2	63
93	3	3	4	3	3	3	3	3	3	3	3	2	2	3	2	3	79
94	3	1	2	2	1	2	3	2	2	3	2	2	2	3	2	3	63
95	2	2	2	2	3	2	2	2	2	2	2	3	3	2	2	2	64
96	3	4	3	2	2	3	3	3	3	3	2	3	4	3	2	3	77
97	3	4	3	4	3	4	3	3	3	3	3	3	3	3	4	3	90
98	3	4	4	3	3	3	3	2	2	3	2	3	3	3	2	3	83
99	2	4	3	4	3	3	3	3	3	3	3	3	3	3	3	2	86
100	3	3	3	3	3	3	2	2	3	3	2	3	3	2	2	3	74



**D-2**

**Data Variabel  
Ketergantungan  
*Smartphone***



NO.	x1	x2	x3	x4	x5	x6	x7	x8
1	3	3	2	1	3	1	1	3
2	2	3	3	2	1	2	1	1
3	3	3	3	3	2	2	3	2
4	3	3	2	2	1	1	2	3
5	3	2	4	3	3	4	3	3
6	2	2	2	1	2	3	2	1
7	3	3	3	3	3	3	2	3
8	3	3	3	3	2	3	3	4
9	4	4	3	3	4	4	3	3
10	3	2	3	3	1	3	4	3
11	1	2	1	2	2	2	2	1
12	1	2	2	2	1	3	1	1
13	4	4	3	3	3	4	3	3
14	3	3	4	4	3	3	3	4
15	2	2	2	2	3	1	1	2
16	2	2	2	2	3	1	1	2
17	2	2	2	2	3	2	2	3
18	2	3	4	3	3	4	3	3
19	3	4	2	3	3	4	2	3
20	3	4	4	4	3	2	1	2
21	2	3	3	1	2	3	2	2
22	4	4	4	4	3	4	3	3
23	3	3	3	3	3	3	3	3
24	3	4	2	2	2	3	2	1
25	3	4	3	2	2	3	1	3
26	3	3	3	3	2	3	2	2
27	2	2	3	2	2	2	2	2
28	3	4	4	3	3	4	3	3
29	4	4	3	3	3	4	3	3
30	3	4	4	3	4	3	1	3

<b>NO.</b>	<b>x9</b>	<b>x10</b>	<b>x11</b>	<b>x12</b>	<b>x14</b>	<b>x15</b>	<b>x16</b>	<b>Jumlah</b>
<b>1</b>	1	1	2	1	3	4	3	<b>32</b>
<b>2</b>	1	2	2	1	3	1	1	<b>26</b>
<b>3</b>	3	2	3	2	3	3	2	<b>39</b>
<b>4</b>	4	2	2	2	2	3	3	<b>35</b>
<b>5</b>	3	3	4	2	4	4	3	<b>48</b>
<b>6</b>	3	3	2	1	2	1	3	<b>30</b>
<b>7</b>	2	3	3	2	2	3	3	<b>41</b>
<b>8</b>	2	2	3	2	3	3	2	<b>41</b>
<b>9</b>	4	3	3	2	4	3	3	<b>50</b>
<b>10</b>	2	3	3	4	3	4	3	<b>44</b>
<b>11</b>	1	2	2	3	3	3	3	<b>30</b>
<b>12</b>	2	1	1	1	3	2	2	<b>25</b>
<b>13</b>	3	3	4	2	4	4	3	<b>50</b>
<b>14</b>	4	4	4	3	3	3	3	<b>51</b>
<b>15</b>	3	2	2	3	2	1	2	<b>30</b>
<b>16</b>	3	2	2	2	2	1	3	<b>30</b>
<b>17</b>	2	3	2	2	1	2	3	<b>33</b>
<b>18</b>	3	3	4	2	4	4	3	<b>48</b>
<b>19</b>	3	3	4	2	4	4	3	<b>47</b>
<b>20</b>	3	4	4	4	3	3	3	<b>47</b>
<b>21</b>	1	3	3	3	3	3	2	<b>36</b>
<b>22</b>	3	3	4	3	3	4	3	<b>52</b>
<b>23</b>	3	3	4	3	3	3	3	<b>46</b>
<b>24</b>	2	2	3	2	1	3	3	<b>35</b>
<b>25</b>	2	3	2	2	3	3	3	<b>39</b>
<b>26</b>	2	3	2	2	2	3	2	<b>37</b>
<b>27</b>	2	2	2	2	3	3	2	<b>33</b>
<b>28</b>	3	3	4	2	4	4	3	<b>50</b>
<b>29</b>	4	3	4	2	3	4	3	<b>50</b>
<b>30</b>	2	3	3	3	3	2	3	<b>44</b>

NO.	x1	x2	x3	x4	x5	x6	x7	x8
31	4	4	3	3	3	4	3	3
32	3	3	3	4	3	4	3	3
33	3	4	4	3	3	4	3	2
34	3	3	2	3	4	4	3	3
35	3	3	4	4	3	3	3	3
36	3	4	3	3	3	4	3	3
37	2	3	3	2	2	3	2	2
38	1	2	2	2	2	2	2	1
39	4	3	3	3	1	3	2	2
40	4	4	3	3	3	4	2	3
41	4	3	4	3	3	4	3	3
42	4	4	3	3	3	4	2	3
43	4	4	2	3	3	4	3	3
44	3	3	3	3	2	3	2	3
45	3	3	3	3	3	4	3	3
46	3	3	3	3	1	4	3	3
47	4	4	3	4	3	4	3	3
48	3	3	4	4	3	3	3	4
49	3	3	3	3	3	3	3	3
50	4	4	3	4	4	4	2	3
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53	4	4	3	3	3	3	2	3
54	1	1	3	1	3	2	1	2
55	3	3	4	4	3	4	3	4
56	4	3	3	2	4	3	4	1
57	2	2	2	2	3	3	1	2
58	4	4	3	3	3	4	3	3
59	4	4	3	3	3	4	2	3
60	3	3	3	3	3	4	3	3
61	2	2	3	2	3	3	2	2
62	3	3	3	3	3	4	3	3
63	2	2	3	2	3	3	2	2
64	2	2	3	3	2	3	1	3

<b>NO.</b>	<b>x9</b>	<b>x10</b>	<b>x11</b>	<b>x12</b>	<b>x14</b>	<b>x15</b>	<b>x16</b>	<b>Jumlah</b>
<b>31</b>	3	3	4	2	4	3	3	<b>49</b>
<b>32</b>	4	3	3	3	3	4	3	<b>49</b>
<b>33</b>	2	3	3	3	3	3	3	<b>46</b>
<b>34</b>	3	3	4	2	3	4	3	<b>47</b>
<b>35</b>	3	3	4	3	3	4	3	<b>49</b>
<b>36</b>	3	3	4	2	3	4	3	<b>48</b>
<b>37</b>	2	3	2	2	3	3	2	<b>36</b>
<b>38</b>	2	2	2	1	2	1	2	<b>26</b>
<b>39</b>	4	4	3	2	3	3	1	<b>41</b>
<b>40</b>	3	3	3	3	3	4	3	<b>48</b>
<b>41</b>	3	3	4	2	4	4	3	<b>50</b>
<b>42</b>	3	3	4	2	4	4	3	<b>49</b>
<b>43</b>	3	3	3	2	4	4	3	<b>48</b>
<b>44</b>	2	2	2	2	3	3	3	<b>39</b>
<b>45</b>	3	3	4	3	4	4	3	<b>49</b>
<b>46</b>	3	3	4	2	4	4	3	<b>46</b>
<b>47</b>	3	4	4	2	4	4	3	<b>52</b>
<b>48</b>	4	3	4	4	4	4	4	<b>54</b>
<b>49</b>	3	3	3	3	3	4	4	<b>47</b>
<b>50</b>	3	3	3	3	4	4	3	<b>51</b>
<b>51</b>	2	3	2	2	3	2	3	<b>37</b>
<b>52</b>	4	4	4	3	3	3	3	<b>51</b>
<b>53</b>	3	3	3	2	3	4	3	<b>46</b>
<b>54</b>	1	2	3	1	1	1	2	<b>25</b>
<b>55</b>	3	3	4	3	3	4	4	<b>52</b>
<b>56</b>	3	4	2	3	4	3	2	<b>45</b>
<b>57</b>	2	2	2	2	2	1	2	<b>30</b>
<b>58</b>	3	3	4	2	4	4	3	<b>50</b>
<b>59</b>	3	3	4	2	4	4	3	<b>49</b>
<b>60</b>	3	2	4	2	3	3	3	<b>45</b>
<b>61</b>	3	2	4	2	3	3	3	<b>45</b>
<b>62</b>	3	3	4	3	3	4	3	<b>48</b>
<b>63</b>	2	2	2	2	3	2	3	<b>35</b>
<b>64</b>	1	2	2	2	3	1	3	<b>33</b>

NO.	x1	x2	x3	x4	x5	x6	x7	x8
65	4	4	3	3	3	4	3	3
66	3	4	3	2	4	4	1	1
67	4	4	3	4	3	3	2	3
68	3	4	4	3	2	4	1	2
69	4	4	4	3	2	3	2	3
70	2	4	2	2	3	3	2	1
71	3	3	4	4	3	3	2	4
72	4	4	3	3	3	4	3	3
73	4	3	2	3	3	4	2	3
74	4	4	3	3	3	4	2	3
75	4	4	4	4	4	1	1	1
76	4	3	3	3	3	4	2	3
77	3	3	2	3	3	4	3	3
78	2	2	3	2	3	3	2	2
79	3	3	3	3	2	4	1	2
80	2	3	3	2	2	3	1	3
81	3	3	3	2	1	3	1	1
82	2	2	2	2	2	3	3	3
83	2	2	3	2	3	3	3	3
84	4	4	3	3	2	4	2	1
85	3	3	2	3	3	3	1	2
86	2	3	2	2	2	3	2	2
87	3	2	3	3	2	3	2	3
88	3	3	2	2	2	3	2	1
89	3	3	3	3	2	1	3	2
90	1	2	2	3	2	3	1	2
91	4	2	3	2	3	3	2	2
92	2	3	2	2	2	2	2	1
93	2	3	1	2	2	3	1	2
94	2	2	2	2	3	3	2	2
95	2	2	2	2	2	3	2	2
96	1	2	1	2	2	3	2	2
97	3	3	2	2	1	3	1	2
98	3	3	3	3	3	3	1	1
99	2	3	1	1	1	4	2	3
100	3	3	1	3	1	3	1	1

<b>NO.</b>	<b>x9</b>	<b>x10</b>	<b>x11</b>	<b>x12</b>	<b>x14</b>	<b>x15</b>	<b>x16</b>	<b>Jumlah</b>
<b>65</b>	3	3	4	2	4	4	3	<b>50</b>
<b>66</b>	2	4	3	4	1	3	3	<b>42</b>
<b>67</b>	3	3	3	2	4	4	3	<b>48</b>
<b>68</b>	2	3	4	3	2	4	3	<b>44</b>
<b>69</b>	2	2	3	2	3	2	2	<b>41</b>
<b>70</b>	3	2	3	2	2	2	3	<b>36</b>
<b>71</b>	4	4	4	2	3	2	4	<b>49</b>
<b>72</b>	3	3	3	2	4	4	3	<b>49</b>
<b>73</b>	3	3	4	2	4	4	3	<b>47</b>
<b>74</b>	3	3	3	2	4	4	3	<b>48</b>
<b>75</b>	1	2	4	3	2	2	1	<b>38</b>
<b>76</b>	3	3	3	2	4	4	3	<b>47</b>
<b>77</b>	3	3	2	3	3	4	3	<b>45</b>
<b>78</b>	2	3	3	2	4	3	3	<b>39</b>
<b>79</b>	3	3	3	3	1	3	3	<b>40</b>
<b>80</b>	3	3	4	3	3	4	4	<b>43</b>
<b>81</b>	3	3	3	3	3	3	3	<b>38</b>
<b>82</b>	2	2	2	2	2	3	3	<b>35</b>
<b>83</b>	2	3	3	2	3	4	3	<b>41</b>
<b>84</b>	3	3	2	3	2	3	2	<b>41</b>
<b>85</b>	3	3	3	3	2	3	3	<b>40</b>
<b>86</b>	3	3	3	2	2	3	3	<b>37</b>
<b>87</b>	2	3	3	2	3	2	2	<b>38</b>
<b>88</b>	1	2	3	3	3	2	2	<b>34</b>
<b>89</b>	3	3	3	3	3	3	3	<b>41</b>
<b>90</b>	2	3	2	2	2	2	2	<b>31</b>
<b>91</b>	2	3	3	3	3	3	3	<b>41</b>
<b>92</b>	2	2	3	1	3	3	3	<b>33</b>
<b>93</b>	2	3	3	1	3	3	4	<b>35</b>
<b>94</b>	2	2	2	2	3	2	3	<b>34</b>
<b>95</b>	2	3	2	1	3	2	2	<b>32</b>
<b>96</b>	2	3	3	2	2	2	1	<b>30</b>
<b>97</b>	2	3	3	3	2	3	1	<b>34</b>
<b>98</b>	1	3	3	3	3	3	3	<b>39</b>
<b>99</b>	3	3	4	2	3	3	3	<b>38</b>
<b>100</b>	3	3	3	2	3	3	3	<b>36</b>

# LAMPIRAN E

## Uji Normalitas





## NORMALITAS

### Descriptive Statistics

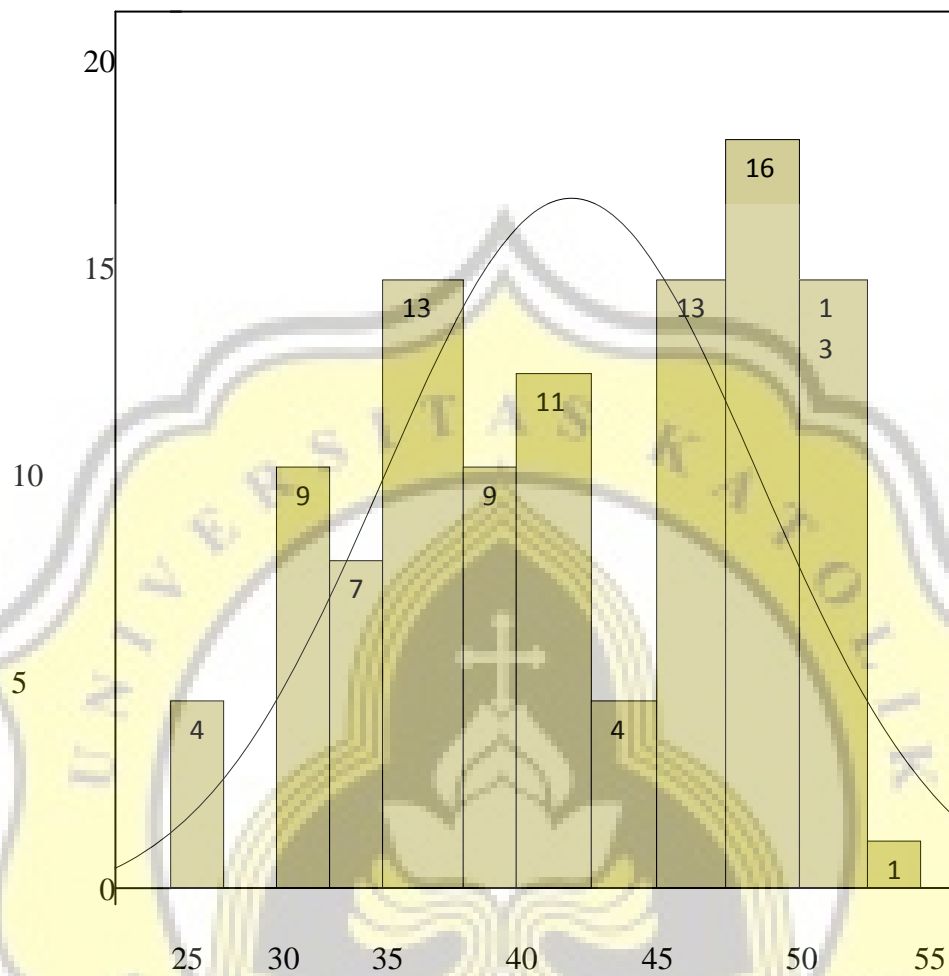
	N	Mean	Std. Deviation	Minimum	Maximum
ketergantungan	100	41.39	7.418	25	54
insomnia	100	79.89	10.792	54	96

### One-Sample Kolmogorov-Smirnov Test

		ketergantungan	insomnia
N		100	100
Normal Parameters(a,b)	Mean	41.39	79.89
	Std. Deviation	7.418	10.792
Most Extreme Differences	Absolute	.135	.134
	Positive	.066	.078
	Negative	-.135	-.134
Kolmogorov-Smirnov Z		1.353	1.344
Asymp. Sig. (2-tailed)		.052	.054

a Test distribution is Normal.

b Calculated from data.

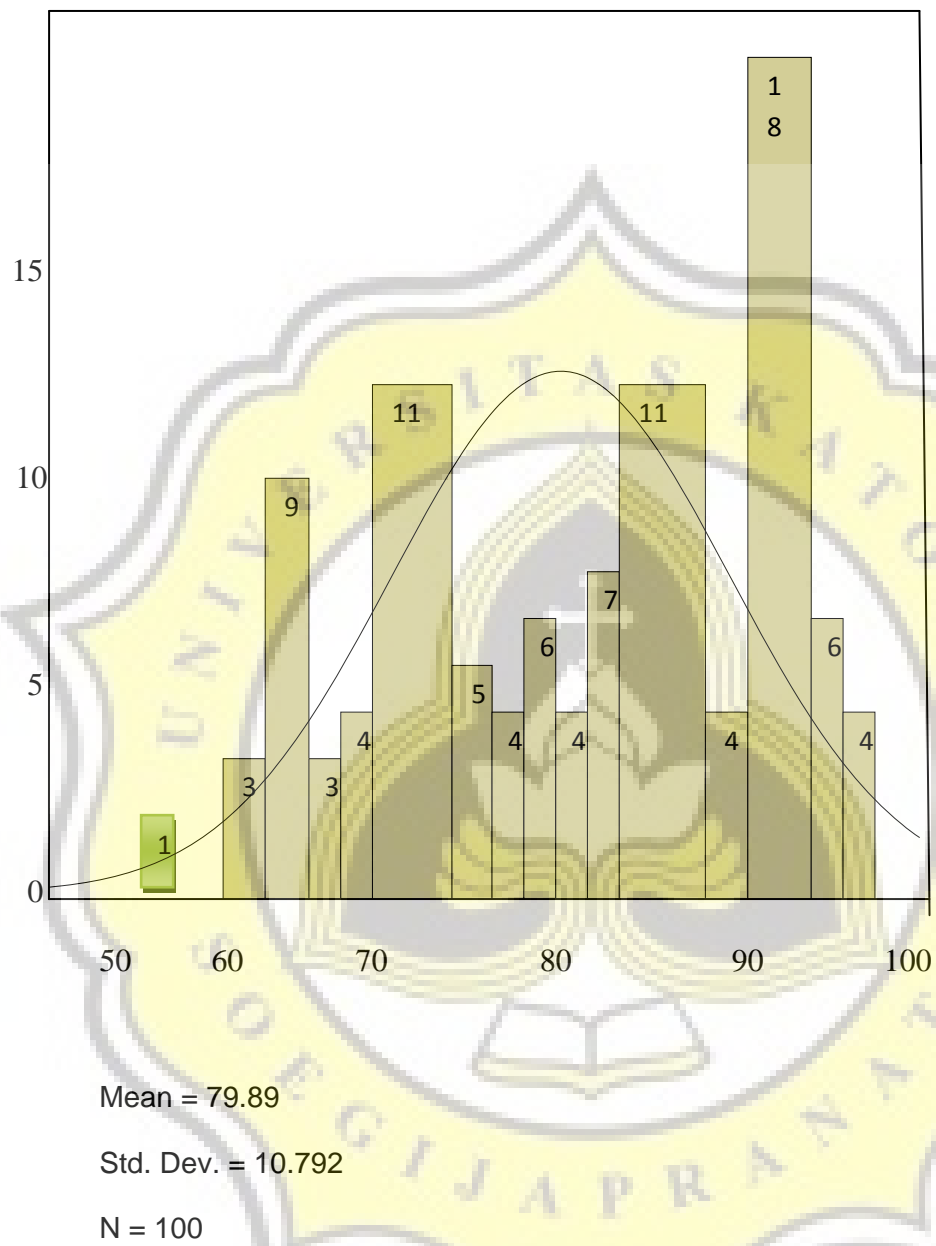


Mean = 41.39

Std. Dev. = 7.418

N = 100

**Ketergantungan**



**Insomnia**

# LAMPIRAN F

## Uji Linieritas



**LINIERITAS****Model Description**

Model Name		MOD_1
Dependent Variable	1	insomnia
Equation	1	Linear
	2	Quadratic
	3	Cubic
Independent Variable		ketergantungan
Constant		Included
Variable Whose Values Label Observations in Plots		Unspecified
Tolerance for Entering Terms in Equations		.0001

**Case Processing Summary**

	N
Total Cases	100
Excluded Cases(a)	0
Forecasted Cases	0
Newly Created Cases	0

a Cases with a missing value in any variable are excluded from the analysis.

### Variable Processing Summary

	Variables	
	Dependent insomnia	Independent ketergantungan
Number of Positive Values	100	100
Number of Zeros	0	0
Number of Negative Values	0	0
Number of Missing Values	User-Missing	0
	System-Missing	0

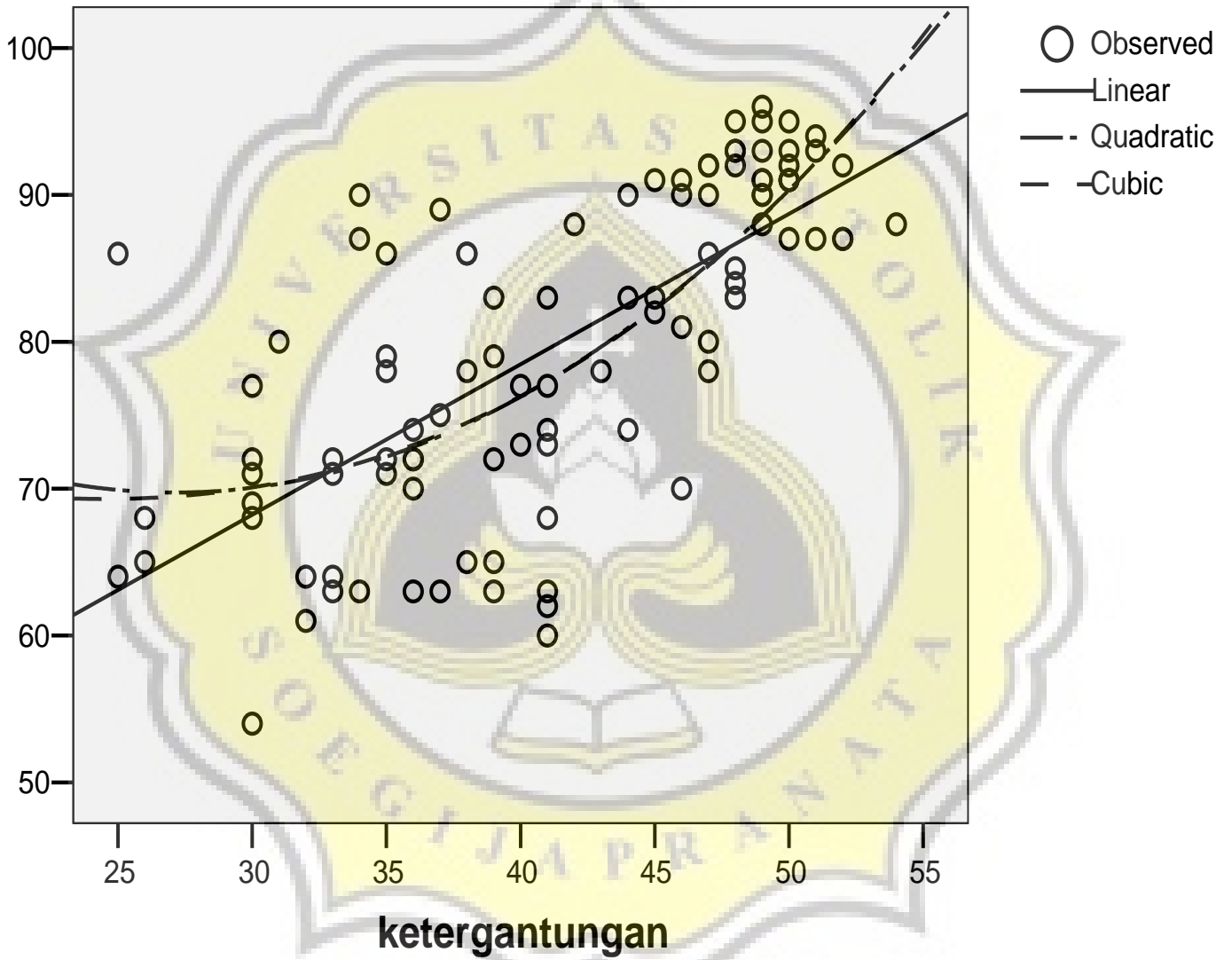
### Model Summary and Parameter Estimates

Dependent Variable: insomnia

Equation	Model Summary					Parameter Estimates			
	R Square	F	df1	df2	Sig.	Constant	b1	b2	b3
Linear	.496	96.352	1	98	.000	37.493	1.024		
Quadratic	.533	55.281	2	97	.000	98.700	-2.136	.039	
Cubic	.531	54.833	2	97	.000	78.832	-.585	.000	.000

The independent variable is ketergantungan.

### gangguan tidur



# **LAMPIRAN G**

## **UJI HIPOTESIS**





**HIPOTESIS****Descriptive Statistics**

	Mean	Std. Deviation	N
ketergantungan	41.39	7.418	100
insomnia	79.89	10.792	100

**Correlations**

		ketergantungan	insomnia
ketergantungan	Pearson Correlation	1	.704**
	Sig. (1-tailed)		.000
	N	100	100
Insomnia	Pearson Correlation	.704**	1
	Sig. (1-tailed)	.000	
	N	100	100



**LAMPIRAN H**  
**Surat Ijin Penelitian**



**LAMPIRAN I**  
**Surat Bukti Penelitian**